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Mohammadhosseini, M, Frezza, C, Venditti, A and Sarker, SD (2021) A systematic review on phytochemistry, ethnobotany and biological activities of the genus Bunium L. Chemistry and Biodiversity, 18 (11). ISSN 1612-1872

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# A systematic review on phytochemistry, ethnobotany and biological activities of the genus *Bunium* L.

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- 21 ABSTRACT
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The aim of this review article is to present, for the first time, an appraisal of the phytochemical, 23 ethnobotanical and pharmacological data on Bunium species. The literature search was 24 conducted using the Scopus, Google Scholar and PubMed databases. The genus Bunium has 25 been found to produce both essential oil (EO), mainly comprising monoterpenes and 26 sesquiterpenes, and non-volatile components mainly coumarins and flavonoids. There are 27 several pharmacological activities associated with the Bunium species, especially antioxidant, 28 29 antibacterial and antifungal properties. The chemotaxonomic appraisal of the phytochemical pattern of the genus is in sink with the current classification of the family. Moreover, this review 30 31 confirms the significant ethnobotanical and pharmacological potential of different Bunium species. 32

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#### 34 **Keywords:** Apiaceae, *Bunium* L., biological activities, ethnobotany, phytochemistry

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#### **36 Abbreviation list:**

37 ABTS<sup>++</sup>: 2;2'-Azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) diammonium salt; Alternaria alternata: A. alternata; Aspergillus flavus: A. flavus; Aspergillus niger: A. niger; Aspergillus 38 39 parasiticus: A. parasiticus; Bacillus subtilis: B. subtilis; BCLAB: β-Carotene-linoleic acid bleaching; BHA: Butylated hydroxyanisole; BHT: Butylated hydroxytoluene; BPEO: B. 40 persicum essential oil; Candida albicans: C. albicans; CC: Column chromatography; 41 42 Colletotrichum acutatum: C. acutatum; Colletotrichum fragariae: C. fragariae; Colletotrichum 43 gloeosporioides: C. gloeosporioides; CUPRAC: Cupric Reducing Antioxidant Capacity; DPPH<sup>•</sup>: 1;1'-Diphenyl-1-picrylhydrazyl; EC<sub>50</sub>: Median effective concentration; EO: Essential 44 oil; Escherichia coli: E. coli; F.B.B.: Fruit-bearing branches; FRAP: Fe reducing antioxidant 45 power; Fusarium oxysporum: F. Oxysporum; GLC: Gas-liquid chromatography; HD: 46 Hydrodistillation; HD-SME: Hydrodistillation-headspace solvent microextraction; HPLC: 47 High Performance Liquid Chromatography; HPLC-MS: HPLC coupled to Tandem Mass 48 Spectrometry; HPSA: Hydrogen peroxide scavenging activity; IC<sub>50</sub>: Median inhibitory 49 50 concentration; ICPD: Instant controlled pressure drop; IR: Infra-red spectroscopy; LC: Liquid chromatography; LD<sub>50</sub>: Median lethal dose; Listeria gray: L. gray; Listeria monocytogenes: L. 51 monocytogenes; MAHD: Microwave-assisted hydrodistillation; MBC: Minimum bactericidal 52 concentration; MD: Microdistillation; MFC: Minimum fungicidal concentration; MH: 53

Monotrerpene hydrocarbons; MIC: Minimum inhibitory concentration; MS: Mass 54 spectroscopy; n.s.: Not specified; NH: Non-terpene hydrocarbons; NMR: Nuclear magnetic 55 resonance spectroscopy; NR: Not reported; OM: Oxygenated monetrerpene; OS: Oxygenated 56 sesquiterpenes; Penicilium candidum: P. candidum; Penicillium notatum; P. notatum; 57 Pseudomonas aeruginosa: P. aeruginosa; PV: Peroxide value; Salmonella typhi: S. typhi; SCE: 58 Supercritical extraction; SD: Steam distillation; SE: Solvent extraction; SH: Sesquiterpene 59 Superheated water-based extraction; 60 hydrocarbons; SHWE: SPME: Solid phase microextraction; Staphylococcus aureus: S. aureus; SXE: Soxhlet extraction; T.B.: Thickened 61 62 branches; TBA: Thiobarbituric acid; TBHQ: Tertbutylhydroquinone; TLC: Thin layer chromatography; Trichoderma harzianum: T. Harzianum; UAE: Ultrasound-assisted 63 extraction; UV: Ultraviolet spectroscopy; YEO: Yield of essential oil. 64

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#### 66 **1. Introduction**

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Since prehistoric times, there has been a growing interest for the use of medicinal plants and
herbs. In the literature, there are numerous reports accounting for the presence of several
valuable bioactive compounds in plant materials possessing remarkable biological,
pharmaceutical and medicinal activities. <sup>[1-5]</sup>

The genus *Bunium* L. comprises 212 arid or sub-arid geophytes from the family Apiaceae (*alt.*Umbelliferae), including 53 accepted species, 128 synonymous species and 31 unresolved
species. <sup>[6]</sup> The name of the genus derives from the Greek term βούνιον (boúnion) meaning
lump because of the typical big form of its tubers.

From the morphological standpoint, species of this genus are characterized by tuberiform 76 storage roots, petioulate primary segments of bi- or tri-pinnatifid leaf blades, calyces without 77 teeth and white petals with inflexed terminal lobes. The fruits appear to be rather uniform, but 78 they present filiform ribs, special lignified elements in the mesocarp and an endosperm, which 79 is flattened on the commissural side (Figure 1).<sup>[7]</sup> These morphological features make *Bunium* 80 species guite similar to those of the genus Carum L. In fact, Bunium and Carum genera are 81 taxonomically close and appear as useful herbs and aromatic plants, <sup>[8]</sup> which often grow under 82 83 temperate, warm and dry, arid and semi-arid climatic conditions and usually on the mountainous slopes.<sup>[9, 10]</sup> The vernacular names of some of the *Bunium* species have been 84 85 summarized in Table 1. The main habitats of Bunium species are in Jammu-Kashmir,

Afghanistan, Baluchestan, India, Himachal Pradesh, Pamir Mountains, Tajikistan,
Turkmenistan, Syria, Iran as well as in some European, and African countries. <sup>[11-16]</sup>



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Figure 1: Photos of *Bunium* spp. highlighting flowers, leaves and stems.

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#### 91 Table 1

#### 92 The vernacular names of some *Bunium* species

Bunium species	Country	Vernacular name(s)	Reference
B. cylindricum (Boiss. et Hohen.).	Iran	Kaji Zira	[17]
B. incrassatum (Boiss.) Batt. & Trab.	Algeria	Talghouda	[18]
	Iran	Wild caraway	[8]
	India	Kalazira	[19, 20]
	Iran	Black cumin (ZireSiah)	[14, 21]
	Iran	ZirehKuhi	[22]
	Iran	Mountainous Black Zira	[9, 23]
P. mongiouru	Germany	Zwartekomijin	
D. persicum (Poiss) P. Fodtsch	Denmark	Sort kommen	
(Boiss). B. Fedisch	France	Cumin noir	
	Japan	Burakku-kumin	[24]
	Italy	Cuminonero	
	Nepal	Kalijira, Himalijira	
	Spain	Comino negro	
	Jammu-Kashmir	Zeur	

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In particular, 14 species are found in the flora of Iran <sup>[25]</sup> with 2 endemic species, namely B. 94 lurestanicum Rech. f. and B. wolffi Kljuykov. <sup>[12, 26]</sup> In Turkey, 15 Bunium species are known, 95 of which *B. fallax* Freyn, *B. nudum* (Post) H. Wolff and *B. pinnatifolium* Kljuykov are endemic. 96 <sup>[27]</sup> In the Algerian flora, the genus *Bunium* comprises 7 species, of which 4 are endemic. <sup>[18]</sup> *B*. 97 persicum (syn. Carum persicum Boiss.), is endemic in the central regions of Asia and in 98 Northern India, instead <sup>[23, 28]</sup> Actually, some *Bunium* species are considered endangered, 99 especially *B. persicum*, the seeds of which are extensively harvested for several purposes.<sup>[10]</sup> 100 This review article presents a systematic appraisal of the published literature on the genus 101 Bunium. To conduct this study, the data available in the Scopus, Google Scholar and PubMed 102 103 database were gathered under the title "Bunium" and lastly accessed in August 2021.

- 105 2. Phytochemistry of the genus Bunium
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Bunium species are mainly known to biosynthesize volatile compounds composing the essential
 oil (EO) together with some metabolites of the polar fraction. In the following sub-sections, the
 metabolites, already identified to date, are presented.

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#### 112 **2.1. Essential oil (EO) metabolites**

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EO a hydrophobic liquid, which is usually lighter than water and for its isolation, a number of classical and advanced methods have been reported in the literature to date. <sup>[29-32]</sup> The screening of the chemical profiles of the EOs usually leads to the identification of a wide range of natural compounds belonging to several classes (terpenoids, non-terpenoids) which are applied in different pharmacological and medical areas. <sup>[1, 2, 33-38]</sup>

Different species of the genus Bunium usually possess a pungent odor and are potential sources 119 120 of secondary metabolites, mainly terpenoids, which constitute the EO found in their secretory glands. A large number of reports are found in the literature dealing with the quantitative and 121 122 qualitative characterizations of various Bunium species. Accordingly, several studies focused on B. persicum essential oil (BPEO) profiles. As shown in Table 2, in many BPEO profiles, 123 124 monoterpene hydrocarbons (MHs) are the major fractions of the characterized oils. In this sense,  $\gamma$ -terpinene and *p*-cymene were reported as the main constituents of BPEO samples. <sup>[39-</sup> 125 <sup>42]</sup> On the other hand, some other profiles of BPEO are dominated by oxygenated monoterpenes 126 (OMs), specifically cuminaldehyde. <sup>[13, 43]</sup> In addition, regardless of negligible differences in 127 total amounts of natural compound groups, in some profiles, MHs and OMs were recognized 128 as dominating groups with high prevalence of  $\gamma$ -terpinene. <sup>[43, 44]</sup> 129

