



LJMU Research Online

Murphy, CP, Patel, K, Hope, E and North, JS

Early identification of the opposition shot taker characterises elite goalkeepers' ability to read the game

<https://researchonline.ljmu.ac.uk/id/eprint/22951/>

Article

Citation (please note it is advisable to refer to the publisher's version if you intend to cite from this work)

**Murphy, CP ORCID logoORCID: <https://orcid.org/0000-0002-8738-2181>,
Patel, K, Hope, E ORCID logoORCID: <https://orcid.org/0000-0001-6416-1354>
and North, JS ORCID logoORCID: <https://orcid.org/0000-0003-2429-4552>
(2024) Early identification of the opposition shot taker characterises elite**

LJMU has developed **LJMU Research Online** for users to access the research output of the University more effectively. Copyright © and Moral Rights for the papers on this site are retained by the individual authors and/or other copyright owners. Users may download and/or print one copy of any article(s) in LJMU Research Online to facilitate their private study or for non-commercial research. You may not engage in further distribution of the material or use it for any profit-making activities or any commercial gain.

The version presented here may differ from the published version or from the version of the record. Please see the repository URL above for details on accessing the published version and note that access may require a subscription.

For more information please contact researchonline@ljmu.ac.uk

<http://researchonline.ljmu.ac.uk/>



Early identification of the opposition shot taker characterises elite goalkeepers' ability to read the game

Colm P. Murphy, Keval Patel, Ed Hope & Jamie S. North

To cite this article: Colm P. Murphy, Keval Patel, Ed Hope & Jamie S. North (26 Mar 2024): Early identification of the opposition shot taker characterises elite goalkeepers' ability to read the game, *Science and Medicine in Football*, DOI: [10.1080/24733938.2024.2329466](https://doi.org/10.1080/24733938.2024.2329466)

To link to this article: <https://doi.org/10.1080/24733938.2024.2329466>



© 2024 The Author(s). Published by Informa UK Limited, trading as Taylor & Francis Group.



Published online: 26 Mar 2024.



[Submit your article to this journal](#)



Article views: 109



[View related articles](#)



[View Crossmark data](#)

Early identification of the opposition shot taker characterises elite goalkeepers' ability to read the game

Colm P. Murphy^a, Keval Patel^{b,c}, Ed Hope^d and Jamie S. North^c

^aCardiff School of Sport and Health Sciences, Cardiff Metropolitan University, Cardiff, UK; ^bPerformance Department, Queens Park Rangers Football Club, London, UK; ^cResearch Centre for Applied Performance Sciences, St Mary's University, Twickenham, London, UK; ^dSchool of Sport and Exercise Sciences, Liverpool John Moores University, Liverpool, UK

ABSTRACT

Researchers investigating expertise in soccer goalkeepers have overwhelmingly focused on anticipating penalty kicks and identifying kinematic cues that are used to anticipate action outcomes. In this study, we took a novel approach to exploring 'game reading' skills in soccer goalkeepers. Specifically, we investigated whether and by what point during an attacking sequence in open play, elite goalkeepers can identify the opposition shot taker, a skill that is likely to facilitate organisation of the defensive line and interception of forward creative attacking passes. We used a moving window temporal occlusion paradigm to present elite, sub-elite, and amateur goalkeepers with 11-vs-11 attacking sequences that were divided into progressive segments. After viewing each segment, participants identified the player they thought would shoot at goal at the end of the attacking sequence. Elite goalkeepers identified the opposition shot taker earlier and more accurately than sub-elite and amateur participants. Findings suggest that elite goalkeeping is underpinned not only by anticipation of action outcomes but also game-reading skill that enables identification of the player most likely to carry out those actions.

ARTICLE HISTORY

Accepted 27 February 2024

KEYWORDS

Anticipation; perceptual-cognitive skills; goalkeepers; soccer; game-reading

Anticipation, or the ability to predict future events before they occur, is vitally important in fast ball sports like soccer (Williams et al. 2023). Researchers have shown that expert soccer players can anticipate future actions of opposition players, e.g., whether the opponent will pass or dribble (Gredin et al. 2018), or where attacking passes will be directed (Roca et al. 2011), and that expert goalkeepers can anticipate the area of the goal that a shot will be directed towards (Causer et al. 2017). Although anticipation in soccer has been studied in goalkeepers and outfield players, research which has focused on goalkeepers has almost exclusively been concerned with 'set-play' situations and has typically investigated factors affecting their ability to pick up and utilise kinematic cues, and save penalty kicks (e.g., Williams and Burwitz 1993; Dicks et al. 2010; Causer and Williams 2015). In contrast, anticipation in outfield players has focused more on their 'game reading' in open play environments, i.e., the pick-up of patterns from developing sequences of play, and utilisation of contextual information to assign probabilities to specific event outcomes (Roca et al. 2011, 2013; van Maarseveen et al. 2018). However, the speed with which the ball is moved between players in elite soccer (Wallace and Norton 2014) combined with tactical developments, in which defenders and defensive units typically play in more advanced positions than they had in previous years, means that 'game reading' in open play is becoming increasingly important in the profile of modern-day elite goalkeepers (Otte et al. 2023). Our aim in this study, therefore, was to investigate 'game reading' of goalkeepers in open play by

examining whether differences would be present between elite, sub-elite, and amateur soccer goalkeepers in identifying the ultimate shot taker from evolving sequences of play, and if so, at what time point such differences would emerge.

Through extended practice, elite athletes are proposed to develop domain-specific perceptual-cognitive skills that underpin their ability to produce effective motor responses under time constraint (Ericsson et al. 1993; Williams et al. 2011; Kalén et al. 2021). While multiple perceptual-cognitive skills (Williams 2009) such as pattern recognition (North et al. 2011) and probability assignment (Ward and Williams 2003) contribute to expert performance, the overwhelming focus of research has been on the pick-up of emerging kinematic cues (Williams and Jackson 2019). Compared with less-skilled performers, experts have been shown to attend to and extract earlier occurring kinematic cues emanating from the opponent's body movements to judge their intentions (Jones and Miles 1978; Ward et al. 2002; Smeeton and Williams 2012). For example, elite goalkeepers have been shown to pick up key kinematic cues from the hips, kicking leg, and non-kicking leg to judge the outcome of penalty kicks (Savelsbergh et al. 2002; Woolley et al. 2015; Causer et al. 2017).

