

Obesity rise plateaus in developed nations and accelerates in developing nations

<https://doi.org/10.1038/s41586-026-10383-0>

NCD Risk Factor Collaboration (NCD-RisC)*

Received: 7 August 2025

Accepted: 5 March 2026

Published online: 13 May 2026

Open access

 Check for updates

Global reporting of obesity is commonly based on comparisons over multiple decades¹ and lacks a granular and systematic analysis of its dynamics. We used 4,050 population-based studies with measured height and weight data on 232 million participants to assess the worldwide dynamics of obesity from 1980 to 2024. The rise in obesity decelerated in school-aged children and adolescents throughout the 1990s in many high-income countries, and subsequently plateaued in most at age-standardized prevalences spanning 20 percentage points, from 3–4% for girls in Japan, Denmark and France to 23% for boys in the USA. There were indications of a small decline in obesity in children and adolescents in some high-income western countries (for example, Italy, Portugal and France) since the 2000s. Similar trends were seen in some countries in Central and Eastern Europe. In adults, the rise in obesity slowed down in high-income western countries about a decade after children, followed by a plateau or possibly a small reversal of the rise in some countries (for example, Spain). In most low-income and middle-income countries, the annual absolute change in prevalence has remained stable or increased over time, even though prevalence has surpassed that of high-income countries. These highly varied dynamics suggest that the social, economic and technological trends that influence the availability, affordability and use of different foods may have helped control the rise in obesity in high-income countries, but require policy interventions in low-income and middle-income countries.

Obesity increases the risk of cardiovascular, renal, liver and respiratory diseases, musculoskeletal and neuropsychiatric disorders, diabetes, some cancers, adverse reproductive and obstetric outcomes, and severe COVID-19. Obesity is currently more prevalent than in the late twentieth century¹, and since the 1990s, the term ‘epidemic’ has been used to describe its rise^{2,3}.

Change in the prevalence of obesity in a population is driven by changes in height and weight, which themselves result from the quantity and quality of nutrition, the living environment and physical activity. These determinants of obesity vary across countries and change over time owing to changes in food production, processing, storage and transportation technologies that affect the availability and cost of various foods; economic resources of countries and households; social norms and knowledge; corporate and commercial practices; and fiscal and regulatory policies that affect food price and availability^{1,4–13}. Despite these dynamics, global reporting of obesity has typically compared prevalence over decades and has not systematically evaluated the trajectory of obesity in a population at more granular timescales¹. Rather, descriptions of how obesity trends evolve over time in different countries have been largely qualitative¹⁴.

The multi-decadal timeline limits our ability to benchmark the long-term and recent performance of countries in controlling obesity, to set priorities for nutrition and public health programmes and policies, to provide access to health care such as weight loss medications or bariatric surgery, and to assess the impacts of these policies

and programmes. To systematically and consistently investigate the dynamics of obesity in different countries, we analysed its velocity, calculated as the annual absolute change in prevalence and reported in percentage points per year. Positive velocity indicates an increase in prevalence, and negative velocity a decrease. We report velocity from 1980 to 2024 for school-aged children and adolescents (5–19 years of age) and adults (20 years of age and older). We analysed children and adolescents separately from adults because cut-offs for underweight and obesity differ between them and because obesity trends and dynamics may differ between school ages and adulthood¹.

To estimate velocity and characterize the dynamics of the obesity epidemic, we used 4,050 population-based studies that measured height and weight in 232 million participants 5 years of age and older (Supplementary Tables 1 and 2 and Supplementary Figs. 1 and 2). We used these data to calculate body-mass index (BMI), which was then used in a Bayesian hierarchical meta-regression model to estimate the prevalence of obesity from 1980 to 2024 in 200 countries and territories (referred to as countries hereafter). Obesity was defined as BMI $\geq 30 \text{ kg m}^{-2}$ for adults and BMI $> 2 \text{ s.d.}$ above the median of the WHO growth reference for children and adolescents. We calculated velocity as the annual absolute change in the estimated prevalence. We also used dimensionality reduction and clustering techniques to identify phenotypes of national obesity trajectories, defined as clusters of countries with similar estimated obesity prevalence time trends over the 45 years of analysis. Details of data and methodology are provided in Methods.

*A list of authors and their affiliations appears online.

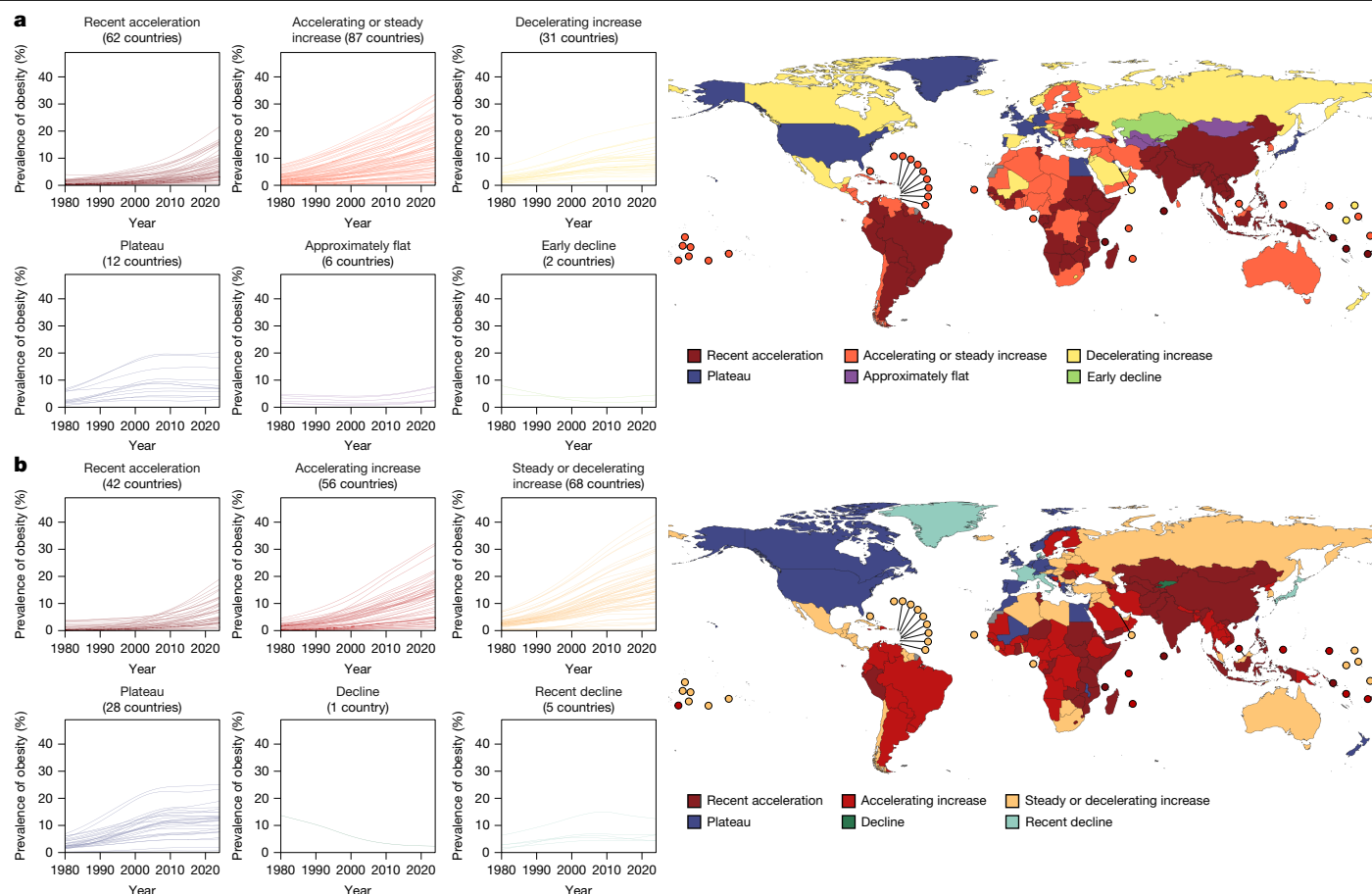


Fig. 1 | Phenotypes of national obesity trajectories in children and adolescents. a, b. Time-series plots of age-standardized obesity prevalence (left) and cluster allocation of these trends by country (right) for girls (**a**) and boys (**b**) from 1980 to 2024. Each panel represents a cluster of countries with similar shapes of obesity prevalence time series, and is labelled with its

typology of trend. Each line on the plots represents obesity prevalence over time in one country. The maps display countries coloured according to their cluster allocation. See Extended Data Figs. 1 and 2 for allocation of countries in each super-region to clusters. See Supplementary Fig. 3 for trends in age-standardized obesity prevalence by country.

Children and adolescents

From 1980 to 2024, age-standardized prevalence of obesity increased with a posterior probability (PP) > 0.80 in all but 5 of 200 countries for girls, and all but 2 of 200 countries for boys. The countries that did not experience an increase were in Central Asia plus France for boys. The increase in obesity over these 45 years ranged from 0.6 to 27 percentage points among girls, and from 0.4 to 35 percentage points among boys. National obesity trajectories had highly heterogeneous dynamics during this period.

In most high-income western countries (that is, high-income countries in Western Europe, North America and Australasia), as well as in Japan and Taiwan, the rise in obesity prevalence among school-aged children and adolescents predominantly occurred before the beginning of the millennium; this rising trend has slowed down, plateaued or may have even reversed slightly since then (Figs. 1 and 2 and Extended Data Figs. 1 and 2). The earliest slowdown occurred around 1990 in Denmark for both sexes, followed by some other Northwestern European countries including Iceland, Switzerland, Belgium and Germany through the 1990s (Fig. 2). By the mid-2000s, obesity prevalence among school-aged children and adolescents started to stabilize in most high-income countries, and may have even started to decline in some. In 2024, the velocity of obesity was below 0.25 percentage points per year in most of these countries and may have become negative in some (for example, Italy, Portugal and France). The negative velocities had magnitudes smaller than 0.15 percentage points per

year. These small velocities, including all the negative velocities, were indistinguishable from zero at a PP of 0.80 (Figs. 2 and 3 and Extended Data Figs. 3 and 4). Beyond this plateauing, in some high-income countries, such as France, the Netherlands, Switzerland and Japan, velocity remained low (less than 0.2 percentage points per year) over the entire 45-year period. The exceptions to this plateauing and reversal in high-income western countries were among girls and boys in Australia, Finland and Sweden, where the prevalence of obesity increased steadily or even accelerated.

Slowdowns or plateaus in the rise of obesity among school-aged children and adolescents also occurred in some countries in Central and Eastern Europe (for example, Croatia and Slovenia for both sexes and Czechia and Montenegro for boys) and in some middle-income countries where obesity prevalence in school ages was relatively high (for example, Mexico and Kuwait). In most of these countries, the slowdown of the rise in prevalence started in the 2000s, about a decade after the slowdown began in high-income western countries (Fig. 2). Furthermore, in some countries in Central Asia, such as Kyrgyzstan and Kazakhstan, school-aged children and adolescents, especially girls, did not experience the rise in obesity seen elsewhere throughout these four decades, or for parts of it experienced a decline (Fig. 1).

The plateauing and any possible reversal of the rise in obesity in children and adolescents happened at vastly different prevalences across countries. In many high-income countries in Western Europe and Japan, age-standardized prevalence plateaued below 10% in school ages. For example, obesity prevalence has had near-zero or negative

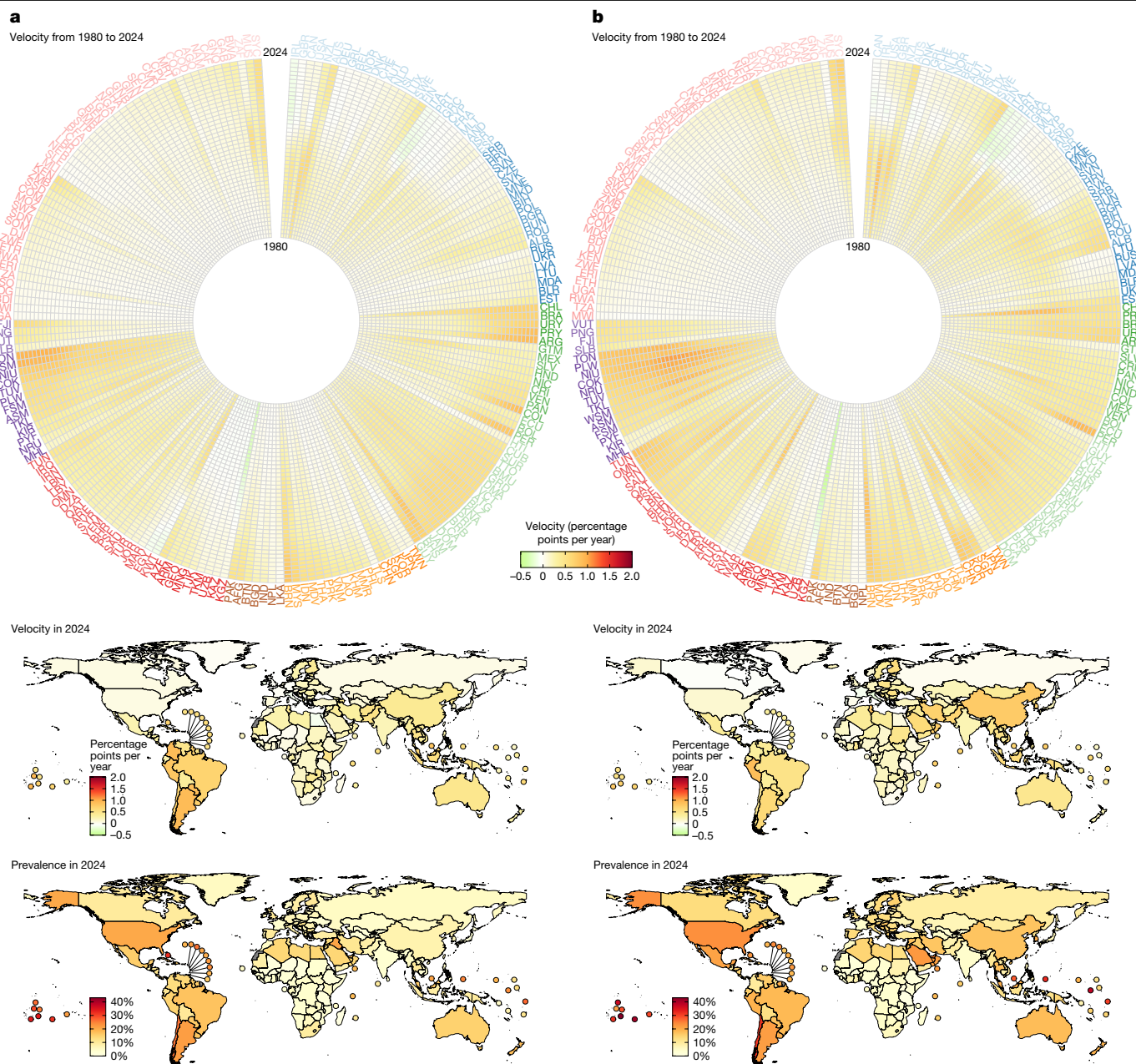


Fig. 2 | Velocity and prevalence of obesity in children and adolescents. **a,b**, Velocity and prevalence of obesity in girls (**a**) and boys (**b**). The circular wheel plots show the year-on-year velocity of obesity from 1980 to 2024 by country. Each cell represents the velocity in one year. A positive velocity (red) indicates a year-on-year increase in obesity prevalence, whereas a negative (green) velocity indicates a year-on-year decrease. Years when no change in obesity was observed are coloured in white. Countries are labelled by their International Organization for Standardization (ISO) 3166-1 alpha-3 codes (Supplementary Note 1) and coloured by super-region. Countries are ordered

velocity for at least the past decade at an age-standardized prevalence of 3–6% in Japan, France, Denmark and the Netherlands for one or both sexes. Elsewhere, obesity plateaued at higher endemic prevalences. For example, the velocity of obesity was indistinguishable from zero for at least the past 10 years at a PP of 0.80 among girls and boys in Kuwait and the USA, and among boys in New Zealand, where the prevalence of obesity was 19–25%, much higher than in the aforementioned countries in Western Europe (Figs. 2 and 3).

