

Diastolic delta best predicts paravalvular regurgitation after transcatheter aortic valve replacement as assessed by cardiac magnetic resonance: the APPOSE trial

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Aims

Paravalvular regurgitation (PVR) is a common complication after transcatheter aortic valve replacement (TAVR) that poses an increased risk of rehospitalization for heart failure and mortality. The aim of this study was to assess the accuracy of haemodynamic indices to predict relevant PVR.

Methods and results

In this prospective single-centre clinical trial, four haemodynamic indices of PVR measured during TAVR were assessed for their correlation with gold standard cardiac magnetic resonance (CMR)-derived regurgitant fraction (CMR-RF) at 1 month follow-up: diastolic delta (DD), heart rate-adjusted diastolic delta (HR-DD), aortic regurgitation index (ARI), and aortic regurgitation index ratio (ARI ratio). These haemodynamic indices were analysed for their ability to predict relevant PVR (defined as CMR-RF > 20%) using receiver operating characteristic (ROC) curves with corresponding area under the ROC curves (AUCs). A total of 77 patients were included and had CMR performed 41 ± 14 days after TAVR. Mean CMR-RF was $12.4 \pm 9.3\%$. Fifteen (19.5%) patients had CMR-RF > 20%. DD had the best correlation with CMR-RF and the highest AUC to predict relevant PVR (0.82; 95% CI, 0.72–0.92), followed by HR-DD (AUC 0.78; 95% CI, 0.67–0.89), ARI (AUC 0.78; 95% CI, 0.66–0.89), and ARI ratio (AUC 0.65; 95% CI, 0.49–0.81). The optimal cut-off value for DD was 32 mmHg, with sensitivity of 69% and specificity of 77% in predicting relevant PVR.

Conclusion

DD measured during TAVR best predicts relevant PVR. Correction for heart rate (HR-DD) or systolic blood pressure (ARI, ARI ratio) did not improve this predictive value.

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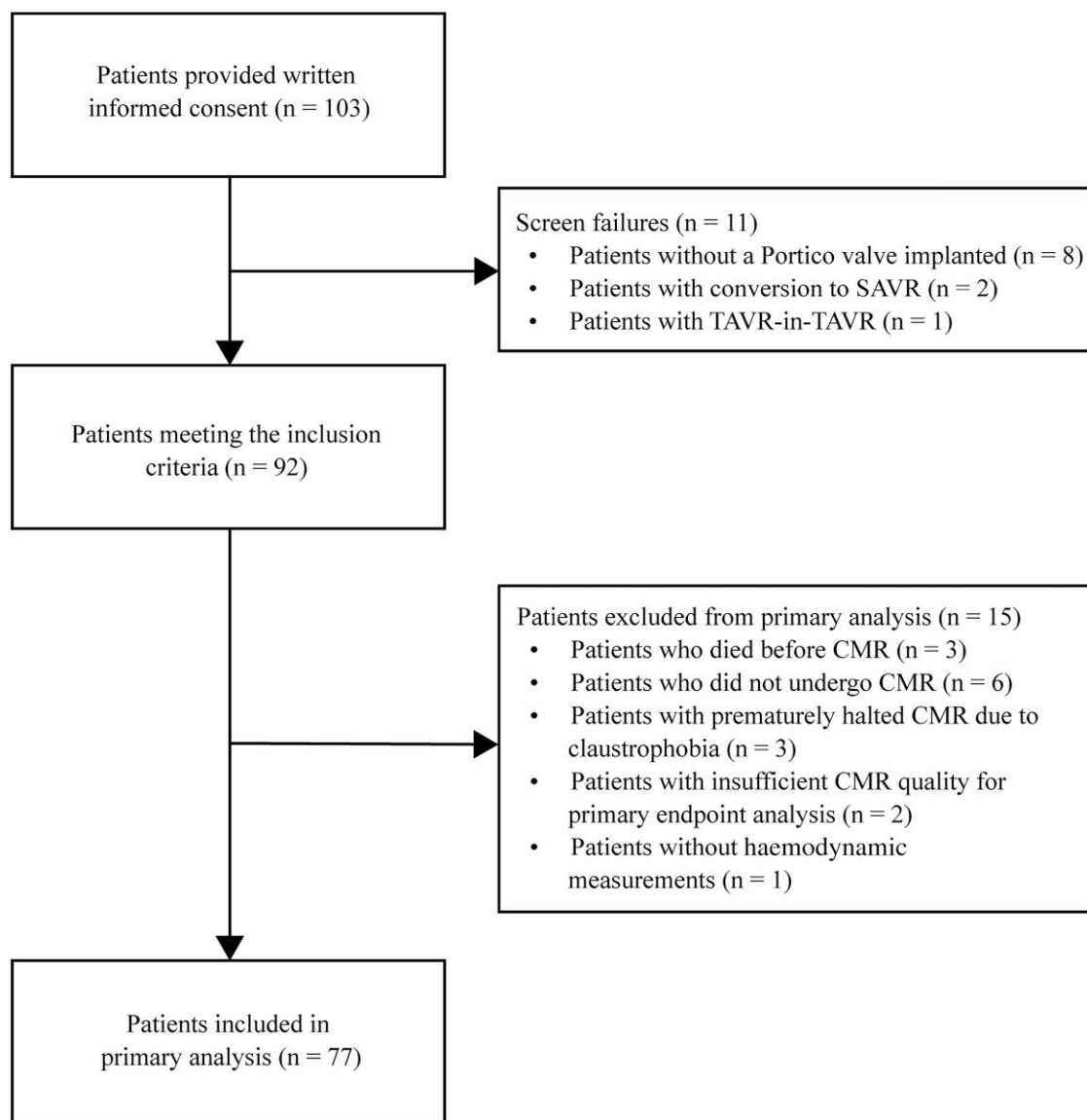


