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PHANGS-JWST First Results: Duration of the Early Phase of Massive Star Formation in NGC 628

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Abstract

The earliest stages of star formation, when young stars are still deeply embedded in their natal clouds, represent a critical phase in the matter cycle between gas clouds and young stellar regions. Until now, the high-resolution infrared observations required for characterizing this heavily obscured phase (during which massive stars have formed, but optical emission is not detected) could only be obtained for a handful of the most nearby galaxies. One of the main hurdles has been the limited angular resolution of the Spitzer Space Telescope. With the revolutionary capabilities of the James Webb Space Telescope (JWST), it is now possible to investigate the matter cycle during the earliest phases of star formation as a function of the galactic environment. In this Letter, we demonstrate this by measuring the duration of the embedded phase of star formation and the implied time over which molecular clouds remain inert in the galaxy NGC 628 at a distance of 9.8 Mpc, demonstrating that the cosmic volume where this measurement can be made has increased by a factor of >100 compared to Spitzer. We show that young massive stars remain embedded for $5.1^{+2.7}_{-1.4}$ Myr ($2.3^{+2.7}_{-1.4}$ Myr of which being heavily obscured), representing $\sim 20\%$ of the total cloud lifetime. These values are in broad agreement with previous measurements in five nearby (D < 3.5

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Mpc) galaxies and constitute a proof of concept for the systematic characterization of the early phase of star formation across the nearby galaxy population with the PHANGS–JWST survey.

Unified Astronomy Thesaurus concepts: Star formation (1569); Galaxies (573); Giant molecular clouds (653); Interstellar medium (847)

1. Introduction

Over the last two decades, a growing number of multiwavelength, cloud-scale observations have revealed a spatial offset between cold molecular gas and H II regions in galaxies (Engargiola et al. 2003; Blitz et al. 2007; Kawamura et al. 2009; Onodera et al. 2010; Schruba et al. 2010; Miura et al. 2012; Meidt et al. 2015; Corbelli et al. 2017; Kruijssen et al. 2019b; Schinnerer et al. 2019; Barnes et al. 2020; Pan et al. 2022). The statistical characterization of this offset has enabled a quantitative description of the evolutionary life cycle of giant molecular clouds (GMCs), during which gas is turning into stars (Kruijssen et al. 2019b; Chevance et al. 2020a, 2020b, 2022a, 2022b; Zabel et al. 2020; Kim et al. 2021, 2022; Lu et al. 2022; Ward et al. 2022). These studies have illustrated that GMCs are transient objects that survive for 1-3 dynamical timescales (10-30 Myr, with typical associated uncertainties of $\sim 25\%$) and are dispersed quickly by feedback from newly formed stars, after a long phase during which GMCs appear inert and devoid of massive stars (70%-90% of the cloud lifetime), before the star formation is detected through H α emission. In these studies, GMCs have masses over $10^4 - 10^5 M_{\odot}$ and the lifetimes of these objects represent the time they spend being bright in CO emission, until the molecular gas has been dispersed by the resulting H II region.

However, the earliest phases of star formation are heavily embedded and invisible in H α due to the extinction from the surrounding dense gas and dust. Therefore, the duration of these phases and the time that clouds spend being truly inert are still poorly constrained, and so is the time needed for the feedback from these heavily embedded stars to blow out enough of the natal cloud to enable the detection of $\mathrm{H}\alpha$ emission. This limits our understanding of the physical mechanisms playing a role in the first stages of star formation. Measuring these characteristic timescales is crucial to establish which mechanisms are responsible for dispersing the molecular clouds (e.g., Lopez et al. 2014) and for distinguishing whether star formation is delayed by the decay of initial turbulence (e.g., Gnedin et al. 2016; Padoan et al. 2017) or suppressed by galactic-scale dynamics, such as the shear associated with spiral arms and differential rotation preventing collapse of the clouds (e.g., Meidt et al. 2018).

High-resolution infrared observations (~1 pc scale) of starforming regions in the Milky Way have revealed that molecular clouds spend 30%–40% of their lifetime with embedded stars (Lada & Lada 2003; Battersby et al. 2017). Massive protoclusters (~10⁴ M_{\odot}) in our Galaxy are actively forming stars and appear to have a very short starless phase (<0.5 Myr; Ginsburg et al. 2012). In nearby galaxies, the timescales between successive stages of the gas-to-stars evolutionary cycle can be estimated by combining ages of star clusters with distances between these clusters and their neighboring GMCs. These results suggest that the embedded star-forming phase lasts for 2–5 Myr, of which the initial 0–2 Myr are heavily obscured, i.e., ongoing star formation is detected in mid-infrared or in radio continuum but invisible in H α and ultraviolet emission (Whitmore et al. 2014; Calzetti et al. 2015; Corbelli et al. 2017; Grasha et al. 2018; Turner et al. 2022).

