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# Corrigendum: The PERSONalized Glucose Optimization Through Nutritional Intervention (PERSON) Study: Rationale, Design and Preliminary Screening Results

Anouk Gijbels<sup>1,2†</sup>, Inez Trouwborst<sup>2,3†</sup>, Kelly M. Jardon<sup>2,3</sup>, Gabby B. Hul<sup>3</sup>, Els Siebelink<sup>1</sup>, Suzanne M. Bowser<sup>3</sup>, Dilemin Yildiz<sup>3</sup>, Lisa Wanders<sup>2,4</sup>, Balázs Erdos<sup>2,5</sup>, Dick H. J. Thijssen<sup>4,6</sup>, Edith J. M. Feskens<sup>1</sup>, Gijs H. Goossens<sup>3</sup>, Lydia A. Afman<sup>1</sup> and Ellen E. Blaak<sup>2,3\*</sup>

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Stine Marie Ulven,  
University of Oslo, Norway

### \*Correspondence:

Ellen E. Blaak  
e.blaak@maastrichtuniversity.nl

†These authors have contributed  
equally to this work and share first  
authorship

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<sup>1</sup> Division of Human Nutrition and Health, Wageningen University, Wageningen, Netherlands, <sup>2</sup> Top Institute Food and Nutrition, Wageningen, Netherlands, <sup>3</sup> Department of Human Biology, Maastricht University Medical Center+, Maastricht, Netherlands, <sup>4</sup> Department of Physiology, Radboud Institute for Health Sciences, Radboud University Medical Center, Nijmegen, Netherlands, <sup>5</sup> Maastricht Centre for Systems Biology, Maastricht University, Maastricht, Netherlands, <sup>6</sup> Research Institute for Sport and Exercise Sciences, Liverpool John Moores University, Liverpool, United Kingdom

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## A Corrigendum on

### The PERSONalized Glucose Optimization Through Nutritional Intervention (PERSON) Study: Rationale, Design and Preliminary Screening Results

by Gijbels, A., Trouwborst, I., Jardon, K. M., Hul, G. B., Siebelink, E., Bowser, S. M., Yildiz, D., Wanders, L., Erdos, B., Thijssen, D. H. J., Feskens, E. J. M., Goossens, G. H., Afman, L. A., and Blaak, E. E. (2021). *Front. Nutr.* 8:694568. doi: 10.3389/fnut.2021.694568

In the original article, there was a mistake in **Supplementary Tables 3 and 4**. Some numbers in these tables were incorrect. The corrected tables **Supplementary Tables 3 and 4** appear below.

The authors apologize for this error and state that this does not change the scientific conclusions of the article in any way. The original article has been updated.

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**Supplementary Table 3** | Overview of standardized products provided during at-home days and amounts provided per energy group.

| Meal moment<br>(time frame) | Product                         | Nutrients per 100 g |         |                   |             |                   | Amounts (g) provided per energy group |        |         |          |
|-----------------------------|---------------------------------|---------------------|---------|-------------------|-------------|-------------------|---------------------------------------|--------|---------|----------|
|                             |                                 | Energy (kJ)         | Fat (g) | Saturated fat (g) | Protein (g) | Carbohydrates (g) | Sugars (g)                            | 6-8 MJ | 9-11 MJ | 12-13 MJ |
| Breakfast<br>(7am-9am)      | Drink yogurt                    | 247                 | 0.8     | 0.5               | 3.4         | 8.1               | 7.3                                   | 400    | 400     | 400      |
|                             | Gingerbread                     | 1304                | 1.1     | 0.4               | 2.9         | 69.6              | 37.1                                  | 28     | 28      | 28       |
| Snack<br>(10am-11am)        | Raisin cake                     | 1785                | 21.3    | 6.8               | 6.3         | 51.7              | 35.0                                  | 60     | 60      | 60       |
|                             | Banana                          | 401                 | 0.3     | 0.1               | 1.1         | 20.6              | 15.5                                  | 130    | 130     | 130      |
|                             | Apple juice                     | 194                 | 0.0     | 0.0               | 0.1         | 11.2              | 10.5                                  | 200    | 200     | 200      |
| Lunch<br>(12am-1pm)         | Wheat bread                     | 1000                | 1.8     | 0.4               | 9.8         | 42.9              | 2.0                                   | 56     | 84      | 112      |
|                             | Cream cheese                    | 1540                | 33.3    | 10.7              | 14.0        | 2.7               | 2.0                                   | 15     | 30      | 30       |
|                             | Hazelnut spread                 | 2347                | 35.3    | 9.3               | 6.0         | 54.0              | 50.0                                  | 15     | 15      | 30       |
|                             | Semi-skimmed milk               | 192                 | 1.5     | 1.0               | 3.4         | 4.7               | 4.7                                   | 200    | 200     | 200      |
|                             | Yogurt with<br>strawberry sauce | 368                 | 2.0     | 1.3               | 4.0         | 13.0              | 11.0                                  | 190    | 190     | 190      |
| Snack (3pm-4pm)             | Apple                           | 254                 | 0.2     | 0.0               | 0.3         | 13.0              | 10.4                                  | 135    | 135     | 135      |
|                             | Potato chips                    | 2261                | 33.2    | 5.7               | 6.4         | 52.5              | 1.4                                   | 28     | 28      | 28       |
|                             | Lemonade                        | 170                 | 0.1     | 0.0               | 0.1         | 9.7               | 9.6                                   | 200    | 200     | 200      |
| Dinner (6pm-7pm)            | Macaroni meal                   | 447                 | 3.6     | 1.2               | 5.6         | 12.1              | 2.0                                   | 350    | 450     | 550      |