Contrasting with these plateaus and reversals, the prevalence of obesity in children and adolescents increased steadily or accelerated

by increasing 2024 velocity within each region. The top maps show the velocity of obesity in 2024 in each country, following the same colour scheme as the velocity wheel plots, and the bottom maps show the age-standardized prevalence of obesity in 2024. See Extended Data Fig. 3 for velocity of obesity in 2024 and its uncertainty by country, Extended Data Fig. 4 for a map of PP that velocity of obesity was positive in 2024, Supplementary Fig. 3 for trends in the prevalence of obesity by country and Supplementary Fig. 5 for trends in the velocity of obesity by country.

in most low-income and middle-income countries in Asia, Africa, Latin America, and Caribbean and Pacific Island nations (Figs. 1 and 2 and Extended Data Figs. 1 and 2). The velocity of obesity was higher in 2024 than in any other year since 1980 for girls in 110 of 200 countries and boys in 91 of 200 countries, the majority of which were in low-income and middle-income regions (Fig. 2). This steady or accelerating increase occurred both where prevalence is still low, such as in countries in East Africa (for example, Tanzania, Rwanda and Ethiopia) and South Asia (for example, Nepal and Bangladesh), and where prevalence has already increased to higher levels, in some Caribbean and Pacific Island

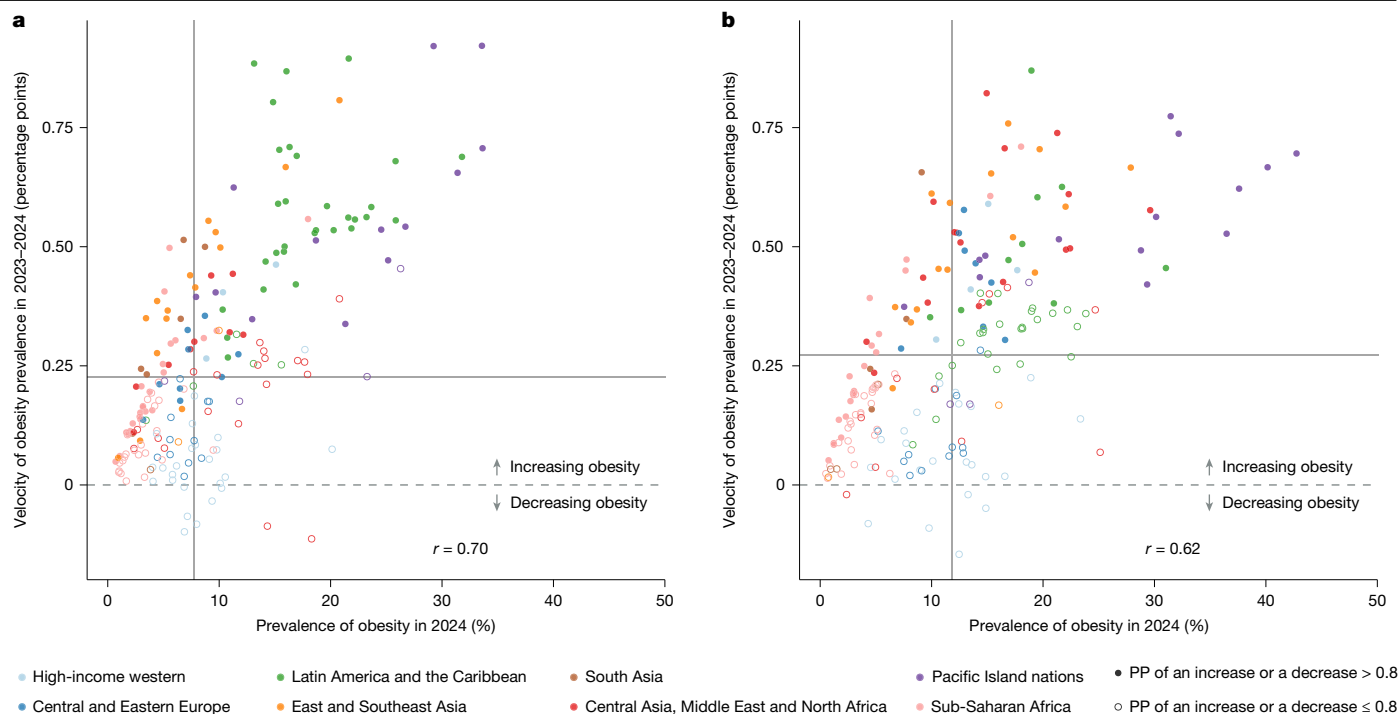


Fig. 3 | Velocity and prevalence of obesity in 2024 for children and adolescents. a, b, Velocity of obesity in relation to age-standardized prevalence of obesity in 2024 for girls (**a**) and boys (**b**). Each point shows one country,

coloured by its super-region. The solid grey lines show the sex-specific median national prevalence and velocity of obesity in 2024.

nations (for example, Niue and the Bahamas) and some countries in the Middle East and North Africa (for example, Saudi Arabia, Qatar and Oman), Southeast Asia (for example, Brunei and Malaysia) and Latin America (for example, Chile).

There was a positive correlation between prevalence and velocity in 2024 (correlation coefficient = 0.70 for girls and 0.62 for boys), indicating that prevalence continues to grow in low-income and middle-income countries where it is already high. In 2024, obesity prevalence had a velocity of more than 0.5 percentage points per year with a PP > 0.80 in 36 countries for girls and in 35 countries for boys, with the highest velocities observed among girls in Tonga and Samoa and among boys in Peru (0.9 percentage points per year; Figs. 2 and 3 and Extended Data Figs. 3 and 4). Countries with velocity greater than 0.5 percentage points per year were in Latin America and the Caribbean, Pacific Island nations, some countries in South and Southeast Asia and sub-Saharan Africa for both sexes, and in East Asia and the Middle East and North Africa for boys. The only high-income western country with a velocity above this threshold was Finland for boys. The rise in obesity in all 36 countries in this group for girls and in 24 of the 35 countries for boys was classified as accelerating.

Adults

From 1980 to 2024, age-standardized prevalence of obesity in women increased with a PP > 0.80 in 183 countries. The remaining 17 countries, where prevalence either did not change at a PP of at least 0.80 or decreased slightly with a PP > 0.80, were all in Europe. Among men, obesity increased in all countries with a PP > 0.80. In countries where prevalence increased with a PP > 0.80, the magnitude of the increase ranged from 2 to 43 percentage points for women, and from 1 to 36 percentage points for men. National obesity trajectories among adults had highly heterogeneous dynamics during this 45-year period, as was also the case for children and adolescents.

In most high-income western countries, the prevalence of obesity among adults was increasing with a PP > 0.80 in 1980 but the rise

decelerated or plateaued around or after 2000, and may have even reversed slightly in some (Figs. 4 and 5 and Extended Data Figs. 5 and 6). The deceleration and plateauing among adults began later than in children and adolescents in most countries and typically occurred among women before men. By 2024, most of these countries exhibited small velocities indistinguishable from zero at a PP of 0.80 (Figs. 5 and 6 and Extended Data Figs. 7 and 8). In some countries (Spain and Italy for both sexes and France for women), velocity had become negative, that is, obesity was declining, with PP > 0.80; the negative velocities had magnitudes smaller than 0.5 percentage points per year. However, in some high-income countries, plateaus and reversals did not occur and the increase in obesity prevalence was either steady or accelerated, such as among both sexes in Finland, and among women in Norway and Belgium. Despite the acceleration, the velocity of obesity remained below 0.5 percentage points per year in these countries.

Slowdowns or plateaus of the rise in adult obesity for one or both sexes also happened in two other groups of countries. In the first group, obesity prevalence reached high levels, exceeding 40% in some cases, before a slowdown in the rise or plateau occurred. This group included some Caribbean (for example, the Bahamas) and Pacific (for example, American Samoa and Kiribati) Island nations and some countries in the Middle East and North Africa (for example, Kuwait, Jordan and United Arab Emirates). In the second group, obesity prevalence plateaued at lower levels than in the first group. This group included some countries in Central and Eastern Europe (for example, Poland and Estonia) and for men in sub-Saharan Africa (Cameroon, Ghana, Sierra Leone and South Africa). In addition, women in some Central and Eastern European countries (for example, Czechia and Russia) did not experience a rise in obesity throughout these 45 years at a PP of 0.80, and velocity remained below 0.25 percentage points per year. Unlike high-income countries, where the slowdown or plateau in adult obesity followed that of children and adolescents, most of these countries saw a slowdown or plateau of the rise in adult obesity before or in the absence of slowdown of the rise in obesity among children and adolescents (Figs. 2 and 5).

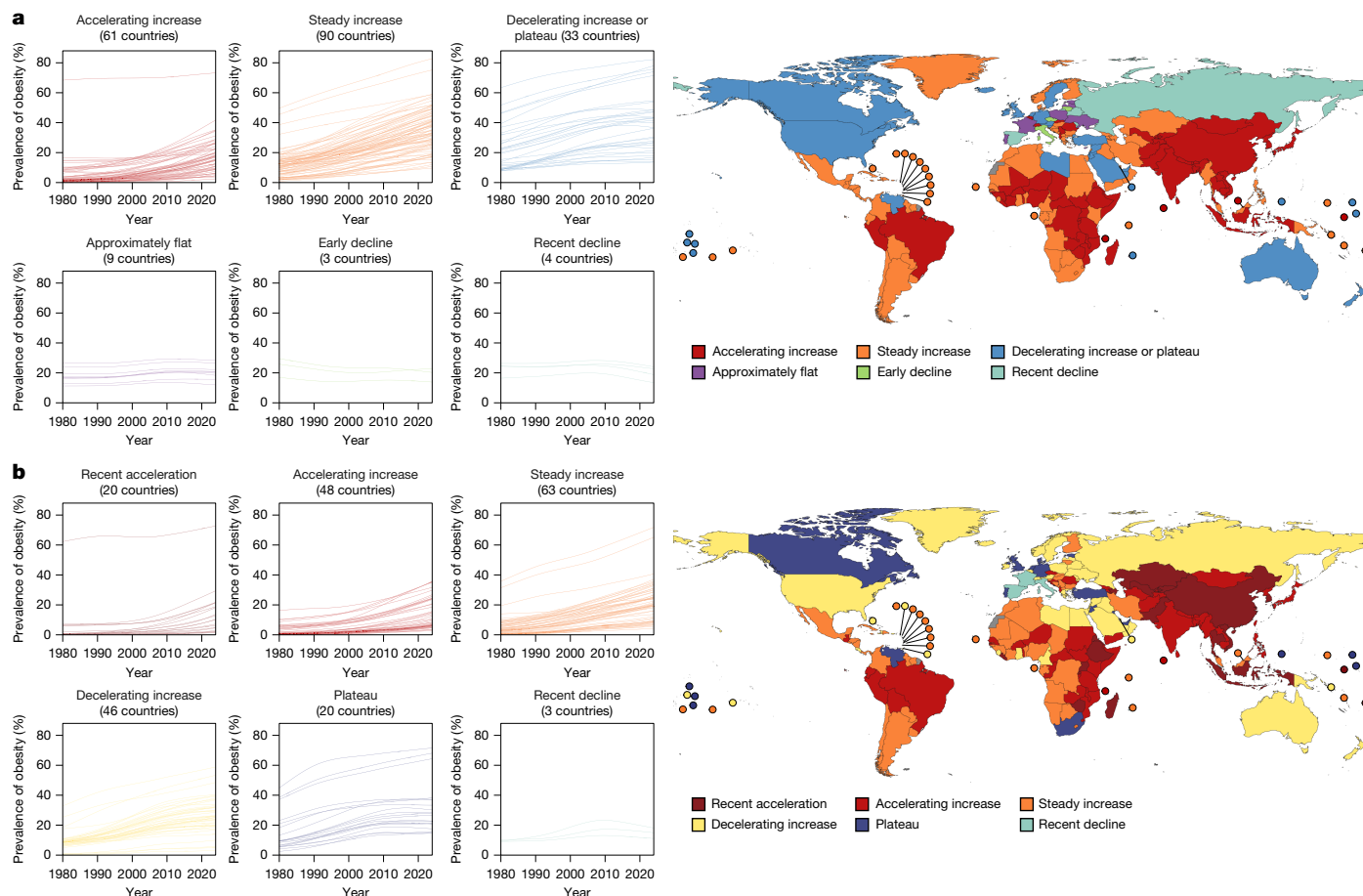


Fig. 4 | Phenotypes of national obesity trajectories in adults. a, b, Time-series plots of age-standardized obesity prevalence (left) and cluster allocation of these trends by country (right) for women (**a**) and men (**b**) from 1980 to 2024. Each panel represents a cluster of countries with similar shapes of obesity prevalence time series, and is labelled with its typology of trend. Each line on

the plots represents obesity prevalence over time in one country. The maps display countries coloured according to their cluster allocation. See Extended Data Figs. 5 and 6 for allocation of countries in each super-region to clusters and Supplementary Fig. 4 for trends in age-standardized obesity prevalence by country.

The deceleration, plateauing and reversal of the rise in adult obesity, where it occurred, also happened at a wide range of prevalences. In high-income countries in Western Europe, the age-standardized prevalence of obesity in 2024 was typically below 25%, and as low as 11% in some countries (for example, France). By contrast, in high-income English-speaking countries such as the UK, Canada and the USA, prevalence in 2024 ranged from 25% to 43% (Fig. 6). Elsewhere, a deceleration or plateau occurred at even higher endemic levels. For example, age-standardized prevalence in 2024 ranged from 40% to 50% in some countries in the Middle East and North Africa, and from 50% to 80% in some Pacific Island nations where obesity decelerated or plateaued.

Contrasting with these decelerations, plateaus and reversals, the rise in adult obesity was steady or accelerated throughout these 45 years in the majority of low-income and middle-income countries in sub-Saharan Africa, Asia and Latin America, and in some Caribbean and Pacific Island nations. Many countries in Central Europe also experienced a steady or accelerating increase in adult obesity prevalence. The velocity of obesity was greater in 2024 than in any other year over the 45-year period for women in 84 of 200 countries and for men in 109 of 200 countries; these were predominantly low-income and middle-income countries (Fig. 5). This steady or accelerating rise occurred at a wide range of prevalences (Fig. 6). At the low end, obesity prevalence was still less than 10% but accelerating in parts of South and Southeast Asia and sub-Saharan Africa, where the burden of underweight was relatively high¹. At the high end, prevalence surpassed 65% in women and men in some Pacific Island nations (for example, Tonga

and Cook Islands) and was more than 35% in many other countries in the Middle East and North Africa and Latin America and the Caribbean, with a steady or accelerating increase in prevalence.

In 2024, obesity prevalence was rising in women in 100 countries and men in 66 countries with a velocity of more than 0.5 percentage points per year and a PP > 0.80 (Figs. 5 and 6 and Extended Data Figs. 7 and 8), a larger number of countries than that crossing the same threshold for children and adolescents. The only high-income western country in this group was Finland for women. The other countries were in various low-income and middle-income regions, with sub-Saharan Africa represented more for women than men, and the opposite for Central and Eastern Europe. In 41 of these countries for women and in 29 for men, the trend in prevalence was classified as accelerating. Nonetheless, the correlation coefficient between prevalence and velocity was only 0.24 for women and 0.27 for men across all countries, smaller than for children and adolescents (Fig. 6). These weaker correlations are a result of the aforementioned dynamics, including that in some countries with high prevalence, the rise in prevalence has slowed down (for example, men in some Pacific Island nations), whereas in some with low prevalence, it is rapidly increasing (for example, in some countries in South and Southeast Asia for both sexes and in some countries in sub-Saharan Africa for women). The velocity of obesity in 2024 was more than 1.0 percentage point per year in 11 countries for one or both sexes; these were predominantly low-income and middle-income countries. Velocity in 2024 was higher among men than among women in Central and Eastern Europe, Central Asia and East Asia, whereas the

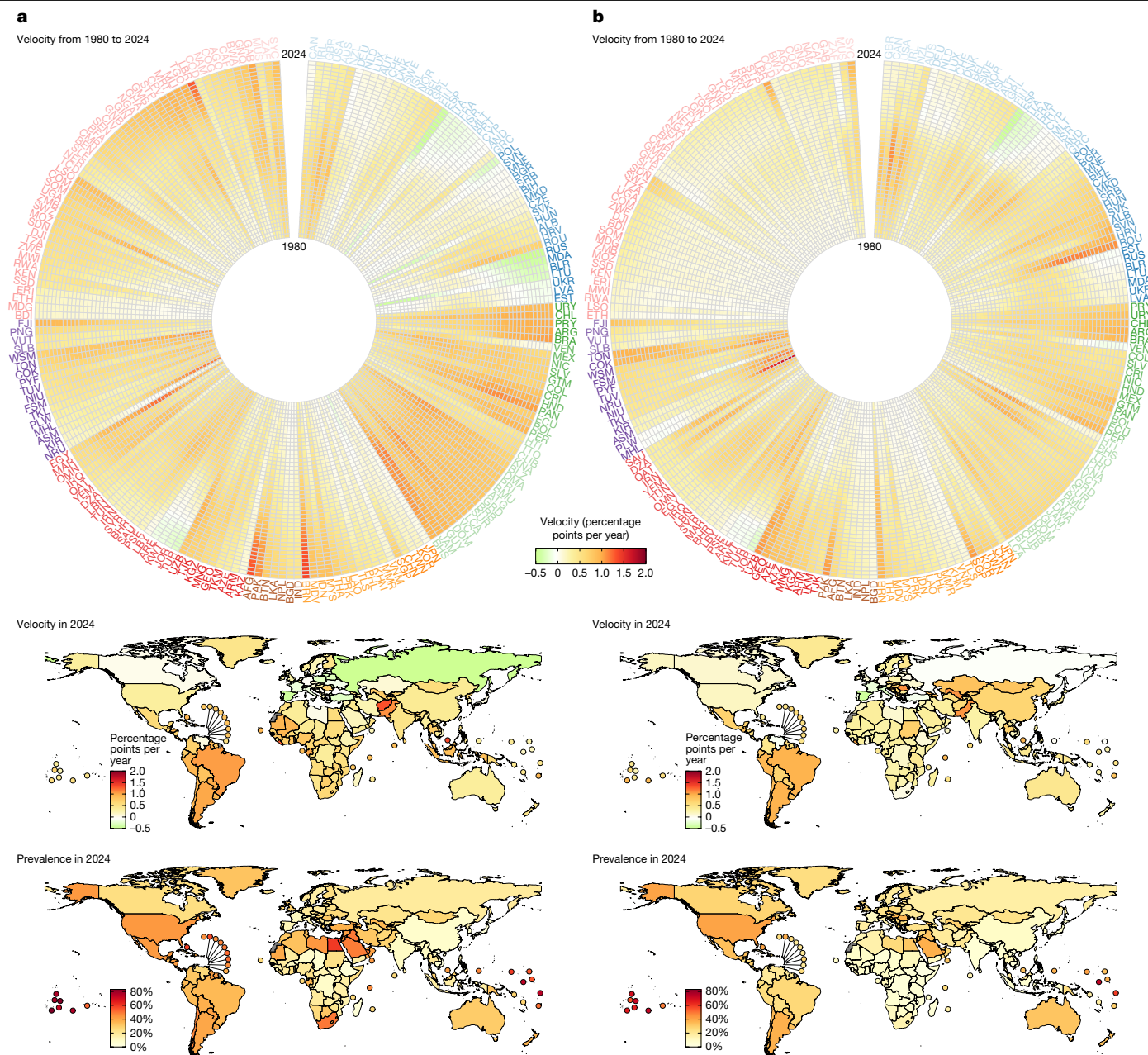


Fig. 5 | Velocity and prevalence of obesity in adults. a, b, Velocity and prevalence of obesity in women (a) and men (b). The circular wheel plots show the year-on-year velocity of obesity from 1980 to 2024 by country. Each cell represents the velocity in one year. A positive velocity (red) indicates a year-on-year increase in obesity prevalence, whereas a negative (green) velocity indicates a year-on-year decrease. Years when no change in obesity was observed are coloured in white. Countries are labelled by their ISO 3166-1 alpha-3 codes (Supplementary Note 1) and coloured by super-region. Countries are ordered

by increasing 2024 velocity within each region. The top maps show the velocity of obesity in 2024 in each country, following the same colour scheme as the velocity wheel plots, and the bottom maps show the age-standardized prevalence of obesity in 2024. See Extended Data Fig. 7 for velocity of obesity in 2024 and its uncertainty by country, Extended Data Fig. 8 for a map of PP that velocity of obesity was positive in 2024, Supplementary Fig. 4 for trends in the prevalence of obesity by country and Supplementary Fig. 6 for trends in the velocity of obesity by country.

opposite was true in South and Southeast Asia, the Caribbean and most of sub-Saharan Africa. It was similar between women and men in high-income western countries, Latin America, the Middle East and Pacific Island nations (Extended Data Fig. 9).