Kruijssen & Longmore (2014) and Kruijssen et al. (2018) have introduced a statistically rigorous method that translates the observed spatial decorrelation between cold gas and star formation rate (SFR) tracers into their underlying timescales. In Kim et al. (2021), this method has been applied to six nearby star-forming galaxies using CO, Spitzer 24 μ m, and H α emission maps, tracing molecular clouds, embedded star formation, and exposed star formation, respectively. This provided systematic constraints on the duration of the embedded phase of star formation for five of these six galaxies, which was shown to last for 2-7 Myr, constituting 20%-50% of the cloud lifetime. The first half of this phase is heavily obscured and only detected in CO and 24 μ m, while being invisible in H α emission. Until now, the number of galaxies where we could constrain these timescales was restricted to these five galaxies, with distances of D < 3.5 Mpc. This small sample was due to the limited resolution of the Spitzer 24 μ m observations (6'') and the requirement that the observations need to resolve each galaxy into its distinctive units of star formation (e.g., GMCs and H II regions, typically separated by $\sim 100 \text{ pc}$). The results of deconvolution algorithms (Backus et al. 2005) applied to more distant galaxies (M51 at 8.6 Mpc; Dumas et al. 2011) did not lead to a sufficient data quality to successfully perform this measurement.

The Mid-Infrared Instrument (MIRI) on board the James Webb Space Telescope (JWST) has opened a new era of infrared astronomy with unprecedented spatial resolution and sensitivity in the mid-infrared. In particular, observations at $21\,\mu\text{m}$ tracing embedded young stellar populations reach a resolution of 0."67, allowing the cloud-to-star life cycle to be characterized, with the above method, out to considerably larger distances of up to 25 Mpc. The PHANGS³⁴ collaboration is carrying out the PHANGS-JWST survey (Lee et al. 2022b this Issue; Program ID 02107) to map the star-forming disk of 19 galaxies in a wide range of wavelengths, from 2 to 21 μ m. This translates into a physical scale of 20–60 pc in the 21 μ m band for the galaxies in this sample (at distances between 5 and 20 Mpc). So far, four of these galaxies have been observed (IC 5332, NGC 628, NGC 1365, NGC 7496) with MIRI JWST. In this Letter, we extend our previous analysis by Kim et al. (2021) by characterizing the duration of the early phase of star formation in one of these initial galaxies, NGC 628, which is the most nearby (yet 3 times further away than the most distant galaxy analyzed in Kim et al. 2021), and for which the duration of the CO- and H α -bright phases have already been obtained in our previous works (Chevance et al. 2020a; Kim et al. 2022). Following previous works using Spitzer 24 μ m as a tracer for embedded massive stars (Calzetti et al. 2015; Corbelli et al. 2017; Kim et al. 2021), we define the duration of "embedded star formation" probed at 21 μ m with JWST as the total phase during which CO and $21 \,\mu m$ are found to be overlapping,

³⁴ The Physics at High Angular resolution in Nearby GalaxieS project: http://phangs.org.

whereas the "heavily obscured phase" refers to the phase where both CO and 21 μ m are detected *without* associated H α emission.

2. Observations

In order to trace embedded star formation, we use the 21 μ m emission map observed with MIRI on board JWST as a part of PHANGS-JWST survey. This data was obtained from the Mikulski Archive for Space Telescopes (MAST) at the Space Telescope Science Institute.³⁵ This mid-infrared wavelength has been widely used as a tracer of embedded star formation, because a substantial fraction of the emission, especially that with compact morphology, originates from dust excitation by radiation from surrounding massive stars and empirically exhibits a correlation with tracers of massive star formation (Kennicutt & Evans 2012; Galliano et al. 2018; Hassani et al. 2022; Leroy et al. 2022; Thilker et al. 2023). In particular, using four initial targets, Hassani et al. (2022) have found that 90% of compact 21 μ m sources are associated with H II regions detected in extinction corrected H α maps from MUSE. Furthermore, Hassani et al. (2022) have shown that background galaxies and evolved stars identified in the 21 μ m map are faint, only constituting $\sim 3\%$ of the total 21 μ m emission flux and therefore they are unlikely to affect our measurements, because the quantities constrained with our methodology are flux weighted (see Section 3). The JWST map has a physical resolution of \sim 30 pc at the distance of NGC 628 (9.84 Mpc; Anand et al. 2021a, 2021b) and a 1σ surface brightness sensitivity of $\sim 0.3 \text{ MJy sr}^{-1}$ at the native resolution of 0."67. Details on the data reduction can be found in Lee et al. (2022b).

In Figure 1, we show a comparison between the Spitzer MIPS map at 24 μ m and the JWST MIRI map at 21 μ m of NGC 628. The increase in resolution by a factor of almost 10 allows us to resolve individual regions in the galaxy. A composite three-color image of the CO, 21 μ m, and H α emission maps is also provided, where the spatial small-scale decorrelation of these tracers is illustrated by the color variations.The H α emission map is from PHANGS-H α (Preliminary version; A. Razza et al. 2022, in preparation) observed using the Wide Field Imager instrument at the MPG-ESO 2.2 m telescope at the La Silla Observatory.

We use the ¹²CO(J = 2-1) transition (CO hereafter) from PHANGS–ALMA as a tracer of molecular gas. A detailed description of the full sample and data reduction can be found in Leroy et al. (2021b, 2021a). The observations were carried out with the 12 m array, as well as with the 7 m and total power antennas of the Atacama Large Millimeter/submillimeter Array (ALMA). We use the moment-0 map at the native resolution reduced with an inclusive signal masking scheme with high completeness (the "broad" mask; see Leroy et al. 2021a) The resulting CO map has a resolution of 1."12 (~50 pc) and a 5σ molecular gas mass sensitivity of $5 \times 10^4 M_{\odot}$ (Leroy et al. 2021b). After the removal of diffuse emission (see Section 3), the faintest identified CO emission peak has a mass of $10^5 M_{\odot}$.