Identifying the kinematic cues that elite goalkeepers use to anticipate is important for player development (Williams et al. 2002; Abernethy et al. 2012, 2018). Yet, in addition to saving shots at goal, effective goalkeeping involves defending the space in front of the goal to deter oncoming attacks (Lamas et al. 2018; Otte et al. 2020, 2023), for example by intercepting crosses or

through-balls. Better performing teams have been demonstrated to employ a higher defensive line (Castellano and Casamichana 2015; Forcher et al. 2022), which inherently requires the goalkeeper to adopt the role of a 'sweeper-keeper' and necessitates an ability to read the developing sequence of play. Moreover, in open play, if a goalkeeper is not well positioned to respond to a shot at goal, they are unlikely to make the save regardless of whether they judge the outcome effectively or not (Lamas et al. 2018). Rather than through perception of kinematic cues, which only become available late in an action sequence (Roca et al. 2013; North et al. 2016), effective defence of the space in front of the goal and positioning for upcoming shots are likely to require early identification of the opposition shot taker; a skill more reliant on recognition of emerging patterns of play and probability assignment.

Compared with lesser-skilled counterparts, skilled soccer defenders have been shown to demonstrate a superior ability to recall and recognise structured patterns of play, the suggestion being that perceiving developing sequences facilitates anticipation of the evolving pattern of play (North et al. 2009, 2016). Experts also more effectively pick up and utilise contextual sources of information such as event sequencing, action tendencies, or game score, to assign probabilities to likely event outcomes (Murphy et al. 2018; Runswick et al. 2018; Thomas et al. 2022). For example, when viewing video simulations of 11-vs-11 attacking sequences that occluded immediately before a key attacking pass, Ward and Williams (2003) asked elite and sub-elite youth soccer players to identify the players in the best positions to receive the ball, and to then rank these players according to who they believed would receive the ball (from most to least likely). Compared with sub-elite players, elite players assigned probabilities that more closely reflected the outcome of the attacking sequence. In this instance, contextual information such as the relative movement and positioning of players, and the sequence of passes performed in the lead-up to the key attacking pass, are likely to have contributed to more accurate probability assignment, with elite players more able to process this information to identify the tactical intentions of the opposition team (McRobert et al. 2011; Roca et al. 2011; Murphy et al. 2016).

Despite the majority of goal-scoring opportunities in soccer coming from open play (Wright et al. 2011; Wang and Qin 2020), most research on goalkeeping anticipation has focused on penalty kicks and identification of key kinematic cues (e.g., Williams and Burwitz 1993; Dicks et al. 2010; Causer and Williams 2015). For example, Causer et al. (2017) combined spatial and temporal occlusion methods to identify the extent to which skilled goalkeepers use kinematic cues picked up from the striker's hips to anticipate shot direction and height. In contrast, researchers examining anticipation in outfield players have presented participants

with video simulations of 11-vs-11 scenarios, occluded immediately prior to a critical event, and demonstrated the contribution of multiple perceptual-cognitive skills, but they have done so with a focus on judging the final action of the player in possession (Roca et al. 2013; Ward et al. 2013; North et al. 2016). During attacking sequences, goalkeepers would likely benefit from early identification of the opposition player who will ultimately shoot at goal, the assumption being that this will facilitate advance organisation of the defensive line and/or interception of critical attacking passes. Therefore, in this study, we investigated whether, and by what point, elite goalkeepers can identify the opposition shot taker in an evolving sequence of play.

We employed a moving window temporal occlusion paradigm (Farrow et al. 2005) to assess elite, sub-elite, and amateur soccer goalkeepers' ability to identify the opposition shot taker over the course of a developing attacking sequence. Attacking sequences were presented as four sequential two-second segments, with each segment culminating in a freeze frame. During each freeze frame, participants were tasked with identifying the opposition player who would ultimately shoot at goal at the end of the attacking sequence. Based on previous research highlighting skilled soccer players' enhanced perceptual-cognitive skills (e.g., pattern recognition, probability assignment, and kinematic cue usage, North et al. 2011; Roca et al. 2013), we hypothesised that more skilled participants would be able to identify the opposition shot taker at levels significantly greater than chance, and more accurately than less-skilled participants, earlier in the attacking sequence. We also hypothesised that once expertise effects emerged, they would be observed across all subsequent segments of the attacking sequence. Given the exploratory nature of the work, we did not make specific predictions about the time points at which these effects would begin to emerge.

Materials and methods

Participants

A power calculation was conducted using G*Power (version 3.1, Faul et al. 2007). For our 3 (Expertise) $\times$ 5 (Temporal Occlusion) interaction, the analysis revealed that 27 participants would be sufficient to detect a medium effect size ($f = 0.25$) with a power of 0.80. Altogether, 30 (10 elite, 10 sub-elite, and 10 amateur) soccer goalkeepers took part. Participant information is presented in Table 1. Of the ten elite participants, three had played as goalkeepers in the English Premier League and two had played internationally (represented their nation in a fixture against another nation). Ethical approval was provided by the university at which the research was conducted, and all participants provided written informed consent.

Table 1. Mean (SD) participant characteristics.

	Age (years)	Experience (years)	Training per week (hours)	Current Competitive Level
Elite	28.20 (4.73)	17.30 (3.16)	8.40 (0.70)	Top four divisions of English Football League
Sub-Elite	23.20 (1.62)	13.00 (1.41)	5.20 (1.48)	Top five divisions of National League System
Amateur	24.40 (5.82)	11.70 (4.03)	2.40 (1.74)	Below top five divisions of National League System



Figure 1. An example freeze frame presenting response options (A, B, C, D).

Test stimuli

Test stimuli were generated from footage of competitive soccer matches at the 2018 FIFA World Cup, downloaded from the platform *InStat Scout*. The footage provided a bird's-eye viewing perspective from behind the goalposts (see [Figure 1](#)). A member of the research team, who has 17 years' playing experience as a semi-professional goalkeeper, selected attacking sequences deemed to represent the types of scenarios goalkeepers face in competition. Subsequently, a UEFA A licenced soccer coach verified that all selected attacking sequences were representative of competitive scenarios. All attacking sequences represented a continued build-up of possession by the attacking team (i.e., there were no turnovers of possession within the clips) that culminated in a shot at goal. All trials commenced with the team in possession in the opposition half and progressed with them transferring the ball towards the opponent's goal via a combination of passing and dribbling. All shots were ultimately made with the foot (i.e., no sequences that culminated in headed attempts were used). Half of the shots were attempted from outside the box with the other half attempted from within the box. Trials were selected in this way to ensure that the presented scenarios were representative of competition and to reduce the likelihood that participants would base their response on who is more likely to take the shot based on their usual playing position. Altogether, 18 attacking sequences from five matches involving nine different teams were selected for further editing. To avoid presenting matches that had previously been viewed by participants, matches played by the English national team were not included. Additionally, participants were not informed of what competition the matches were from, and the team names and scorelines were removed (Murphy et al. 2020). Video clips of attacking sequences were initially edited to be eight seconds in length, finishing immediately prior to a shot at goal. Trial duration was based on other studies on game reading in football that have presented trials of similar or shorter duration, e.g., Belling et al. (2015); North et al. (2016); Roca et al. (2013).