Strengths and limitations

Our study has strengths related to its scope, data and methods. We conducted an analysis and presentation of trends in obesity that went beyond the traditional narrative of long-term increase and systematically quantified highly heterogeneous temporal dynamics. We used a

large amount of population-based data, from countries covering more than 99% of the population of the world. We maintained a high standard of data quality through repeated checks of the study sample and characteristics, and did not use self-reported data to avoid bias. Data were analysed according to a consistent protocol. We used a statistical model that accounted for the age patterns of BMI during childhood, adolescence and adulthood. We used all available data while giving more weight to national data than to subnational and community data.

As with all global analyses, our study has limitations. Some countries had fewer data and 3 of the 200 countries (Bermuda, Djibouti and North Korea) had none; their estimates were informed to a greater

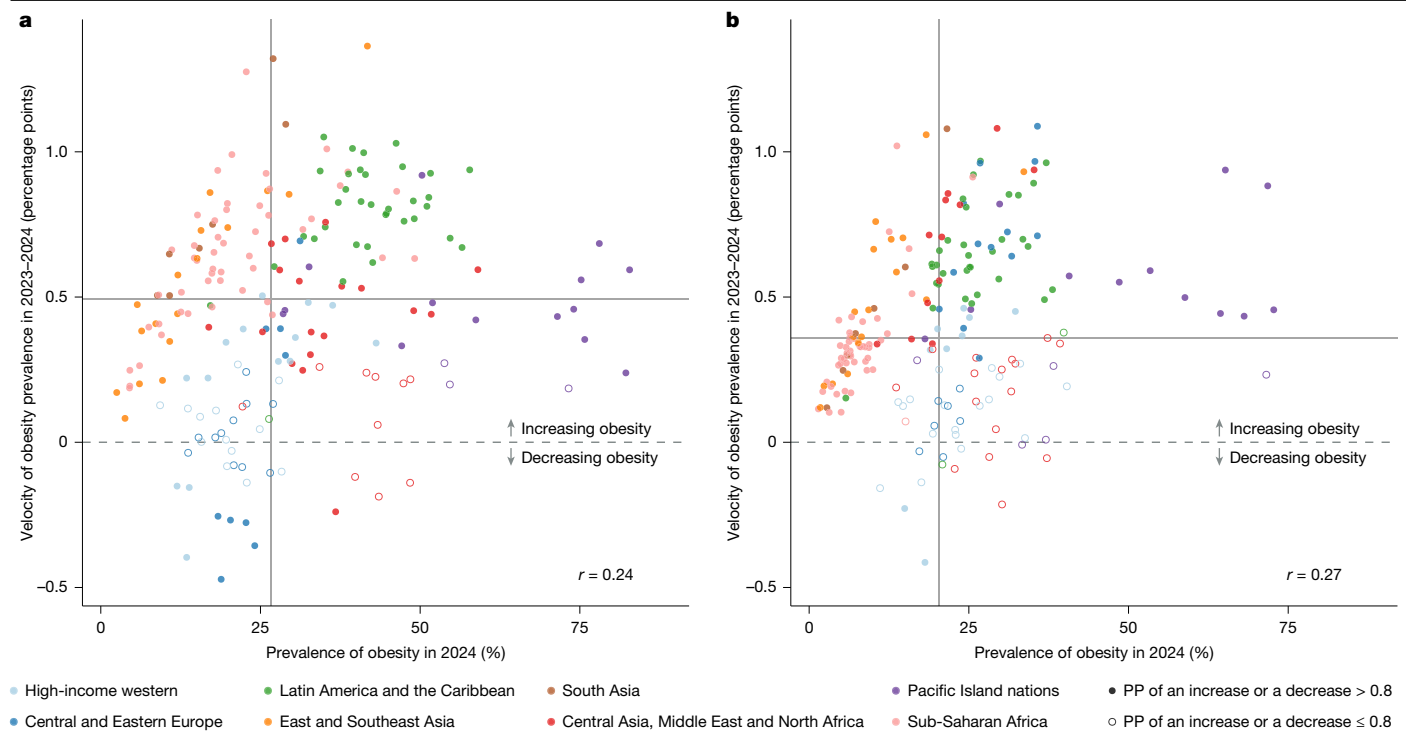


Fig. 6 | Velocity and prevalence of obesity in 2024 for adults. a, b, Velocity of obesity in relation to age-standardized prevalence of obesity in 2024 for women (a) and men (b). Each point shows one country, coloured by super-region. The solid grey lines show the sex-specific median national prevalence and velocity of obesity in 2024.

extent by data from other countries, especially those in their respective regions, through a data-driven hierarchy, which was based on geography and epidemiology. Although the cross-validation analysis shows that the estimates for countries without data had relatively small errors, alternative hierarchical arrangement of countries is possible. There were also differences in data availability by time period, with less data available in the first decade of the analysis in some regions. There are other approaches for clustering besides *k*-means, including some that provide probabilistic allocation to clusters. Given our purpose of general classification of national obesity trajectories (not allocation of resources or policies), we used *k*-means, which produces non-overlapping clusters.

Implications for obesity prevention

Our results demonstrate that generalizing the trends in obesity as a global epidemic masks highly heterogeneous temporal dynamics across countries and in different age groups. In some high-income western countries, the velocity of obesity in children and adolescents began to slow down as early as around 1990 with the rise coming to a halt by the mid-2000s, and with some indications of a subsequent decline. A similar slowdown and possible reversals followed in adults in these countries and could also be observed in Central and Eastern Europe. The plateauing of the trends in these countries has created a state of endemicity at wide range of prevalences. By contrast, the rise in obesity accelerated in many developing regions among children and adolescents and among adults. In many countries in these regions, the rise continues to accelerate at prevalences that are higher than those in most high-income countries.

The results of our comparative global analysis show that the direction and pace of change in obesity vary over time in the same country, and cover the spectrum from steady or accelerating rise, to a slowdown or plateau in rise, or even decline. This feature was qualitatively presented in the obesity transition framework¹⁴. Here we quantified these dynamics and their similarities and variations across the globe using a vast amount of data. Of note, we found indications that a small decline in

obesity in national populations may have begun, especially for women, which was rare when the original transition framework was formulated¹⁴. In Italy and Portugal, obesity had a negative velocity in children, adolescents and adults of both sexes in 2024, although some of these were not statistically distinguishable from zero. If these declines persist with additional years of data, they will confirm the feasibility of the fourth stage of the obesity transition, which envisioned a decline in prevalence. Our analysis revealed and quantified three further features of worldwide obesity dynamics that were not formally included in the obesity transition framework. First, countries, both across and within regions, vary in whether and when the increase in obesity accelerated, decelerated, plateaued or reversed. This diversity in shape and timing of change led to the emergence of distinct phenotypes of national obesity trends, for example, accelerating, steady or decelerating increase or recent acceleration, beyond the general concept of increase in stages 1 and 2 of transition, as presented in the obesity transition framework¹⁴. For example, countries in Eastern Europe and Latin America with similar economic development had distinct trajectories, with many countries in Eastern Europe having started to plateau, whereas most countries in Latin America are still experiencing a steady or accelerating rise in obesity. As an example of within-region diversity, in the Middle East and North Africa, obesity plateaued in Kuwait but continues to rise in Iran, Oman and Saudi Arabia. Second, for any trajectory phenotype, there is substantial variation in the prevalence of obesity both across and within regions. For example, obesity plateaued at a much higher prevalence in high-income English-speaking countries than in those in continental Western Europe for both children and adolescents and adults. Within continental Western Europe, obesity prevalence has stabilized at 11–23% for adults and 4–15% for children and adolescents; in high-income English-speaking countries, it reached 25–43% for adults and 7–23% for children and adolescents. For countries with an accelerating increase in obesity, prevalence among adults in 2024 was less than 5% in East African countries (for example, Ethiopia and Rwanda), but reached 30–40% in some countries in Central Europe (for example, Romania and Czechia) and Latin America (for example, Brazil). Within a region, for example, East and Southeast Asia, countries with

an accelerating increase in obesity had a prevalence in 2024 ranging from 2–3% in Timor-Leste and Vietnam to 20–40% in Thailand and Brunei. Third, the above characteristics can vary between children and adolescents and adults, and between sexes, further distinguishing regions and countries. For example, women in both Central Asia and Latin America had a steady or accelerating increase in obesity, whereas trends among girls were largely flat in Central Asia but had an accelerating increase in Latin America. Of note, we demonstrated earlier plateauing of the rise in obesity prevalence in children and adolescents than in adults in high-income countries, whereas in most other regions, deceleration and plateauing of the rise in prevalence occurred in adults before they did in children and adolescents or while obesity continued to increase in children and adolescents. In terms of sexes, the velocity of obesity was typically higher in men than in women in Central and Eastern Europe, whereas in South and Southeast Asia and most of sub-Saharan Africa obesity had higher velocity in women than in men (Extended Data Fig. 9). Similarly, the rise in obesity plateaued or decelerated for both sexes in most high-income western countries, but this phenomenon was limited to women in Central Europe.

These heterogeneities collectively demonstrate that obesity dynamics and trajectories differ across countries that are similar in their economy (for example, national income; market-driven versus managed economy; and agricultural, manufacturing or service economy), environment (for example, extent of urbanization) and technology (for example, extent of mechanization, motorization, electrification and penetration of information technology). Explanations of the rise in obesity have typically been based on generalizations about the so-called shared triggers and global drivers, such as availability and marketing of certain foods and energy expenditure of physical activity at work, transport and leisure, and framed as consequences of macro trends such as urbanization. Although these factors may be relevant, they alone do not explain the heterogeneities that we uncovered, which suggests that their roles are modified or even countered by other social, economic and policy factors. These may include cultural factors and social norms and roles that influence what and how much children, adolescents and adults eat at home and in social settings^{15–17}, how much they participate in sports, play and active commuting^{18,19}, and social norms and perceptions related to body image and the discordance between ideal, perceived and actual body weight^{20–22}. They also include levels and distributions of income and education that affect food choices and participation in sports, either through access and affordability or the ability to use information about the nutritional value and potential harms of specific foods^{23–26}. Finally, some of these heterogeneities may reflect differences across countries in technological, institutional and community characteristics that influence food, sports and other forms of physical activity, such as healthy school meals and, in some countries, sports and physical education programmes at schools and community centres²⁷. Identifying the role of these phenomena, and their complex interactions, can inform programmes and policies that curb or reverse the rise in obesity. Doing so requires detailed data on food and physical activity, and the related technological, economic, social and cultural factors, including their distributions within each country, and methods to estimate their contributions to change. However, such data are even more scarce than data on obesity. As a result, understanding the complex drivers of change and drawing lessons on good practice has to use a combination of multi-country analyses and in-depth case studies in specific countries, especially those where obesity did not increase, plateaued at low levels or plateaued early (for example, Denmark, France and Spain for both children and adolescents and adults; and Kazakhstan, Japan and Taiwan for children and adolescents), as has been done for growth and nutrition in children^{28,29}. There may also be an as-yet-unmeasured effect from variations in a broader group of factors such as sleep duration and patterns, stress and other psychosocial factors, and environmental exposures such as endocrine-disrupting chemicals. Furthermore, these environmental and nutritional factors

interact with genetics and possibly with the phenotypic characteristics that arise from fetal and early-life nutrition³⁰. Although recent medications are efficacious in terms of weight loss, their effects on trends presented here are likely to be small given relatively low coverage in most countries during the period of our analysis³¹; these medicines may nonetheless have an increasingly important influence on future trends.

The distinction in trends between high-income countries and low-income and middle-income countries, in relation to the shape of the trajectories and the timing of acceleration, plateau and deceleration at different ages, may be because in high-income countries, the rise in obesity resulted from gradual economic and technological trends that affected food availability, composition and cost^{5–7,32}. This gradual change coincided with expanding opportunities for healthier diets among those with higher income and education^{25,26}, which contributed to a subsequent deceleration in obesity in these populations. The predominant policy response to obesity has been provision of information about its harms, and encouraging prevention through nutrition and physical activity, which became more common in the 2000s³³. A side effect of such a response, which relies on individuals' use of information and advice without enhancing access to and affordability of healthy foods, has been increasing inequality in obesity in these countries^{23–26,34–39}. There have been few policies and programmes that have attempted to systematically change nutrition and physical activity^{40,41}, especially in those with lower education and income where obesity prevalence is higher, beyond demonstration projects⁴², which have not been scaled and sustained nationally. There is insufficient evidence to ascertain whether specific policies and programmes have curbed the rise in obesity, or even improved nutrition and physical activity, in real-world settings^{43–48}, with the possible exception of sugar-sweetened beverage taxes, which have had a measurable, albeit small, effect on obesity in multiple places^{49–53}. These taxes have only been recently implemented hence do not account for the earlier plateaus.

In low-income and middle-income countries, despite the heterogeneities in the shape and pace of increase, the rise in obesity continues unabated both where prevalence is still low and where prevalence has already surpassed those of high-income countries, especially for children and adolescents as seen by the correlation between velocity and prevalence. In these settings, the mechanization of work and transport⁵⁴, improved purchasing power and food trade and commercialization^{4,55} brought many health and nutritional benefits, including gains in height⁵⁶, while also leading to a rise in obesity because the public health system and household consumption practices^{11,57} were primarily focused on addressing undernutrition. Furthermore, until recently, there was no or limited fiscal or regulatory response to aggressive marketing of items such as sugar-sweetened beverages that have no nutritional benefit and worsen obesity. The food production, supply and distribution infrastructure, and in many cases income⁵⁸, remain insufficient for regular availability and purchase of healthy foods such as fresh fruits and vegetables or unprocessed whole-grain items. This is particularly the case in many island nations where rapid changes in diet followed changes from locally sourced to imported processed foods⁵⁹.

Our results, and the potential reasons for these dynamics and their heterogeneities, highlight both opportunities and challenges for curbing the rise in obesity across the world. The numerous cases of plateau and even reversal in obesity show that the rise can be contained even at low levels. At the same time, the wide variation in whether, when and at what prevalence the plateau occurred shows that stopping and reversing the rise may be harder in some places owing to the diverse factors that affect what and how much people eat. Some of these factors go beyond those commonly stated as drivers of obesity, and may include social norms, the food culture, and levels and inequalities in education, income, food infrastructure and access, the living environment and health care. In the future, weight loss medications also provide an additional route for addressing obesity, but their highly variable costs through public

and private providers are currently an obstacle to increasing their coverage and may increase inequalities. The combination of the opportunities and challenges demonstrates that what is needed is nuanced nutritional and health policies and programmes that are relevant for each country, especially those that support people with lower income and education towards eating healthy foods, having an active lifestyle and using relevant health care interventions to attain and maintain health, functional capacity and quality of life across the life course.

Online content

Any methods, additional references, Nature Portfolio reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at <https://doi.org/10.1038/s41586-026-10383-0>.

- NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults. *Lancet* **403**, 1027–1050 (2024).
- World Health Organization. *Obesity: Preventing and Managing the Global Epidemic: Report of a WHO Consultation*; <https://iris.who.int/handle/10665/42330> (2000).
- Stamler, J. Epidemic obesity in the United States. *Arch. Intern. Med.* **153**, 1040–1044 (1993).
- Reardon, T., Timmer, C. P., Barrett, C. B. & Berdegue, J. The rise of supermarkets in Africa, Asia, and Latin America. *Am. J. Agric. Econ.* **85**, 1140–1146 (2003).
- Scheiner, J. A century of motorisation in urban and rural contexts: paths of motorisation in German cities. *Erdkunde* **66**, 313–328 (2012).
- Bleich, S. N., Cutler, D., Murray, C. & Adams, A. Why is the developed world obese? *Annu. Rev. Public Health* **29**, 273–295 (2008).
- Cutler, D. M., Glaeser, E. L. & Shapiro, J. M. Why have Americans become more obese? *J. Econ. Perspect.* **17**, 93–118 (2003).
- Tanner, J. M. Growth as a mirror of the condition of society: secular trends and class distinctions. *Acta Paediatr.* **29**, 96–103 (1987).
- NCD Risk Factor Collaboration (NCD-RisC). Rising rural body-mass index is the main driver of the global obesity epidemic in adults. *Nature* **569**, 260–264 (2019).
- NCD Risk Factor Collaboration (NCD-RisC). Diminishing benefits of urban living for children and adolescents' growth and development. *Nature* **615**, 874–883 (2023).
- Subramanian, S. & Deaton, A. The demand for food and calories. *J. Political Econ.* **104**, 133–162 (1996).
- Smith, L. C., Ruel, M. T. & Ndiaye, A. Why is child malnutrition lower in urban than in rural areas? Evidence from 36 developing countries. *World Dev.* **33**, 1285–1305 (2005).
- Lenardon, J. D., Hansen, A. Y. & Hartley, D. Rural and remote food environments and obesity. *Curr. Obes. Rep.* **4**, 46–53 (2015).
- Jaacks, L. M. et al. The obesity transition: stages of the global epidemic. *Lancet Diabetes Endocrinol.* **7**, 231–240 (2019).
- Hawks, S. R., Madanat, H. N., Merrill, R. M., Goudy, M. B. & Miyagawa, T. A cross-cultural analysis of 'motivation for eating' as a potential factor in the emergence of global obesity: Japan and the United States. *Health Promot. Int.* **18**, 153–162 (2003).
- Pérez-Cueto, F. J. A. et al. Food-related lifestyles and their association to obesity in five European countries. *Appetite* **54**, 156–162 (2010).
- García-González, J. M. & Martín-Criado, E. A reversal in the obesity epidemic? A quasi-cohort and gender-oriented analysis in Spain. *Demogr. Res.* **46**, 273–290 (2022).
- Ayllón, E., Moyano, N., Lozano, A. & Cava, M.-J. Parents' willingness and perception of children's autonomy as predictors of greater independent mobility to school. *Int. J. Environ. Res. Public Health* **16**, 732 (2019).
- Weir, L. A., Etelson, D. & Brand, D. A. Parents' perceptions of neighborhood safety and children's physical activity. *Prev. Med.* **43**, 212–217 (2006).
- de Saint Pol, T. Norms and attitudes to body fatness: a European comparison. *Popul. Soc.* **455**, 1–4 (2009).
- Pallan, M. J., Hiam, L. C., Duda, J. L. & Adab, P. Body image, body dissatisfaction and weight status in South Asian children: a cross-sectional study. *BMC Public Health* **11**, 21 (2011).
- Takimoto, H., Yoshiike, N., Kaneda, F. & Yoshita, K. Thinness among young Japanese women. *Am. J. Public Health* **94**, 1592–1595 (2004).
- French, S. A., Tangney, C. C., Crane, M. M., Wang, Y. & Appelhaus, B. M. Nutrition quality of food purchases varies by household income: the SHoPPER study. *BMC Public Health* **19**, 231 (2019).
- Wiggins, S. & Keats, S. The rising cost of a healthy diet: changing relative prices of foods in high-income and emerging economies. Report No. 2052-7209. *ODI Global* <https://odi.org/en/publications/the-rising-cost-of-a-healthy-diet-changing-relative-prices-of-foods-in-high-income-and-emerging-economies/> (2015).
- Darmon, N. & Drewnowski, A. Contribution of food prices and diet cost to socioeconomic disparities in diet quality and health: a systematic review and analysis. *Nutr. Rev.* **73**, 643–660 (2015).
- Carrillo-Alvarez, E. et al. Diet-related health inequalities in high-income countries: a scoping review of observational studies. *Adv. Nutr.* **16**, 100439 (2025).
- Stöckel, J. T., Strandbu, Å., Solenes, O., Jørgensen, P. & Fransson, K. Sport for children and youth in the Scandinavian countries. *Sport Soc.* **13**, 625–642 (2010).
- Núñez, J. & Pérez, G. The escape from malnutrition of Chilean boys and girls: height-for-age Z scores in late XIX and XX centuries. *Int. J. Environ. Res. Public Health* **18**, 10436 (2021).
- Paes-Sousa, R. & Vaitsman, J. The zero hunger and Brazil without extreme poverty programs: a step forward in Brazilian social protection policy. *Cien Saude Colet* **19**, 4351–4360 (2014).
- Wells, J. C. et al. The double burden of malnutrition: aetiological pathways and consequences for health. *Lancet* **395**, 75–88 (2020).
- Rader, B., Hazan, R. & Brownstein, J. S. Changes in adult obesity trends in the US. *JAMA Health Forum* **5**, e243685 (2024).
- Luke, A. & Cooper, R. S. Physical activity does not influence obesity risk: time to clarify the public health message. *Int. J. Epidemiol.* **42**, 1831–1836 (2013).
- Nimegeer, A., Patterson, C. & Hilton, S. Media framing of childhood obesity: a content analysis of UK newspapers from 1996 to 2014. *BMJ Open* **9**, e025646 (2019).
- Hoebel, J. et al. Socioeconomic inequalities in the rise of adult obesity: a time-trend analysis of national examination data from Germany, 1990–2011. *Obes. Facts* **12**, 344–356 (2019).
- Magnusson, M. et al. Social inequalities in obesity persist in the Nordic region despite its relative affluence and equity. *Curr. Obes. Rep.* **3**, 1–15 (2014).
- Hoffmann, K. et al. Trends in educational inequalities in obesity in 15 European countries between 1990 and 2010. *Int. J. Behav. Nutr. Phys. Act.* **14**, 63 (2017).
- Beauchamp, A., Backholer, K., Magliano, D. & Peeters, A. The effect of obesity prevention interventions according to socioeconomic position: a systematic review. *Obes. Rev.* **15**, 541–554 (2014).
- Pickett, K. E., Kelly, S., Brunner, E., Lobstein, T. & Wilkinson, R. G. Wider income gaps, wider waistbands? An ecological study of obesity and income inequality. *J. Epidemiol. Community Health* **59**, 670–674 (2005).
- Adams, J., Mytton, O., White, M. & Monsivais, P. Why are some population interventions for diet and obesity more equitable and effective than others? The role of individual agency. *PLoS Med.* **13**, e1001990 (2016).
- Rechel, B. et al. *The Role of Public Health Organizations in Addressing Public Health Problems in Europe: the Case of Obesity, Alcohol and Antimicrobial Resistance* (European Observatory on Health Systems and Policies, 2018).
- German Federal Government. Action plan for a healthier lifestyle. *Bundesregierung* <https://www.bundesregierung.de/breg-en/service/archive/in-form-campaign-1926220> (2021).
- Gortmaker, S. L. et al. Reducing obesity via a school-based interdisciplinary intervention among youth: Planet Health. *Arch. Pediatr. Adolesc. Med.* **153**, 409–418 (1999).
- Olsen, N. J. et al. A literature review of evidence for primary prevention of overweight and obesity in healthy weight children and adolescents: a report produced by a working group of the Danish Council on Health and Disease Prevention. *Obes. Rev.* **25**, e13641 (2024).
- Tseng, E. et al. Effectiveness of policies and programs to combat adult obesity: a systematic review. *J. Gen. Intern. Med.* **33**, 1990–2001 (2018).
- Clarke, N. et al. Calorie (energy) labelling for changing selection and consumption of food or alcohol. *Cochrane Database Syst. Rev.* **1**, CD014845 (2025).
- Baker, P. R., Francis, D. P., Soares, J., Weightman, A. L. & Foster, C. Community wide interventions for increasing physical activity. *Cochrane Database Syst. Rev.* **1**, CD008366 (2015).
- Murtagh, E. M. et al. Interventions outside the workplace for reducing sedentary behaviour in adults under 60 years of age. *Cochrane Database Syst. Rev.* **7**, CD012554 (2020).
- Bleich, S. N. et al. Strengthening the public health impacts of the supplemental nutrition assistance program through policy. *Annu. Rev. Public Health* **41**, 453–480 (2020).
- Petimar, J. et al. Associations of the Philadelphia sweetened beverage tax with changes in adult body weight: an interrupted time series analysis. *Lancet Reg. Health Am.* **39**, 100906 (2024).
- Jones-Smith, J. C. et al. Sweetened beverage tax implementation and change in body mass index among children in Seattle. *JAMA Netw. Open* **7**, e2413644 (2024).
- Popkin, B. M. & Ng, S. W. Sugar-sweetened beverage taxes: lessons to date and the future of taxation. *PLoS Med.* **18**, e1003412 (2021).
- Chung, S. H. & Xu, L. Impact of sugar-sweetened beverages tax on obesity and obesity-related health conditions: evidence from Washington State's soft drink syrup tax. *Health Econ. Rev.* **15**, 92 (2025).
- Pfänder, M. et al. Taxation of unprocessed sugar or sugar-added foods for reducing their consumption and preventing obesity or other adverse health outcomes. *Cochrane Database Syst. Rev.* **4**, CD012333 (2020).
- Ng, S. W. & Popkin, B. M. Time use and physical activity: a shift away from movement across the globe. *Obes. Rev.* **13**, 659–680 (2012).
- Khoury, C. K. et al. Increasing homogeneity in global food supplies and the implications for food security. *Proc. Natl Acad. Sci. USA* **111**, 4001–4006 (2014).
- NCD Risk Factor Collaboration (NCD-RisC). Height and body-mass index trajectories of school-aged children and adolescents from 1985 to 2019 in 200 countries and territories: a pooled analysis of 2181 population-based studies with 65 million participants. *Lancet* **396**, 1511–1524 (2020).
- Zeng, Q., He, Z. & Wang, Y. The direct and structure effect of income on nutrition demand of Chinese rural residents. *Int. J. Environ. Res. Public Health* **19**, 13388 (2022).
- World Bank. *Food Prices for Nutrition DataHub: Global Statistics on the Cost and Affordability of Healthy Diets*; www.worldbank.org/en/programs/icp/brief/foodpricesfornutrition (2024).
- Sievert, K., Lawrence, M., Naika, A. & Baker, P. Processed foods and nutrition transition in the Pacific: regional trends, patterns and food system drivers. *Nutrients* **11**, 1328 (2019).

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by/4.0/>.