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Bunium spp.	Organ studied	Country	Main compounds (%)	Number of identified compounds/ Total percentage	YEO [a]	Dominant class	Extraction/ Characterization methods	References
<i>B. alpinum</i> Waldst. & Kit.	Aerial parts	Algeria	Caryophyllene oxide (33.8%), humulene epoxide I (8.4%), <i>n</i> - pentacosane (6.4%), ledenoxide I (4.7%), 14- hydroxy-9- <i>epi</i> -( <i>E</i> )- caryophyllene (4.6%) and $2\alpha$ - hydroxy-amorpha- 4,7(11)-diene (4.4%)	24/87.3	0.10	OS <sup>[b]</sup>	HD <sup>[c]</sup> / GC-MS	[45]
<i>B. badghysi</i> (Korovin) Korovin	Seeds	Iran	β- Sesquiphellandrene (32.8%), germacrene D (21.3%), germacrene B (14.5%) and ( <i>E</i> )- caryophyllene (7.5%)	16/93.1	0.57	SH <sup>[e]</sup>	HD/ GC-FID <sup>[f]</sup> and GC-MS	[26]
B. carioides (Boiss.)	Seeds	Iran	β- Sesquiphellandrene (24.2%), germacrene D (13.5%) and germacrene B (13.1%)	13/77.2	0.09	SH	HD/ GC-FID and GC-MS	
Hausskn. ex Bornm.	Aerial parts	Iran	( <i>E</i> )-Caryophyllene (26.6%), germacrene-D (22.1%), dillapiole (10.2%) and asaricin (7.5%)	30/92.3	0.14	SH	HD/ GC, GC- MS, and <sup>13</sup> C- NMR <sup>[g]</sup>	[8]
<i>B.</i> <i>cylindricum</i> (Boiss. et hohen.) Drude.	Aerial parts	Iran	Myristicin (43.1%), β-phellandrene (20.0%), β-pinene (15.6%) and α- pinene (10.7%)	14/100	0.09	MH <sup>[h]</sup> and NH <sup>[i]</sup>	HD/ GC and GC-MS	[46]
<i>B. elegans</i> (Fenzl) Freyn	Aerial parts	Turkey	Caryophyllene oxide (28.7%), myristicin (7.4%), caryophyllenol-II (4.1%), $\alpha$ -selinene (4.0%), hexadecanoic acid (3.7%), $\beta$ - caryophyllene (3.0%), <i>iso</i> - caryophyllene oxide (3.0%), salvial 4(14)-en-1-ol (2.9%), humulen epoxide II (2.6%), spathulenol (2.6%) and germacrene D (2.5%) ( <i>E</i> )-Caryophyllene (38.0%), germacrene-D	29/76.7	3.7	OS	HD, GC-FID, GC-MS HD/ GC, GC- MS, and <sup>13</sup> C-	[47]
		Iran (38) Iran (24) Oci Q-T	germacrene-D (24.1%), (Z)- $\beta$ - ocimene (5.9%) and $\alpha$ -pinene (4.1%)	19/91.4	0.13	SH	MS, and <sup>13</sup> C- NMR	[8]
B. ferulaceum Sm.	Fruits	Algeria	oxide (31.0%), ( $Z$ )- β-farnesene (8.7%), β-caryophyllene	28/81.4	NR <sup>[j]</sup>	OS	SD <sup>[k]</sup> / GC and GC-MS	[48]

### 132 Table 2: Essential oil (EO) components of different *Bunium* species

			(7.2%) and					
			germacrene B (5.8%)					
	F.B.B. <sup>[1]</sup>		Caryophyllene oxide (26.8%), nonacosane (11.6%), germacrene B (7.7%), $\beta$ - caryophyllene (5.8%), (Z)- $\beta$ - farnesene (5.1%), caryophyllenol II (4.8%) and spathulenol (2.5%)	40/85.2	NR	OS	SD/ GC and GC-MS	
	T.B. <sup>[m]</sup>		Nonacosane (44.7%), spathulenol (5.3%), eudesm-4(15),7- dien-1β-ol (4.4%), caryophyllenol II (4.1%), ( <i>Z</i> )-β- farnesene (2.3%), germacrene B (1.2%) and β- caryophyllene (1.0%)	24/75.4%	NR	NH	SD/ GC and GC-MS	
	Areal parts	Algeria	Palmitic acid (18.4%), caryophylleneoxide (17.4%), $\beta$ - eudesmol (14.0%), <i>n</i> -pentacosane (5.1%), 10- <i>epi</i> - $\alpha$ - muurolol (4.4%), hedycaryol (4.1%) and spatuleneol (4.0%)	31/97.2	0.09	OS	HD/ GC-MS	[45]
B. luristanicum Rech.f. Aeria parts Aeria parts	Aerial	Iran	<i>E</i> -Anethole (60.9%), limonene (9.7%), $\alpha$ -fenchyl acetate (5.2%), <i>p</i> - allylanisole (4.7%), $\gamma$ -terpinene (2.9%), $\alpha$ -pinene (2.8%) and $\beta$ -pinene (2.4%)	35/95.2	3.1	NH	HD, GC-MS	[49]
	parts	Iran	<i>E</i> -Anethole (60.9%), limonene (9.2%), $\alpha$ -fenchyl acetate (5.2%), <i>p</i> - allylanisole (4.5%), $\alpha$ -pinene (2.5%), $\gamma$ - terpinene (2.5%) and $\beta$ -pinene (2.4%)	35/98.6	NR	NH	HD, GC-MS	
	Aerial parts	Iran	α-Pinene (16.2%),1.8-cineole (13.7%), myrcene(12.7%), camphor (8.2%), α-terpinene (6.4%),borneol (5.5%), linalool (4.0%), 3-octanone (3.2%) and β- pinene (2.8%)	34/95.8	NR	МН	MAHD <sup>[n]</sup> , GC- MS	[26]
	Seeds		Germacrene D ( $25.1\%$ ), ( $E$ )- caryophyllene ( $11.6\%$ ) and bicyclogermacrene ( $11.5\%$ )	13/57	0.62	SH	HD/ GC-FID and GC-MS	

<i>B.</i> <i>microcarpum</i> (Boiss.) Freyn & Bornm.	Seeds	Iran	Elemicine (21.7%), germacrene D (12.7%), (Z)- $\beta$ - ocimene (12.2%), limonene (11.8%) and $\beta$ -pinene (9.6%)	23/90.1	1.99	МН	HD/ GC-FID and GC-MS	[26]
	Fruits	Tajikistan	<i>p</i> -Mentha-1,4-dien- 7-al (29.0%), γ- terpinene (25.7%), β-pinene (15.6%) and cuminaldehyde (11.7%)	22/98.1	3.33	MH and OM <sup>[o]</sup>	HD/ GC and GC-MS	[50]
B. persicum         (Boiss.) B.         Fedtsch.	Fruits	Iran	Cuminaldehyde (27.0%), $\gamma$ - terpinene (25.8%), <i>p</i> -cymene (12.1%), cuminyl alcohol (6.0%) and limonene (5.1%)	25/93.8	3.1	MH and OM	HD/ GC and GC-MS	[51]
	Seeds	eeds Iran	γ-Terpinene (20.1%), cuminic aldehyde (16.6%), <i>p</i> -mentha-1,3-dien- 7-al (15.1%) and <i>p</i> - mentha-1,4-dien-7- al (13.2%)	22/98.6	NR	OM and MH	HD HD-SME <sup>[p]</sup> / GC-MS	[20]
	Seeds		γ-Terpinene (29.3%), cuminic aldehyde (15.5%), <i>p</i> -mentha-1,3-dien- 7-al (11.5%) and <i>p</i> - mentha-1,4-dien-7- al (13.4%)	17/99.8	NR	OM and MH	HD HD-SME / GC- MS	
	Seeds	Iran	( <i>E</i> )-Caryophyllene (27.8%), $\gamma$ - terpinene (15.2%), cuminyl acetate (14.7%), cuminaldehyde (6.0%), <i>p</i> -cymene (5.2%), pinocarvyl acetate (4.4%), limonene (3.9%), $\alpha$ - methyl-benzene methanol (3.9%), croweacin (2.9%) and $\beta$ -pinene (2.2%)	29/98.2	2.2	МН	HD/ GC-MS	[52]
	Fruits (Wild type)		$\gamma$ -Terpinene (44.2%), <i>p</i> - cuminaldehyde (16.9%) and <i>p</i> - cymene (8.0%)	35/95.6	9.1	МН	HD/ GC and GC-MS	
	Fruits (First year cultivation)	Iran	$\gamma$ -Terpinene (40.8%), p- cuminaldehyde (14.1%) and p- cymene (9.5%)	35/95.0	6.2	МН	HD/ GC and GC-MS	[40]
Fruits (Secon year cultiva Fruits	Fruits (Second year cultivation)		$\gamma$ -Terpinene (36.8%), <i>p</i> - cuminaldehyde (11.8%) and <i>p</i> - cymene (9.4%)	35/96.4	5.1	МН	HD/ GC and GC-MS	
	Fruits	Fruits Iran $\begin{pmatrix} C \\ fruits \\ ran \\ ran \\ \gamma \\ fruits \\ ran \\ ran \\ \gamma \\ fruits \\ ran \\$	Cuminaldehyde (33.0%), $\gamma$ - terpinene (22.3%), $\gamma$ -terpinen-7-al (15.4%), <i>p</i> -cymene (13.1%), $\alpha$ - terpinen-7-al (2.6%) and sabinene (1.8%)	15/91.5	8.5	OM and MH	HD/ GC and GC-MS	[13]
			γ-Terpinen-7-al (30.0%), γ- terpinene (23.2%),	17/96.7	3.5	OM and MH	HD/ GC and GC-MS	

			cuminaldehyde					
			(15.7%), <i>p</i> -cymene					
			(12.8%), limonene					
			$(5.9\%)$ , $\alpha$ -terpinen-					
			7-al(3.3%) and					
			sabinene (1.8%)					
			Cuminaldehyde					
			(38.8%), γ-					
			terpinene (16.5%),					
			γ-terpinen-/-al	14/05 4	7.0	OM and	HD/ GC and	
			(15.5%), p-cymene $(14.2%)$	14/95.4	7.0	MH	GC-MS	
			(14.2%), inmonene (2.6%) is tagging and					
			$(5.0\%)$ , $\alpha$ -terpinene-					
			7-ai(3.2%) and $sabinana (1.2%)$					
			v Terninene					
			(32.9%) y-					
			terninene-7-al					
			(32,5%).					
			cuminaldehvde					
			(10.9%). <i>p</i> -cymene					
			$(5.3\%)$ , $\alpha$ -terpinen-	1.6/08.8		MH and	HD/ GC and	
			7-al (4.6%),	16/97.7	4.0	OM	GC-MS	
			limonene (3.7%),					
			sabinene (2.5%), α-					
			pinene (1.3%),					
			camphen (1.0%)					
			and β-pinene					
			(1.0%)					
			γ-Terpinene					
			(44.2%),					
	Seeds	Iran	cuminaldehyde	35/95.5	9.1	МН	HD/ GC and	[53]
			(16.9%), γ-terpinen-				GC-MS	
			7-al (10.5%) and $p$ -					
			cymene (8%)					
			γ-Terpinene					
	Fruits	Iran	(46.1%), cuminal	10/99.8	2.0	MH	HD/ GC-MS	[54]
			(25.9%) and p-					
-			cymene (15.9%)				UD/CC and	
			(39.7%)	10/95.1	5.51	MH	GC-MS	
			(JJ.170)				HD/GC and	
		Iran	(41.9%)	10/100	6.65	MH	GC-MS	
	Whole		v-Terninene				HD/GC and	
	nlant		(41.8%)	10/99.9	3.12	MH	GC-MS	[14]
	plan		Cuminaldehyde			-	HD/GC and	
		India	(37.1%)	9/98.3	1.92	OM	GC-MS	
			v-Terpinene				HD/ GC and	
		Pakistan	(37.2%)	10/100	2.35	MH	GC-MS	
			γ-Terpinene					
			(31.1%),					
			cuminaldehyde					
			(24.8%), <i>p</i> -cymene	24/100	1 19	мн	HD/ GC and	
			(16.2%), limonene	24/100	4.10	10111	GC-MS	
			(7.6%), β-pinene					
			(3.3%) and elemicin					
			(2.9%)					
	Seeds	Iran	Cuminaldehyde					[55]
			(28.2-29.2%), γ-					
			terpinene (28.2-					
			28.4%), <i>p</i> -cymene		4.21			
			(14./-16.5%),	24/100	4.31-	MH	MAHD/ GC	
			(0.1-		4.75		and GC-MS	
			(2, 1, 2, 70), p-pinene					
			(2.1-2.7%) and elemicin (2.7-3.3%)					
			[q]					
•			KF <sup>[r]</sup> · v-Terninene					
			(26.3%), γ-terninen-					
			,,.,,,					
			7-al (22.3%),					
	Fruits	Iran	7-al (22.3%), cuminaldehyde	10/00 2	2.3	MH	HD/ GC and	[43]
	Fruits	Iran	7-al (22.3%), cuminaldehyde (19.8%), <i>p</i> -cymene	19/99.3	2.3	МН	HD/ GC and GC-MS	[43]
	Fruits	Iran	7-al (22.3%), cuminaldehyde (19.8%), <i>p</i> -cymene (14.2%) and	19/99.3	2.3	МН	HD/ GC and GC-MS	[43]

