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<table>
<thead>
<tr>
<th></th>
<th>Olympic</th>
<th>Non-Olympic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of sports showing an increase</td>
<td>5</td>
<td>13</td>
</tr>
<tr>
<td>Number of sports showing a decrease</td>
<td>16</td>
<td>12</td>
</tr>
<tr>
<td>No change</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>Aggregate of change in participation rates</td>
<td>-8.5</td>
<td>+1.2</td>
</tr>
</tbody>
</table>

Table 1: Changes in participation rates in Olympic and non-Olympic sports in Australia 2000-2001 (Veal, 2012).

Family 1
- Father – 37 years old, professional white collar manager
- Mother - 35 nutritionist and personal trainer
- Son 1 – 5 years old, Son 2 – 3 years old, Daughter 1 – 2 years old.
- Home owners, suburban new housing estate, Nottingham City Council Local Authority, Nottinghamshire.

Family 2
- Mother 38 years old, architect project manager.
- Father 39 years old, gardener.
- Daughter 1 – 14 years old, Daughter 2 – 11 years old.
- Rented property, urban-rural fringe council estate, Gedling Local Authority, Nottinghamshire.

Family 3
- Single Mother aged 49 years old, unemployed.
- Son 1 – 17 years old Son 2 – 9 years old, Daughter 1 – 13 years old, Daughter 2 – 6 years old.
- Inner city, rented property, Leicester City Local authority.

Family 4
- Family declined to stay involved in the final project after partial initial involvement. Reason for project withdrawal was time and family pressures.

Family 5
- Mother 43 blue collar office worker
- Father 45 mature student
Son 1 – 12 years old, Son 2 – 10 years old.
Home owners, suburban area, Broxtowe local Authority, Nottinghamshire.

Table 2: A breakdown of the demographic background of family research participants