In order to perform the next steps of the analysis (see Section 3), we first convolve and then reproject the $21 \,\mu m$ emission map to match the resolution and the pixel grid of the CO map. During the convolution, we use a kernel that

translates the JWST MIRI point-spread function to a Gaussian, matched to the beam of the CO map and generated using the method of Aniano et al. (2011). Our statistical method (described in Section 3) makes use of the relative spatial distribution of the molecular clouds and young stellar regions to derive their associated timescales and therefore the astrometric precision of the CO and 21 μ m map must be sufficient to detect offsets. Extensive experiments of the method with simulated data show that an acceptable astrometric precision is 1/3 of the beam (Kruijssen et al. 2018; Hygate et al. 2019), which corresponds here to $\sim 0.4^{\circ}$. Lee et al. (2022b) have shown that MIRI images, aligned using asymptotic giant branch stars and PHANGS-HST data (Lee et al. 2022a), have astrometric uncertainties of $\pm 0.1^{\prime\prime}$, comfortably satisfying the required precision. The astrometric precision of the H α map is also measured to be within the acceptable precision with $0.1^{\circ} - 0.2^{\circ}$ by matching stellar sources to the Gaia DR2 catalog (Gaia Collaboration et al. 2018) or SINGS and Wide Field Imager data (Chevance et al. 2020a; A. Razza et al. 2022, in preparation).

Following our previous analysis (e.g., Kim et al. 2021, 2022), we further mask very bright regions that can potentially bias our measurements of timescales (yellow circles in Figure 1). These bright peaks represent outliers in the luminosity function of the peaks identified using CLUMPFIND (Williams et al. 1994) and also seen in Hassani et al. (2022). The galactic center (white circle) is also excluded from our analysis, because crowding of sources makes it difficult to identify star-forming regions and molecular clouds in this environment.

3. Method

We now briefly describe our analysis method (the "uncertainty principle for star formation," formalized in the HEISEN-BERG³⁶ code) and the main input parameters used. We refer readers to Kruijssen et al. (2018) for a full description and rigorous validation of the code using simulated galaxies and Kruijssen & Longmore (2014) for an introduction of the method. This method has been applied to ~60 observed galaxies (Kruijssen et al. 2019a; Chevance et al. 2020a, 2022a; Haydon et al. 2020; Ward et al. 2020, 2022; Zabel et al. 2020; Kim et al. 2021, 2022; Lu et al. 2022), including NGC 628, using CO and H α as tracers of molecular gas and SFR. Unless stated otherwise, here we adopt the same input parameters for this galaxy as in Chevance et al. (2020a) and Kim et al. (2022), describing the main properties of the galaxy and the CO and H α observations.

Our method exploits the relative spatial distributions of tracers of successive phases of the evolution from GMCs to young stellar regions. Contrary to the observed tight correlation on approximately kiloparsec scales between molecular gas and SFR tracers (e.g., CO and H α) that defines the well known "star formation relation" (e.g., Kennicutt 1998; Bigiel et al. 2008), small-scale (~100 pc) observations resolving galaxies into independent star-forming regions and clouds reveal spatial offsets between them, increasing the observed scatter of the star formation relation. This small-scale decorrelation can be naturally explained by galaxies being composed of "independent" regions, each undergoing independent evolution from

 $[\]frac{35}{\text{The specific observations analyzed can be accessed via doi:10.17909/9bdf-jn24.}$

³⁶ The HEISENBERG code is publicly available at https://github.com/ mustang-project/Heisenberg.



Figure 1. Top: comparison between the Spitzer 24 μ m map (left) and the JWST 21 μ m map (middle), which has 10 times better resolution (0.1.67) compared to Spitzer (6''). Orange circles show the beam in each panel. Bottom: composite three-color images obtained by combining CO (blue), 21 μ m (green), and H α (red). The bottom right panel shows the zoomed-in image of the white rectangular region marked in the bottom left panel, with symbols indicating the distribution of emission peaks using the same color scheme. Emission peaks of CO (indicated with ×), 21 μ m (+), and H α (Δ) show spatial offsets, indicating that these represent distinctive stages of star formation. The JWST field of view is outlined in green. The crowded galactic center (white circle), as well as extremely bright star-forming regions (yellow circles) are excluded from our analysis (see text).

molecular cloud assembly to star formation and feedback, which disperses the natal clouds and leaves young stellar regions without associated molecular gas (Onodera et al. 2010; Schruba et al. 2010; Kruijssen & Longmore 2014). Our methodology assumes that the spatial distribution of such regions is locally isotropic on the scale of the mean separation length between regions (a few 100 pc), which is the largest scale that our measurements are sensitive to. This means that our measurements are not affected by galactic-morphological features, such as gaseous spiral arms that produce linear features on kiloparsec scales (Kruijssen et al. 2018).