To create the moving window temporal occlusion paradigm, each clip was firstly edited into four sequential two-second segments such that the developing attacking sequence could be progressively presented to participants. Next, five freeze frames were generated, corresponding to the moments at which the attacking sequence began and finished, and at two second intervals in between. Four player options, including the player who ultimately shot at goal, were overlaid onto these still frames (see [Figure 1](#)). Each freeze frame lasted seven seconds meaning each full trial was 43 seconds long.

Materials and set-up

Test stimuli were edited using Windows MovieMaker (Microsoft, Washington, USA), and presented on a 12.3-inch laptop (Microsoft, Washington, USA). Participants sat approximately 50 cm from the screen, such that the image subtended to a viewing angle of approximately 40-degrees.

Procedure

Participants were instructed that their task was to judge which opposition player would take a shot on goal at the end of each attacking sequence of play. Trials began with a still frame to provide context around the positioning of the ball and the players on the pitch, and to ascertain whether the participant goalkeepers could identify the shot taker solely using early, static player positioning information. Following the seven-second response period, the video played, and the attacking sequence progressed for two seconds, at which point another still frame at that moment in the attacking sequence was displayed, and participants were again asked to identify the predicted shot taker (see [Figure 2](#)). Each trial was made up of five still frames and four dynamic video phases. An intertrial interval of seven seconds was employed.

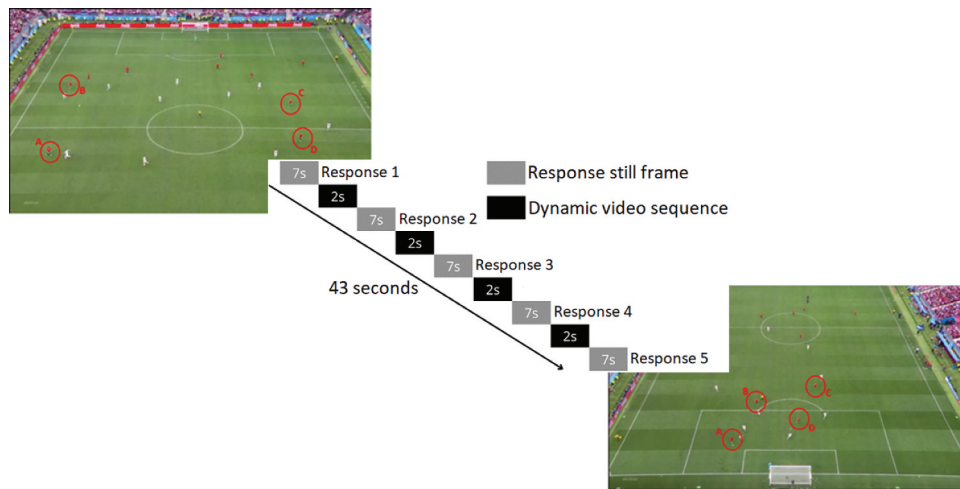


Figure 2. An illustration of the progressive stages of each individual trial with the two still images representing the first and final still frames of an example trial.

During each still frame, participants chose from four response options. Players (response options) were circled and labelled A, B, C, or D with these players and labels remaining consistent throughout the trial (i.e., at each still frame). To respond, participants wrote down the letter that corresponded to the player they judged most likely to shoot at the end of the attacking sequence. Prior to the experimental protocol beginning, participants viewed four familiarisation trials, which were not included in the final experiment. Participants then viewed a total of 18 experimental trials. At no point was feedback provided.

Data analysis

Response accuracy was reported as the percentage of trials on which participants identified the opposition shot taker correctly. First, to determine the time point at which each group could identify the shot taker more effectively than chance, we conducted one-sample t-tests comparing response accuracy of elite, sub-elite, and amateur participants' response accuracy to chance levels (25%) at each time point. Next, to determine differences in the three groups' ability to identify the shot taker across time points, we conducted a 3 (Expertise [elite,

sub-elite, amateur]) $\times$ 5 (Time Point [1, 2, 3, 4, 5]) mixed ANOVA. Alpha (p) was set at .05. In the case of multiple pairwise comparisons, Bonferroni adjustments were made to account for family-wise error. Effect sizes were calculated using partial eta squared (η_p^2) and Cohen's d values. Partial eta-squared values of 0.01, 0.06, and 0.14, and Cohen's d values of 0.2, 0.5, and 0.8 were considered to reflect small, medium, and large effect sizes (Cohen 1988). 95% confidence intervals are reported on d .

Results

Mean (SE) response accuracy scores are presented in Figure 3. One-sample t-tests revealed that elite participants were able to identify the opposition shot taker more accurately than chance at t2, t3, t4, and t5 (all $p < .05$). In contrast, sub-elite participants were only more accurate than chance at t3, t4, and t5 (all $p < .05$). Amateur participants' responses were more accurate than chance at t4 and t5 (both $p < .05$).

The 3 (Expertise) $\times$ 5 (Time Point) mixed ANOVA revealed a significant main effect of Expertise, $F(2, 27) = 23.17$, $p < .05$, $\eta_p^2 = 0.63$. Elite participants ($M = 53.11$, $SD = 29.14$) were more accurate than both sub-elite ($M = 46.88$, $SD = 26.72$, $d = 1.63$, 95% CI = [0.59, 2.64]) and amateur participants ($M = 38.56$,

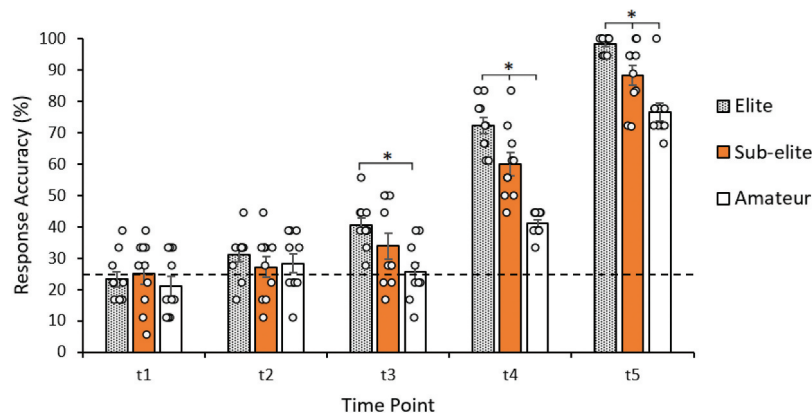


Figure 3. Mean % response accuracy (with SE and individual data points) of elite, sub-elite, and amateur participants across time points. *indicates significant differences between groups ($p < .05$). The dotted line represents chance level.