© The Author(s) 2026

Bin Zhou^{1,890}, Nowell H. Phelps^{2,890}, Agnese Galeazzi^{1,890}, Olivia N. O'Driscoll^{1,890}, James E. Bennett¹, Lakshya Jain¹, Ysé D'Ailhaud De Brisic¹, Ana Barradas-Pires¹, Fulvio Deo¹, Gretchen A. Stevens⁵, Vasilis Kontis¹, Christopher J. Paciorek¹, Rodrigo M. Carrillo-Larco¹, Anu Mishra⁶, Yefeng Fan¹, Andrea Rodriguez-Martinez⁷, Vishwa Nath¹, Archie W. Rayner¹, Annalise Zouein¹, Natalie R. Evans⁷, Jennifer L. Baker⁸, Günther Fink^{8,10}, Maroje Soric^{1,112}, Carlos A. Aguilar-Salinas¹³, Ranjit Mohan Anjana¹⁴, Zulfiqar A. Bhutta^{15,16}, Pascal Bovet^{17,18}, Goodarz Danaei¹⁹, Kairat Davletov²⁰, Shubash Ganapathy²¹, Edward W. Gregg^{1,22}, Nayu Ikeda²³, Andre Pascal Kengne²⁴, Young-Ho Khang²⁵, Kamlesh Khunti²⁶, Tiina Laatikainen^{27,28}, Avula Laxmaiah²⁹, Lee-Ling Lim³⁰, Hsien-Ho Lin³¹, Jean Claude N. Mbanya³², J. Jaime Miranda³³, Anja Schienkiewitz³⁴, Sylvain Sebert³⁵, Namuna Shrestha³⁶, Yi Song³⁷, Luis Adrián Soto-Mota¹³, Gregor Starc¹², Limin Wang³⁸, Novie O. Younger-Coleman³⁹, Francesco Zaccardi²⁶, Julie Aarestrup⁸, Leandra Abarca-Gómez⁴⁰, Mohsen Abbasi-Kangevari⁴¹, Ziad A. Abdeen⁴², Shynar Abdrakhmanova⁴³, Suhaila Abdul Ghaffar⁴⁴, Hanan F. Abdul Rahim⁴⁵, Zulfiya Abdurahmanova⁴⁶, Niveen M. Abu-Rmeileh⁴⁷, Jamila Abubakar Garba⁴⁸, Benjamina Acosta-Cazares⁴⁹, Ishag Adam⁵⁰, Marzena Adamczyk⁵¹, Robert J. Adams⁵², Seth Adu-Afarwuah⁵³, Wichai Aekplakorn⁵⁴, Tin Afifah⁵⁵, Kaosar Afsana⁵⁶, Shoaib Afzal^{157,58}, Imelda A. Agdeppa⁵⁹, Javad Aghazadeh-Attari⁶⁰, Åsa Ågren⁶¹, Hassan Aguenou⁶², Jean Claude Aggemang⁶³, Mohamad Hasnan Ahmad⁶⁴, Noor Ani Ahmad⁶⁴, Ali Ahmadi⁶⁴, Naser Ahmadi⁶¹, Nastaran Ahmadi⁶⁵, Imran Ahmed¹⁶, Soheir H. Ahmed⁶⁶, Wolfgang Ahrens⁵⁷, Gulmira Aitmurzaeva⁶⁸, Kamel Ajlouni⁶⁹, Dilorum Akhmedova⁷⁰, Nilufar Akhmedova⁷⁰, Nasser Al-Daghiri⁷¹, Sarah F. Al-Hamli⁷², Hazzaa M. Al-Hazzaa⁷³, Halima Al-Hinai⁷⁴, Jawad A. Al-Lawati⁷⁴, Rajaa Al-Raddadi⁷⁵, Islam K. Al-Shami⁷⁶, Deena Al Asfoor⁷⁷, Huda M. Al Hourani⁷⁸, Nawal M. Al Qaoud⁷⁹, Monira Alarouj⁷⁹, Fadla AlBuhairan⁸⁰, Shahla AlDhukair⁸¹, Maryam A. Aldwairji⁸², Silvia Alexius⁸², Mohamed M. Ali¹³, Mohammed K. Ali⁵, Nazirah Alias⁴⁴, Anna V. Alieva⁸³, Abdullak Alkandari⁷⁹, Butaina M. Alkhatib¹⁶, Mar Alvarez-Pedrerol^{84,85}, Eman Aly⁷⁷, Deepak N. Amarapurkar⁸⁶, Parisa Amir⁸⁷, John Amoah⁸⁸, Norbert Amougou⁸⁹, Philippe Amouyel^{90,91}, Atieh Amouzegar⁹², Lars Bo Andersen⁹³, Sigmund A. Anderssen⁹⁴, Jonas S. Andersson⁹¹, Odysseas Androutsos⁹⁵, Malick Anne⁹⁶, Alireza Ansari-Moghaddam⁹⁷, Elena Anufrieva⁹⁸, Hajer Aounallah-Skhiri⁹⁹, Joana Araújo¹⁰⁰, Inger Ariansen¹⁰¹, Carmen Arias López¹⁰², Tahir Aris⁴⁴, Raphael E. Arku¹⁰³, Nimmathota Arlappa²⁹, Enrique G. Artero¹⁰⁴, Krishna K. Aryal^{105,106}, Thor Aspelund¹⁰⁷, Felix K. Assah³², Nega Assefa¹⁰⁸, Batyrbek Assembekov²⁰, Maria Cecilia F. Assunção¹⁰⁹, Shiu Lun Au Yeung¹¹⁰, May Soe Aung¹¹¹, Juha Auvinen^{35,112}, Mária Avdičová¹¹³, Kishwar Azad¹¹⁴, Ana Azevedo¹⁰⁰, Mohsen Azimi-Nezhad¹¹⁵, Fereidoun Azziz¹¹⁶, Bontha V. Babu¹¹⁷, Flora Bacopoulou¹¹⁸, Azli Baharudin⁴⁴, Suhad Bahijri⁷⁵, Borko Bajic¹¹⁹, Izet Bajramovic¹²⁰, Marta Bakacs¹²¹, Nagalla Balakrishna²⁹, Yulia Balanova¹²², Mohamed Bamoshmoosh¹²³, Maciej Banach¹²⁴, José R. Banegas^{84,125}, Joanna Baran¹²⁶, Rafat Baran¹²⁶, Carlo M. Barbagallo¹²⁷, Valter Barbosa Filho¹²⁸, Alberto Barcelo¹²⁹, Maja Baretic¹³⁰, Amina Barkat¹³¹, Joaquin Barnoya¹³², Lena Barrera¹³³, Marta Barreto^{134,135}, Aluisio J. D. Barros¹⁰⁹, Mauro Virgilio Gomes Barros¹³⁶, Anna Barot-Siewiczy¹²⁸, Alicja Basiak-Rasata¹³⁷, Abdul Basit¹³⁸, Joao Luiz D. Bastos¹³⁹, Iqbal Bata¹⁴⁰, Anwar M. Batieha¹⁴¹, Aline P. Batista¹⁴², Rosangela L. Batista¹⁴³, Zhamilya Battakova¹⁴⁴, Susanne Bauer¹⁴⁵, Louise A. Baur³³, Pascal M. Bayauli¹⁴⁶, Robert Beaglehole¹⁴⁷, Silvia Bel-Serrat¹⁴⁸, Antonisamy Belavendra¹⁴⁹, Maria R. Beltran-Valls¹⁵⁰, Habiba Ben Roudhane¹⁵¹, Theodora Benedek¹⁵², Judith Benedicks¹⁵³, Mikhail Benet¹⁵⁴, Gilda Estela Benitez Rolandi¹⁵⁵, Pedro J. Benito¹⁵⁶, Michaela Benzeval¹, Elling Bere¹⁵⁷, Nicolas Berger¹⁵⁸, Ignell Holden Bergh¹⁰¹, Yemane Berhane¹⁵⁹, Salim Berkinbayev¹⁶⁰, Antonio Bernabe-Ortiz¹⁶¹, Gailute Bernotiene¹⁶², Ximena Berrios Carrasola¹⁶³, Paula Berrueto^{164,165}, Heloisa Bettiol¹⁶⁶, Manfred E. Beutel¹⁶⁷, Augustin F. Beybey³², Jorge Bezerra¹³⁶, Aroor Bhagyalaxmi¹⁶⁸, Sumit Bhardwaj¹⁶⁹, Santosh K. Bhargava¹⁷⁰, Hongsheng Bi¹⁷¹, Yufang Bi¹⁷², Daniel Bia¹⁷³, Katia Biaschi¹⁷⁴, Elysée Claude Bika Lele¹⁷⁵, Mukharram M. Bikhov¹⁷⁶, Bihungum Bista¹⁷⁷, Dusko J. Bjelica¹⁷⁸, Anne A. Bjerregaard¹⁷⁹, Peter Bjerregaard¹⁷⁹, Espen Bjertness¹⁸⁰, Marius B. Bjertness¹⁸⁰, Cecilia Björkelund¹⁸¹, Ieva Blaudez¹⁸², Moran Blaychfeld Magnaz¹⁸², Katia V. Bloch¹⁸³, Anneke Blokstra¹⁸⁴, Simona Bo¹⁸⁵, Martin Bobak¹⁸⁶, Lynne M. Boddy¹⁸⁷, Bernhard O. Boehm¹⁸⁸, Jose G. Boggia¹⁷³, Elena Bogova¹⁸⁹, Carlos P. Boissonnet¹⁹⁰, Stig E. Bojesen^{17,58}, Marialaura Bonaccio¹⁹¹, Americo Bonanni¹⁹¹, Vanina Bongard¹⁹², Alice Bonilla-Vargas⁴⁰, Matthias Bopp¹⁹³, Elaine Borghi¹³, Herman Borghes¹⁹⁴, Steve Botomba¹⁹⁵, Rupert Bourne¹⁹⁶, Khadichamo Boymatova¹⁹⁷, Francesca Bracone¹⁹¹, Lien Braeckeveld¹⁹⁸, Lutgart Braeckman¹⁹⁹, Marjolijn C. E. Bragt²⁰⁰, Tasanee Braithwaite²⁰¹, Imperia Brakovich²⁰², Francesco Branca²⁰³, Juergens Breckenkamp²⁰⁴, João Breda²⁰⁵, Hermann Brenner²⁰⁶, Lizzy M. Brewster²⁰⁷, Garry R. Brian²⁰⁸, Yajaira Briceño¹⁷⁴, Lácrãoara Brinduse²¹⁰, Bettina Bringolf-Isler¹⁰, Miguel Brito²¹¹, Sinead Brophy²¹², Johannes Brug¹⁸⁴, Anna Bugge²¹³, Marta Buoncristiano²¹⁴, Genc Burazeri²¹⁵, Con Burns²¹⁶, Antonio Cabrera de León²¹⁷, Joseph Cacciottolo²¹⁸, Cristina Cadenas-Sanchez²¹⁹, Hui Cai²²⁰, Roberta B. Caixeta²²¹, Tilema Cama²²², Christine Cameron²²³, José Camolas²²⁴, Francesco Campa²²⁵, Günay Can²²⁶, Ana Paula C. Cândido²²⁷, Felicia Cañete¹⁵⁵, Mario V. Capanzana⁵⁹, Naděžda Čapková²²⁸, Eduardo Capuano²²⁹, Rocco Capuano²²⁹, Vincenzo Capuano²²⁹, Marloes Carlo²³⁰, Viviane C. Cardoso¹⁶⁶, Axel C. Carlsson²³¹, Esteban Carmuega²³², Joana Carvalho¹⁰⁰, Deborah Carvalho Malta²³³, José A. Casajús²³⁴, Felipe F. Casanueva²³⁵, Jose Castro-Piñero²³⁶, Ertugrul Celikcan²³⁷, Laura Censi²³⁸, Chiara Cerletti¹⁹¹, Marvin Cervantes-Loaiza⁴⁰, Juraci A. Cesar²³⁹, Parinya Chammnan²⁴⁰, Snehilatha Chamukuttan²⁴¹, Angelique W. Chan²⁴², Queenie Chan¹, Fadi J. Charchar²⁴³, Marie-Aline Charles²⁴⁴, Himanshu K. Chaturvedi²⁴⁵, Nish Chaturvedi¹⁶⁸, Norsyamalina Che Abdul Rahim⁴⁴, Fangfang Chen²⁴⁶, Huashuai Chen²⁴⁷, Long-Sheng Chen²⁴⁸, Shuohua Chen²⁴⁹, Zhengming Chen²⁵⁰, Ching-Yu Chen²⁵¹, Yiling J. Cheng²⁵², Leila Cheraghi⁸⁷, Bahman Cheraghian²⁵³, Angela Chetrit²⁵⁴, Ekaterina Chikova-Iscener²⁵⁵, Mai J. M. Chinapau⁶², Arnaud Chiolero²⁵⁶, Adela Chirita-Emandi²⁵⁷, Maria-Dolores Chirlaque⁸⁴, Chean Lin Chong²⁵⁸, Kaare Christensen²⁵⁹, Diego G. Christofaro²⁶⁰, Jerzy Chudek²⁶¹, Silvia Ciardullo²⁶², Renata Cifkova^{263,264}, Michelle Cillia²⁶⁵, Eliza Cinteza²¹⁰, Massimo Cirillo²⁶⁶, Frank Claessens¹⁹⁴, Maria Clapperton²⁶⁷, Philip Clare³³, Janine Clarke²⁶⁸, Svetlana Cocu²⁶⁹, Emmanuel Cohen⁸⁹, Sandra Colorado-Yohar⁸⁴, Laura-Maria Compañi-Gabucio^{84,270}, Hans Concin¹⁴⁵, Susana C. Confortin²⁷¹, Cyrus Cooper²⁷², Tara C. Coppinge²¹⁶, Lorraine S. Cordeiro¹⁰³, Eva Corpeleijn²³⁰, Lilia Yadira Cortés²⁷³, Cojocarú R. Cosmin²¹⁰, Simona Costanzo^{191,274}, Melanie J. Cowan³, Chris Cowell³³, Cora L. Craig²⁷³, Amelia C. Crampin²⁷⁵, Haddy Crookes²⁷⁶, Amanda J. Cross¹, Sarah Crozier²⁷², Ana B. Crujeiras²⁷⁷, Juan J. Cruz^{84,125}, Tamás Csányi²⁷⁸, Semánová Csilla²⁷⁹, Alexandra M. Cucu^{210,280}, Liufu Cui²⁴⁹, Felipe V. Cureau²⁸¹, Sarah Cuschier²¹⁸, Ewelina Czenczek-Lewandowska¹²⁶, Graziella D'Arrigo²⁸², Eleonora d'Orsi²⁸³, Haroldo da Silva-Ferreira²⁸⁴, Alanna G. da Silva²³³, Liliana Dacica²⁸⁵, Tukkur Dahiru²⁸⁶, Christina C. Dahm²⁸⁷, María Ángeles Dal Re Saavedra¹⁰², Jean Dallongeville²⁸⁸, Albertino Damasceno²⁸⁹, Camilla T. Damsgaard²⁸⁹, Maryam S. Daneshpour¹¹⁶, Rachel Dankner²⁵⁴, Parasmani Dasgupta²⁹⁰, Saeed Dastgiri²⁹¹, Luc Dauchet^{90,91}, Afonso de Almeida²⁹², Francisco de Assis Guedes de Vasconcelos²⁸³, Maria Alice Altenburg de Assis²⁸³, Guy De Backer¹⁹⁹, Dirk De Bacquer¹⁹⁹, Jaco De Bacquer¹⁹⁹, Jeroen de Bont²⁹³, Luigi G. De Filippis²⁹⁴, Patricia de Fragas Hinnig²⁹³, Stefaan De Henauw¹⁹⁹, Pilar De Miguel-Etayo^{277,295}, Jan-Walter De Neve²⁹⁶, Paula Duarte de Oliveira¹⁰⁹, Luz Maria De Regil³, David De Ridder²⁰³, Karin De Ridder¹⁵⁸, Susanne R. de Rooij²⁰⁷, Ana Carolina M. G. N. de Sá²³³, Delphine De Smedt²⁹⁹, Thomas V. de Souza⁴², Marco A. de Valois Correia Júnior¹³⁶, George Dedoussis²⁹⁷, Mohan Deepa¹⁴, Alexander D. Deev¹²², Vincent DeGennaro Jr²⁸⁹, Francis Delpeuch²⁹⁹, Stefaan Demarest¹⁵⁸, Elaine Dennison²⁷², Katarzyna Deren¹²⁶, Valérie Deschamps³⁰⁰, Ruslan D. Devrishov³⁰¹, Meghnath Dhimal¹⁷⁷, Juvenal Soares Dias-da-Costa³⁰², Alejandro Diaz³⁰³, Francisco Diez-Canseco¹⁶¹, Zivka Dika¹¹, Shirin Djalalinia³⁰⁴, Visnja Djordjic³⁰⁵, Ha T. P. Do³⁰⁶, Annette J. Dobson³⁰⁷, Liria Dominguez³⁰⁸, Shufa Du³¹⁹, Jia Li Duan³²⁰, Charmaine A. Duante⁵⁹, Priscilla Duboz³²¹, Marina Duishenkulova⁶⁸, Vesselka L. Duleva²⁵⁵, Virginija Dulskiene¹⁶², Samuel C. Dumith³³, Anar Dushpanova^{322,323}, Terence Dwyer^{250,324}, Azhar Dyussupova³²⁵, Vilnis Dzerze³²⁶, Elzbieta Dzikowska-Zaborszczyk³¹⁷, Anna Dzielska³²⁷, Narges Ebrahimi⁴¹, Guadalupe Echeverría¹⁶³, Ricky Eddie²²⁸, Ebrahim Eftekhari³²⁹, Vasiliki Efthymiou¹¹⁸, Eruke E. Egbagbe³³⁰, Robert Eggertsen¹⁸¹, Sareh Eghtesad⁶⁵, Gabriele Eiben³³¹, Ulf Ekelund³⁴, Mohammad El-Khateeb⁶⁹, Laila El Ammari³³², Jalila El Esmaili³⁴², Denise Eldemire-Shearer³⁹, Paul Elliott¹, Ofem Enang³³⁴, Ronit Endevel^{182,335}, Reina Engle-Stone³³⁶, Jonas Englund³³⁷, Rajiv T. Erasmus³³⁸, Cihangir Erem³³⁹, Gul Ergor³⁴⁰, Louise Eriksen¹⁷⁹, Johan G. Eriksson³⁴¹, Jorge Escobedo-de la Peña⁴⁹, Ali Esmaeili³⁴², Vanesa España-Romero²³⁶, Alun Evans³⁴³, Roger G. Evans³⁴⁴, David Faeh¹⁹³, Guy Fagherazzi³⁴⁵, Noushin Fahimfar⁶⁵, Ildar Fakhradiyev⁶⁰, Albina A. Fakhretudinova¹⁷⁶, Caroline H. Fall²⁷², Elnaz Faramarzi³⁴⁶, Mojtaba Farjam³⁴⁷, Victoria Farrugia Sant'Angelo²⁶⁵, Farshad Farzadfar³, Yusef Farzi⁴¹, Mohammad Reza Fattah³⁴⁸, Asher Fawwad³⁴⁹, Wafae W. Fawzi¹⁹, Rosemarie Felder-Puig³⁵⁰, Francisco J. Felix-Redondo³⁵¹, Trevor S. Ferguson³⁹, Romulo A. Fernandes²⁶⁰, Daniel Fernández-Bergés³⁵², Desha R. Fernando³⁵³, Rashida A. Ferrand³⁵⁴, Daniel Ferrante³⁵⁵, Thomas Ferrao²⁶⁸, Gordon Ferrari³⁵⁶, Marika Ferrari²³⁸, Marco M. Ferrario²⁷⁴, Caterina Ferreccio¹⁶³, Eldridge Ferre³⁵⁹, Jean Ferrieres¹⁹², Thamara Hubler Figueir²⁸³, Anna Fijalkowska³²⁷, Mauro Fisberg³⁵⁷, Krista Fischer³⁵⁸, Malang N. Fofana²⁷⁶, Maria Forsner⁶¹, Edward F. Fottrell¹⁸⁶, Heba M. Fouad¹⁷, Damian K. Francis³, Maria do Carmo Franco³⁶⁰, Zlatko Fras³⁶¹, Brooklyn Fraser³⁶², Guillermo Frontera³⁶³, Flavio D. Fuchs³⁶⁴, Sandra C. Fuchs³⁶⁵, Yuki Fujita³⁶⁶, Matsuda Fumihiko³⁶⁷, Viktoriya Furdela³⁶⁸, Takuro Furusawa³⁶⁷, Zbigniew Gacigong³⁶⁹, Lutfi Gafarov³⁷⁰, Mihai Gafencu²⁵⁷, Sonya V. Galcheva³⁷¹, Henrike Galenkamp²⁰⁷, Daniela Galeone³⁷², Myriam Galfo²³⁸, Fabio Galvano³⁷³, Jingli Gao²⁴⁹, Chandalene Garabwan³⁷⁴, Natalia Garcia-Corada³⁷⁵, Manoli Garcia-de-la-Hera^{84,270}, Marta García Solano³⁷⁶, Dickman Garetta³⁷⁶, Sarah P. Garnett³³, Jean-Michel Gaspoz²⁷⁷, Magda Gasul^{84,378}, Victoria Gauthier^{90,91}, Adroaldo Cesar Araujo Gaya^{365,891}, Anelise Reis Gaya¹⁰⁹, Andrea Gazzinelli²³³, Ulrike Gehring³⁷⁹, Johanna M. Geleijnse³⁸⁰, Ronnie George³⁸¹, Eva Gerds¹⁰⁶, Ibrahim D. Gezawa³⁸², Ebrahim Ghaderi³⁸³, Seyyed-Hadi Ghafari⁴¹, Ali Ghanbari⁴¹, Asghar Ghasemi³⁸⁴, Erfan Ghasemi¹⁴¹, Hala Ghattas^{385,386}, Oana-Florentina Gheorghe-Fronea²¹⁰, Simona Giampaoli³⁶², Francesco Gianfagna²⁷⁴, Christian Gieger³¹³, Tiffany K. Gill³⁸⁷, Tombifuthi Gindza³⁸⁸, Jonathan Giovannelli^{90,91}, Glen Gironella⁵⁹, Aleksander Giwercman³⁸⁹, Konstantinos Gkiouras³⁹⁰, Natalya Glushkova^{20,323}, Ramesh Godara³⁸⁹, Keith M. Godfrey⁷⁷², Justyna Gódes³⁷³, Sibel Gogen²³⁷, Marcel Goldberg^{244,392}, David Goltzman³⁹³, Georgina Gómez³⁹⁴, Luis F. Gomez²⁷³, Santiago F. Gómez^{395,396}, Aleksandra Gomula³⁹⁷, Bruna Gonçalves Cordeiro da Silva¹⁹⁹, Helen Gonçalves¹⁰⁹, Mauer Gonçalves³⁹⁸, Ana D. González-Alvarez³⁹⁹, David A. González-Chica³⁸⁷, Esther M. González-Gil²³⁴, Marcela Gonzalez-Gross¹⁵⁶, Margot González-Leon⁴⁹, Juan P. González-Rivas⁴⁰⁰, Angel R. Gonzalez⁴⁰¹, Frederic Gottrand¹⁰, Antonio Pedro Graça⁴⁰², Dušan Grafnetter⁴⁰³, Aneta Grajda⁴⁰⁴, Maria G. Grammatikopoulou⁴⁰⁵, Andriene Grant⁴⁰⁶, Ronald D. Gregor¹⁴⁰, Maria João Gregório⁴⁰², Anne Sameline Grimsgaard⁴⁰⁷, Else Karin Grøholt¹⁰¹, Anders Grøntved²⁵⁹, Giuseppe Grosso³⁷², Dongfeng Gu⁴⁰⁸, Viviana Guajardo⁴⁰⁹, Emanuela Gualdi-Russo⁴¹⁰, Pilar Guallar-Castillón^{84,125}, Elias F. Gudmundsson⁴¹¹, Vilmundur Gudnason¹⁰⁷, Maëlen Guérchet⁴¹², Ramiro Guerrero⁴¹³, Idris Guessous³⁷⁷, Andre L. Guimarães⁴²⁵, Unjali P. Gujral⁴¹, Martin C. Gulliford⁴¹⁵, Johanna Gunnlaugsdottir⁴¹¹, Marc J. Gunter³¹, Xiu-Hua Guo⁴¹⁶, Yin Guo³¹, Prakash C. Gupta⁴¹⁷, Preeti Gupta⁴¹⁸, Rajeev Gupta⁴¹⁹, Oye Gureje⁴²⁰, Mirjana A. Gurinovic⁴²¹, Enrique Gutiérrez González¹⁰², Laura Gutierrez⁴²², Felix Gutzwiller¹⁸³, Mónica Guixens⁴²³, Xinyi Gwee²⁹⁵, Seongjun Kim⁴²⁴, Farzad Hadaegh⁴²⁵, Charalambos A. Hadjigeorgiou⁴²⁶, Rosa Haghsheenas⁴¹, Gahraman Hagverdiyev³⁷⁰, Hamid Hakimi³⁴², Jytte Halkjær⁴²⁷, Sameh S. Hallaq⁴², Ian R. Hambleton⁴²⁸, Behrooz Hamzeh⁴²⁹, Dominique Hange¹⁸¹, Abu A. M. Hanif⁵⁶, Sari Hantunen²⁷, Jie Hao⁴¹⁶, Carla Meneses Hardman¹³⁰, Louise Hardy³³, Tina Harmer Lassen⁴³¹, Javad Harooni⁴³², Seyed Mohammad Hashemi-Shahri⁴³³, Mitra Hasheminia⁴²⁵, Maria Hassapidou⁴³⁴, Jun Hata⁴³⁵, Teresa Haugsgjerd¹⁰⁶, Chika Hashemi⁴³⁶, Alison J. Hayes³³, Jiang He⁴³⁷, Yuan He⁴³⁸, Yulia El Mehdi Hedayati¹¹⁶, Regina Heidinger-Felso⁴³⁹, Margit Heier³¹³, Mirjam Heinen¹⁴⁸, Tatjana Hejgaard⁴⁴⁰, Marleen Elisabeth Hendriks⁴⁴¹, Rafael dos Santos Henrique³⁰⁰, Ana Henriques¹⁰⁰, Leticia Hernandez Cadena⁴⁴², Sauli Herrala¹¹², Marianella Herrera-Cuenca²⁰², Victor M. Herrera⁴⁴³, Isabelle Herter-Aeberli⁴⁴⁴, Karl-Heinz Herzig^{351,12}, Ramin Heshmat⁴⁴⁵, Barbara Heude^{244,392}, Allan G. Hill²⁷², Sai Yin Ho¹¹⁰, Michael Hobbs⁴⁴⁶, Doroteia A. Höfelmann⁴⁴⁷, Michelle Holdsworth¹⁹⁹, Reza Homayounfar¹¹⁶, Clara Homs^{395,448}