Figure 1 Study flowchart. CMR, cardiac magnetic resonance; SAVR, surgical aortic valve replacement; TAVR, transcatheter aortic valve replacement.

were compared using Student's *t*-test or Mann–Whitney *U* test, depending on normal distribution.

Correlation analysis was performed between the haemodynamic indices (DD, HR-DD, ARI, and ARI ratio) and CMR-RF, using Pearson's correlation coefficient. Receiver operating characteristic (ROC) analyses were performed to assess the predictive value of the haemodynamic indices for CMR-RF > 20%. To allow ROC analysis, the continuous CMR-RF was dichotomized to CMR-RF > 20% and CMR-RF ≤ 20%.¹⁸ The area under the ROC curve (AUC) was used to quantify diagnostic performance of the haemodynamic indices, which were subsequently compared using DeLong's test for correlated AUCs.²¹ Optimal cut-offs for all indices were defined as the cut-off value of the index at which the sensitivity (SE) and specificity (SP) curves intersect. When a higher SP was possible with the SE corresponding to the point of intersection, or vice versa, that cut-off value was chosen. Analyses were performed in SPSS Statistics (version 25.0.0.1, IBM Corporation, Armonk, NY, USA) and R (version 4.1.2, R Foundation for Statistical Computing, Vienna, Austria).

Results

Baseline characteristics

Between November 2019 and October 2021, 103 consecutive patients who were accepted for TAVR provided written informed consent for the study. After exclusion of patients denoted as screen failure ($n=11$) and patients without a complete CMR evaluation ($n=15$), we examined a total of 77 patients (Figure 1). Baseline characteristics for patients with either CMR-RF > 20% or CMR-RF ≤ 20% are shown in Table 1. Mean age was 80.4 ± 5.1 years and 46.8% of patients were men. Median New York Heart Association (NYHA) function class was II, with 39.0% of patients being in NYHA class III or IV. Mean Society of Thoracic Surgeons (STS) and European System for Cardiac Operative Risk Evaluation (EuroSCORE) II were 2.38 ± 0.96 and 2.53 ± 1.63 , respectively. Mean LVEF was $54.2 \pm 8.4\%$, with a mean aortic valve area (AVA) and aortic valve mean gradient of 0.79 ± 0.18 cm² and