$SD = 21.98$, $d = 2.93$, 95% $CI = [1.62, 4.20]$), with sub-elite participants also being more accurate than amateur participants ($d = 1.53$, 95% $CI = [0.50, 2.52]$, all $p < .05$). A significant main effect of Time Point was also observed, $F(4, 108) = 282.49$, $p < .05$, $\eta_p^2 = 0.91$. Response accuracy increased from t1 ($M = 23.15$, $SD = 9.35$) to t2 ($M = 28.89$, $SD = 9.04$, $d = 0.62$, 95% $CI = [0.10, 1.14]$, $p < .05$). No difference emerged between t2 and t3 ($M = 33.33$, $SD = 11.67$, $d = 0.43$, 95% $CI = [-0.09, 0.94]$). However, response accuracy increased again from t3 to t4 ($M = 57.78$, $SD = 15.41$, $d = 1.79$, 95% $CI = [1.18, 2.38]$, $p < .05$), and from t4 to t5 ($M = 87.76$, $SD = 11.90$, $d = 2.18$, 95% $CI = [1.53, 2.81]$, $p < .05$). However, these main effects were superseded by a significant Expertise $\times$ Time Point interaction, $F(8, 108) = 5.30$, $p < .05$, $\eta_p^2 = 0.28$. Pairwise comparisons revealed no differences between groups at t1 or t2. However, at t3, elite participants ($M = 40.56$, $SD = 7.43$) identified the shot taker more accurately than amateurs ($M = 25.56$, $SD = 9.15$, $d = 1.80$, 95% $CI = [0.73, 2.84]$, $p < .05$). At t4, response accuracy was higher for elite ($M = 72.22$, $SD = 8.28$) than sub-elite ($M = 60.00$, $SD = 11.65$, $d = 1.21$, 95% $CI = [0.24, 2.16]$) and amateur participants ($M = 41.11$, $SD = 3.88$, $d = 4.81$, 95% $CI = [3.01, 6.58]$), while sub-elite participants were also more accurate than amateur participants ($d = 2.18$, 95% $CI = [1.03, 3.28]$, all $p < .05$). At t5, elite participants ($M = 98.33$, $SD = 2.68$) were again more accurate than sub-elite ($M = 88.28$, $SD = 10.35$, $d = 1.33$, 95% $CI = [0.34, 2.29]$) and amateur participants ($M = 76.67$, $SD = 9.00$, $d = 3.26$, 95% $CI = [1.87, 4.62]$), with sub-elite participants remaining more accurate than amateur participants ($M = 72.22$, $SD = 8.28$, $d = 1.20$, 95% $CI = [0.23, 2.14]$, all $p < .05$).

Discussion

To date, researchers investigating anticipation in elite goalkeeping have predominantly focused on the penalty kick scenario and the pick-up of kinematic cues (e.g., Williams and Burwitz 1993; Dicks et al. 2010; Causer and Williams 2015). However, the ability to 'read the game' in open play scenarios is underpinned by multiple perceptual-cognitive skills, such as pattern recognition and probability assignment, and is important in the make-up of the modern-day goalkeeper (Lamas et al. 2018; Otte et al. 2023). To our knowledge, this is the first study to investigate elite goalkeepers' ability to read the game in open play scenarios. Specifically, we employed a moving window temporal occlusion paradigm to investigate whether, and by what point in an attacking sequence, elite, sub-elite, and amateur goalkeepers could identify the opposition shot taker from an evolving sequence of attacking play.

In line with our first hypothesis, the time point at which participants were able to identify the opposition shot taker was dependent on skill level. Elite goalkeepers' judgments were more accurate than chance earlier in the action sequence than sub-elite goalkeepers, who were able to accurately identify the opposition shot taker earlier than amateurs (in the current study, six, four, and two seconds prior to the shot being taken, respectively). Each group continued to respond above chance levels for the remainder of the attacking sequence. In summary, the moment at

which participants correctly identified the opposition shot taker became progressively earlier with increasing expertise. Particularly noteworthy is how early in the attacking sequence that elite goalkeepers were able to identify the opposition shot taker. Our findings are the first to demonstrate that elite soccer goalkeepers can identify key opposition players well in advance of the critical event, i.e., the shot at goal, a skill that is likely to facilitate effective organisation of the defensive line and interception of key attacking passes.

When comparing participants' ability to identify the opposition shot taker, expertise level differentiated between groups from t3 to t5. No significant differences were observed at t1, suggesting that the static player positioning information available at that point was not sufficient to inform identification of the shot taker, supporting previous conclusions regarding the importance of motion information, and in particular relative motion, to pattern perception and expertise (Williams et al. 2006, 2012). Differences only began to emerge at t3 (4 s prior to the shot being taken at goal), when elite goalkeepers identified the opposition shot taker more accurately than amateurs. At t4 (2 s prior) and t5 (immediately prior), elite goalkeepers were also more accurate than sub-elite goalkeepers, who in turn were more accurate than amateurs. Because relevant kinematic cues from the shot taker would only have become available by t5, we infer that identification of the opposition shot taker at the earlier timepoints would have been underpinned by pattern recognition and the utilisation of contextual information to assign probabilities to potential shot takers. Specifically, by t3, the attacking sequences would have developed to a point that elite goalkeepers could extract key contextual information from the relative movements of the players and sequences of passes being played, to identify the opposition shot taker more accurately than their less-skilled counterparts (Loffing et al. 2015; North et al. 2017; Murphy et al. 2018). Then, at t5, the pick-up of kinematic cues would also have contributed to their judgments to confirm or revise their decision based on the available contextual information (Gredin et al. 2020; Runswick et al. 2020). These findings add to the body of evidence highlighting that expert performance is underpinned by multiple perceptual-cognitive skills that vary in importance depending on the task constraints (Roca et al. 2013; North et al. 2017).

Cumulatively, our findings extend previous research (e.g., Roca et al. 2013; Causer et al. 2017; North et al. 2017) by highlighting that not only do the time constraints of elite soccer require goalkeepers to develop the ability to anticipate *what* the opponent will do (e.g., pass or shoot), but also, *who* will do it. Early identification of the opposition shot taker is likely to facilitate effective positioning in the goal, organisation of the defensive line, and interception of key attacking passes, while anticipation of the action outcome facilitates coordination of the save (Dicks et al. 2010, 2010; Navia et al. 2013). This may be particularly pertinent considering the tendency for modern-day elite defenders to hold a high line (Castellano and Casamichana 2015; Forcher et al. 2022), increasing the requirement for goalkeepers to identify the eventual shot taker in advance, in order to anticipate and intercept forward passes.