To translate the observed decorrelation of cold gas and star formation tracers into the underlying evolutionary timescales associated with each tracer (Kruijssen et al. 2018), we first identify peaks in the CO and 21 μ m maps using CLUMPFIND (Williams et al. 1994). This algorithm uses contours on the map

 Table 1

 Derived Characteristic Properties of the Evolutionary Cycle Traced by the CO and H α Emission Maps, as well as the CO and 21 μ m Emission Maps

$H\alpha$ as an SFR Tracer							
t _{CO}	23.9 ^{+2.5} _{-2.8} Myr						
$t_{ m fb,Hlpha}$	$2.7^{+0.5}_{-0.6}$ Myr						
$\lambda_{ m Hlpha}$	96^{+13}_{-11} pc						
21 μ m as an SFR Tracer							
t _{21 μm}	8.8 ^{+3.6} _{-1.4} Myr						
$t_{\rm fb,21~\mu m}$	$5.1^{+2.7}_{-1.4}$ Myr						
$\lambda_{21 \ \mu m}$	90^{+51}_{-17} pc						
Duration of Heavily Obscured Pha	se						
t _{obsc}	$2.3^{+2.7}_{-1.4}$ Myr						

for a set of flux levels separated by a step size $\delta \log_{10} \mathcal{F}$, with a full range $\Delta \log_{10} \mathcal{F}$ starting from the maximum flux level. For the 21 μ m emission map, we adopt $\delta \log_{10} \mathcal{F} = 0.05$ and $\Delta \log_{10} \mathcal{F} = 2.0$, where the choice of this full range is well justified given the distribution of 21 μ m peaks in Hassani et al. (2022, after excluding bright outliers). For the CO emission map, we adopt $\delta \log_{10} \mathcal{F} = 0.05$ and $\Delta \log_{10} \mathcal{F} = 1.1$, similar to our previous analysis (Chevance et al. 2020a; Kim et al. 2022). On each identified peak, we then center apertures with a range of sizes from the cloud scale ($l_{ap,max} = 1.5$ kpc). For each aperture size, we measure the deviation of the galactic average value.

We then fit an analytical function (see Section 3.2.11 of Kruijssen et al. 2018) to the measured flux ratios as a function of aperture size, which depends on the relative duration of emission of each tracer, the relative duration for which they overlap, and the typical separation length between independent regions (λ). The absolute values of the timescales are obtained by multiplying the best-fitting relative timescale by a known reference timescale (t_{ref}). Here, we use the cloud lifetime (t_{CO}) derived in our previous analysis (Chevance et al. 2020a; Kim et al. 2022) as t_{ref} . Since we mask four regions that are extremely bright in 21 μ m (see Section 2 and Figure 1), we repeat our previous analysis of NGC 628 using narrowband H α as an SFR tracer (Chevance et al. 2020a; Kim et al. 2022) to see how the masking impacts the measurements. The results are consistent within the uncertainties, and our new measurements for the masked map are shown in Table 1 (discussed below). Masking additional bright regions only results in negligible differences in our measurements of the timescales obtained with H α emission (again within uncertainties).

Having obtained the lifetime of the CO-bright emission, we can derive the absolute lifetimes of the 21 μ m emission. The fitted model is described by three independent quantities: the timescale over which CO and the SFR tracer are found to be overlapping ($t_{\text{fb},21 \ \mu\text{m}}$), the 21 μ m emitting timescale ($t_{21 \ \mu\text{m}}$), and the typical separation between independent regions ($\lambda_{21 \ \mu\text{m}}$). The overlapping timescale represents the time over which embedded massive star formation takes place, as well as the time it takes for stellar feedback to disperse the surrounding gas. The fit to the observations returns a three-dimensional probability distribution function (PDF) of the free parameters, which is then marginalized to obtain the one-dimensional PDF of each parameter. The uncertainties quoted here are defined as

the 32nd percentile of the part of the PDF below the best-fitting value, and the 68th percentile of the part of the PDF above the best-fitting value (Kruijssen et al. 2018).

As part of the analysis process, we filter out potential diffuse emission in both CO and $21 \,\mu m$ maps using the method presented in Hygate et al. (2019). This is necessary as the presence of diffuse emission can bias our measurements by adding a reservoir of large-scale emission that is not associated with the identified peaks within the aperture, and therefore does not participate in the cycling that is being characterized here. Similarly to our previous analysis of NGC 628 (Chevance et al. 2020a; Kim et al. 2022), we iteratively remove emission on scales larger than 15 $\lambda_{21 \ \mu m}$ using a Gaussian high-pass filter in Fourier space. The threshold of 15 $\lambda_{21 \ \mu m}$ was chosen to ensure that the flux loss from the compact region is about 10%, following the prescription by Hygate et al. (2019), Kruijssen et al. (2019b), Chevance et al. (2020a), and Kim et al. (2021, 2022). However, we note that using a higher or lower multiples of $\lambda_{21 \ \mu m}$ (from 10 to 20) do not significantly impact our measurements (within 1σ uncertainties).

In the CO map, filtering extended structures (that constitute $\sim 60\%$ of the emission) results in lowering the signal-to-noise ratio of small, faint clouds, allowing us to focus on molecular clouds that are likely to form massive stars. Before filtering, the faintest identified CO emission peak has a mass of $10^4 M_{\odot}$, whereas after filtering the faintest identified CO emission peak has a mass of $10^5 M_{\odot}$, which is likely to give birth to massive stars when assuming a standard initial mass function. In the $21 \,\mu m$ map, this removes large-scale emission (constituting \sim 50% of the total emission) originating from the interstellar radiation field, which is not related to recent massive star formation but has a nonnegligible contribution to the dust heating (Draine & Li 2007; Verley et al. 2009). Thilker et al. (2023) report a fraction of mid-infrared emission arising from filamentary structures (\sim 30%) that is qualitatively similar to the \sim 50% obtained here. The fraction of large-scale emission removed is also broadly consistent with the contribution of the interstellar radiation field to Spitzer $24 \,\mu m$ wavelength measured in the Milky Way and in Local Group galaxies (20%-85%; Koepferl et al. 2015; Viaene et al. 2017; Williams et al. 2019). Leroy et al. (2012, 2022) also measure 40%-60% of the mid-infrared emission to originate from molecular gas heated by the interstellar radiation field.