Table 1 Baseline characteristics

	Study population (n = 77)	CMR-RF ≤ 20% (n = 62)	CMR-RF > 20% (n = 15)	P value
Demographics				
Age, years	80.4 ± 5.1	80.5 ± 5.0	80.4 ± 5.9	0.972
Male sex, n (%)	36 (46.8)	27 (43.5)	9 (60)	0.252
Body mass index (BMI), kg/m ²	27.3 ± 4.0	27.1 ± 4.0	28.1 ± 4.1	0.402
Obesity, n (%)	17 (22.1)	12 (19.4)	5 (33.3)	0.300
Smoker, n (%)	5 (6.5)	3 (4.8)	2 (13.3)	0.249
Medical history				
STS score	2.38 ± 0.96	2.38 ± 0.93	2.35 ± 1.11	0.893
NYHA class	2 [2–3]	2 [2–3]	2 [2–3]	0.928
NYHA class III/IV, n (%)	30 (39.0)	24 (38.8)	6 (40.0)	0.927
Diabetes mellitus, n (%)	20 (26.0)	13 (21.0)	7 (46.7)	0.054
Coronary artery disease, n (%)	41 (53.2)	33 (53.2)	8 (53.3)	0.994
COPD, n (%)	10 (13.0)	8 (12.9)	2 (13.3)	1.000
Atrial fibrillation, n (%)	17 (22.1)	14 (22.6)	3 (20.0)	1.000
MDRD-GFR, mL/min	64.8 ± 17.5	66.7 ± 17.0	57.0 ± 17.8	0.053
Haemoglobin level, mmol/L	7.9 ± 0.9	8.0 ± 0.9	7.6 ± 1.0	0.122
Pre-procedural echocardiographic parameters				
Aortic valve area, cm ²	0.79 ± 0.18	0.78 ± 0.19	0.80 ± 0.11	0.794
Aortic valve mean gradient, mmHg	45.2 ± 12.4	44.9 ± 11.6	46.5 ± 15.7	0.642
Aortic valve maximum velocity, m/s	4.3 ± 0.6	4.3 ± 0.6	4.3 ± 0.6	0.583
Left ventricular ejection fraction, %	54.2 ± 8.4	54.8 ± 8.3	51.7 ± 8.4	0.203
Moderate or severe aortic regurgitation, n (%)	7 (9.1)	6 (9.7)	1 (6.7)	1.000

Data are presented as mean ± standard deviation, median [interquartile range], or as number (%).

CMR-RF, cardiac magnetic resonance-regurgitant fraction; COPD, chronic obstructive pulmonary disease; MDRD-GFR, Modification of Diet in Renal Disease—glomerular filtration rate; NYHA, New York Heart Association; STS, Society of Thoracic Surgeons.

45.2 ± 12.4 mmHg, respectively. No significant differences were found in baseline characteristics between patients with either CMR-RF > 20% or CMR-RF ≤ 20%.

Procedural characteristics and clinical outcomes

Details of the procedural characteristics and clinical outcomes are provided in Table 2. A total of 17 (22.1%) TAVR procedures were performed under general anaesthesia, and 60 (77.9%) patients underwent TAVR under conscious sedation. In 70 (90.9%) patients, the transfemoral approach was used, and the transaxillary approach was used in the remaining seven (9.1%) patients. Pre-dilation was performed in 97.4% of all TAVR procedures, and post-dilation was performed in 19.5% of patients. A second valve was implanted in two (2.6%) patients due to migration of the first TAVR bioprosthesis. Median implantation depth below aortic annulus was 4 mm (IQR 4–6).

Within 30 days of the procedure, stroke/TIA occurred in three (3.9%) patients, permanent pacemaker implantation in eight (10.3%) patients, major vascular complications in two (2.6%) patients, and major bleeding complications in two (2.6%) patients. Acute kidney injury requiring temporary dialysis occurred in one (1.3%) patient. Technical success was 96.1%, and device success was 94.8%.

Haemodynamic measurements

Procedural haemodynamic measurements are presented in Table 3. Pre-implantation, mean heart rate was 67 ± 15 BPM, LVEDP was 16 ± 6 mmHg, and peak-to-peak gradient was 53 ± 17 mmHg. Mean DD was 38 ± 11 mmHg, HR-DD was 47 ± 14 mmHg/BPM, and ARI was 33 ± 9. Except for DD, all parameters changed significantly after implantation. Mean heart rate increased to 78 ± 18 BPM ($P < 0.001$), LVEDP increased to 19 ± 6 mmHg ($P = 0.010$), and peak-to-peak gradient decreased to 4 ± 3 mmHg ($P < 0.001$). HR-DD decreased to 42 ± 13 mmHg/BPM ($P = 0.001$), and ARI decreased to 29 ± 9 ($P = 0.003$). Mean ARI ratio was 0.95 ± 0.45.