		[]		1			
		Ma <sup>[u]</sup> : $\gamma$ -Terpinene (30.7%), $\gamma$ -terpinen- 7-al (25.6%), cuminaldehyde (17.3%), <i>p</i> -cymene (9.9%) and limonene (7.3%)	14/99.3	2.4	MH and OM	HD/ GC-FID and GC-MS	
		Cuminaldehyde (27.8%), $\gamma$ - terpinene (23.0%), $\gamma$ -terpinen-7-al (19.2%), <i>p</i> -cymene (13.5%) and limonene (5.8%)	23/100	NR	MH and OM	MD <sup>[s]</sup> / GC and GC-MS	
		$\gamma$ -Terpinene (32.0%), cuminaldehyde (27.2%), $\gamma$ -terpinen- 7-al (12.4%), <i>p</i> - cymene (11.0%) and limonene (5.6%)	37/99.5	-	МН	SPME <sup>[t]</sup> /GC and GC-MS	
Fruits	Iran	<i>p</i> -Cymene (31.1%), cuminaldehyde (22.2%) and $\gamma$ - terpinene (11.4%)	16/91.8	2.2	МН	HD/ GC-FID and GC-MS	[41]
Seeds	Iran	2-Methyl-3-phenyl propanal (26.0%), 1-phenyl-1-butanol (20.7%) and γ- terpinene (21.9%)	21/99.0	4.1	NH	HD/ GC-FID and GC-MS	[56]
Seeds	Iran	Cuminaldehyde (33.1%), $\gamma$ - terpinene (17.2%) and <i>p</i> -cymene (12.8%)	24/100	1.97	ОМ	HD/ GC and GC-MS	[57]
Fruits		γ-Terpinene (30.8%), cuminaldehyde (20.5%), <i>p</i> -cymene (20.1%) and γ- terpinen-7-al (8.3%)	22/93.7	2.25	МН	HD/ GC-MS	
Fruits (Wild sample)	Iran	Cultivated sample: $\gamma$ -Terpinene (27.6%), cuminaldehyde (21.1%), <i>p</i> -cymene (18.3%) and $\gamma$ - terpinen-7-al (7.8%)	25/95.7	2.5	МН	HD/ GC-MS	[58]
Seeds	Iran	<i>p</i> -Cuminaldehyde (23.5%), $\alpha$ -methyl- benzenemethanol (14.6%), $\gamma$ - terpinene (13.1%) and $\beta$ -cymene (8.5%)	35/96.2	7.5	OM and MH	HD/ GC-MS	[59]
Areal parts	Iran	γ-Terpinene (45.0%), cuminaldehyde (18.0%), <i>p</i> -cymene (15.0%) and limonene (11.0%)	10/98.7	2.5	МН	HD/ GC-MS	[42]
Leaves	Iran	Cuminaldehyde (37.7%), $\gamma$ - terpinene (17.1%), $\beta$ -pinene (15.4%) and cuminyl alcohol (9.5%)	13/96.1	NR	OM and MH	HD/ GC-MS	[60]
Fruits	Iran	<ul> <li>γ-Terpinene (29.2-40.1%) <sup>[v]</sup>, cuminic alcohol (16.4-28.4%), cumin aldehyde (9.0-18.9%), <i>p</i>-cymene (9.4-15.6%),</li> </ul>	16-19/95.5- 99.0%	3.1- 7.9	МН	HD/ GC-FID and GC-MS	[61]

			safranal (3.4-7.9%) and limonene (3.7- 6.4%)					
	Whole		γ-Terpinene (28.3%), cumin aldehyde (24.4%), γ-terpinen-7-al (13.8%), α- terpinen-7-al (10.4%) and p- cymene (9.5%)	25/100	2.8	МН	HD/ GC-MS	
plant	Iran	γ-Terpinene (30.1- 38.3%) <sup>[w]</sup> , cumin aldehyde (12.8- 18.9%), γ-terpinen- 7-al (20.8-28.3%), α-terpinen-7-al (1.2- 3.6%) and <i>p</i> - cymene (7.9-10.7%)	25/100	0.54- 0.77	MH and OM	SCE <sup>[x]</sup> / GC-MS	. [44]	
	Seeds	Iran	y-Terpinene (46.1%), cuminaldehyde (15.5%), cuminyl alcohol (7.4%), <i>p</i> -cymene (6.7%), limonene (5.9%), α-pinene (2.7%), β- pinene (2.5%) and α-terpineol (2.2%)	24/97.2	8.3	МН	HD/ GC-MS	[62]
Seeds	Seeds	s Iran	γ-Terpinene (45.7%), cuminaldehyde (12.7%), limonene (10.6%), cuminyl alcohol (6.4%), <i>p</i> - cymene (5.6%), β- pinene (3.7%), α- methyl-benzene methanol (3.5%) and α-pinene (2.8%)	22/99.1	3.1	МН	HD/ GC-MS	[63]
			$\gamma$ -Terpinene (38.0%), $\alpha$ -methyl- benzene methanol (25.6%), cuminaldehyde (11.5%), $o$ -cymene (7.8%), limonene (6.8%), cuminyl alcohol (6.4%) and dillapiole (3.5%)	16/99.9	-	МН	SFE, GC-MS	•
	Fruits	Iran	γ-Terpinene (24.0%), cuminaldehyde (20.1%), <i>p</i> -cymene (13.1%), <i>α</i> -propyl- benzene-methanol (13.0%), <i>α</i> -2- propenyl- benzenemethanol (6.0%), 2-methyl-1- methylene-3-(1- methylethenyl)- cyclopentane (3.6%), β-pinene (3.0%) and limonene (2.8%)	48/98.2	NR	МН	HD/ GC-MS	[64]
	Seeds	Himalaya	γ-Terpinene (40.4%), <i>p</i> -cymene (25.8%), cuminaldehyde (12.9%) and <i>p</i> -	31/97.9	0.52	МН	HD/ GC-FID, GC-MS	[65]

			mentha-1,3-dien-7- al (4.7%)					
<i>B. wolffi</i> Klyuikov	Seeds	Iran	Germacrene D (30.1%), $\beta$ -selinene (11.6%) and $\beta$ - pinene (8.1%)	23/73.4	1.90	SH	HD/ GC-FID and GC-MS	[26]

133 [a] YEO: Yield of essential oil; <sup>[b]</sup> OS: oxygenated sesquiterpenes; <sup>[c]</sup> HD: Hydrodistillation; <sup>[d]</sup> GC-MS: Gas chromatography coupled with mass spectrometry; <sup>[e]</sup> SH: Sesquiterpene hydrocarbons; <sup>[f]</sup> GC-FID: Gas chromatography with flame-ionization detection; <sup>[g]</sup> <sup>13</sup>C-NMR: Carbon-13
 135 nuclear magnetic resonance; <sup>[h]</sup> MH: Monotrerpene hydrocarbons; <sup>[i]</sup> NH: Non-terpene hydrocarbons; <sup>[i]</sup> NR: Not reported; <sup>[k]</sup> SD: Steam distillation; <sup>[I]</sup> F.B.B.: Fruit-bearing branches; <sup>[m]</sup> T.B.: Thickened branches; <sup>[n]</sup> MAHD: Microwave-assisted hydrodistillation; <sup>[o]</sup> OM: Oxygenated monetrerpene; <sup>[p]</sup> HD-SME: Hydrodistillation-headspace solvent microextraction; <sup>[a]</sup> Over the range 180-540 W; <sup>[r]</sup> KF: Khajeh forest, Kelat, Khorasan Razavi province, Iran; <sup>[s]</sup> MD: Microdistillation; <sup>[t]</sup> SPME: Solid phase microextraction; <sup>[a]</sup> Ma: Mashhad, Khorasan Razavi province, Iran; <sup>[v]</sup> For eight populations of *B. persicum*(Boiss.) B. Fedtsch.; <sup>[w]</sup> Over 5 runs using supercritical extraction (SCE) method; <sup>[x]</sup> SCE: Supercritical extraction.

141 142

143 The mean oil yield obtained from BPEO samples (Table 2) is considerably higher than those of other Bunium species. Sesquiterpene hydrocarbons (SHs) have been reported as the main 144 components of some *Bunium* species, *i.e.*, (*E*)-caryophyllene in *B. elegans* <sup>[8]</sup> and *B. caroides*, 145 [8, 26] germacrene D in *B. lurestanicum* [26] and *B. wolffi* [26] as well as  $\beta$ -sesquiphellandrene in 146 B. badghayzi<sup>[26]</sup> and B. carioides.<sup>[26]</sup> Furthermore, some oil profiles were dominated by 147 oxygenated sesquiterpene (OSs), e.g., caryophyllene oxide like EOs of *B. ferulaceum*, <sup>[48]</sup> *B.* 148 alpinum<sup>[45]</sup> and *B. elegans*.<sup>[47]</sup> Non-terpene hydrocarbons (NHs) have been assigned as the 149 main groups of natural compounds in some species. <sup>[48, 56]</sup> The structures of the main chemical 150

151 constituents of essential of *Bunium* species are presented in Figure 2.



152 153

Figure 2: Chemical structures of the main components of *Bunium* species EOs.

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Using a superheated water-based extraction (SHWE) approach along with hydrodistillation 156 (HD) and Soxhlet extraction (SXE) methods, the EOs from the seeds of Bunium species have 157 been isolated and subsequently characterized by GC-FID and GC-MS data analyses <sup>[66]</sup>. In 158 accordance with this study and under optimized experimental conditions, the extraction 159 efficiency of the SHWE technique was less than the traditional extraction methods (HD and 160 SXE). However, SHWE offers such advantages like being more timesaving and having higher 161 selectivity toward oxygen-containing natural compounds. This study showed that 162 cuminaldehyde,  $\alpha$ -terpinen-7-al and  $\gamma$ -terpinen-7-al had the highest frequency when using 163 164 SHWE technique, whereas  $\gamma$ -terpinene, p-cymene, limonene and  $\gamma$ -terpinen-7-al were the dominant constituents identified in the EO obtained by HD approach. On the other hand, using 165 166 the SXE-based method,  $\gamma$ -terpinene,  $\gamma$ -terpinen-7-al and cuminaldehyde were extracted as the major components of the obtained oil. Accordingly, OMs were found as the dominant 167 168 constituent compounds of the chemical profiles obtained using SHWE technique, whereas a combination of MHs and OMs were reported as the most abundant constituents of the other 169 170 characterized profiles of the EOs (SXE and HD).

Feyzi et al. <sup>[67]</sup> isolated BPEO from the relevant moist seeds using instant controlled pressure 171 172 drop (ICPD) technique and compared the related profile with those obtained by classical HD, SXE and ultrasound-assisted extraction (UAE). Accordingly, cuminal dehyde,  $\alpha$ -terpinen-7-al 173 and  $\gamma$ -terpinen-7-al were the prevailing compounds using the ICPD strategy, while similar 174 patterns were observed using the other techniques (HD, SXE and UAE) with high prevalence 175 of  $\gamma$ -terpinene, cuminaldehyde and  $\alpha$ -terpinen-7-al. Moreover, the yield of the obtained oil by 176 ICPD was more than that of HD and UAE and only slightly lower than that obtained by SXE 177 178 method.