Article

Emiel O. Hoogendijk⁴⁴⁹, Wilma M. Hopman⁴⁵⁰, Andrea R. V. R. Horimoto⁴⁶⁶, Claudia M. Hormiga⁴⁵¹, Bernardo L. Horta⁴⁵⁹, Farhad Hosseinpanah⁴⁵², Leila Houti⁴⁵³, Christina Howitt⁴²⁹, Thein Thein Htay⁴⁵⁴, Aung Soe Htet⁴⁰⁷, Maung Maung Than Htike⁴⁵⁵, Yonghua Hu³⁷, José María Huerta^{84,456}, Ilpo Tapani Huhtaniemi¹, Laetitia Huiart⁴⁰⁰, Constanta Huidumac Petrescu²⁸⁰, Martijn Huismans⁴⁴⁹, Abdullatif S. Husseini⁴⁷, Chinh Nguyen Huu³⁰⁶, Inge Huybrechts⁴⁵⁷, Nahla Hwalla³⁸⁶, Jolanda Hyska⁴⁵⁸, Licia Iacoviello^{191,459}, Ellina M. Iakupova¹⁷⁶, Jesús M. Ibarluzea⁸⁴, Norazizah Ibrahim Wong⁴⁴, Jannicke Igländ¹⁰⁸, Chinwuba Ijoma⁴⁶⁰, Edolem Ikerdeu⁴⁶¹, M. Arfan Ikrām⁴⁶², Carmen Iñiguez^{84,463}, Violeta Iotova³⁷¹, Maybelline Joy B. Ipi⁴⁶⁴, Vilma E. Irazola⁴²², Takafumi Ishida⁴⁶⁵, Godsent C. Isiguzo⁴⁶⁶, Muhammad Islam¹⁵, Sheikh Mohammed Shariful Islam⁴⁶⁷, Duygu Islek⁵, Ivalia Y. Ivanova-Pandourska⁴⁶⁸, Masanori Iwasaki⁴⁶⁹, Tuija Jääskeläinen⁴⁷⁸, Rod T. Jackson⁴⁴⁷, Jeremy M. Jacobs⁴⁷⁰, Michel Jadoui⁴⁷¹, Tazeen H. Jafar⁴⁴², Kenneth James³⁹, Konrad Jamrozik^{387,891}, Nataša Jan⁴⁷², Anna Jansson⁴⁷³, Imre Janszky⁴⁷⁴, Edward Janus⁴⁷⁵, Juel Jarani⁴⁷⁶, Gerald Jarnik⁴⁷⁷, Marjo-Riitta Jarvelin^{1,35}, Grazyna Jasienska⁴⁷⁸, Ana Jelaković⁴⁷⁹, Bojan Jelenc¹¹, Garry Jennings⁴⁸⁰, A. M. Jibo⁴⁸¹, Ramon O. Jimenez⁴⁸², Karl-Heinz Jöckel⁴⁸³, Michel Joffres¹³⁹, Jari J. Jokelainen¹¹², Jost B. Jonas⁴⁸⁴, Lars Jørn Kjerpeseth¹¹, Torben Jørgensen⁸, Rohina Joshi⁴⁸⁵, Josipa Josipović⁴⁸⁶, Farahnaz Joukar⁴⁸⁷, Pekka Jousilahti^{28,341}, Jacek J. Józwiak⁴⁸⁸, Debra S. Judge⁴⁴⁶, Anne Juolevi²⁸, Gregor Jurak¹², Iulia Jurca Simina²⁵⁷, Vesna Juresa¹¹, Rudolf Kaaks²⁰⁸, Niina E. Kaartinen²⁸, Felix O. Kaducu⁴⁸⁹, Agnes L. Kadvan⁴⁹⁰, Anthony Kafatos⁴⁹¹, Maria Kafyra²⁹⁷, Mónica Kaj⁴⁹², Eero O. Kajantie²⁸, Sree Ramakrishna Kakani²⁹, Bernard Kakuhiire⁴⁹³, Natia Kakutia^{494,495}, Daniela Kállayová⁴⁹⁶, Zhanna Kalmatayeva³²³, Natasa Kalpourtzi¹¹⁸, Ofra Kalter-Leibovici¹, Yves Kameli²⁹⁹, Kodanda R. Kanala⁴⁹⁸, Srinivasan Kapantais⁴⁹⁹, Eftymios Kapantais⁵⁰⁰, Anna Kapustina¹²², Eva Karaglani²⁹⁷, Line L. Kärhus⁸, Khem B. Kark¹⁵⁰¹, Omat Karlsson⁵⁰², Adoubi Kassi Anicet⁵⁰³, Philippe B. Katchunga⁵⁰⁴, Marzieh Katibeh²⁸⁷, Prasad Katulanda³⁸³, Joanne Katz², Peter T. Kitzmarzyk⁵⁰⁵, Jussi Kaunonen⁷⁷, Prabhdeep Kau⁵⁰⁶, Maryam Kavousi⁴⁶², Gylli M. Kazakbaeva¹⁷⁶, François F. Kaze³², Benson M. Kazembe⁵⁰⁷, Calvin Ke⁵⁰⁸, Youzhi Ke⁵⁰⁹, Ulrich Keil⁵¹⁰, Lital Keinan Boker⁵¹¹, Sirkka M. Keinänen-Kiukaanniemi¹¹², Roya Kelishadi⁴⁹², Cecily Kelleher¹⁴⁸, Han C. G. Kemper⁴⁴⁹, Maryam Keramat⁵¹³, Mathilde Kersting⁵¹⁴, Bobby Kgosiemang⁵¹⁵, Yousef Saleh Khader¹⁴¹, Kazem Khalaji⁶⁵, Arsalan Khaledifar⁶⁴, Davood Khalili¹⁹⁶, Bahareh Khouri¹¹⁶, Motahareh Kheradmand⁵¹⁷, Irina V. Khoroosheva⁵⁰¹, Alireza Khosravi Farsani⁵¹⁸, Ilse M. S. L. Khouw⁵²⁰, Saeed Khwaja Mir Islam⁵¹⁹, Ursula Kiechl-Kohlendorfer⁵²⁰, Stefan Kiechl^{520,521}, Japhet Killweo⁵²², Hyeon Chang Kim⁵²³, Jenny M. Kindblom^{181,524}, Heidi Klakk⁵²⁵, Suntara Klanarong^{526,891}, Jana Klanova⁵²⁷, Magdalena Klimek⁴⁷⁸, Jurate Klumbliene¹⁶², Michael Knoflach⁵²⁰, Susanne Kobe⁵²⁸, Maciej Kochman¹²⁶, Bhawesh Koirala⁵²⁹, Sweta Koirala⁵³⁰, Elin Kolle³⁴, Sanda M. Kolo⁵³¹, Patrick Kolsteren¹⁹⁹, Jürgen König⁵³², Päivikki Koponen²⁸, Raija Korpelainen²⁸, Paul Korrovtis⁵³³, Magdalena Korzycka³²⁷, Jelena Kos¹³⁰, Seppo Koskinen⁴⁴¹, Katsuyasu Kouda³⁶⁶, Malik Koussouh Simone⁵³⁴, Éva Kovács⁵³⁵, Viktoria Anna Kovacs⁴⁹², Irina Kovalsky⁵³⁸, Sudhir Kowlessur⁵³⁷, Slawomir Koziel³⁹⁷, Jana Kratenova²²⁸, Wolfgang Kratzer⁵³⁸, Vilma Kriaucioniene¹⁶², Susi Kriemler¹⁹³, Peter Lund Kristensen²⁵⁹, Helena Krizan⁵³⁹, Maria F. Kroker-Lobos⁵⁴⁰, Steinar Krøstad⁴⁷⁴, Daan Kromhout²³⁰, Herculina S. Kruger^{541,542}, Ruan Kruger⁵⁴¹, Łukasz Kryst⁵⁴³, Ruzena Kubinova²²⁹, Renata Kuciene¹⁶², Urho M. Kujala⁵⁴⁴, Enisa Kujundzic¹¹⁹, Zbigniew Kulaga⁴⁰⁴, Mukhtar Kulimber⁵⁴⁵, Vaitheeswaran Kulothungan⁵⁴⁶, Richard Kumamplap³, R. Krishna Kumar⁵⁴⁷, Meena Kumar¹⁷, Maria Kunesova⁵⁴⁸, Yadlapalli S. Kusuma⁵⁴⁹, Vladimir Kutsenko¹²², Kari Kuulasmaa²⁸, Catherine Kyobutungi²⁴, Quang Ngoc Le⁵⁵⁰, Fatima Zahra Laamiri⁵⁵¹, Demetre Labadarios^{338,552}, Idolia Labayen⁵⁵³, Carl Lachat¹⁰⁹, Karl J. Lackner¹⁶⁷, Jouni Lahti²⁸, Daphne Lai⁵⁵⁴, Wai Kent Lai⁵⁴⁴, Youcef Laid⁵⁵⁵, Lachmie Lal⁵⁵⁶, Ecosse L. Lamoureux⁴¹⁸, Maritza Landaeta Jimenez²⁰², Edwige Landais²⁹⁹, Anne Langsted^{57,58}, Tiina Lankila⁵⁵⁷, Vera Lanska⁴⁰³, Georg Lappas⁵⁵⁸, Bagher Larjani⁵⁵⁹, Mina P. Lateva³⁷, Tint Swe Latt⁵⁶⁰, Martino Laurenzen⁵⁶¹, Maria Lazo-Porras⁵⁶², Gwenaelle Le Coroller³⁴⁵, Khanh Le Nguyen Bao³⁰⁶, Agnès Le Port²⁹⁹, Tuyen D. Le³⁰⁶, Jeannette Lee^{251,563}, Paul H. Lee²⁷², Terho Lehtimäki^{564,565}, Daniel Lemogund⁵⁶⁶, David A. Leon³⁵⁴, Elvynna Leong⁵⁵⁴, Aitana Lertxundia⁵⁶⁷, Nerea Lertxundia⁵⁶⁸, Branimir Leskosek¹², Justyna Leszczak¹²⁶, Katja B. Leth-Møller⁸, Gabriel M. Leung¹⁰, Esko Levälähti²⁸, Sergey P. Levushkin⁵⁶⁹, Yanping Li¹⁹, Merike Liivak⁵⁷⁰, Christa L. Lilly⁵⁷¹, Charlie Lim^{251,563}, Wei-Yen Lim⁵⁷², Maria Fernanda Lima-Costa⁵⁷³, Yi-Jing Lin²⁴⁸, Lars Lind⁵⁷⁴, Vijaya Lingam³⁸¹, Birgit Linköhr³¹³, Allan Linneberg⁵⁷⁵, Jakob Linseisen⁵⁷⁵, Lauren Lissner¹⁸¹, Mieczysław Litwin⁴⁰⁴, Jing Liu⁵⁷⁶, Lijuan Liu³¹⁰, Liping Liu³²⁰, Xiaotian Liu⁵⁷⁷, Yang Liu⁵⁰⁹, Sabrina Llop⁵⁷⁸, Wei-Cheng Lo⁵⁷⁹, Helle-Mai Løit⁵⁷⁰, Ayesha Lokubalasooriya⁵⁸⁰, Khuong Quynh Long⁵⁸⁰, Carla Lopes¹⁰⁰, Luis Lopes¹⁰⁰, Marcus V. V. Lopes⁵⁸¹, Oscar Lopes⁵⁸², Esther Lopez-Garcia^{84,125}, José Francisco López-Gil^{583,584}, Tania Lopez⁵⁸⁵, Paulo A. Lotufo¹⁶⁶, José-Eugenio Lozano-Alonso⁵⁸⁶, Gabriel Lozano-Berges²³⁴, Janice L. Lukrafka⁵⁸⁷, Dalia Luksiene¹⁶², Maria Delia Luna⁵⁸⁸, Annamari Lundqvist²⁸, Nuno Lunet¹⁰⁰, Charles Lunogelo⁵⁸⁹, Michala Lustigová^{228,263}, Edyta Łuszczki¹²⁶, Jean-René M'Buyamba-Kabangu⁵⁹⁰, Guansheng Ma³⁷, Jun Ma³⁷, Xu Ma⁴³⁸, George L. L. Machado-Coelho¹⁴², Aristides M. Machado-Rodrigues⁵⁹¹, Enguerran Macia⁵⁹², Luísa M. Macieira⁵⁹³, Ahmed A. Madar¹⁰⁰, Sheryllyn Madraisau⁴⁶¹, Anja L. Madsen⁴, Gladys E. Maestre⁵⁹⁴, Stefania Maggi⁵⁹⁵, Dianna J. Magliano⁵⁹⁶, Emmanuella Magriplis⁵⁹⁷, Gowri Mahasampath¹⁴⁹, Bernard Maire²⁹⁹, Marjeta Majer¹¹, Marcia Makdisse⁵⁹⁸, Päivi Mäki²⁸, Mohammad-Reza Malekpour⁴¹, Fatemeh Malekzadeh⁶⁵, Reza Malekzadeh⁶⁵, Rahul Malhotra²⁴², Laurent Malisoux³⁴⁵, Sofia K. Maluyutina⁵⁹⁹, Lynell V. Maniego⁵⁹⁹, Yannis Manios²⁹⁷, Jim I. Mann⁶⁰⁰, Satu Männistö²⁸, Fariborz Mansour-Ghanaei⁴⁸⁷, Taru Manyanga⁶⁰¹, Enzo Manzato²⁵⁸, Mala Ali Mapatano¹⁹⁵, Anie Marci²⁶⁸, Francisco Mardones¹⁶³, Paula Margozzini¹⁶³, Joany Mariño³¹⁵, Mihaela Marinović Glavić⁴⁷⁹, Anastasia Markaki⁶⁰², Oonagh Markey⁶⁰³, Josko Markic⁶⁰⁴, Eliza Markidou Ioannidou⁶⁰⁵, Pedro Marques-Vidal^{606,607}, Larissa Pruner Marques⁶⁰⁸, Jaume Marrugat^{78,609}, Dries Martens⁶¹⁰, Yves Martin-Prevel²⁹⁹, Rosemarie Martin⁶¹¹, Borja Martinez-Tellez²¹⁹, Vicente Martinez-Vizcaino⁶¹², Reynaldo Martorell⁵, Eva Martos⁶¹³, Fatai A. Maruf⁶¹⁴, Katharina Maruszczak⁶¹⁵, Stefano Marventano³⁷³, Giovanna Masala⁶¹⁶, Luis P. Mascarenhas⁶¹⁷, Mannix Masimango Imani⁶¹⁸, Masoud Masinaei⁴¹, Ellisiv B. Mathiesen⁴⁰⁷, Prashant Mathur⁵⁴⁶, Alicia Matijasevich¹⁶⁶, Piotr Mattoś¹²⁶, Tandi E. Matsha⁶¹⁹, Victor Matsudo⁶²⁰, Giletta Matteo¹⁹⁵, Pallab K. Maulik⁶²¹, Christina Mavrogiani²⁹⁷, Artur Mazur¹²⁶, Camille M. Mba³², Shelly R. McFarlane³⁹,