4. Results

Table 1 lists results from the application of our method to the CO and 21 μ m maps, tracing molecular gas and embedded star formation, respectively. In Figure 2 (left) and Appendix B, we present the measured variation of gas-to-SFR tracer flux ratio compared to the galactic average, as a function of aperture size. Toward small scales, the flux ratios increasingly diverge from the galactic average, illustrating the spatial decorrelation between CO and 21 µm emission on cloud scales. The right panel of Figure 2 shows the constrained timeline after combining our results for both SFR tracers. At first, clouds are only detected in CO emission for a duration of $t_{\rm CO} - t_{\rm fb,21 \ \mu m} = 18.8^{+2.7}_{-3.6}$ Myr. Then, after the onset of the heavily obscured phase of star formation, 21 μ m emission is detected together with CO emission (but without associated H α) for $t_{obsc} = 2.3^{+2.7}_{-1.4}$ Myr. Feedback from these newly formed stars progressively disperses the surrounding gas, revealing young stars emerging from their natal GMC in H α



Figure 2. The left panel shows the measured deviation of gas-to-SFR tracer (CO-to-21 μ m) flux ratios compared to the galactic average as a function of the size of apertures centered on CO and 21 μ m emission peaks. The data underlying this figure can be found in Appendix B. The error bars show the 1 σ uncertainty of each measurement whereas the shaded region within the error bar indicates the effective 1 σ error, considering the covariance between data points. Our best-fitting model (dashed line), as well as the galactic average (horizontal line) are also shown. The constrained λ is indicated with a downward arrow and other best-fitting parameters ($t_{21 \ \mu m}$ and $t_{t_{0.21 \ \mu m}}$) are listed in Table 1. The right panel illustrates the evolutionary sequence from inert molecular clouds to embedded star formation, partially exposed star formation, and finally to fully revealed young stellar regions. The duration of the CO emitting phase (t_{CO}) is shown in orange while the time during which 21 μ m and H α emission are detected without associated CO emission are shown in dark blue and dark purple, respectively. The feedback timescale, which is the time for which both CO and an SFR tracer are found coincident, is shown in light blue (for 21 μ m) and light purple (for H α). The error bars indicate the 1 σ uncertainty for each measurement.

emission for $t_{\rm fb,H\alpha} = 2.7^{+0.5}_{-0.6}$ Myr. Finally, the molecular gas is completely dispersed, leaving only the young stellar regions to be detected through both SFR tracers for about $t_{21 \,\mu\rm m} - t_{\rm fb,21 \,\mu\rm m}$ or $t_{\rm H\alpha} - t_{\rm fb,H\alpha}$ of ~4 Myr on average. In Appendix A, we verify that the measured timescales are reliable with an accuracy of 30% or better. This implies that these measurements achieve a similar level of confidence to those for the more nearby galaxies presented in Kim et al. (2021), despite having been made for a galaxy at a much greater distance.

4.1. Duration of the Embedded $(t_{fb,21 \ \mu m})$ and Heavily Obscured (t_{obsc}) Phases of Star Formation

Because star formation can only continue until molecular clouds have been dispersed, we define the duration of the embedded phase of star formation as the time during which CO and 21 μ m emission are found to be overlapping (i.e., the feedback timescale, $t_{\rm fb,21 \ \mu m}$). We measure $t_{\rm fb,21 \ \mu m} = 5.1^{+2.7}_{-1.4}$ Myr in NGC 628, which represents ~20% of the cloud lifetime ($t_{\rm CO}$). These two values fall into the range of those constrained in five nearby galaxies (2–7 Myr, 20%–50%) by Kim et al. (2022).

The feedback timescale measured with 21 μ m (5.1^{+2.7}_{-1.4} Myr) is longer than the one obtained using H α (2.7^{+0.5}_{-0.6} Myr) as an SFR tracer. This difference can be explained by the fact that the earliest stages of star formation are invisible in H α emission due to the extinction from the surrounding dense gas and dust, while 21 μ m is detected as it originates from the reemission of absorbed stellar light by small dust grains (e.g., Kennicutt et al. 2007; Galliano et al. 2018). We find that this heavily obscured phase of star formation ($t_{obsc} = t_{fb,21} \mu m - t_{fb,H\alpha}$) lasts for $2.3^{+2.7}_{-1.4}$ Myr,³⁷ showing a good agreement with the range of

values constrained in five nearby galaxies (1–4 Myr) by Kim et al. (2021).

The short durations of $t_{\rm fb,21 \ \mu m}$ and $t_{\rm obsc}$ support our previous claim that presupernova feedback likely drives the dispersal of molecular clouds, as supernovae take longer to detonate (4–20 Myr; Chevance et al. 2020a, 2022a, also see Barnes et al. 2022; Della Bruna et al. 2022). Similar values of $t_{\rm fb,21 \ \mu m}$ and $t_{\rm obsc}$ have been measured using ages of stellar clusters and their association with neighboring GMCs (Whitmore et al. 2014; Grasha et al. 2018, 2019), as well as using H II region morphologies (Hannon et al. 2019, 2022). We note that the "heavily obscured phase" is also referred to as "embedded" in other works in this Issue, which report qualitatively similar durations of this phase (Rodriguez et al. 2022; Whitmore et al. 2023).