179

#### 180 **2.2. Non-volatile metabolites**

181

The non-volatile secondary metabolites reported from *Bunium* species are listed in Table 3, andthe relevant molecular structures have been displayed in Figures 3-5.

184

## Table 3: Chemical constituents of *Bunium* spp. organs, isolated and identified by means ofdifferent methodologies

Bunium spp.	Studied organs	Collection site	Compounds	Extraction solvent	Isolation and identification methods	Reference
<i>B. alpinum</i> Waldst. & Kit.	Aerial parts	Algeria	iso-Quercitin	Ethyl acetate	CC <sup>[a]</sup> , UV <sup>[b]</sup> , NMR <sup>[c]</sup> , MS <sup>[d]</sup>	[68]
<i>B. brachyactis</i> (Post) H.Wolff	Aerial parts	Turkey	Salvianic acid A, pantothenic acid, chlorogenic acid, <i>neo</i> -chlorogenic acid, <i>crypto</i> - chlorogenic acid, quinic acid, syringic acid, scopoletin, vicenin- 2, orientin, <i>iso</i> - orientin, vitexin, <i>iso</i> -vitexin, cynaroside, <i>iso</i> - quercitrin, rutin, cosmosiin, diosmin, afzelin, naringenin, luteolin, apigenin, salcolin A, angelicin, salcolin B, esculin, esculetin, psoralen, bergapten, dillapiole, imperatorin, selinidin, indole-4- carbaldehyde, <i>N</i> -(2- phenylethyl)- acetamide, 4- acetamido-benzoic acid, naringenin-6,8- di- <i>C</i> -glucoside <sup>[f]</sup>	Methanol	HPLC-MS [e]	[69]
B. bulbocastanum L.	Leaves and Flowers	n.s. <sup>[g]</sup>	Falcarinol, falcarinone, falcarinolone	Ethyl acetate	HPLC <sup>[h]</sup>	[70]
<i>B. cylindricum</i> (Boiss. & Hohen.) Drude	Seed oil	Pakistan <sup>[i]</sup>	Capric acid, lauric acid, myristic acid, palmitic acid, stearic acid, petroselinic acid, oleic acid, linoleic acid, linolenic acid	n-Hexane	SXE <sup>[j]</sup> , GLC <sup>[k]</sup>	[71]
	Aerial parts	Iran	Alkaloids, saponins, tannins, flavonoids	Methanol	Phytochemical screening	[72]
B. ferulaceum Sm. B. fontanesii (Pers.) Maire	Roots	Algeria	Oleic acid, β- sitosterol, scopoletin, scoparone, sucrose β-Sitosterol	Mixture of dichloromethane - methanol 1:1 v/v	CC, UV, NMR, MS	[18]
B. hissaricum Korovin	Seed oil	Central Asia	Capric acid, lauric acid, myristic acid, palmitic acid, stearic acid, oleic acid, linoleic acid, petroselinic acid, octadec-7-enoic	Petroleum ether	GLC	[73]

			acid, octadec-8-			
			enoic acid <sup>[1]</sup>			
			Quinic acid,			
			salvianic acid A,			
			pantothenic acid,			
			esculin, kynurenic			
			acid, chlorogenic			
			acid, <i>crypto</i> -			
			chlorogenic acid,			
			naringenin-6.8-di-C-			
			glucoside, 4-			
			hydroxy-mellein,			
р <sup>.</sup>			vicenin-2, indole-4-			
B. microcarpum	Aerial	Turker	carbaidenyde,	Mathanal	UDLC MS	[69]
(DOISS.)	parts	Turkey	orientin, <i>iso</i> -	Methanoi	HPLC-INIS	[02]
rieynæbonni.			iso vitevin			
			<i>iso</i> -vitexili,			
			cyllatosluc,			
			quercitrin rutin			
			cosmosiin diosmin			
			berganten			
			naringenin luteolin			
			kaempferol.			
			apigenin, salcolin A.			
			angelicin, salcolin			
			B, imperatorin <sup>[1]</sup>			
			5-Methoxy-6-			
	Roots		geranyloxy-mellein,		CC IP [m] UV	
B paucifolium	and	Turkey	cis-2-acetoxy-5-		NMR MS	[74]
DC	Fruits		methoxy-6-	Chloroform		
DC.			geranyloxy-mellein			
	Fruits	Turkey	Desacyl-mehtyl-		CC, $\alpha$ <sub>[D]</sub> , IR,	[75]
	114105	1 01110 j	hallerin		NMR, MS	
	G 1	т	Kaempferol, caffeic		LC [n], TLC [0],	[62]
	Seeds	Iran	acid, <i>p</i> -coumaric	Methanol	UV, IR, NMR	[02]
			Terpenoids			
			saponing sterols			
			alkaloids			
	Fruits	India	anthraquinones	Several solvents	Phytochemical	[76]
	114105	india	tannins, flavonoids.	Several servents	screening	
B. persicum			carbohydrates.			
(Boiss.) B.			proteins			
Fedtsch.			Capric acid, lauric			
			acid, myristic acid,			
			palmitic acid, stearic			
	Seed oil	Pakistan [i]	acid, petroselinic	<i>n</i> -Hexane	SXE, GLC	[71]
			acid, oleic acid,			
			linoleic acid,			
			linolenic acid			
	Aerial	Iran	Alkaloids, saponins,	Methanol	Phytochemical	[72]
	parts		tannins, flavonoids		screening	
			Quinic acid,			
			pantotnenic acid,			
			escuin, kynurenic			
			acid, chiorogenic			
			chlorogenic soid			
R ninnatifalium	Aerial		svringic acid			
Kliuvkov	narte	Turkey	naringenin_6 &_di_C_	Methanol	HPLC-MS	[69]
ixijuyk0v	parts		glucoside			
			scopoletin indole-4-			
			carbaldehvde.			
			ferulic acid,			
			aromadendrin.			
			hyperoside, iso-			

quercitrin, rutin, astragalin, afzelin, quercetin, naringenin, kaempferol, apigenin, <i>iso</i> - rhamnetin, iso-		
imperatorin <sup>[1]</sup>		

<sup>[a]</sup> CC: Column Chromatography; <sup>[b]</sup> UV: Ultraviolet Spectroscopy, <sup>[c]</sup> NMR: Nuclear Magnetic Resonance Spectroscopy; <sup>[d]</sup> MS: Mass

188 189 190 191 192 Spectroscopy; <sup>[e]</sup> HPLC-MS: HPLC coupled to Tandem Mass Spectroscopy; <sup>[f]</sup> Plus others not characterized; <sup>[g]</sup> n.s.: Not specified; <sup>[h]</sup> HPLC: High Performance Liquid Chromatography; <sup>[i]</sup> Purchased from a market; <sup>[i]</sup> SXE: Soxhlet Extraction; <sup>[k]</sup> GLC: Gas-Liquid Chromatography; <sup>[i]</sup> Plus other fatty acids and saccharides not characterized; <sup>[m]</sup> IR: Infra-Red Spectroscopy; <sup>[n]</sup> LC: Liquid Chromatography; <sup>[o]</sup> TLC: Thin Layer

Chromatography

193



196 Figure 3: Chemical structures of the non-volatile compounds isolated from *Bunium* spp (part
197 1).
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Figure 4: Chemical structures of the non-volatile compounds isolated from *Bunium* spp (part2012).





Figure 5: Structures of the non-volatile metabolites isolated from *Bunium* spp. (Part 3).

Not all the *Bunium* species have been studied for their polar fraction metabolites to date. In particular, these species are only 10 and, in most cases, one exemplar for each species has been taken into consideration. In one case, two different organs, deriving from the same studied exemplar, were separately analyzed for their phytochemical components, *i.e.*, the roots and the

fruits of *B. paucifolium*.<sup>[77]</sup> In addition, for *B. persicum*, different organs coming from some 209 samples collected in different areas of the world were studied, *i.e.*, the seeds from Iran, <sup>[62]</sup> the 210 fruits from India<sup>[76]</sup> and the seed oil from Pakistan.<sup>[71]</sup> Several classes of natural compounds 211 have been reported mainly comprising fatty acids, terpenoids, saponins, polyacetylenes, 212 coumarins, anthraquinones, tannins, flavonoids, organic acids, saccharides and proteins (Table 213 3). For *B. alpinum*, <sup>[68]</sup> *B. fontanesii* <sup>[18]</sup> and *B. paucifolium* fruits, <sup>[75]</sup> only one compound was 214 identified. All these results are extremely plausible since the phytochemical patterns are highly 215 influenced by intrinsic and extrinsic factors like the genotype, the growth environment and the 216 phytochemical analysis methods. For *B. cylindricum* aerial parts, <sup>[72]</sup> *B. persicum* fruits <sup>[76]</sup> and 217 aerial parts, <sup>[72]</sup> only a phytochemical screening-based study has been established. In this 218 context, they have been added to Table 3 even if these data are extremely vague and may be 219 220 susceptible to errors given that phytochemical screening by itself is not always a reliable 221 methodology. As for this point, the extraction method was always the SE except for B. persicum seed oil where the SXE was used. <sup>[71]</sup> HPLC-based techniques were the main methods used for 222 the separation of the metabolites except for *B. alpinum*, <sup>[68]</sup> *B. ferulaceum* <sup>[18]</sup> and *B. paucifolium* 223 <sup>[74, 75]</sup> where CC was used, *B. cylindricum* <sup>[71]</sup> and *B. hissaricum* <sup>[73]</sup> where GLC was used and 224 B. persicum seeds where LC was utilized. <sup>[62]</sup> In all the cases in which CC was used, the 225 methodology adopted for the identification of the compounds involved  $\alpha_{\text{[D]}}$ , IR, UV, NMR and 226 MS, alone or together even partially. Roots, fruits, seeds, seed oil and the mixed organs as well 227 as the generic aerial parts were considered, without any particular preference given to any plant 228 organ. Most of the studied samples were collected in Turkey, whereas in two cases, *i.e.*, *B*. 229 *alpinum*<sup>[68]</sup> and *B. ferulaceum*,<sup>[18]</sup> the collection site was in Algeria. For *B. cylindricum*<sup>[71]</sup> and 230 B. persicum seed oil <sup>[71]</sup>, the plant material was purchased from one market in Pakistan 231 Therefore, the results obtained from the seeds of this species about the fatty acids composition 232 233 should be reconfirmed also from a correctly identified sample. However, these whole results confirm that the main distribution of Bunium species is in Asia. On the other hand, the lack of 234 information on the phytochemical patterns of Bunium species collected from other areas of the 235 236 world, is a real limitation from the chemotaxonomic standpoint, given the impossibility to carry out phytochemical comparisons based also on the growth area, thus uncovering eventual 237 different chemotypes. This may indeed represent a new research line. Lastly, for B. 238 *bulbocastanum*, no information about the collection site was provided by the authors.<sup>[70]</sup> 239 240

# 3. Chemotaxonomic evalution of the *Bunium* genus within the Apiaceae family

243

The observed composition of both EOs and non-volatile fractions of Bunium species showed 244 many similarities with other genera belonging to the Apiaceae family. In particular, in the case 245 of the volatile metabolites, besides the most widespread hydrocarbon terpenoids already 246 observed in the Apiaceae, for instance, in Foeniculum vulgare Mill. <sup>[78]</sup> and Smyrnium 247 olusatrum L., <sup>[79]</sup> the presence of aldehydic derivatives in notable amounts is of utmost 248 importance which might reflect the tendency of *Bunium* spp. to biosynthesize such derivatives. 249 250 Aldehyde derivatives have been already reported among the volatile components recognized from other botanical entities that are classified in the Apiaceae such as Prangos ferulacea (L.) 251 Lindl. from Iran, Turkey and Italy<sup>[80-86]</sup> as well as in *Coristospermum cuneifolium* Guss..<sup>[87]</sup> 252 The aldehydic derivatives might have a relevance in the systematics of the Bunium genus and 253 in the Apiaceae family. For this reason, further studies of these aspects are essential in the 254 255 future.