Stephen T. McGarvey⁶²², Keeley McGee¹⁴⁶, Martin McKee³⁵⁴, Rachael M. McLean⁶⁰⁰, Scott B. McLean²⁶⁸, Breige A. McNulty¹⁴⁸, Sounnia Mediene Benckhor⁴⁵³, Jurate Medzioniene¹⁶², Kirsten Mehlig¹⁸¹, Vrinda Mehra⁶²³, Amir Houshang Mehrparva⁶²³, Jørgen Meisfjord¹⁰¹, Christine Meisinger⁵⁷⁵, Jesus D. Melgarejo⁵⁹⁴, Marina Melkumova⁶²⁴, Júlio B. Mello⁶²⁵, Sofia Mendes⁶²⁶, Fabián Méndez¹³³, Carlos O. Mendivil⁶²⁷, Ana Maria B. Menezes¹⁰⁹, Geetha R. Menon²⁴⁵, Gert B. M. Mensink⁶⁰, Maria Teresa Menzano³⁷², Indrapal I. Meshram²⁹, Diane T. Metz⁶²⁸, Haakon E. Meyer¹⁸⁰, Jie Mi²⁴⁶, Kim F. Michaelsen⁵⁸, Nathalie Michels¹⁹⁹, Kairit Mikkel¹³³, Jelena P. Milešević⁴²¹, Jody C. Miller⁵⁰⁰, Olga Milushkina⁶²⁹, Cláudia S. Minderico⁶³⁰, G. K. Mini⁶³¹, Juan Francisco Miquel¹⁶³, Mohammad Reza Mirjalili⁶²³, Daphne Mirkopoulou⁶³², Parvin Mirmiran⁶³³, Masoud Mirzaei⁶²³, Marjeta Mišigoj-Duraković¹¹, Antonio Mistretta³⁷³, Veronica Mocanu⁶³⁴, Ana Mocumbi⁶³⁵, Pietro A. Modesti⁶³⁶, Jobe Modou⁵⁴, Sahar Saedi Moghaddam¹¹, Shukri F. Mohamed²⁴, Kazem Mohammad⁶⁵, Mohammad Reza Mohammadi¹⁶³⁷, Zahra Mohammadi⁶⁵, Noushin Mohammadifard⁶³⁸, Viswanathan Mohan¹⁴, Sherina Mohd Sidik⁶³⁹, Muhammad Fadhli Mohd Yusoff⁴⁴, Iraj Mohebbi¹⁶⁰, Diego Moliner Urdiales¹⁵⁰, Line T. Møllehave⁸, Niels C. Møller²⁵⁹, Dénes Molnár⁶⁴⁰, Amirabbas Momenan⁴²⁵, Charles K. Mondo⁶⁴¹, Rafael Monge-Rojas⁶⁴², Michele M. Monroy-Valle⁶⁴³, Roger A. Montenegro Mendoza⁶⁴⁴, Eric Monterrubio-Flores⁴⁴², Kotsedi Daniel K. Monyeke⁶⁴⁵, Jin Soo Moon⁶⁴⁶, Mahmood Moosazadeh⁵¹⁷, Hermine T. Mopa³², Farhad Moradpour³⁸³, Leila B. Moreira³⁶⁵, Alain Morejon⁶⁴⁷, Luis A. Moreno^{277,285}, Francis Morey⁸⁴⁸, Karen Morgan²², Suzanne N. Morin³⁸³, Erik Lykke Mortensen⁵⁸, George Moschonis⁶⁴⁹, Alireza Moslem⁶⁵⁰, Mildrey Mosquera¹³³, Malgorzata Mossakowska⁶⁵¹, Aya Mostafa⁶⁵², Seyed-Ali Mostafaei¹⁶⁵, Anabela Mota-Pinto⁵⁹¹, Eugen Mota⁶⁵³, Jorge Mota¹⁰⁰, Maria Mota⁶⁵³, Mohammad Esmaeel Motlagh²⁵³, Jorge Motta⁶⁵⁴, Robert Moumakwa⁵¹⁵, Marcos André Moura-dos-Santos¹³⁶, Yeva Movsesyan⁶²⁴, Malay K. Mridha⁵⁶, Kelias P. Msyamboza⁶⁵⁵, Alicia Mtijasevich⁶⁵⁶, Thet Thet Mu⁵⁵⁷, Magdalena Muc⁵⁹¹, Florian Mucca⁶⁶³, Boban Mugoša¹¹⁹, Maria L. Muietan⁶⁵⁹, Martina Müller-Nurasyid¹⁶⁷, Patricia B. Munroe⁶⁶⁰, Adria Muntaner-Mas⁶⁶¹, Thomas Münzel⁶⁷, Molly M. Murphy⁴⁶⁴, Céline Murrin¹⁴³, Jaakko Mursu²⁷, Elaine M. Murtagh⁶⁶², Kamarul Imran Musa⁶⁶³, Sanja Musić Milanović^{11,359}, Vera Musil¹¹, Geoffrey Musinguzi⁶⁶⁴, Muel Telo M. C. Muye¹⁹⁵, Iraj Nabipour⁶⁶⁵, Gabriele Nagel⁶⁶⁶, Farid Najafi¹²⁹, Harunobu Nakamura³⁶⁶, Hanne Naleec⁶⁶⁷, Jana Nešmešná¹¹³, Ei Ei K. Nang^{251,563}, Vinay B. Nangia⁶⁶⁸, Martin Nankap⁶⁶⁹, Sameer Narakat⁴¹⁷, K. M. Venkat Narayan⁸, Paola Nardone²⁶², Take Naseri⁶⁷⁰, Tim Nawrot^{610,671}, William A. Neal⁵⁷¹, Nareemarn Neelapaichit⁵⁴, Mayssam Nehme³⁷⁷, Azim Nejatizadeh³²⁹, Ilona Nenko⁴⁷⁸, Martin Neovius²⁹³, Flavio Nervi¹⁶³, Olena Nesterova⁶⁷², Dinsh Neupane², Tze Pin Ng²⁵¹, Chung T. Nguyen⁶⁷³, Nguyen D. Nguyen⁶⁷⁴, Quang Ngoc Nguyen⁶⁷⁵, Michael Y. Ni¹¹⁰, Rodica Nicolescu²⁸⁰, Peng Nie⁶⁷⁶, Ramfis E. Nieto-Martínez⁶⁷⁷, Yury P. Nikitin⁵⁹⁹, Guang Ning¹⁷², Toshiharu Ninomiya⁴³⁵, Nobuo Nishi²³, Sania Nishtar⁶⁷⁸, Marianna Noale⁵⁹⁵, Oscar A. Noboa⁴⁷³, Helena Nogueira⁵⁹¹, Maria Nordendahl⁶¹, Borge G. Nordestgaard^{57,58}, Kevin I. Norton⁴⁸⁵, Davide Noto¹²⁷, Natalia Nowak Szczepanska³⁹⁷, Mohammad Al Nsour⁶⁷⁹, Irfan Nuhoğlu³³⁹, Eha Nurk⁷⁰⁰, Fred Nuwaha⁶⁸⁴, Mofat Nyirenda⁶⁸⁴, Terence W. O'Neill⁶⁸⁰, Dermot O'Reilly²⁴³, Galina Obreja²⁶⁹, Caleb Ochimang¹⁹, Angélica M. Ochoa-Avilés³¹¹, Eiji Oda⁶⁸¹, Augustine N. Odili⁶⁸², Kyungwon Oh⁶⁸³, Kumiko Ohara⁶⁸⁴, Claes Ohlsson^{181,524}, Rytaro Ohtsuka^{685,891}, Örn Olafsson⁴¹¹, Brian Oldenburg⁶⁹⁶, Maria Teresa A. Olinto³⁶⁵, Isabel O. Oliveira¹⁰⁹, Mohd Azahadi Omar¹⁴, Saeed M. Omar⁶⁸⁶, Altan Onat^{687,891}, Sok King Ong⁶⁸⁸, N. Charlotte Onland-Moret³⁷⁹, Lariane M. Ono⁴⁴⁷, Obinna Onodugo⁴⁶⁰, Pedro Ordunez²²¹, Rui Ornelas⁶⁸⁹, Francisco B. Ortega²¹⁶, Ana P. Ortiz⁶⁹⁰, Pedro J. Ortiz220, Merete Osler⁸, Clive Osmond²⁷², Sergej M. Ostojic³⁰⁵, Afshin Ostovar⁶⁵, Johanna A. Otero⁶⁹¹, Charlotte B. Ottendahl¹⁷⁹, Akaninyene Otu³³⁴, Kim Overvad²⁸⁷, Ellis Owusu-Dabo⁶⁹², Adetoyeje Y. Oyeyemi⁶⁹³, Adewale L. Oyeyemi⁶⁹⁴, Fred Michel Paccaud¹⁸⁸, Cristina P. Padez⁵⁹¹, Ioannis Pagkalos⁴³⁴, Marat Pahimov²⁰, Elena Pahomova³²⁶, Karina Mary de Paiva²⁸³, Andrzej Pajak⁴⁷⁸, Natalia Pajula⁵⁷⁰, Alberto Palloni⁹⁹⁵, Luigi Palmieri²⁶², Demosthenes Panagiotakis²⁹⁷, Songhmitra Panda-Burns⁶⁹⁶, Arvind Pandey²⁴⁵, Zengchang Pang⁶⁹⁷, Francesco Panza⁶⁹⁸, Antonio Paoli²²⁵, Mariela Paoli²⁰⁹, Soudana K. Papadopoulos⁴³⁴, Dimitrios Papandreou⁶⁹⁹, Rossina G. Pareja³⁰⁸, Suvi Parikka²⁸, Soon-Woo Park⁷⁰⁰, Suyeon Park⁶⁸³, Winsome R. Parnell⁷⁰⁰, Mahboubeh Parsaeian⁶⁹, Ionela M. Pascanu¹⁵², Patrick Pasquet⁸⁹, Chona F. Patalan¹⁹, Roengrudee Patanavanich⁷⁰¹, Nikhil D. Patel⁷⁰², Marcos Pattussi³⁰², Halyna Pavlyshyn³⁶⁸, Raimund Pechlaner⁵²⁰, Uvan Pecin¹³⁰, Dorte C. Pedersen⁶, Mangesh S. Pednekar⁴¹⁷, João M. Pedro⁷⁰³, Ana B. Peinado¹⁵⁶, Sergio Viana Peixoto⁵⁷³, Markku Peltonen²⁸, Guillem Pera⁷⁰⁴, Alexandre C. Pereira¹⁶⁶, Marco A. Peres⁷⁰⁵, Napoleon Perez-Farinos¹⁰², Agustín Perez-Londño⁶²⁷, Cynthia M. Pérez⁶⁹⁰, Markus Perola²⁸, Valentina Peterkova¹⁸⁹, Annette Peters³¹³, Janina Petkeviciene¹⁶², Ausra Petrauskiene¹⁶², Olga Petrovna Kovtun⁹⁸, Emanuela Pettenuzzo⁷⁰⁶, Niloofer Peykari²⁰⁴, Norbert Pfeiffer¹⁸⁷, Son Thai Pham⁷⁰⁷, Felix P. Phiri⁷⁰⁸, Rafael N. Pichardo⁷⁰⁹, Preux Pierre-Marie⁷¹⁰, Iris Pigeot⁵⁷, Hyeon Pikhart¹⁸⁶, Aida Pilav¹²⁰, Pavel Piler⁵²⁷, Lorenza Pilotto⁷¹¹, Francesco Pistelli⁷¹², Freda Pitakaka⁷¹³, Aleksandra Piwonka⁷¹⁴, Andrea N. Pizzaro¹⁰⁰, Pedro Plans-Rubio⁷¹⁵, Alina G. Platonova⁷¹⁶, Bee Koon Poh⁷¹⁷, Hermann Pohlbeln⁶⁷, Raluca M. Pop¹⁸², Barry M. Popkin³¹⁹, Stevo R. Popovic¹⁷⁸, Miquel Porta^{84,378}, Georg Posch¹⁴⁵, Anil Poudyal¹⁷⁷, Dimitrios Poulimeneas⁴³⁴, Hamed Pouraram⁶⁵, Farhad Pourfarzi¹¹⁸, Akram Pourshams⁶⁵, Hossein Poustchi¹⁶⁵, Dorairaj Prabhakaran⁷¹⁹, Rajendra Pradeep¹⁴⁴, Andrew Prentice³⁵⁴, Alison J. Price³⁵⁴, Jacqueline F. Price⁷²⁰, Antonio Prista⁷²¹, Rui Providencia¹⁸⁶, Jardena J. Puder⁶⁰⁶, Iveta Pudule²², Soile Puhakka⁵⁵⁷, Maria Puiu²⁵⁷, Margus Punab⁵³³, Mohammed S. Qadir⁷²³, Radwan F. Qasrawi⁴⁷, Qing Qiao⁷²⁴, Mostafa Qorbani⁷²⁵, Anna Quialheiro⁷²⁶, Hedley K. Quintana⁶⁴⁴, Pedro J. Quiroga-Padilla⁶²⁷, Tran Quoc Bao⁷²⁷, Stefan Rach⁶⁷, Maria-Victoria Racu⁷²⁸, Ivana Radic⁷²⁹, Ricardas Radisauskas¹⁶², Salar Rahimikazerooni³⁴⁸, Mahfuzur Rahman⁷³⁰, Mahmudur Rahman⁷³¹, Olli Raitakar⁷³², Manu Raj⁵⁴⁷, Tamerlan Rajabov⁷³³, Sherali Rakhmatulloev⁴⁶, Ivo Rakovac²¹⁴, Sudha Ramachandra Rao⁵⁰⁶, Ambady Ramachandran²⁴¹, Ötüm P. C. Ramadan⁷³⁴, Virgilio V. Ramires⁷³⁵, Manuel Ramirez-Zea⁵⁴⁰, Jacqueline Ramke¹⁴⁷, Elisabete Ramos¹⁰⁰, Rafael Ramos^{736,737}, Lekhray Rampal⁶³⁹, Sanjay Rampal³⁰, Sheena E. Ramsay⁷³⁸, João F. L. B. Rangel Junior¹³⁶, Lalka S. Rangelova⁵⁵⁵, Harish Ranjani¹⁴, Ravindra P. Rannan-Eliya⁷³⁹, João F. Raposo⁷⁴⁰, Patricia Rarau³, Vyia Rarra⁷⁴¹, Ramon A. Rascon-Pacheco⁴⁹, Mohammad-Mahdi Rashidi⁴¹, Cassiano Ricardo Rech²⁸³, Cristina Recuero Carretero¹⁰², Josep Redon⁷⁴², Valéria Regecová⁷⁴³, Jane D. P. Renner⁷⁴⁴, Judith A. Repasy⁴³⁹, Cézane P. Reuter⁷⁴⁴, Luis Revilla⁵⁸⁵, Andrew Reynolds⁹⁰⁰, Negar Rezaei⁶⁵,