4.2. Duration of the Total 21 µm Emitting Phase

In NGC 628, we measure the total duration of the 21 μ m emitting phase $(t_{21 \ \mu m})$ to be $8.8^{+3.6}_{-1.4}$ Myr, which falls into the range of our previous measurements of this timescale in nearby galaxies (4–14 Myr; Kim et al. 2021). After the star formation is terminated by the dispersal of molecular clouds, the emission at 21 μ m can still be detected for ~4 Myr, due to the remaining dust in the H II region, which is heated by the high-mass stars that have not yet ended their lives. As shown in Figure 2, the end of this isolated 21 μ m emitting phase (after CO has disappeared) corresponds broadly to the end of the H α emitting phase, indicating that our diffuse emission-filtered 21 μ m map effectively traces emission related to recent massive star formation. Furthermore, as shown in Figure 2, almost 80% of the total 21 μ m emitting timescale coincides with the H α emitting timescale, showing a good agreement with Hassani et al. (2022) who find that 90% of the 21 μ m emission peaks in four initial PHANGS–JWST galaxies are associated with H α emission. Our result also agrees with those of Linden et al. (2022), who find that

 $[\]frac{37}{10}$ The uncertainties on t_{obsc} are obtained using formal error propagation and therefore are similar to those on $t_{fb,21 \ \mu m}$, which shows larger errors than $t_{fb,H\alpha}$. These uncertainties on t_{obsc} should be considered as an upper limit, because no covariance between $t_{fb,H\alpha}$ and $t_{fb,21 \ \mu m}$ is assumed, which is unlikely to be true.

80% of young massive star cluster candidates identified with JWST near-infrared emission also have an optical counterpart. This also explains why 21 μ m and H α emission show a tighter correlation than 21 μ m and CO emission (Leroy et al. 2022).

4.3. Characteristic Distance between Independent Regions

Figure 2 shows that GMCs and young stellar regions are spatially decorrelated on small scales, illustrating that galaxies are composed of independent regions in different phases of their evolution from gas to stars. Our method measures the characteristic distance between these regions, which we denote as $\lambda_{21 \ \mu m}$ and $\lambda_{H\alpha}$ depending on which SFR tracer is being used. We find $\lambda_{21 \ \mu m} = 90^{+51}_{-17}$ pc, showing a very good agreement with $\lambda_{H\alpha} = 96^{+13}_{-11}$ pc. This $\lambda_{21 \ \mu m}$ falls into the range of values found in five nearby galaxies using Spitzer MIPS 24 μ m as an SFR tracer (70–200 pc Kim et al. 2022), as well as that found in a larger sample of 54 galaxies using H α as an SFR tracer (100–400 pc; Chevance et al. 2020a; Kim et al. 2022).

5. Conclusion

Using novel observations of NGC 628 at a wavelength of 21 μ m from MIRI on JWST, together with CO from ALMA and narrowband H α emission maps at matched resolution, we have characterized the evolutionary cycle of GMCs from their inert phase, to the onset of embedded massive star formation, the partially exposed star-forming phase, and finally to H II regions free of cold molecular gas. This is the first time that the start and the duration of the embedded phase of star formation can be characterized at a distance greater than 3.5 Mpc, unlocking the necessary statistics and dynamic range for characterizing the environmental dependence of the physical processes driving the earliest phases of massive star formation.

We find that the time during which GMCs in NGC 628 are truly free from massive star formation ($=t_{\rm CO} - t_{\rm fb,21 \ \mu m}$) is $18.8^{+2.7}_{-3.6}$ Myr. The duration of the embedded phase of star formation ($t_{\rm fb,21 \ \mu m}$) is $5.1^{+2.7}_{-1.4}$ Myr, representing $\sim 20\%$ of the cloud lifetime. The H α emission is heavily obscured during almost the entire first half of this phase, resulting in $t_{\rm obsc}$ of $2.3^{+2.7}_{-1.4}$ Myr. Then, the star-forming region partially reveals itself from its natal GMC, causing the CO emission to be detected in association with 21 μ m and H α emission for a duration of $t_{\rm fb,H\alpha} = 2.7^{+0.5}_{-0.6}$ Myr. Finally, the molecular cloud is completely dispersed by stellar feedback, and only SFR tracers are detected for another ~ 5 Myr without associated CO emission.

In Figure 3, the distribution of our PHANGS–JWST target galaxies as well as the five galaxies from Kim et al. (2022) are shown in the plane spanned by the galaxy stellar mass $(M_{*,global})$ and the galaxy-wide SFR (SFR_{global}). As a proof of concept, we have measured the timescales of the embedded and heavily obscured phases of star formation in one of the JWST target galaxies, NGC 628. No trend is found between the duration of the embedded phase (here denoted by $t_{fb,MIR}$ because the figure combines measurements from Spitzer at 24 μ m and from JWST at 21 μ m) and the galaxy properties (e.g., mass, SFR, offset from the main sequence), but NGC 628 represents an important extension of the parameter space shown here. Our results highlight the power of JWST by demonstrating that the quality of the data enables the embedded phase of star formation to be systematically characterized for a