256 The non-volatile fraction comprises several compounds including flavonoids and other 257 phenolics, which are quite common in the plant kingdom and their occurrence has been reported in other families <sup>[70, 88-94]</sup> implying they might have no chemotaxonomic relevance. On the other 258 259 hand, the presence of acetylenes such as falcarinol, falcarinone and falcarinolone is interesting from the chemosystematic viewpoint. In fact, falcarinol-type polyacetylenes are widely 260 distributed in the Apiaceae<sup>[70]</sup> as well as in chemotaxonomically close families such as the 261 Asteraceae and the Araliaceae, <sup>[89]</sup> thus, representing peculiar chemotaxonomic markers. An 262 263 additional phytochemical characteristic is the presence of coumarins, evidenced both as simple coumarins and structurally more complex derivatives, e.g., linear and angular furano- and 264 pyranocoumarins. The presence of this kind of compounds has been observed in many of the 265 Apiaceae genera and some other herbal species such as *Ferula* spp., <sup>[95]</sup> *Peucedanum* spp., <sup>[96]</sup> 266 Ferulago galbanifera (Mill.) W.D.J.Koch<sup>[97, 98]</sup> and Coristospermum cuneifolium Guss..<sup>[99]</sup> 267 This fact represents a distinctive phytochemical trait in these families and their biosynthetic 268 pathway has been studied in Apium graveolens L. <sup>[100]</sup> Furanocoumarins seem to have an 269 ecological role being involved in the pattern of distribution and abundance of herbivore insects 270 on the Apiaceae.<sup>[101]</sup> It should also be underlined that in many cases the presence of linear 271 furanocoumarins is the main cause of phototoxicity.<sup>[102]</sup> Among pyranocoumarins, the presence 272 of selinidin is important since it is a well-known metabolite in the Apiaceae having been 273

reported in *Peucedanum austriacum* (Jacq.) W.D.J.Koch, in some *Angelica* L. species <sup>[103-105]</sup> as well as in *Glehnia littoralis* F. Schmidt ex Miq., <sup>[106]</sup> in *Zosima absinthifolia* Link <sup>[107]</sup> and in *Seseli gummiferum* Pall. ex Sm.. <sup>[108]</sup> So, the phytochemistry of the genus *Bunium* confirms the correct classification of the genus in the Apiaceae family. However, further relevant studies focusing on phytochemical, morphological and molecular aspects could be of primary importance for a more correct classification of the species which are currently of unresolved and/or problematic classification.

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#### 4. Ethnobotanical and medicinal uses of *Bunium* species

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A large number of *Bunium* species are used in folklore medicine of different areas all over the 284 285 world even if not all Bunium species have been studied in this sense. In particular, the most important relevant species is B. persicum. Some of the most common ethnobotanical uses of 286 287 Bunium species are presented in Table 4. In the Persian folk medicine, it has been recommended as an effective drug for urinary and respiratory tract infections and digestive disorders (Table 288 4) <sup>[21, 23]</sup> and a parasite repellent. <sup>[21]</sup> In addition, it has also found some local therapeutic uses 289 in many parts of Iran against nausea, <sup>[13]</sup> influenza, <sup>[13]</sup> constipation and convulsion, <sup>[23, 109, 110]</sup> 290 dyspepsia, <sup>[19]</sup> diarrhea, <sup>[21]</sup> dysmenorrhea, <sup>[111]</sup> colic, <sup>[111]</sup> dyspnea, <sup>[112]</sup> as well as 291 bronchodilatory and inflammatory bowel. <sup>[39, 113, 114]</sup> It has also been recognized as a powerful 292 appetizer, <sup>[115, 116]</sup> anthelmintic, <sup>[20]</sup> antiseptic, <sup>[51, 115]</sup> diuretic <sup>[21]</sup> and digestive agent. <sup>[21]</sup> From 293 long time ago, the Iranian local practitioners have frequently prescribed *B. persicum* for the 294 skin youthfulness, lowering the infection of head skin and hair protection against nit. They 295 believe that *B. persicum* can help to address the insomnia and to repel the free radicals from the 296 human body. In addition, this herbal plant has been recognized to protect us against cancer and 297 298 nervous diseases, like Parkinson (Table 4).

Bunium species/ organ	Country	Reference	Medicinal and folkloric applications
			For the treatment of gastrointestinal disorders involving indigestion, stomachache, diarrhea and to treat headache, urinary and respiratory tract infections and colic
<i>B. persicum</i> (Boiss). B. Fedtsch/ whole		[15, 21, 51, 115]	Appearing as a diuretic, flatulent, stimulant as well as strong antidiabetic, antiepileptic, antiseptic, anti-parasitic, antispasmodic, anticonvulsant and anti-asthma remedy
plan			To regulate liver function and body weight
		[23]	To relieve terrible pains after delivery
	Iran	[21]	A parasite repellent
			Used against insomnia, Parkinson, nausea,
		[13, 110, 114, 116]	constipation, convulsion, inflammatory bowel, the blood lipids and cholesterol
<i>B. persicum</i> (Boiss). B. Fedtsch/seeds		[15, 116, 117]	Stimulant, toxic, to address stomach and intestine problems with expectorant, carminative, emmenagogue and galactogogue properties, to treat toothache, jaundice, epilepsy, diarrhea and dyspepsia as well as an appetizer
		[19, 118]	An adulterant to <i>Carum gracile</i> Lindl, as a spice, condiment and additive to foods and beverages
<i>B. persicum</i> (Boiss). B. Fodtsch/ fruits	Iran	[12, 54, 58, 115]	To treat flatulence, dyspepsia, indigestion, colic and dysmenorrhea; serving as effective anticonvulsant, diuretic, analgesic, anthelmintic and anti-asthma agent
redisen/ fruits	Central Asia	[116, 119]	To season dishes before the preparation of meat-based foods
B. bulbocastanum	Morocco	[120]	For the treatment of musculoskeletal and gynecological malfunctions
<i>B. incrassatum</i> Amo/ roots			In local Algerian cookery
<i>B. incrassatum</i> Amo/tubers	Algeria	[18]	As an astringent having a great potential against cough, bronchitis, diarrhea and hemorrhoids

300 Table 4: Most important species of the genus *Bunium* and its traditional pharmacological uses

301

In pregnant women, the common use of *B. persicum* is highly restricted since it may cause abortion. In the traditional medicine of Kerman, Iran, a mixture of powdered and dried *B. persicum*, along with five other medicinal plants, namely *Foeniculum vulgare* Mill. (named as Razianeh in Persian), *Achillea santolinoides* subsp. *wilhelmsii* (K.Koch) Greuter., *Glycyrrhiza glabra* L., *Nepeta cataria* L. and *Teucrium polium* L. is frequently used for the treatment of digestive disorders. <sup>[21]</sup> In addition, in the Persian culture, it is used in toothpastes due to its fresh odor. <sup>[121]</sup> In the Persian culinary, this species has been extensively employed to flavor rice for many years. <sup>[122]</sup> In addition, in Kashmir (India), the species is often used as a substituent
of *Carum carvi* Linn. and is employed against menstrual disorders, anorexia, skin diseases and
leucorrhea. <sup>[123]</sup> Its EO can suppress the first step of inflammation <sup>[109, 110]</sup> and is frequently used
in confectionery to flavor goodies and baked biscuits as well as perfume industries. <sup>[20, 23]</sup> In the
screening of the endemic medicinal plants of Iran, some gynecologic, <sup>[14, 112]</sup> lactagougue, <sup>[13]</sup>
carminative and stimulant effects <sup>[11]</sup> have been attributed to this plant, as well.

- In the literature, some therapeutic remedies have been mentioned also for its seeds involving 315 antispasmodic, anti-epileptic, increasing milk in lactating mothers <sup>[116, 119]</sup> as well as lowering 316 the blood lipids and cholesterol. <sup>[116]</sup> In fact, the seeds are edible possessing a pleasant odor and 317 are excessively used as condiments and flavoring agents in Iranian cookery.<sup>[55]</sup> In the 318 Ayurvedic system of medicine, seeds of B. persicum are employed as adulterant to Carum 319 gracile Lindl. <sup>[118]</sup> From ancient time, Indian people have used *B. persicum* as a pungent and 320 fragrant spice for the preparation of foods and beverages and as a condiment.<sup>[19]</sup> On the average, 321 one thousand seeds of *B. persicum* have a mean weight of 2.0 g. <sup>[24]</sup> In the remote areas of 322 323 Jammu as well as in Kashmir (India), its seeds are used against diarrhea, indigestion and dysentery. <sup>[124]</sup> In Pakistan, the decoction of the seeds of *B. persicum* is used against digestion 324 problems, cold and cough <sup>[125]</sup> and as an antihistaminic agent. <sup>[126]</sup> In addition, its fruits are 325 effective against hematomas, dysuria, kidney stones and hiccups <sup>[127]</sup> and are used against 326 obesity and indigestion and considered as flavoring, galactogogue, carminative, calmative and 327 appetizing agents. <sup>[128-130]</sup> 328
- In the Central Asian regions, the fruits are employed for seasoning of dishes prior to the 329 preparation of meat-based foods. <sup>[116, 119]</sup> These fruits have also been known to possess 330 analgesic, <sup>[54]</sup> carminative and antiseptic properties. <sup>[58, 115]</sup> In particular, their decoction has 331 strong analgesic, anti-inflammatory and antioxidant effects.<sup>[131]</sup> In Uzbekistan and Kyrgystan, 332 their decoction is employed against kidney stone. <sup>[132]</sup> Moreover, in Pakistan, they are used 333 together with the fruits of Ammi visnaga (L.) Lam. as powerful cardiotonic agents. <sup>[133]</sup> The 334 dried fruits and seeds of this plant are considered as an additive and condiment to some food 335 staffs like cheese, yogurt and baked rice.<sup>[15]</sup> In the Himalaya, its tubers are employed as a strong 336 diuretic agent. <sup>[134]</sup> 337
- The raw tubers of another *Bunium* species, *B. alpinum*, have been widely prescribed in the Adriatic Islands as well as in Eastern Albania. <sup>[135, 136]</sup> It is noteworthy that *B. bulbocastanum*
- aerial parts and roots are used in the Southern Mediterranean areas to treat asthma, pulmonary
- allergy, sore throat (pharyngitis) and bronchitis. <sup>[137]</sup> In addition, in Algeria, the whole plant is
- used against flatulence and intestinal worms, <sup>[138]</sup> whereas in several areas of the world, it is

used as an astringent agent, as well. <sup>[139]</sup> Moreover, this species is one of the 13 medicinal plants 343 composing Msahan, an herbal mixture from Morocco, which has been documented to be proper 344 for health and to resolve musculoskeletal and gynecological malfunctions.<sup>[120]</sup> The tubers and 345 the bulbs of this species are widely consumed as food in many regions of Italy as boiled 346 vegetables or as ingredients of pies. <sup>[70, 140]</sup> The tubers are also eaten as raw material or crackers. 347 <sup>[70, 141]</sup> B. cylindricum fruits are widely used in Iran and in Pakistan as a carminative remedy. 348 <sup>[128-130]</sup> The infusion of the aerial parts of *B. elatum* (Batt.) Batt. is also used against intestinal 349 gas and stomach colic in the North Eastern localities of Algeria.<sup>[142]</sup> The rhizomes of *B. elegans* 350 is widely employed as raw material against urinary inflammations in Turkey. <sup>[143]</sup> B. ferulaceum 351 has been widely used in the past against renal stones. <sup>[144]</sup> Also, B. fontanesii is used in the 352 North Western areas of Algeria to treat allergy, bronchitis and cough. <sup>[145]</sup> B. macuca Boiss. 353 tubers are used in the Granada province (Spain) against warts. <sup>[146]</sup> The roots of the Algerian *B*. 354 355 *incrassatum*, as an economically valuable plant, are of great nutritional importance, particularly when added to potato. Table 4 shows that the dried tubers of *B. incrassatum* Amo have shown 356 357 promising behavior against diarrhea, cough, bronchitis as well as inflammatory hemorrhoids and have been found as a stringent. <sup>[18]</sup> B. paucifolium tubers have been widely used as food in 358 the Kahramanmaras region, Turkey.<sup>[147]</sup> In addition to this, in Spain, *B. balearicum* (Sennen) 359 Mateo & López Udías, B. macuca and B. pachypodum P.W. Ball tubers are widely consumed 360 as food. <sup>[148]</sup> 361