Although we have suggested that early identification of the opposition shot taker may facilitate effective positioning for the upcoming shot, organisation of the defensive line, and interception of key passes, our paradigm did not allow us to validate these claims. Rather, ours are the first findings to demonstrate that elite goalkeeping is underpinned by early identification of the opposition shot taker, opening the door for future research into *if* and *how* this contributes to more effective on-field performance. As a starting point, observational research could be conducted to track goalkeeper behaviour throughout attacking sequences to ascertain the extent to which their movements and interactions with defenders are coupled to those of the opposition shot taker (McGarry et al. 2002; Ramos et al. 2017; Caetano et al. 2020). It is possible that identification of the opposition shot taker underpins multiple facets of elite goalkeeping, facilitating organisation of the defensive line early in the attacking sequence to deter the developing attack, and goalkeeper positioning later in the sequence to prepare to save the upcoming shot. The latter seems likely given that should the goalkeeper reposition themselves too early, the opposition team may alter their attack accordingly. Identifying the opposition shot taker early in the attacking sequence may nevertheless facilitate effective planning of future positioning, promoting a pro-active over a reactive approach.

Experimental paradigms in which gaze and verbal report data is collected could be employed to further identify the processes and information sources underpinning early identification of the shot taker (Savelsbergh et al. 2002; Roca et al. 2011; Hosp et al. 2021). Moreover, qualitative methods could elucidate the experience of goalkeepers, to gain a deeper understanding of decision-making in open-play situations (e.g., Levi and Jackson 2018). For example, it is likely that elite goalkeepers base their judgements on information picked up from both the relative movements and sequence of passes played by the opposition team and the condition of their own defensive line (e.g., by identifying gaps through which opponents may attack). This would be interesting to explore across different types of tactical build-up in which the nature and complexity of the contextual information available, and in turn the information used to identify the opposition shot taker, varies. This line of research could facilitate the development of training interventions to enhance this skill (Williams et al. 2011).

The skill differences observed in the current study highlight the need for researchers to broaden their perspective of the facets of anticipation that can be trained, and the skill level of athletes who may benefit from such training. Of particular note is that our test of players' ability to identify the opposition shot taker differentiated between elite and sub-elite athletes, both of whom compete at a very high level, suggesting that training programmes designed to develop this skill may be beneficial across the expertise spectrum. To date, however, researchers have focused most of their attention on identifying methods to develop perception of kinematic cues in inexperienced performers (Broadbent et al. 2014; Williams and Jackson 2019), with only limited attention afforded to other perceptual-cognitive skills such as pattern recognition or recall (Gorman and Farrow 2009; North et al. 2017), or the pick-up of contextual cues to inform probability assignment (Ward and Williams 2003). We

therefore suggest that increased efforts should be made to design training protocols to facilitate game reading skills for more holistic talent development. Video-based training interventions involving instruction highlighting key cues, and feedback provision, could be employed to encourage early identification of the opposition shot taker (Williams et al. 2002; Abernethy et al. 2012; Murgia et al. 2014), and may be particularly useful when athletes are injured. Alternatively, field-based training environments would inherently facilitate interaction between the goalkeeper, the defensive line and the opposition team, and the tracking of behaviours associated with identification of the shot taker, such as goalkeeper positioning and interception of key passes. While more representative of competition (Pinder et al. 2011), the frequency with which attacking scenarios can be recreated and reduced levels of control in field-based interventions highlight the potential for virtual reality-based interventions as a feasible alternative (Stone et al. 2018; Faure et al. 2020; van Biemen et al. 2023).

This study is not without limitations. First, the bird's-eye viewing perspective employed was not representative of that normally experienced by goalkeepers (Pinder et al. 2011), and response accuracy levels may have been elevated compared to what would normally be observed in competition (Mann et al. 2009). Also, while the observation of skill-based differences provides construct validity for the approach, it is nevertheless possible that more skilled participants had greater experience viewing footage from this perspective, e.g., when working with performance analysts. Second, given that we presented footage from the 2018 FIFA World Cup, participants may have been familiar with the matches/scenarios presented. Efforts were made to reduce potential familiarity effects and none of the participants verbally commented on being familiar with the matches or scenarios presented. However, to account for the above limitations, future research should aim to present novel stimuli from a first-person viewing perspective. Again, virtual reality paradigms may prove particularly useful in this respect (Bideau et al. 2009; Faure et al. 2020; Wood et al. 2021). A third limitation of the current study is the relatively small sample size. Our study design required highly skilled soccer goalkeepers but, as highlighted by Schweizer and Furley (2016), when conducting research on expertise it is not always feasible to employ large sample sizes given the difficulty in accessing such small populations. Nevertheless, while the effect sizes of many of the observed statistically significant findings were large, confidence intervals for these effect sizes were also large. Therefore, further research is needed to ascertain whether those comparisons that yielded small to medium effect sizes in particular are replicated. It is important to note, however, that the observed large between-group effects represent skill-based differences between elite, sub-elite, and amateur goalkeepers, rather than experts and novices, highlighting the potential practical significance of the findings.

In this study, we have provided novel evidence that elite goalkeepers' ability to read the game is characterised by early identification of the opposition shot taker. When viewing attacking sequences, elite goalkeepers were able to identify the player who would ultimately shoot at goal earlier and more accurately than sub-elite and amateur goalkeepers. The

findings highlight that elite goalkeeping is not only underpinned by anticipation of action outcomes but also identification of the player most likely to carry out those actions. Future research should aim to investigate the relationship between early identification of the opposition shot taker and on-field performance, as well as training methods that could be used to develop this skill.

Disclosure statement

No potential conflict of interest was reported by the author(s).

Funding

No sources of funding from any funding agency in the public, commercial, or not for profit sectors were used to assist in the preparation of this article.

ORCID

Colm P. Murphy  <http://orcid.org/0000-0002-8738-2181>

Ed Hope  <http://orcid.org/0000-0001-6416-1354>

Jamie S. North  <http://orcid.org/0000-0003-2429-4552>

Availability of data and materials

Datasets and materials used are available from the corresponding author upon request.

Ethics approval and consent to participate

Research ethics committee approval was received from the institutions of the second and last authors and the study conducted in accordance with the ethical standards as laid down in the 1964 Declaration of Helsinki and its later amendments. Written informed consent was obtained from all individual participants included in the study.

