

Plant-based medicine

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It's just a plant!
I'm sorry you hate the smell.
I need it to stop my seizures,
reduce my pain and help me sleep well.

It's just a plant!
No, not 'only CBD' -
you can buy that in the health food shop,
I'm talking cannabis flower, with THC.

It's just a plant!
Why don't people know the law?
Legally prescribed since 2018 -
Even the police seem unsure.

It's just a plant!
And still you judge me,
challenge me in public spaces -
You're not helping my anxiety.

It's just a plant!
I want access legally,
but I can't afford a private clinic
and the NHS won't prescribe for free.

It's just a plant!
Grow it? I'll do my best,
No different from tomatoes -
with the added risk of arrest.

It's more than a plant.
It's a miracle, really.
Gave life to my child,
Gave hope to me.