The phytochemical patterns associated with most of these species, both the EO composition 362 and non-volatile compounds, provide a rationale for most of their applications in the traditional 363 and folklore medicine. However, some uses have not been justified from the phytochemical 364 standpoint. On one side, this is due to the lack of phytochemical analyses on all the Bunium 365 species as well as all their organs used as drugs. On the other hand, this is also because some 366 367 of the performed phytochemical analyses reported in literature for Bunium species are somewhat partial and basically focusing on specific classes of compounds or basing on a 368 preliminary phytochemical screening, evidencing only the occurrence of some classes of 369 370 natural compounds but not the specific substances which is not enough. In fact, the ethnobotanical uses should ideally be accompanied by a complete phytochemical analysis in 371 372 order to fully understand the compounds responsible for such ethnopharmacological activities and also to verify any phytochemical variability, <sup>[149]</sup> but verifying the real non-toxicity of the 373 plants is of primary importance due to the possible presence of toxic compounds. The traditional 374 knowledge is effective in the treatment of a wide spectrum of persistent diseases but often not 375 376 to a full extent. In literature, some works about the latter matter are present suggesting the possibility, in specific conditions, to use other species, which have been long deemed to be
toxic because of some relevant phytochemical constituents, for ethnobotanical purposes. <sup>[150<sup>152]</sup> On this subject, little is known and this must actually be the starting point for future
investigations.
</sup>

381

#### 382 **5. Biological activities**

383

The extracts derived from different *Bunium* species are known to possess remarkable biological activities, which are discussed in the following subsections. Not all the biological properties have been studied and not all the *Bunium* species have been tested so far.

387

#### 388 5.1. Antioxidant activity

389

Shahsavari et al.<sup>[52]</sup> assessed the antioxidant activity of BPEO using two assays, namely 1,1'-390 diphenyl-1-picrylhydrazyl (DPPH) radical as well as β-carotene-linoleic acid bleaching 391 (BCLAB) assays. Accordingly, the median effective concentration (EC<sub>50</sub>) value obtained for 392 393 DPPH' assay was found to be as 0.88 mg/mL, whilst in the latter case (BCLAB), the inhibition percent of the EO (0.45%) and the standard used (BHT: 0.01%) were approximately the same. 394 395 Moreover, following peroxide (PV) and thiobarbituric acid (TBA) values on the crude soybean oil, it was concluded that the BPEO induced significant reducing of the oxidation rate of the 396 397 soybean oil at 60°C. In addition, its antioxidant activity (0.06%) was greater in comparison to butylated hydroxyanisole (BHA) (0.02%). Zangiabadi et al. <sup>[153]</sup> determined the *in vitro* DPPH<sup>•</sup> 398 399 radical scavenging activity of BPEO and reported the median inhibitory concentration (IC<sub>50</sub>) value being 1.52 mg/mL. These authors also showed that it could be considered as an effective 400 antioxidant agent in linseed oil and as a proper alternative to butylated hydroxytoluene (BHT) 401 and tertbutylhydroquinone (TBHQ) as synthetic antioxidants. 402

Radical scavenging activities of BPEO seeds (Birjand region, Southern Khorasan Province,
Iran) were monitored using the DPPH<sup>•</sup> assay. <sup>[55]</sup> The IC<sub>50</sub> of hydrodistilled EO was 9.31
mg/mL, while the EOs obtained using microwave-assisted hydrodistillation (MAHD) at 180,
360 and 540 W exhibited IC<sub>50</sub> values of 8.62, 8.79 and 6.54 mg/mL, respectively.

407 To determine the influence caused by drought stress on BPEO, three relevant assays were used 408 involving DPPH<sup>•</sup>, hydrogen peroxide scavenging activity (HPSA) and Fe<sup>3+</sup> reducing 409 antioxidant power (FRAP). <sup>[154]</sup> This study revealed a positive effect in antioxidant

- characteristics as well as the phenolic contents of BPEO. Considering the obtained results,
  drought stress finally gave rise to higher antioxidant capability of BPEO seeds.
- Using the FRAP assay, the antioxidant activity of BPEO and *B. persicum* extracts were
  measured. <sup>[155]</sup> In this study, although the former one had the highest antioxidant capability
  (248.56 µmol trolox equivalent/g), the latter one showed a week antioxidant capability (48.53)
- 415  $\mu$ mol trolox equivalent/g).
- 416 The antioxidant activities of BPEO were evaluated using DPPH<sup>•</sup> and and 2,2'-azino-bis(3-
- 417 ethylbenzothiazoline-6-sulfonic acid) diammonium salt (ABTS<sup>++</sup>) assays. <sup>[156]</sup> Accordingly,
- 418 within a concentration range of 2.5-10 mg/mL, an increase in antioxidant activity was noted
- 419 from 24.3 to 35.2% for DPPH<sup>•</sup> and from 29.2 to 60.5% for ABTS<sup>•+</sup> assays.
- The antioxidant activities relative to *B. persicum* were also studied by Sharififar et al. <sup>[62]</sup> In 420 particular, the EO as well as the petroleum ether, chloroform, methanol and aqueous extracts 421 422 were examined using DPPH<sup>•</sup> and zone of  $\beta$ -carotene color retention assays considering BHT as the reference compound in all of the experiments. A perusal of the obtained results revealed 423 424 that none of EO sample or the studied extracts resulted to be more effective with IC<sub>50</sub> values equal to 23.4, 45.7, 79.6, 36.1 and 49.8 µg/mL than BHT (20.3 µg/mL) when using the DPPH<sup>•</sup> 425 426 assay. Nevertheless, all of them were more effective than BHT in the other assay with retention zones equal to 26.2, 13.1, 4.2, 18.7 and 6.7 mm, respectively, against 30.4 mm. 427
- The antioxidant activity, in the DPPH', ABTS'+, Cupric Reducing Antioxidant Capacity 428 (CUPRAC), FRAP, phosphomolybdenum and metal chelating assays, was also evaluated for 429 the methanolic extracts of B. brachyactis (Post) Wolff, B. microcarpum, B. pinnatifolium and 430 431 B. sayai Yıld. As shown in this study, B. microcarpum was reported to be the most effective extract for the first three assays with values equal to 69.66, 100.33 and 160.64 mg TE/g, 432 respectively, followed by *B. pinnatifolium* extract with values equal to 51.89, 96.66 and 155.47 433 mg TE/g in the respective assays. The last extract was also the most effective in the FRAP and 434 phosphomolybdenum assays with values equal to 128.23 mg TE/g and 1.53 mmol TE/g. 435 Moreover, the least effective extract in all the assays except the last two ones, was that of B. 436 437 sayai with numerical values equal to 41015, 68.66, 118.53 and 89.05 mg TE/g. In view of the observed results, it could be inferred that using FRAP and metal chelating activity assays, the 438 439 highest potential were respectively due to B. pinnatifolium (128.23 mg TE/g) and B. brachyactis (52.61 mg EDTAE/g) extracts. However, B. microcarpum extract represented the least efficacy 440 441 in the metal chelating activity and phosphomolybdenum assays with values equal to 15.66 mg EDTAE/g and 1.13 mmol TE/g.<sup>[69]</sup> 442

- The methanol/dichloromethane (1:1 v/v), ethyl acetate and *n*-butanol extracts of *B. alpinum*, as 443 well as the isolated compound, *i.e.*, *iso*-quercetin, were evaluated through the DPPH' assay. The 444 best result was obtained by the *n*-butanol extract with an EC<sub>50</sub> value equal to 1.89  $\mu$ g/mL, 445 whereas the EC<sub>50</sub> value for one of the isolated and characterized flavonoid compounds, namely 446 quercetin-3-O- $\beta$ -glucoside was equal to 0.28 µg/mL. All these values are lower but comparable 447 to those observed for the relative standard, *i.e.*, Trolox having an EC<sub>50</sub> value equal to 0.106 448 µg/mL. [68] B. alpinum methanol extract showed satisfactory antioxidant effects in the DPPH<sup>•</sup> 449 assay with an IC<sub>50</sub> value equal to 21.85 µg/mL, while its EO showed no antioxidant activity, 450 instead.<sup>[45]</sup> 451
- 452 Conversely, the *B. incrassatum* EO and methanol extract showed medium antioxidant activities 453 using the DPPH<sup>•</sup> assay with IC<sub>50</sub> values equal to 38.52 and 55.77  $\mu$ g/mL, respectively. <sup>[45]</sup> In 454 addition, the antioxidant activity of *B. luristanicum* methanolic extract was evaluated in the 455 DPPH<sup>•</sup> assay, compared to BHT. The IC<sub>50</sub> value of the extract was observed to be 89.2  $\mu$ g/mL, 456 while BHT showed an IC<sub>50</sub> value of 26.5  $\mu$ g/mL. <sup>[157]</sup>
- 457

#### 458 **5.2. Antibacterial activity**

459

Khan et al.<sup>[158]</sup> reported the antibacterial activities of crude methanol extracts from the fruits of 460 B. bulbocastanum against Escherichia coli, Pseudomonas aeruginosa, Staphylococcus aureus, 461 462 Bacillus subtilis and Salmonella typhi. Accordingly, remarkable antibacterial activity was noted vs S. aureus and moderate inhibition for the other bacterial strains. In addition, n-hexane 463 fraction of MeOH extract of B. bulbocastanum L. showed high, moderate and low inhibition 464 for S. aureus, E. coli and B. subtilis, respectively. However, under the conditions used in the 465 tests, no activity was detected against P. aeruginosa. In addition, the CHCl<sub>3</sub> fraction of MeOH 466 extract displayed moderate activity against S. aureus, low activity for B. subtilis and no activity 467 for P. aeruginosa and E. coli. The EtOAC fraction of MeOH extract also showed moderate and 468 low activity, respectively, against B. subtilis and E. coli and was found to be inactive vs P. 469 aeruginosa and S. aureus. And, the aqueous fraction of methanol extract of B. bulbocastanum 470 exhibited significant and moderate inhibition toward B. subtilis and E. coli. In this work, low 471 472 activities were observed for this fraction versus P. aeruginosa, as well. Masoudi et al. <sup>[46]</sup> presented no observed activity of *B. cylindricum* (Boiss. et Hohen.) crude

473 Masoudi et al. <sup>[46]</sup> presented no observed activity of *B. cylindricum* (Boiss. et Hohen.) crude
474 oils against some bacterial strains like *S. aureus* (PTCC 1113), *Staphylococcus epidermidis*