References

- Abernethy B, Farrow D, Mann DL. 2018. Superior anticipation. In: Ericsson KA, Hoffman RR, Kozbelt A, Williams AM, editors. *The Cambridge handbook of expertise and expert performance*. 2nd ed. Cambridge University Press; p. 677–695.
- Abernethy B, Schorer J, Jackson RC, Hagemann N. 2012. Perceptual training methods compared: the relative efficacy of different approaches to enhancing sport-specific anticipation. *J Exp Psychol Appl*. 18 (2):143–153. doi: [10.1037/a0028452](https://doi.org/10.1037/a0028452).
- Belling PK, Suss J, Ward P. 2015. Advancing theory and application of cognitive research in sport: using representative tasks to explain and predict skilled anticipation, decision-making, and option-generation behavior. *Psychol Sport Exerc*. 16:45–59. doi: [10.1016/j.psychsport.2014.08.001](https://doi.org/10.1016/j.psychsport.2014.08.001).
- Bideau B, Kulpa R, Vignais N, Brault S, Multon F, Craig C. 2009. Using virtual reality to analyze sports performance. *IEEE Comput Graph Appl*. 30 (2):14–21.
- Broadbent DP, Causer J, Williams AM, Ford PR. 2014. Perceptual-cognitive skill training and its transfer to expert performance in the field: future research directions. *Eur J Sport Sci*. 15(4):322–331. doi: [10.1080/17461391.2014.957727](https://doi.org/10.1080/17461391.2014.957727).
- Caetano FG, de Souza NM, Bueno MJDO, Cunha SA, Moura FA. 2020. Interpersonal interaction during official soccer matches considering the coupling of different playing positions. *Int J Perform Anal Sport*. 20 (4):646–658. doi: [10.1080/24748668.2020.1775412](https://doi.org/10.1080/24748668.2020.1775412).
- Castellano J, Casamichana D. 2015. What are the differences between first and second divisions of Spanish football teams? *Int J Perform Anal Sport*. 15(1):135–146. doi: [10.1080/24748668.2015.11868782](https://doi.org/10.1080/24748668.2015.11868782).
- Causer J, Smeeton NJ, Williams AM, Sampaio J. 2017. Expertise differences in anticipatory judgements during a temporally and spatially occluded task. *PloS One*. 12(2):e0171330. doi: [10.1371/journal.pone.0171330](https://doi.org/10.1371/journal.pone.0171330).
- Causer J, Williams AM. 2015. The use of patterns to disguise environmental cues during an anticipatory judgment task. *J Sport Exerc Psychol*. 37 (1):74–82. doi: [10.1123/jsep.2014-0200](https://doi.org/10.1123/jsep.2014-0200).
- Cohen J. 1988. *Statistical power analysis for the behavioral sciences*. Hillsdale, NJ: Lawrence Erlbaum Associates.
- Dicks M, Button C, Davids K. 2010. Examination of gaze behaviors under in situ and video simulation task constraints reveals differences in information pickup for perception and action. *Atten Percept Psychophys*. 72 (3):706–720. doi: [10.3758/APP.72.3.706](https://doi.org/10.3758/APP.72.3.706).
- Dicks M, Davids K, Button C. 2010. Individual differences in the visual control of intercepting a penalty kick in association football. *Hum Mov Sci*. 29(3):401–411. doi: [10.1016/j.humov.2010.02.008](https://doi.org/10.1016/j.humov.2010.02.008).
- Ericsson KA, Krampe RT, Tesch-Römer C. 1993. The role of deliberate practice in the acquisition of expert performance. *Psychol Rev*. 100 (3):363–406. doi: [10.1037/0033-295X.100.3.363](https://doi.org/10.1037/0033-295X.100.3.363).
- Farrow D, Abernethy B, Jackson RC. 2005. Probing expert anticipation with the temporal occlusion paradigm: experimental investigations of some methodological issues. *Motor Control*. 9(3):330–349. doi: [10.1123/mcj.9.3.330](https://doi.org/10.1123/mcj.9.3.330).
- Faul F, Erdfelder E, Lang AG, Buchner A. 2007. G* power 3: a flexible statistical power analysis program for the social, behavioral, and biomedical sciences. *Behav Res Methods*. 39(2):175–191. doi: [10.3758/BF03193146](https://doi.org/10.3758/BF03193146).
- Faure C, Limballe A, Bideau B, Kulpa R. 2020. Virtual reality to assess and train team ball sports performance: a scoping review. *J Sports Sci*. 38 (2):192–205. doi: [10.1080/02640414.2019.1689807](https://doi.org/10.1080/02640414.2019.1689807).
- Forcher L, Forcher L, Altmann S, Jekauc D, Kempe M. 2022. The keys of pressing to gain the ball—characteristics of defensive pressure in elite soccer using tracking data. *Sci Med Footb*. 1–9. doi: [10.1080/24733938.2022.2158213](https://doi.org/10.1080/24733938.2022.2158213).
- Gorman AD, Farrow D. 2009. Perceptual training using explicit and implicit instructional techniques: does it benefit skilled performers? *Int J Sports Sci Coa*. 4(2):193–208. doi: [10.1260/174795409788549526](https://doi.org/10.1260/174795409788549526).
- Gredin NV, Bishop DT, Broadbent DP, Tucker A, Williams AM. 2018. Experts integrate explicit contextual priors and environmental information to improve anticipation efficiency. *J Exp Psychol Appl*. 24(4):509–520. doi: [10.1037/xap0000174](https://doi.org/10.1037/xap0000174).
- Gredin NV, Bishop DT, Williams AM, Broadbent DP. 2020. The use of contextual priors and kinematic information during anticipation in sport: toward a Bayesian integration framework. *Int Rev Sport Exerc Psychol*. 16 (1):286–310. doi: [10.1080/1750984X.2020.1855667](https://doi.org/10.1080/1750984X.2020.1855667).
- Hosp BW, Schultz F, Höner O, Kasneci E, Wood G. 2021. Soccer goalkeeper expertise identification based on eye movements. *PloS One*. 16(5): e0251070. doi: [10.1371/journal.pone.0251070](https://doi.org/10.1371/journal.pone.0251070).
- Jones CM, Miles TR. 1978. Use of advance cues in predicting the flight of a lawn tennis ball. *J Hum Movement Stud*. 4(4):231–235.
- Kalén A, Bisagno E, Musculus L, Raab M, Pérez-Ferreirós A, Williams AM, Araújo D, Lindwall M, Ivarsson A. 2021. The role of domain-specific and domain-general cognitive functions and skills in sports performance: a meta-analysis. *Psychol Bull*. 147(12):1290–1308. doi: [10.1037/bul0000355](https://doi.org/10.1037/bul0000355).
- Lamas L, Drezner R, Otranto G, Barrera J, Deng Y. 2018. Analytic method for evaluating players' decisions in team sports: applications to the soccer goalkeeper. *PloS One*. 13(2):e0191431. doi: [10.1371/journal.pone.0191431](https://doi.org/10.1371/journal.pone.0191431).
- Levi HR, Jackson RC. 2018. Contextual factors influencing decision making: perceptions of professional soccer players. *Psychol Sport Exerc*. 37:19–25. doi: [10.1016/j.psychsport.2018.04.001](https://doi.org/10.1016/j.psychsport.2018.04.001).
- Loffing F, Stern R, Hagemann N. 2015. Pattern-induced expectation bias in visual anticipation of action outcomes. *Acta Psychol (Amst)*. 161:45–53. doi: [10.1016/j.actpsy.2015.08.007](https://doi.org/10.1016/j.actpsy.2015.08.007).
- Mann DL, Farrow D, Shuttlesworth R, Hopwood M, MacMahon C. 2009. The influence of viewing perspective on decision-making and visual search behaviour in an invasive sport. *Int J Sport Psychol*. 40(4):546–564.