Nutrient composition was calculated using the 2016 Dutch Food Composition Table<sup>90</sup> kJ, kilojoule; MJ, megajoule.

**Supplementary Table 4** | Macronutrient composition of standardized meal moments during home-days per energy group.

| Energy group | Meal moment (time frame) | Energy (kJ) | Fat (g) | Saturated fat (g) | Protein (g) | Carbohydrates (g) | Sugars (g) |
|--------------|--------------------------|-------------|---------|-------------------|-------------|-------------------|------------|
| 6-8 MJ       | Breakfast (7am-9am)      | 1353        | 3.5     | 2.1               | 14.4        | 51.9              | 39.6       |
|              | Snack (10am-11am)        | 1980        | 13.2    | 4.2               | 5.4         | 80.2              | 62.2       |
|              | Lunch (12am-1pm)         | 2226        | 18.1    | 7.7               | 22.8        | 66.6              | 39.2       |
|              | Snack (3pm-4pm)          | 1316        | 9.8     | 1.6               | 2.4         | 51.6              | 33.7       |
|              | Dinner (6pm-7pm)         | 1565        | 12.7    | 4.2               | 19.7        | 42.2              | 6.9        |
|              | Total                    | 8440        | 57.3    | 19.8              | 64.7        | 292.5             | 181.6      |
| 9-11 MJ      | Breakfast (7am-9am)      | 1353        | 3.5     | 2.1               | 14.4        | 51.9              | 39.6       |
|              | Snack (10am-11am)        | 1980        | 13.2    | 4.2               | 5.4         | 80.2              | 62.2       |
|              | Lunch (12am-1pm)         | 2738        | 23.6    | 9.4               | 27.6        | 79.1              | 40.1       |
|              | Snack (3pm-4pm)          | 1316        | 9.8     | 1.6               | 2.4         | 51.6              | 33.7       |
|              | Dinner (6pm-7pm)         | 2012        | 16.3    | 5.4               | 25.3        | 54.3              | 8.9        |
|              | Total                    | 9399        | 66.4    | 22.7              | 75.1        | 317.1             | 184.5      |
| 12-13 MJ     | Breakfast (7am-9am)      | 1353        | 3.5     | 2.1               | 14.4        | 51.9              | 39.6       |
|              | Snack (10am-11am)        | 1980        | 13.2    | 4.2               | 5.4         | 80.2              | 62.2       |
|              | Lunch (12am-1pm)         | 3369        | 29.4    | 10.9              | 31.2        | 99.2              | 48.2       |
|              | Snack (3pm-4pm)          | 1316        | 9.8     | 1.6               | 2.4         | 51.6              | 33.7       |
|              | Dinner (6pm-7pm)         | 2459        | 19.9    | 6.6               | 30.9        | 66.3              | 10.9       |
|              | Total                    | 10477       | 75.8    | 25.4              | 84.3        | 349.2             | 194.6      |

Nutrient composition was calculated using the 2016 Dutch Food Composition Table<sup>90</sup> kJ, kilojoule; MJ, megajoule.