Figure 3. Galaxy-wide SFR (SFR_{global}) as a function of stellar mass ($M_{*,global}$) for the PHANGS–JWST targets (circles), as well as nearby galaxies from (squares; Kim et al. 2021). For NGC 628 (this work) and nearby galaxies, the data points are colored by the duration of the embedded phase of star formation, derived using mid-infrared as an SFR tracer ($t_{fb,MIR}$), which is JWST 21 μ m for NGC 0628 and Spitzer 24 μ m for other galaxies. The dashed line shows the star-forming main sequence of local galaxies (Leroy et al. 2019).

galaxy located at 9.8 Mpc. With the arrival of JWST, the volume where such measurements can be done has increased by a factor of >100 (with D < 25 Mpc), compared to what was possible with Spitzer (with D < 3.5 Mpc). Our measurements are in good agreement with those from our previous work in the small sample of five nearby galaxies (at D < 3.5 Mpc; Kim et al. 2021) for which such measurements were possible previously, and our results also achieve a comparable uncertainty of 30%.

In the near future, a systematic determination of these timescales will become possible with the PHANGS-JWST survey, significantly increasing the total number of galaxies where this measurement can be performed to 24, where 19 of them come from PHANGS-JWST and have distances up to 20 Mpc. This will for the first time cover a wide range of parameters (e.g., galaxy masses, morphological types, and interstellar medium properties) across a statistically representative sample. Specifically, with the addition of the full PHANGS-JWST galaxy sample, the ranges of GMC properties where we can characterize this early phase of star formation become much wider. For example, the range of average internal pressure of GMCs in our previous galaxy sample (Kim et al. 2021) was 10^4 – 10^5 K cm⁻³ and will be expanded up to $10^7 \,\mathrm{K \, cm^{-3}}$. Similarly, the average molecular gas surface density was $10^1 - 10^2 M_{\odot} \text{ pc}^{-2}$ and now can be probed up to $10^3 M_{\odot} \text{ pc}^{-2}$ (Rosolowsky et al. 2021; A. Hughes et al. 2022, in preparation). This will allow us to characterize how the processes regulating the early stages of massive star formation depend on the galactic environment.

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Facilities: JWST (MIRI), ALMA, Max Planck:2.2m. *Software:* astropy (Astropy Collaboration et al. 2013), numpy (Harris et al. 2020), scipy (Virtanen et al. 2020).

Appendix A Accuracy of Our Measurements

Kruijssen et al. (2018, Section 4.4) have outlined a set of criteria that our measurements have to satisfy in order to be considered reliable with an accuracy of 30% or better. Here, we verify that these requirements are fulfilled, demonstrating that the constrained $t_{21 \ \mu m}$, $t_{fb,21 \ \mu m}$, and $\lambda_{21 \ \mu m}$ are accurate. We refer to our previous papers (Chevance et al. 2020a, 2022a; Kim et al. 2022) for a validation of our measurements using H α as an SFR tracer.

- 1. The emitting timescale of molecular gas and SFR tracer should not differ by one order of magnitude. This is satisfied by $|\log_{10}(t_{21 \ \mu m}/t_{CO})| = 0.35$.
- 2. Individual regions within a galaxy should be sufficiently resolved and this is ensured by $\lambda_{21 \,\mu\text{m}}/l_{\text{ap,min}} = 1.9$.
- 3. We confirm that the number of identified peaks in each CO and 21 μ m map is more than 35 peaks and is ~400 on average.
- 4. The CO-to-21 μ m flux ratio measured locally when focusing on CO (respectively, 21 μ m) peaks should not fall below (respectively, above) the galactic average. This is visibly satisfied in Figure 2 and confirms that any diffuse, large-scale emission has been appropriately filtered in both maps.
- 5. In order to ensure that the identified peaks represent a temporal manifestation of regions undergoing independent evolution from gas to stars, the galaxy-wide SFR during the last GMC cycle ($\tau = t_{CO} + t_{21 \,\mu m} t_{fb,21 \,\mu m} = 27.5$ Myr) should not vary by more than 0.2 dex, when averaged over a bin size of t_{CO} or $t_{21 \,\mu m}$. This is confirmed by the star formation history derived using MUSE data and spectral fitting by I. Pessa et al. (2022, in preparation), where the SFR is found to not vary significantly during the most recent ~30 Myr, when time averaged by $t_{21 \,\mu m} \approx 10$ Myr.
- 6. Individual regions should be observable in both molecular gas and the SFR tracer at some point in their evolution. This implies that the CO and 21 μ m maps should be sensitive to similar regions. In order to confirm this, we first compute the minimum mass of the young stellar population that is expected to form within the observed clouds, by multiplying the 5σ sensitivity of the CO map $(5 \times 10^4 M_{\odot})$ by the integrated star formation efficiency $(5.5^{+4.0}_{-2.3}\%)$, measured for clouds in NGC 628 (Kim et al. 2022). Then, this value is compared to the mass of a hypothetical young stellar population that emits photons at the 5σ sensitivity of the 21 μ m map on the scale of star-forming regions ($\lambda_{21 \ \mu m}$). We use the STARBURST99 model (Leitherer et al. 1999) to estimate H α luminosity, which is converted to 21 μ m using the conversion factor from Leroy et al. (2022) to estimate the mass, assuming instantaneous star formation, 5 Myr ago. As a result, we find a reasonable agreement of the expected minimum mass of the stellar population between that obtained from CO map $(\sim 2500 M_{\odot})$ and that from 21 μ m map $(\sim 1500 M_{\odot})$.