- McGarry T, Anderson DI, Wallace SA, Hughes MD, Franks IM. 2002. Sport competition as a dynamical self-organizing system. *J Sports Sci.* 20 (10):771–781. doi: [10.1080/026404102320675620](https://doi.org/10.1080/026404102320675620).
- McRobert AP, Ward P, Eccles DW, Williams AM. 2011. The effect of manipulating context-specific information on perceptual-cognitive processes during a simulated anticipation task. *Br J Psychol.* 102(3):519–534. doi: [10.1111/j.2044-8295.2010.02013.x](https://doi.org/10.1111/j.2044-8295.2010.02013.x).
- Murgia M, Sors F, Muroi AF, Santoro I, Prpic V, Galmonte A, Agostini T. 2014. Using perceptual home-training to improve anticipation skills of soccer goalkeepers. *Psychol Sport Exerc.* 15(6):642–648. doi: [10.1016/j.psychsport.2014.07.009](https://doi.org/10.1016/j.psychsport.2014.07.009).
- Murphy CP, Jackson RC, Cooke K, Roca A, Benguigui N, Williams AM. 2016. Contextual information and perceptual-cognitive expertise in a dynamic, temporally-constrained task. *J Exp Psychol Appl.* 22 (4):455–470. doi: [10.1037/xap0000094](https://doi.org/10.1037/xap0000094).
- Murphy CP, Jackson RC, Williams AM. 2018. The role of contextual information during skilled anticipation. *Q J Exp Psychol.* 71(10):2070–2087. doi: [10.1177/1747021817739201](https://doi.org/10.1177/1747021817739201).
- Murphy CP, Wakefield A, Birch PDJ, North JS. 2020. Esport expertise benefits perceptual-cognitive skill in (traditional) sport. *J Expertise.* 3:227–237.
- Navia JA, van der Kamp J, Ruiz LM. 2013. On the use of situational and body information in goalkeeper actions during a soccer penalty kick. *Int J Sport Psychol.* 44(3):234–251.
- North JS, Hope E, Williams AM. 2016. The relative importance of different perceptual-cognitive skills during anticipation. *Hum Mov Sci.* 49:170–177. doi: [10.1016/j.humov.2016.06.013](https://doi.org/10.1016/j.humov.2016.06.013).
- North JS, Hope E, Williams AM. 2017. The role of verbal instruction and visual guidance in training pattern recognition. *Front Psychol.* 8:1473. doi: [10.3389/fpsyg.2017.01473](https://doi.org/10.3389/fpsyg.2017.01473).
- North JS, Ward P, Ericsson A, Williams AM. 2011. Mechanisms underlying skilled anticipation and recognition in a dynamic and temporally constrained domain. *Memory.* 19(2):155–168. doi: [10.1080/09658211.2010.541466](https://doi.org/10.1080/09658211.2010.541466).
- North JS, Williams AM, Hodges N, Ward P, Ericsson KA. 2009. Perceiving patterns in dynamic action sequences: investigating the processes underpinning stimulus recognition and anticipation skill. *Appl Cogn Psychol.* 23(6):878–894. doi: [10.1002/acp.1581](https://doi.org/10.1002/acp.1581).
- Otte F, Dittmer T, West J. 2023. Goalkeeping in modern football: Current positional demands and research insights. *Int Sport Coach J.* 10 (1):112–120. doi: [10.1123/iscj.2022-0012](https://doi.org/10.1123/iscj.2022-0012).
- Otte FW, Millar SK, Klatt S. 2020. How does the modern football goalkeeper train?—an exploration of expert goalkeeper coaches' skill training approaches. *J Sports Sci.* 38(11–12):1465–1473. doi: [10.1080/02640414.2019.1643202](https://doi.org/10.1080/02640414.2019.1643202).
- Pinder RA, Davids K, Renshaw I, Araújo D. 2011. Representative learning design and functionality of research and practice in sport. *J Sport Exerc Psychol.* 33(1):146–155. doi: [10.1123/jsep.33.1.146](https://doi.org/10.1123/jsep.33.1.146).
- Ramos J, Lopes RJ, Marques P, Araújo D. 2017. Hypernetworks reveal compound variables that capture cooperative and competitive interactions in a soccer match. *Front Psychol.* 8:1379.
- Roca A, Ford PR, McRobert AP, Williams AM. 2011. Identifying the processes underpinning anticipation and decision-making in a dynamic time-constrained task. *Cognit Process.* 12(3):301–310. doi: [10.1007/s10339-011-0392-1](https://doi.org/10.1007/s10339-011-0392-1).
- Roca A, Ford PR, McRobert AP, Williams AM. 2013. Perceptual-cognitive skills and their interaction as a function of task constraints in soccer. *J Sport Exerc Psychol.* 35(2):144–155. doi: [10.1123/jsep.35.2.144](https://doi.org/10.1123/jsep.35.2.144).
- Runswick OR, Roca A, Williams AM, McRobert AP, North JS. 2018. The temporal integration of information during anticipation. *Psychol Sport Exerc.* 37:100–108. doi: [10.1016/j.psychsport.2018.05.001](https://doi.org/10.1016/j.psychsport.2018.05.001).
- Runswick OR, Roca A, Williams AM, North JS. 2020. A model of information use during anticipation in striking sports (MIDASS). *J Expertise.* 3 (4):197–211.
- Savelsbergh GJ, Williams AM, Kamp JVD, Ward P. 2002. Visual search, anticipation and expertise in soccer goalkeepers. *J Sports Sci.* 20 (3):279–287. doi: [10.1080/026404102317284826](https://doi.org/10.1080/026404102317284826).
- Schweizer G, Furlay P. 2016. Reproducible research in sport and exercise psychology: the role of sample sizes. *Psychol Sport Exerc.* 23:114–122. doi: [10.1016/j.psychsport.2015.11.005](https://doi.org/10.1016/j.psychsport.2015.11.005).
- Smeeton NJ, Williams AM. 2012. The role of movement exaggeration in the anticipation of deceptive soccer penalty kicks. *Br J Psychol.* 103 (4):539–555. doi: [10.1111/j.2044-8295.2011.02092.x](https://doi.org/10.1111/j.2044-8295.2011.02092.x).