- 475 (PTCC 1349), *S. saprophyticus* (PTCC 1379), as Gram-(+) bacteria along with *S. typhi* (PTCC
  476 1185), *S. flexnery* (PTCC 1234) and *E. coli* (PTCC 1330) as Gram-(-) bacteria.
- 477 In another report, BPEO showed medium to low antimicrobial activity against *S. aureus* (ATCC
- 478 6538), E. coli (ATCC 25922), Salmonella abony (ATCC 6017) and P. aeruginosa (ATCC
- 479 27853) with MIC values ranging from 2000 to 8000  $\mu$ g/mL. <sup>[65]</sup>
- 480 Bousetla et al. <sup>[18]</sup> tested the dichloromethane/methanol (1:1 v/v) crude extract of *B. incrassatum*
- 481 against E. coli, S. aureus, S. epidermis, Proteus mirabilis, Streptococcus pyogenes, P.
- 482 aeruginosa, Klebsiella oxytoca, Enterobacter spp. and Seratia spp. using the disk diffusion
- method at 1, 2, 4 and 8 mg/mL. The activity was observed against all the tested microbial strains
- 484 only at 8 mg/mL. Considering the obtained results, at 1 mg/mL, the extract was active only
- 485 against S. aureus. Furthermore, at 2 mg/mL, the extract was active only against S. aureus and
- 486 *P. aeruginosa*, while at 4 mg/mL, the extract was not active only against *E. coli* and *P. mirabilis*.
- 487 As for the growth inhibition zone values, all of them were found to increase with the 488 concentration raising.
- Recently, the EO of *B. incrassatum* and *B. alpinum* aerial parts showed notable antibacterial
  activities against a wide array of bacterial strains. <sup>[45]</sup>
- The antibacterial activity of *B. brachyactis*, *B. microcarpum*, *B. pinnatifolium* and *B. sayai*methanol extracts was evaluated against *E. coli* (ATCC 35210), *P. aeruginosa* (ATCC 27853),
- 493 S. typhimurium (ATCC 13311), Proteous mirabilis (human isolate), Enterobacter cloacae
- 494 (ATCC 35030), *Bacillus cereus* (clinical isolate), *Micrococcus flavus* (ATCC 10240) and S.
- 495 *aureus* (ATCC 6538). The related minimum inhibitory concentration (MIC) and the minimum
- 496 fungicidal concentration (MFC) values showed that all the extracts were mostly less potent than
- 497 the standard compounds, *i.e.*, streptomycin and ampicillin. In addition, the values of the
- 498 different extracts were similar to each other except a few cases. The four species showed the
- 499 highest activity against P. myrabilis and E. coli with MIC and minimum bactericidal
- 500 concentration (MBC) values lower than 1 mg/mL. Besides, *B. brachyactis* extract was more
- 501 efficient against *B. cereus*, *P. aeruginosa* and *S. typhimurium* with MIC and MBC values lower
- than ampicillin. On the other hand, *B. microcarpum* was more active against *P. mirabilis* with
- 503 MIC and MBC values equal to 0.14 and 0.18 mg/mL, respectively. *B. pinnatifolium* also 504 exhibited the highest antibacterial effect against *M. flavus* and *E. cloacae* with MIC and MBC
- values equal to 0.56 and 0.75 mg/mL, respectively. <sup>[69]</sup>
- 506 Using broth microdilution method, antibacterial activities of BPEO have been determined 507 against a panel of six bacteria involving *E. coli*, *P. aeruginosa*, *B. cereus*, *S. aureus*, *S.*
- against a panel of six bacteria involving *E. coli*, *P. aeruginosa*, *B. cereus*, *S. aureus*, *S.*
- 508 *epidermidis* and *E. faecalis* considering MIC and MBC values <sup>[122]</sup>. In this relation, the best

509 MIC and MBC values, as 4.0 and 15.0  $\mu$ L/mL, respectively, were observed against *S*. 510 *epidermidis* which were comparable to those obtained by ciprofloxacin (MIC = 4.0  $\mu$ g/mL; 511 MBC = 12  $\mu$ g/mL) as standard.

Rabiey et al. <sup>[159]</sup> determined the highest level of BPEO with no unpleasant effect on sensory properties of fish fillets prior to its antimicrobial assessments against *L. monocytogenes* at 0.05, 0.02 and 0.04%. Regarding this attempt, the highest inhibition of *L. monocytogenes* was noted in fish peptone broth (FPB), while a significant decrease occurred in other two media, namely kutum broth (KB) as well as cold smoked kutum (SMK) broth. It has also been reported that impregnation of each broth with NaCl (4.0%) could significantly improve the BPEO efficiency under the optimized experimental conditions at low temperatures.

- Taherkhani et al.<sup>[56]</sup> showed that BPEO (Black Zira) is able to improve the odor and flavor of 519 Gouda cheese. The in vitro antibacterial effects of BPEO, Cuminum cyminum and Carum 520 521 copticum oils from the Apiaceae family have been examined against a panel of food-borne pathogens, e.g., S. aureus B. cereus E. coli O157:H7, S. enteritidis and L. monocytogenes using 522 broth microdilution method.<sup>[53]</sup> According to the results of this study, both the MIC and MBC 523 values were in the range of 0.18-3 mg/mL. As being reported in this study, the lowest MIC 524 (0.18 mg/mL) and MBC (0.18 mg/mL) and hence the highest antibacterial activity of BPEO 525 were observed against B. cereus. Moreover, regarding the less antibacterial effects of B. 526 persicum (Boiss). B. Fedtsch and Cuminum cyminum L. volatile oil compared to those of 527 Trachyspermum ammi (L.) Sprague oil, fractional inhibitory concentration (FIC) values of a 528 combination of EOs of these two species were determined. As the obtained results in this report 529 show, combination of the aforementioned EOs exerted more inhibition toward most pathogenic 530 bacteria in comparison with the use of each EO alone. 531
- 532 Sharafati Chaleshtori et al. <sup>[155]</sup> studied MIC and MBC values of BPEO against two species of 533 *Listeria* separated from seafood samples (*L. monocytogenes* and *L. gray*) using broth 534 microdilution method. In accordance with this report, MIC values against *L. monocytogenes* 535 and *L. gray* were respectively as 0.351 and 2.812 mg/mL. Furthermore, the MBC values toward 536 these two *Listeria* species were, respectively, 0.703 and 5.625 mg/mL.
- On the other hand, the ethanol extract of *B. persicum* (Boiss). B. Fedtsch showed remarkably
  less antibacterial activities toward *Listeria* species with MIC values of 247, 495, 495 and 990
  mg/mL, respectively against *L. monocytogenes* and *L. gray*. More importantly, when treating
- 540 L. monocytogenes and L. gray with MIC concentration of EO and extracts of B. persicum
- 541 (Boiss). B. Fedtsch, a remarkable increase was noted in the trends of components release. The

- ethanol extract of this species was active against *P. aeruginosa*, *S. aureus* and *E. coli* with
  medium values of inhibition zone (10-14 mm). <sup>[160]</sup>
- 544 Noori et al. <sup>[22]</sup> reported the influences of some experimental variables, *e.g.*, pH, temperature,
- 545 EO concentration and inoculum size on *L. monocytogenes* growth using brain heart infusion 546 (BHI) broth in combination with parametric survival models. Accordingly, lower pHs and 547 temperatures along with higher inoculum size exerted significant impacts on the initiation of
- 548 growth of *L. monocytogenes*.
- In the work by Ehsani et al. <sup>[156]</sup> dealing with the antibacterial activities of a set of food-borne 549 pathogenic bacteria, remarkable and moderate sensitivity were observed, respectively, against 550 Gram-(+) and Gram-(-) bacteria. In this report, antibacterial-based determinations were 551 552 conducted using disk diffusion and microdilution methods. As being reported, using the former 553 method on four bacterial strains, e.g., S. aureus, L. monocytogenes, S. typhimurium and E. coli 554 O157:H7, the highest and lowest inhibition zone diameter (IZD) were recorded for S. aureus 555 and S. typhimurium strains, respectively. In addition, MIC values for Gram-(+) bacteria (S. 556 aureus and L. monocytogenes) were 1.25 and 5.0 mg/mL, whereas the corresponding MBC values were 25 and 10 mg/mL. On the other hand, for both Gram-(-) bacteria involving S. 557 558 typhimurium and E. coli O157:H7, MIC and MBC values were respectively as 10 mg/mL and 20 mg/mL accounting for less antibacterial effects of Gram-(-) bacteria compared to Gram-(+) 559 bacteria. The lower sensitivity of Gram-(-) bacteria in comparison to Gram-(+) bacteria is 560 related to the outer structure of their membranes, since in Gram-(-), the membrane is composed 561 of hydrophilic polysaccharides serving as an obstacle for direct contact of bacterial cell with 562 macromolecules as well as hydrophobic compounds; thereby giving rise to a higher resistance 563 of Gram-(-) bacteria to EOs. <sup>[161]</sup>Additionally, the results of bacterial enumeration of *E. coli* 564 O157:H7 and L. monocytogenes in Iranian white cheese revealed an increase in the number of 565 566 counted colonies of both bacteria for all the tested cheese samples through the storage process. [160] 567
- 568

#### 569 5.3. Antifungal activities

570

571 Mehni et al. <sup>[162]</sup> have shown that *B. persicum* exhibited some therapeutic impacts against 572 *vulvovaginal candidiasis*. In this regard, the vaginal preparation consisting of clotrimazole and 573 *B. Perscicum* Boiss (Black Zira) was found to have synergistic effect with clotrimazole and 574 better address the symptoms and unpleasant effects of *V. candidiasis* like itching, soreness and

- irritation in respect to the treatment with clotrimazole added with placebo. However, it should
  be underlined that in this paper is not repreted in which form the plant materials were used (as
  they are, as extract obtained by organic solvent, hydrodistillate, etc..) and in which ratio with
  the standard drug clotrimazole. In addition, the BPEO was tested against different forms of *F*.
- *oxysporum* (F27, F37, F3, F6, F12 and F22) showing medium EC<sub>50</sub> values. <sup>[64]</sup>
- Using agar disc diffusion assay, Ghasemi Pirbalouti et al. <sup>[163]</sup> investigated the antifungal activities of BPEO against four fungal strains, namely *Aspergillus niger* (PTCC 5298), *A. fumigatus* (PTCC 5009), *A. flavus* (PTCC 5004) and *A. parasiticus* (PTCC 5018) in a concentration range of 8-256  $\mu$ g/mL of the obtained oils. This study revealed weak to moderate antifungal activities of BPEO against *A. fumigatus*, while BPEO was found to be low or less active against the other tested fungal species.
- 586 Sekine et al. <sup>[164]</sup> determined the growth inhibition potential of 52 herbal samples (dried) 587 including *B. persicum* using the disc pack method against *Fusarium oxysporum* as a soil-borne 588 phytopathogenic fungus. In this report, among all the plant samples tested, the strongest 589 inhibition was attributed to *B. persicum* with a mycelial growth inhibition percentage of 63%.
- 590 BPEO showed low antifungal activity against *C. albicans* (ATCC 10231) with an MIC value
- 591 equal to 1000  $\mu$ g/mL. <sup>[65]</sup> Moreover, it was tested at two concentrations (80 and 160  $\mu$ g/mL)
- against *Colletotrichum acutatum*, *C. fragariae* and *C. gloeosporioides*. As reported, at 160 μg,
- 593 BPEO demonstrated better activity against all the three species with growth inhibition zones of
  594 9.0-10.0 mm. <sup>[65]</sup>
- The ethanolic extract of this species was seen to be quite active against *Candida albicans* with a medium value of inhibition zone equal to 15 mm. <sup>[160]</sup> Using agar disc diffusion assay, the methanol extract of *B. bulbocastanum* and its organ fractions showed no antifungal activity against six fungal strains involving *Aspergillus niger*, *A. flavus*, *Penicillium notatum*, *Fusarium oxysporum*, *Trichoderma harzianum* and *Alternaria alternata*. <sup>[158]</sup> However, the methanol extract obtained from the fruits was active against *S. aureus* and *P. aeruginosa* with inhibition
- zone values of 12 and 15 mm, respectively. <sup>[165]</sup>
- The crude extract (dichloromethane and methanol 1:1 v/v) of *B. incrassatum* was tested at different concentrations (0.25, 0.5, 1, 2, 4 and 8 mg/mL) against three fungal strains, *i.e.*, *A.*
- 604 *flavus, Penicilium candidum* and *Candida albicans*. As reported, at the last two concentrations,
- the extract was active against all the strains. At 0.5, 1 and 2 mg/mL, the extract was active
- against A. *flavus* and P. *candidum* with medium growth inhibition zone values. Instead, at the
- 607 concentration of 0.25 mg/mL, the extract was active against *A. flavus*. Again, for what concerns

the growth inhibition zone values, they all were seen to increase with the concentration raising.
 [18]