Figure 4. The top panel shows the flux contrast $(\delta \log_{10} \mathcal{F})$ used to identify peaks on CO (blue) 21 μ m (red) map as a function of the average filling factor ζ . The bottom panel shows the ratio of the feedback timescale $(t_{\text{fb},21 \ \mu\text{m}})$ and the total duration of the GMC life cycle (τ) as a function of ζ . In both panels, the shaded region shows the parameter space where crowding of sources can lead to an overestimation of the feedback timescale. Our data points are well outside of this region, confirming that we sufficiently resolve star-forming regions and our measurement of $t_{\text{fb},21 \ \mu\text{m}}$ is reliable.

However, we note that the resolution and sensitivity of the ALMA map may quickly become the limiting factor to these measurements using JWST observations.

- 7. When peaks are crowded and potentially overlapping with each other, the flux contrast used for peak identification ($\delta \log_{10} \mathcal{F}$) should be small enough to pick out adjacent peaks, and avoid overestimating the feedback timescale. Kruijssen et al. (2018) have prescribed an upper limit of this value as a function of the average filling factor of gas and SFR tracer peaks (ζ). This ζ is defined as $2r/\lambda$, where *r* is the mean radius of the peaks of a given tracer. The total ζ is obtained by averaging the filling factor for the gas and SFR tracer peaks, weighted by their associated emission timescales. In Figure 4, we show that our selection of $\delta \log_{10} \mathcal{F}$ for both CO and 21 μ m is below the upper limit determined by Kruijssen et al. (2018).
- 8. Even when the previous condition is met, peaks can be overlapping with neighboring peaks due to high filling factors, and this can falsely cause a longer feedback timescale to be measured. In this case, the measured feedback timescale would only be an upper limit. In Figure 4, we compare our measurements of $t_{\rm fb,21 \ \mu m}/\tau$ and ζ to the analytic prescription by Kruijssen et al. (2018), in which the shaded area represents the parameter space where crowding of peaks are affecting our measurements of the feedback timescale. Our measurements are well outside of this shaded region, indicating that peaks are sufficiently resolved.
- 9. We confirm that the conditions $t_{\rm fb} > 0.05 \tau$ and $t_{\rm fb} < 0.95 \tau$ are satisfied by $t_{\rm fb} \approx 0.2 \tau$, as shown in the lower panel of Figure 4.
- 10. With a similar reasoning as for condition 5, we do not expect the galaxy-wide SFR to vary more than 0.2 dex during the last course of τ , when time averaged over the feedback timescale.
- After masking the crowded galactic center, we confirm that visual inspection does not reveal regions with abundant blending.

Appendix B Data Used in Figure 2

The left panel of Figure 2 shows the measured deviation of CO-to-21 μ m flux ratio relative to the galactic average, as a function of the size of apertures centered on CO and 21 μ m emission peaks. The measured flux ratios increasingly diverge from the galactic average value toward smaller scales, illustrating that molecular gas and young stellar regions are spatially decorrelated. Table 2 lists the measured flux ratios as a function of the aperture size used to make the left panel of Figure 2.

Table 2Data Used in Figure 2

Aperture Size (pc)	Centered on CO Peaks	σ_{\min}	$\sigma_{\rm max}$	$\sigma_{\min}^{\mathrm{shade}}$	$\sigma_{\rm max}^{\rm shade}$	Centered on 21 μ m Peaks	σ_{\min}	$\sigma_{\rm max}$	$\sigma_{\min}^{\mathrm{shade}}$	$\sigma_{\max}^{\text{shade}}$
50	1.37	0.16	0.18	0.03	0.03	0.41	0.03	0.04	0.01	0.01
63	1.33	0.15	0.17	0.03	0.03	0.43	0.04	0.04	0.01	0.01
81	1.35	0.15	0.17	0.04	0.04	0.47	0.04	0.04	0.01	0.01
103	1.29	0.14	0.16	0.04	0.04	0.51	0.04	0.05	0.01	0.01
131	1.22	0.13	0.14	0.03	0.03	0.60	0.06	0.06	0.01	0.01
166	1.22	0.13	0.15	0.03	0.04	0.67	0.06	0.07	0.02	0.02
211	1.20	0.13	0.15	0.04	0.04	0.77	0.08	0.09	0.02	0.02
268	1.18	0.13	0.15	0.03	0.04	0.82	0.08	0.09	0.02	0.02
340	1.13	0.12	0.14	0.03	0.03	0.85	0.09	0.10	0.02	0.02
431	1.07	0.11	0.12	0.03	0.03	0.86	0.09	0.10	0.02	0.02
544	1.05	0.11	0.12	0.03	0.03	0.90	0.09	0.11	0.02	0.02
690	1.03	0.10	0.11	0.02	0.03	0.96	0.09	0.11	0.02	0.02
866	1.04	0.10	0.11	0.02	0.02	0.98	0.10	0.11	0.02	0.02
1088	1.04	0.10	0.11	0.02	0.02	1.01	0.10	0.11	0.02	0.02
1360	1.02	0.10	0.11	0.02	0.02	1.00	0.10	0.11	0.02	0.02

Note. Relative changes of the CO-to-21 μ m flux ratio compared to the galactic average as a function of the size of apertures focused on CO and 21 μ m emission peaks. The downward and upward 1 σ uncertainties of each measurement (σ_{\min} and σ_{\max}), as well as those accounting for the covariance between data points are listed ($\sigma_{\min}^{\text{shade}}$).

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