Echocardiographic assessment of PVR

Mean duration between TAVR and TTE was 41 ± 14 days. TTE assessment showed none/trace PVR in 41 (53.2%) patients, mild PVR in 34 (44.2%) patients, moderate PVR in two (2.6%) patients, and no patients with severe PVR.

CMR quantification of regurgitant fraction (CMR-RF)

Mean forward volume measured with a high (≥180 cm/s) velocity ending (Venc) was 77.8 ± 19.0 mL. Mean regurgitant volume measured with a low Venc (75 cm/s) was 10.1 ± 8.5 mL, resulting in a mean

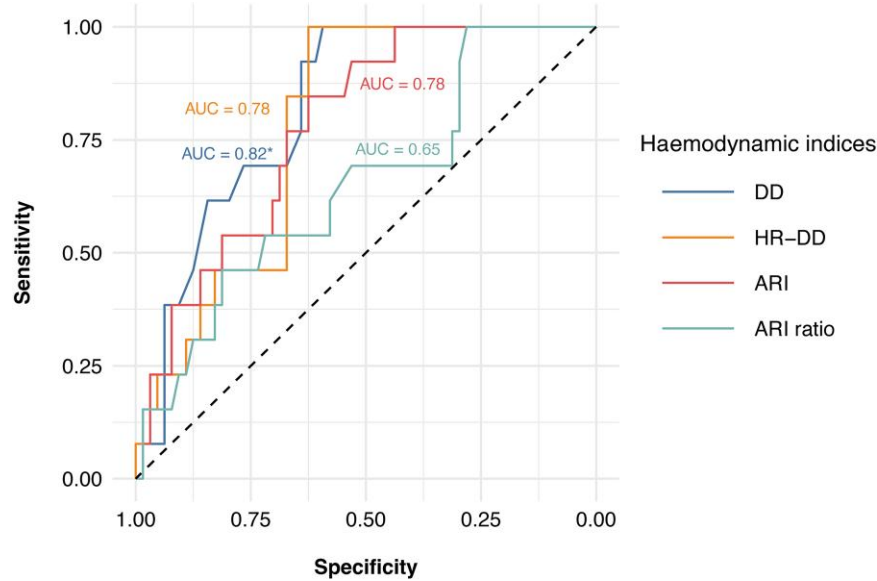


Figure 2 ROC analyses showing correlation between haemodynamic indices and relevant PVR expressed as CMR-RF > 20%. ARI, aortic regurgitation index; ARI ratio, aortic regurgitation index ratio; AUC, area under the curve; CMR-RF, cardiac magnetic resonance-regurgitant fraction; DD, diastolic delta; HR-DD, heart rate-adjusted diastolic delta; PVR, paravalvular regurgitation; Venc, velocity encoding. Asterisk (*) indicates statistically significant difference between AUCs of DD and ARI ratio ($P = 0.01$).