More recently, Zengin et al. <sup>[69]</sup> have assessed the antifungal activity of *B. brachyactis*, *B.* 610 microcarpum, B. pinnatifolium and B. sayai methanol extracts against A. versicolor (ATCC 611 11730), A. fumigatus (plant isolate), A. terreus (soil isolate), A. niger (ATCC 6275), Penicillium 612 ochrochloron (ATCC 9112), P. funiculosum (ATCC 36839), P. verrucosum (food isolate) and 613 Trichoderma viride (IAM 5061) using ketoconazole and bifonazole as positive controls. The 614 615 obtained values of MIC and MFC showed that all the extracts were mostly less potent than the 616 standard compounds. Nevertheless, in many cases, the values were highly comparable with those of the used standards and also very similar to each other except a few cases. Summarizing, 617 618 B. brachyactis methanol extract showed the best activity against A. versicolor, T. viride and P. funiculosum with MIC and MFC values equal to 0.18 and 0.37 mg/mL, 0.02 and 0.03 mg/mL 619 620 and 0.18 and 0.37 mg/mL, respectively. B. brachyactis methanol extract was more effective than ketoconazole against A. versicolor as well as more effective than both ketoconazole and 621 622 bifonazole against T. viride. Indeed, B. sayai had no effect on A. fumigatus but was even more effective than ketoconazole against A. fumigatus with MIC and MFC values equal to 0.14 and 623 624 0.28 mg/mL, respectively. B. pinnatifolium was more effective against P. ochrochloron with MIC and MFC values equal to 0.275 and 0.37 mg/mL, respectively. 625

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#### 627 **5.4. Larvicidal activity**

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A larvicidal activity testing on the genus *Bunium* was carried out by Vatandoost et al. <sup>[166]</sup> where they studied the larvicidal activity of BPEO as well as its methanol, petroleum ether and ethyl acetate extracts based upon a recommended method by WHO. <sup>[167]</sup> Regarding the results, both BPEO samples from cultivated and wild growing plants with lethal concentrations (LC<sub>50</sub>) of 21.38 and 27.43 ppm exhibited the highest larvicidal activity, while methanol fractions of both samples of *B. persicum* had the lowest larvicidal activity.

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#### 636 **5.5. Phytotoxic activity**

637

Following the method given by McLaughlin et al. <sup>[168]</sup>, the phytotoxicity of methanol extracts of *B. bulbocastanum* L. and its fractions was determined 1000 and 100  $\mu$ g/mL. <sup>[158]</sup> Considering the respective results, at 1000  $\mu$ g/mL, the phytotoxicity of the methanol extract along with its 641 *n*-hexane, chloroform, ethyl acetate and aqueous fractions were respectively as 53.33%, 642 46.66%, 20.0%, 46.66% and 40.0%. However, at 100  $\mu$ g/mL, the corresponding phytotoxicities 643 were found to be respectively as 46.66%, 26.66%, 6.66%, 26.66% and 33.33%.

644

#### 645 **5.6. Hemagglutination activity**

646

647 Khan et al. <sup>[158]</sup> investigated the potential hemagglutination activity of crude methanol extract 648 of *B. bulbocastanum* L. and its fractions obtained after CC, against human erythrocytes of blood 649 groups applying the suggested method by Naqvi et al. <sup>[169]</sup> It was concluded that that all the 650 extracts of *B. bulbocastanum* L. were not able to agglutinate RBCs of the human blood groups 651 accounting for the lack of phytolectins.

652

#### 653 5.7. Anticonvulsant activity

654

Mandegary et al. <sup>[170]</sup> assessed the anticonvulsant activity of BPEO and *B. persicum* methanol extracts towards convulsions induced on pentylenetetrazole (PTZ) and maximal electroshock (MES). In this study, a group consisting of NMRI male mice with an average weight of 22.5 g were chosen and kept under normal diet. The mean outputs of this report were: i) mortality of BPEO at 5 g/kg dose, while being not mortal at 4 g/kg dose; ii) no mortality for BPEO at 2.5 mL/kg dose.

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#### 662 **5.8. Hypoglycemic activity**

663

Due to the remarkable hypoglycemic activity of its extracts, *B. persicum* has been recognized as an effective remedy against diabetes and obesity as reported by Statti et al. <sup>[171]</sup> In this report, the hypoglycemic activity was assessed via the trends of inhibition of α-amylase as one of the main agents for starch breakdown to simpler sugar units, *e.g.*, glucose, maltose and maltotriose. Accordingly, the highest inhibition was reported for the *B. persicum n*-hexane extract (72.3%  $\pm$  0.06) at a concentration of 250 µg/mL, whereas the corresponding MeOH extract exerted lower inhibition at most of the tested concentrations.

671

#### 672 **5.9. Cardiocirculatory activity**

Khaksari et al. <sup>[172]</sup> have reported that aqueous extract derived from the aerial parts of freezedried *B. persicum* is able to increase the cardiocirculatory capacity. This study was conducted on 40 male hypercholesterolemic mice being classified into four categories. The obtained results of this work accounted for a notable increase of cardiorespiratory capacity over a normal six-week endurance training period.

679

#### 680 5.10. Anti-inflammatory activity

681

In a recent report, the methanol extracts of *B. alpinum* and *B. incrassatum* were found to have anti-inflammatory effects by blocking albumin denaturation that contributes to the inflammation process. The albumin denutaration inhibitory average values were equal to 49.66 and 49.74 mg/mL, respectively, compared to 49.98 mg/mL for sodium diclofenac used as standard compound. Additionally, this activity was observed to be of concentration dependent type. <sup>[45]</sup>

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#### 689 **5.11. Enzyme inhibitory activity**

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The enzyme inhibitory activity of B. brachyactis, B. microcarpum, B. pinnatifolium and B. 691 692 sayai methanol extracts was evaluated against acetylcholinesterase (AChE), 693 butyrylcholinesterase (BChE), tyrosinase, amylase, glucosidase and lipase. The results were expressed as milligrams of gallic acid equivalents per g of sample (GAE/g) and showed that the 694 extract of B. brachyactis was the best BChE inhibitor with a value of 3.68 mg GAE/g. B. sayai 695 extract was the best AChE inhibitor with a value equal to 3.53 mg GAE/g. Indeed, the four 696 species had similar effects against tyrosinase and amylase with B. brachyactis as the best one 697 in both cases (138.96 mg kojic acid equivalent per g of sample (KAE/g), 0.63 mmol ACAE/g). 698 B. microcarpum extract was the best glucosidase inhibitor with a value equal to 11.96 mmol 699 ACAE/g, whereas the best lipase inhibitor was B. brachyactis extract with a value equal to 700 95.74 mg OE/g.<sup>[69]</sup> 701

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#### 703 **5.12. Mosquito-deterrent activity**

704

BPEO was tested for its mosquito-deterrent activity against *Aedes aegypti*. It showed higher
activity than the solvent control (ethanol) but lower than permethrin, a standard biting deterrent,

used as a positive control. The reported median lethal dose (LD<sub>50</sub>) value of this work was found
to be 58.6 ppm *vs* 0.0034 ppm. <sup>[65]</sup>

709

#### 710 **6.** Link between phytochemistry and biological activities

711

The biological assays performed on Bunium species EOs and extracts as reported in the 712 713 literature, are all remarkable and reliable even if not all of them gave positive results. The methodologies applied for each assay are well-established and reliable. However, not all the 714 explanations have been accurately provided. In particular, for some assays, values were not 715 given. Nonetheless, we decided to include these data in this review, even if, in our opinion, 716 their relevance is minimum. On the other hand, some biological assays were carried out without 717 718 any phytochemical profiling, *i.e.*, the biological assays were performed without knowing the 719 phytochemical patterns of the extracts derived from *Bunium* species. This latter point is 720 extremely important since it may explain the biological results under the phytochemical 721 standpoint. In all the cases where this was performed, the reported phytochemical patterns were 722 found to be fully in accordance with the results from biological assays. Nevertheless, EOs are generally well-known to possess promising pharmacological activities <sup>[173]</sup> as well as all the 723 non-volatile classes of compounds identified in *Bunium* species. <sup>[88, 174-176]</sup> 724

725 From the phytochemical standpoint, the effectiveness of extracts may be explained with the 726 presence of flavonoids and phenolic metabolites such as caffeoylquinic derivatives which are 727 known to be effective as antioxidants with different mechanisms ranging from the radical scavenging to the metal chelating properties. <sup>[177, 178]</sup> However, the lack of an extensive 728 phytochemical background that explains the associated biological properties is a massive 729 problem. Nowadays, in our opinion, it is no longer sufficient to say that one extract possesses 730 731 a biological activity without giving information about its phytochemical pattern. In addition, it is not even sufficient to only establish the presence of some classes of natural compounds which 732 may provide a hint but not the total explanation. More importantly, when considering that in a 733 number of cases, the whole phytocomplex or some of its constituents, have a synergistic 734 735 bioactivity. This can actually be another research line especially in relation to Bunium species.

736

#### 737 7. Conclusions

In this review article, the chemical compositions of the EOs and non-volatile compounds of 739 different Bunium species have been integrated and discussed. The chemotaxonomy of the genus 740 is perfectly in accordance with the current phytochemical classification of the Apiaceae family 741 for all the studied species. It is obviously important that further studies will be conducted also 742 on those species of the genus with uncertain classification. Bunium species are widely used in 743 the folklore medicine of several areas of the world and are able to exert a myriad of 744 pharmacological activities as shown in this review article. However, it should be underlined 745 746 that not all the Bunium species have been studied for many of their aspects and not all the possible explanations have been given. Therefore, this review article also means to encourage 747 the phytochemical, chemotaxonomic, ethnobotanical and pharmacological studies on these 748 749 species given their high potentialities and their unexplored aspects.

750

#### 751 'Author Contribution Statement'

M. Mohammadhosseini generated the concept, wrote and edited the whole article. C. Frezza
wrote the phytochemistry section. A. Venditti wrote the chemotaxonomy section. S.D. Sarker
helped with the prepartion of the manuscript, and edited the article.

755

#### 756 **'Twitter text'**

757

A systematic review on phytochemistry, ethnobotany and biological activities of the genus *Bunium* L. by M. Mohammadhosseini et al., Shahrood Branch, Islamic Azad University, Iran
(without Account)

761

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