- Stone JA, Strafford BW, North JS, Toner C, Davids K, Dicks M, O'Halloran J, Navarro M. 2018. Effectiveness and efficiency of virtual reality designs to enhance athlete development: an ecological dynamics perspective. *Mov Sport Sci/Mot.* 102(102):51–60. doi: [10.1051/sm/2018031](https://doi.org/10.1051/sm/2018031).
- Thomas JL, Broadbent DP, Gredin NV, Fawver BJ, Williams AM. 2022. Skill-based differences in the detection and utilization of opponent action preferences following increasing exposure and changes in tendencies. *J Sport Exerc Psychol.* 44(5):370–381. doi: [10.1123/jsep.2021-0244](https://doi.org/10.1123/jsep.2021-0244).
- van Biemen T, Müller D, Mann DL. 2023. Virtual reality as a representative training environment for football referees. *Hum Mov Sci.* 89:103091. doi: [10.1016/j.humov.2023.103091](https://doi.org/10.1016/j.humov.2023.103091).
- van Maarseveen MJ, Oudejans RR, Mann DL, Savelsbergh GJ. 2018. Perceptual-cognitive skill and the in situ performance of soccer players. *Q J Exp Psychol.* 71(2):455–470. doi: [10.1080/17470218.2016.1255236](https://doi.org/10.1080/17470218.2016.1255236).
- Wallace JL, Norton KI. 2014. Evolution of world cup soccer final games 1966–2010: game structure, speed and play patterns. *J Sci Med Sport.* 17(2):223–228. doi: [10.1016/j.jsams.2013.03.016](https://doi.org/10.1016/j.jsams.2013.03.016).
- Wang SH, Qin Y. 2020. Analysis of shooting and goal scoring patterns in the 2019 France women's world cup. *J Phys Educ Sport.* 20(6):3080–3089.
- Ward P, Ericsson KA, Williams AM. 2013. Complex perceptual-cognitive expertise in a simulated task environment. *J Cogn Eng Decis Mak.* 7 (3):231–254. doi: [10.1177/1555343412461254](https://doi.org/10.1177/1555343412461254).
- Ward P, Williams AM. 2003. Perceptual and cognitive skill development in soccer: the multidimensional nature of expert performance. *J Sport Exerc Psychol.* 25(1):93–111. doi: [10.1123/jsep.25.1.93](https://doi.org/10.1123/jsep.25.1.93).
- Ward P, Williams AM, Bennett SJ. 2002. Visual search and biological motion perception in tennis. *Res Q Exercise Sport.* 73(1):107–112. doi: [10.1080/02701367.2002.10608997](https://doi.org/10.1080/02701367.2002.10608997).
- Williams AM. 2009. Perceiving the intentions of others: how do skilled performers make anticipation judgments? In: Raab M, Johnson JG, and Heekeren HR, editors. *Progress in brain Research: vol. 174. mind and motion: the bidirectional link between thought and action.* Elsevier; p. 73–83. <https://www.sciencedirect.com/science/article/abs/pii/S0079612309013077?via%3Dihub>.
- Williams AM, Burwitz L. 1993. Advance cue utilization in soccer. In: Reilly T, Clarys J, and Stibbe A, editors. *Science and football II.* London: E & FN Spon; p. 239–243.
- Williams AM, Ford PR, Eccles DW, Ward P. 2011. Perceptual-cognitive expertise in sport and its acquisition: implications for applied cognitive psychology. *Appl Cogn Psychol.* 25(3):432–442. doi: [10.1002/acp.1710](https://doi.org/10.1002/acp.1710).
- Williams AM, Hodges NJ, North JS, Barton G. 2006. Perceiving patterns of play in dynamic sport tasks: investigating the essential information underlying skilled performance. *Perception.* 35(3):317–332. doi: [10.1068/p5310](https://doi.org/10.1068/p5310).
- Williams AM, Jackson RC. 2019. Anticipation in sport: fifty years on, what have we learned and what research still needs to be undertaken? *Psychol Sport Exerc.* 42:16–24. doi: [10.1016/j.psychsport.2018.11.014](https://doi.org/10.1016/j.psychsport.2018.11.014).
- Williams AM, North JS, Hope ER. 2012. Identifying the mechanisms underpinning recognition of structured sequences of action. *Q J Exp Psychol.* 65(10):1975–1992. doi: [10.1080/17470218.2012.678870](https://doi.org/10.1080/17470218.2012.678870).
- Williams AM, Thomas JL, Jordet G, Ford PR. 2023. Anticipation and decision-making. In: Williams AM, Ford P, and Drust B, editors. *Science and soccer: developing elite performers.* Abingdon, Oxon: Routledge; p. 124–140.
- Williams AM, Ward P, Knowles JM, Smeeton NJ. 2002. Anticipation skill in a real-world task: measurement, training, and transfer in tennis. *J Exp Psychol Appl.* 8(4):259. doi: [10.1037/1076-898X.8.4.259](https://doi.org/10.1037/1076-898X.8.4.259).
- Wood G, Wright DJ, Harris D, Pal A, Franklin ZC, Vine SJ. 2021. Testing the construct validity of a soccer-specific virtual reality simulator using novice, academy, and professional soccer players. *Virtual Real.* 25 (1):43–51. doi: [10.1007/s10055-020-00441-x](https://doi.org/10.1007/s10055-020-00441-x).
- Woolley TL, Crowther RG, Doma K, Connor JD. 2015. The use of spatial manipulation to examine goalkeepers' anticipation. *J Sports Sci.* 33 (17):1766–1774. doi: [10.1080/02640414.2015.1014830](https://doi.org/10.1080/02640414.2015.1014830).
- Wright C, Atkins S, Polman R, Jones B, Sargeson L. 2011. Factors associated with goals and goal scoring opportunities in professional soccer. *Int J Perform Anal Sport.* 11(3):438–449. doi: [10.1080/24748668.2011.11868563](https://doi.org/10.1080/24748668.2011.11868563).