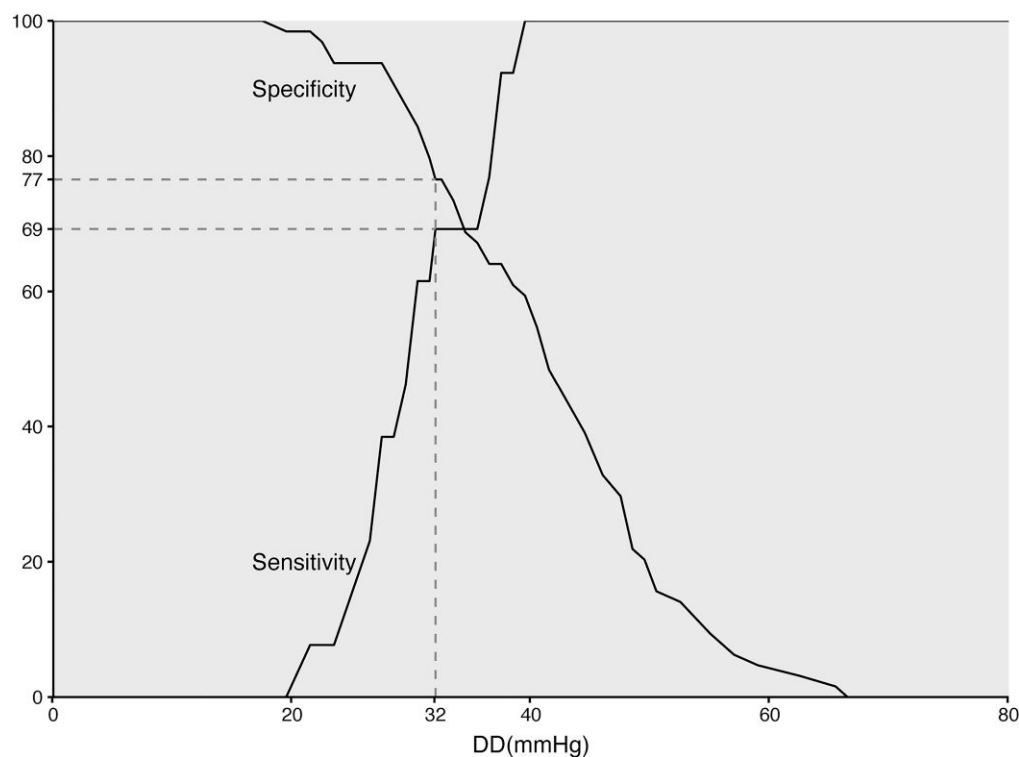


Figure 3 Sensitivity and specificity curves of DD to detect relevant PVR expressed as CMR-RF > 20%. CMR-RF, cardiac magnetic resonance-regurgitant fraction; DD, diastolic delta; PVR, paravalvular regurgitation.

should be left to the treating physician, also considering the risks of additional post-dilation. Future studies need to validate such an approach.

HR-DD, ARI, and ARI ratio had lower AUCs than DD, with a significantly lower AUC for ARI ratio than for DD. The aforementioned parameters are derivatives of DD, necessitating an additional calculation compared with the DD. In other words, our findings suggest that the most simple and most readily available haemodynamic index yields the highest accuracy to predict CMR-RF > 20%.

Besides the four haemodynamic indices assessed in this study, additional haemodynamic parameters for assessment of PVR have been addressed in literature. Integration of the systolic and diastolic time components during measurement of the ARI has resulted in the time-integrated aortic regurgitation index (TIARI), which shows a higher AUC compared with the ARI,³⁸ and can be useful to guide BPD after valve deployment.³⁹ Dividing the area between aortic and left ventricular pressure-time curves by the duration of diastole generates the diastolic pressure-time index (DPTI). When DPTI is divided by the systolic blood pressure and multiplied by 100, the DPTI adjusted is obtained, which could be considered to differentiate between relevant and non-relevant PVR after TAVR.⁴⁰ However, since both the TIARI and DPTI are time-integrated measures that are not readily available during TAVR procedure, we did not integrate these in the present study.

Future perspectives

Future studies need to be conducted to prospectively assess the newly proposed cut-offs for the haemodynamic parameters described in our study. The DD in particular can be used to aid peri-procedural decision-making. Furthermore, videodensitometry has emerged as a complementary modality for grading PVR. This technique shows a high correlation with CMR-RF and can be used both offline and online.^{41,42}

Limitations

This trial has some limitations. First, the use of CMR might have led to selection bias whereby patients with an overall impaired health status could tend to decline participation in this study. Second, assessment of the accuracy of haemodynamic indices to predict a CMR-RF \geq 30% was prohibited due to the limited number of patients in this group. Third, this study is solely performed with the self-expanding Abbott Portico bioprosthesis; therefore, the results are not directly applicable to other types of TAVR devices.

Conclusion

In conclusion, we have demonstrated that the diastolic delta has the highest predictive value for the occurrence of relevant PVR (defined as CMR-RF > 20%) 1 month after TAVR. Routine assessment of this readily available haemodynamic parameter should be encouraged.

Supplementary data

Supplementary data are available at *European Heart Journal—Cardiovascular Imaging* online.

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Conflict of interest: M.J.P.R., N.A.S., K.v.d.W., L.R., H.G., L.A.F.M.v.G., G.S.C.G., M.W.A.V., J.H., S.E.M., and D.H.J.T. do not have potential conflicts

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Data availability

The data underlying this article will be shared on reasonable request to the corresponding author.

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