Abbas Rezaianzadeh³⁴⁸, Yeunsook Rho⁴²⁴, Lourdes Ribas-Barba⁷⁴⁵, Robespierre Ribeiro^{746,891}, Rogério T. Ribeiro⁷⁴⁰, Elio Riboli¹, Fernando Rigo⁷⁴⁷, Attilio Rigotti¹⁶³, Leanne M. Riley³, Nataschia Rinaldo⁴⁰, Tobias F. Rinke de Wit⁷⁴⁸, Ulf Riserus⁷⁷⁴, Ana I. Rito¹³⁴, Raphael M. Ritti-Dias⁷⁴⁹, Juan A. Rivera⁴⁴², Reina G. Roa⁷⁵⁰, Romana Roccaldo²³⁸, Daniela Rodrigues⁵⁹¹, Fernando Rodríguez-Artalejo^{84,125}, Manuel A. Rodríguez-Pérez¹⁰⁴, María del Cristo Rodríguez-Pérez⁷⁵¹, Laura A. Rodríguez-Villamizar⁷⁵², Andrea Y. Rodríguez⁷⁵³, Ulla Roggenbuck¹⁸³, Peter Rohloff⁷⁵⁴, Fabian Rohner⁷⁵⁵, Rosalba Rojas-Martínez⁴⁴², Gemma Rojo-Martínez^{756,757}, Nipa Rojroongwasinkul¹⁵⁴, Almudena Rollán Gordo¹⁰², Dora Romaguera^{277,758}, Elisabetta L. Romeo²⁹⁴, Gil B. Rosa⁶³⁰, Rafaela V. Rosario⁷⁵⁹, Annika Rosengren^{181,524}, Ian Rouse⁷⁶⁰, Vanessa Rouzier⁷⁶¹, Joel G. R. Roy²⁶⁸, Maira Ruano Estrada⁷⁶², Maira H. Ruano⁷⁶³, Adolfo Rubinstein⁴²², Frank J. Rühlri¹⁹³, Jean-Bernard Ruidavets¹⁹², Blanca Sandra Ruiz-Betancourt⁴⁹, Maria Ruiz-Castell³⁴⁵, Emma Ruiz Moreno^{84,764}, Iuliia A. Rusakova¹⁷⁶, Wojciech Rusek⁷⁶⁵, Kenisha Russell Jonsson⁴⁷³, Paola Russo⁷⁶⁶, Petra Rust⁶², Marcin Rutkowski⁷⁶⁷, Katri Sääksjärvi²²⁹, Marge Saamel⁷⁷⁰, Crizian G. Saar²³³, Charumathi Sabanayagam⁷⁶⁸, Kalpana Sabapathy²⁵⁴, Hamideh Sabbagh¹¹⁶, Shaun Sabico⁷¹, Harshpal S. Sachdev⁷⁶⁹, Alireza Sadjadi⁶⁵, Ali Reza Safarpour³⁴⁸, Sare Safi¹¹⁶, Mohammad Hossien Saghi⁶⁵⁰, Olfa Saidi¹⁵⁷, Calogero Saieva⁶¹⁶, Satoko Sakata⁴³⁵, Nader Saki²⁵³, Sanja Salaj¹, Benoit Salanave³⁰⁰, Eduardo Salazar Martínez⁴⁴², Akkumis Salkhanova⁷⁷⁰, Diego Salmerón^{84,456}, Veikko Salomaa⁷³², Jukka T. Salonen³⁴¹, Massimo Salvetti⁶⁵⁹, Margarita Samoutian⁷⁷¹, Jose Sánchez-Abanto⁷⁷², Guillermo Sanchez-Delgado²¹⁹, Mairéna Sánchez-López⁶¹², Joaquín Sanchis-Moysí³¹², Sandjaja⁷⁷³, Susana Sans⁷⁷⁴, Loreto Santa-Marina⁷⁷⁵, Ethel Santacruz Lezcano¹⁵⁵, Diana A. Santos⁶³⁰, Ina S. Santos¹⁰⁹, Lélita C. Santos⁵⁹³, Maria Paula Santos¹⁰⁰, Osvaldo Santos⁷⁷⁶, Palmira Santos⁶³⁵, Rute Santos⁷⁵⁹, Tamara R. Santos⁷⁷⁷, Vonthanak Saphonn⁷⁷⁸, Jouko L. Saramies⁷⁷⁹, Luis B. Sardinha⁸⁰⁰, Nizal Sarrafzadegan⁶³⁸, Yoko Sato⁷⁸⁰, Kai-Uwe Saum²⁰⁶, Stefan Savin³, Savvas Savva⁴²⁶, Mathilde Savy²⁹⁹, Norie Sawada⁷⁸¹, Mariana Sbaraini²⁶⁵, Maria Scazufca⁷⁸², Beatriz D. Schaaf²⁶⁵, Angelika Schaffrath Rosario³⁴, Herman Schargrodsky^{783,891}, Karin Schindler⁷⁸⁴, Amand Florian Schmidt^{186,207}, Borge Schmidt⁴⁸³, Carsten O. Schmidt³¹⁵, Andrea Schneider³¹², Peter Schnohr⁸, Catherine Mary Schooling¹⁰, Ben Schöttke²⁰⁶, Sara Schramm⁴⁸³, Stine Schramm²⁵⁹, Helmut Schröder^{84,778}, Constance Schultz²⁰⁷, Gry Schultz⁷⁸⁵, Matthias B. Schulze⁷⁸⁶, Aletta E. Schutte^{485,787}, Moslem Sedaghatallah⁴³², Rusidah Selamat⁴⁴, Abhijit Sen⁷⁸⁸, Idowu O. Senbanjo⁷⁸⁹, Sadaf G. Sepanlou⁶¹, Guillermo Sequera¹⁵⁵, Luis Serra-Majem³¹², Jennifer Servais²⁶⁸, Ludmila Ševčíková⁷⁹⁰, Ronel Sewpaul⁷⁹¹, Svetlana A. Shalnova¹²², Teresa Shamah-Levy⁴⁴², Seyed Morteza Shamshegar¹¹⁵, Shubash Shander⁴⁴, Coimbatore Subramaniam Shanthirani¹⁴, Maryam Sharafkhan⁶⁵, Sanjib K. Sharma⁵²⁹, Almaz Sharman⁷⁷⁰, Jonathan E. Shaw⁸⁹⁶, Amaneh Shayanrad⁶⁵, Ali Akbar Shayesteh²⁵³, Nurzhamal Sheisheeva⁶⁵, Ching-Fen Shen⁷⁴⁸, Lela Shengella⁴⁹⁴, Kenji Shibuya⁹², Hana Shimizu-Furusawa⁷⁹³, Tal Shimony⁵¹¹, Avi Shina⁷⁹⁴, Igor D. Shkrobanets⁷¹⁶, Marat Shorano¹⁶⁰, Khairil Si-Ramlee⁸⁸⁸, Alfonso Siani⁷⁸⁶, Abila M. Sibai³⁸⁶, Labros S. Sidossis⁷⁹⁵, Mark J. Siedner^{796,797}, Natalia Silitrari⁷²⁸, Antonio M. Silva¹⁴³, Caroline Ramos de Moura Silva¹³⁶, Diego Augusto Santos Silva²⁸³, Kelly Samara Silva²⁸³, Xuelling Sim^{251,563}, Mary Simon²⁴¹, Judith Simons⁷⁹⁸, Leon A. Simons⁴⁸⁵, Ivan Simunovic⁶⁰⁴, Agneta Sjöberg¹⁸¹, Michael Sjöström^{293,891}, Elena V. Skoblnina⁷⁹⁹, Natalia A. Skoblnina⁶²¹, Tatyana Slazhnyova¹⁴⁴, Jolanta Slowikowska-Hilczek³¹⁷, Przemysław Słusarczyk⁶⁵⁹, Liam Smeeth³⁵⁴, Lee Smith¹⁹⁶, Hung-Kwan So¹¹⁰, Fernanda Cunha Soares¹³⁶, Grzegorz Sobek¹²⁶, Eugène Sobngwa⁹³², Morten Sodemann²⁵⁹, Stefan Söderberg⁶¹, Moesijanti Y. E. Soekatri⁸⁰⁰, Agustinus Soemantri^{801,891}, Raquel Soler-Blasco⁶⁷⁸, Vincenzo Solfrizzi⁶⁹⁸, Yuliya V. Solovieva⁸⁰², Mohammad Hossein Sori³⁴⁶, Emily Sonestedt³⁸⁹, Sajid Soofi¹⁶, Thorikld I. A. Sørensen⁸⁸, Elin P. Sörgjerd⁴⁷⁴, Victoria E. Soto-Rojas⁴¹³, Aicha Soumaré⁸⁰³, Alfonso Sousa-Poza⁸⁰⁴, Mafalda Sousa-Uva¹³⁴, Mam Sovath⁷⁷⁸, Agnieszka Sozańska¹²², Bente Sparboe-Nilsen⁸⁰⁵, Karen Sparrénberger³⁶⁵, Yita Speckauskiene¹⁶², Phoebe R. Spencer⁴⁴⁸, Angela Spinelli²⁶², Igor Spiroski^{806,807}, Jan A. Staessen¹⁹⁴, Aleksandra Stamenova⁸⁰⁷, Hanspeter Stamm⁸⁰⁸, Laura Stanculescu⁸⁰⁹, Andreas Stang⁴⁸³, Kaspar Staub¹⁹³, Bill Stavreski⁴⁸⁰, Jostein Steene-Johannessen⁸⁴, Peter Stehle⁸¹⁰, Aryeh D. Stein⁵, Silje Steinsbekk⁴⁷⁴, George S. Stergiov¹¹⁸, Jochanan Stessman⁴⁷⁰, Jutta Stieber^{313,891}, Doris Stöckl³¹³, Jakub Stokwiszewski⁸¹¹, Katarzyna Stoś⁸¹¹, Ekaterina Stoyanova⁸¹², Gareth Stratton²¹², Karien Stronks²⁰⁷, Maria Wany Strufaldi³⁶⁰, Lela Struga⁴⁹⁴, Milton F. Suarez-Ortega⁸¹³, Phalakorn Suebsamran⁸¹⁴, Mindy S. Sugiyama⁴⁶¹, Machi Suka⁸¹⁵, Gerhard Sulo¹⁰⁶, Malin Sund⁶¹, Johan Sundström⁵⁷¹, Yn-Tz Sung⁸¹⁶, Jordi Sunyer⁸⁵, Suparmi¹⁵⁵, Nursaikhan Surenjav⁸¹⁷, Paibul Suriyawongpaisal⁵⁴, Kitti Susovits¹²¹, Nabil William G. Sweis⁸¹⁸, Boyd A. Swinburn¹⁴⁷, René Charles Sylva⁸¹⁹, Unni Syversen⁸²⁰, Lucjan Szponar⁸¹¹, Yasuharu Tabara⁷⁸⁰, Lorraine Tabone²⁶⁵, E. Shyong Tai^{251,563}, Konstantinos D. Tambalis¹¹⁸, Mari-Liis Tammesoo³⁵⁸, Abdonas Tamosiunas¹⁶², Eng Joo Tan³⁴⁴, Baimakhan Tanabayev⁸²¹, Nikhil Tandon⁸²², Xun Tang³⁷, Maya Tanrygulyeva⁸²³, Frank Tanser³³⁸, Yong Tao³⁷, Mohammed Rasoul Tarawneh⁸²⁴, Jakob Tarp⁸⁴, Carolina B. Tarqui-Mamani⁷⁷², Radka Taxová Braunerová⁸⁴⁸, Anne Taylor³⁸⁷, Félicité Tchibinda⁸²⁵, Saskia Te Velde⁸²⁶, William R. Tebar²⁶⁰, Fahimeh R. Tehrani⁸²⁷, Grethe S. Tell¹⁰⁶, Tania Tello⁸²⁸, Masresha Tessema⁸²⁸, Lukas Teufel³⁵⁰, Yih Chung Tham^{251,768}, K. R. Thankappan⁸²⁹, Holger Theobald²³¹, Xenophon Theodoridis⁸³⁰, Sathish Thirunavukkarasu¹⁴, Nihal Thomas⁸³⁰, Barbara Thorand³¹³, Amanda G. Thrift³⁴⁴, Lucica Tichă⁷⁹⁰, Erik J. Timmermans⁸³¹, Dwi Hapsari Tjandrarini⁵⁵, Anne Tjonneland⁴²⁷, Ervin Topić⁴⁵⁸, Maryam Tohid¹²⁵, Hanna K. Tolonen²⁸, Janne S. Tolstrup⁷⁹, Maciej Tomaszewski⁸³⁰, Murat Topbas³³⁹, Roman Topór-Mądry⁴⁷⁸, Pere Torán-Monserrat^{704,737}, Liv Elie Torheim⁸⁰⁵, Michael J. Tornaritis⁴²⁶, Maties Torrent⁸³², Laura Torres-Collado^{84,270}, Duarte Torres¹⁰⁰, Silvia Torres^{395,833}, Stefania Toselli⁸³⁴, Giota Touloumi¹¹⁸, Luciana Tovo-Rodrigues¹⁰⁹, Pierre Traissac²⁹⁹, Thi Tuyet-Hanh Tran⁵⁵⁰, Mark S. Tremblay⁵⁸¹, Areti Triantafyllou³⁹⁰, Antonia Trichopoulos⁶³⁵, Oanh T. H. Trinh⁵⁷⁴, Justina Trišauskė¹⁶², Atul Trivedi⁸³⁶, Alexander C. Tsai⁸³⁷, Lechaba Tshapo⁸³⁸, Thomas Tsiampalis²⁹⁷, Maria Tsigga⁸³⁹, Panagiotis Tsintavis⁴³⁴, Shoichiro Tsugane²³, John Tuitele^{840,841}, Azalia M. Tuliakova⁷⁶, Marshall K. Tulloch-Reid⁵⁹, Fikru Tullu⁸⁴², Tomi-Pekka Tuomainen²⁷, Jaakko Tuomilehto²⁸, Maria L. Turley⁸⁴³, Gilad Tzoref⁸⁴³, Per Tynelius⁸⁴³, Evangelia Tzala¹, Themistoklis Tzotzas⁵⁰⁰, Christophe Tzourio⁸⁰³, Nwannedimma Udoji⁸⁴⁵, Peter Ueda²⁸³, Eunice Ugel⁸⁴⁶, Flora A. M. Ukoli⁸⁴⁷, Hanno Ulmer⁸²⁰, Belgin Una³⁴⁰, Zhamyila Usupova⁸⁴⁸, Hannu M. T. Uusitalo⁸⁴⁸, Nalan Uysal⁸⁴⁹, Sergio Valdes^{756,757}, Gonzalo Valdivia¹⁶³, Susana Vale⁸⁵⁰, Popov I. Valery⁸⁵¹, Majid Valizadeh⁴⁵², Damaskini Valvi⁸⁵², Rob M. van Dam⁸⁵³, Bert-Jan van den Born²⁰⁷, Johan Van der Heyden¹⁵⁸, Yvonne T. van der Schouw³⁷⁹, Koen Van Herck¹⁹⁹, Wendy Van Lippevelde¹⁹⁹, Hoang Van Minh⁵⁵⁰, Natasja M. Van Schoor⁴⁴⁹, Irene G. M. van Valkengoed²⁰⁷, Dirk Vanderschueren¹⁹⁴, Diego Vanuzzo⁸⁵⁴, Anette Varbo^{57,58}, Gregorio Varela-Moreiras⁸⁵⁵, Luz Nayibe Vargas²⁷³, Senthil K. Vasan²⁷², Daniel G. Vasques³⁶⁵, Radu Vatasescu²¹⁰, Tomas Vega⁸⁵⁶, Toomas Veidebaum⁵⁷⁰, Gustavo Velasquez-Melendez²³³, Biruta Velika⁷²², Michel Velten^{174,857}, Charlotte Verdout³⁰⁰, Maïté Verloigne¹⁹⁹, Giovanni Veronesi²⁷⁴, W. M. Monique Verschuren¹⁸⁴, Germán Vicente-Rodríguez^{234,277}, Cesar G. Victoria¹⁰⁹, Josep Vidal-Conti⁵⁶¹, Giovanni Viegli⁸⁵⁸, Lucie Viet¹⁸⁴, Freydis N. Vik¹⁵⁷, Monica Vilar⁸⁵⁹, Salvador Villalpando¹⁴², Luis Villarreal¹⁶³, Jesus Vioque^{84,270}, Napaphan Viriyautsahakul⁸⁶⁰, Jyrki K. Virtanen²⁷, Marjolien Visser⁴⁴², Bharathi Viswanathan¹⁷, Chiranthika Vithana⁵⁸⁰, Mihaela Vladulescu⁸⁶¹, Tiina Vlasoff⁸⁶², Peter Vollenweide^{606,607}, Henry Völzke³¹⁵, Georgia Vourli⁸⁶³, Ari Voutilainen²⁷, Martine Vrijheid^{84,85}, Tanja G. M. Vrijkotte²⁰⁷, Silvije Vuletić¹¹, Alisha N. Wade⁸⁶⁴, Wakege Wakilongo²⁴⁴, Thomas Waldhör²⁸⁴, Janette Walton²¹⁶, Elvis O. A. Wambiya²⁴, Wan Mohamad Wan Bebakar⁸⁶³, Wan Nazaimoon Wan Mohamud⁸⁶⁵, Rildo de Souza Wanderley Júnior¹³⁶, Chongjian Wang⁵⁷⁷, Huijun Wang³⁸, Ningli Wang³¹⁰, Qian Wang⁸⁶⁶, Xiangjun Wang⁸⁶⁷, Ya Xing Wang⁴¹⁶, Yi-Ren Wang²⁴⁸, S. Goya Wannamethee¹⁸⁶, Nicholas Wareham⁸⁶⁸, Olivia Wartha⁵²⁸, Adelheid Weber¹⁵³, Karen Webster-Kerr⁴⁰⁶, Niels Wedderkopp²⁵⁹, Daniel Weghuber⁸¹⁵, Li Wei⁸⁶⁹, Wenbin Wei³¹⁰, Aneta Weres¹²⁶, Bo Werner⁸⁷⁰, Leo D. Westbury²⁷², Peter H. Whincup⁸⁷¹, Lars Wichstrøm⁴⁷⁴, Kremlin Wickramasinghe²¹⁴, Kurt Widhalm⁷⁸⁴, Indah S. Widyahening⁸⁷², Andrzej Więcek²⁶¹, Nilmini Wijemunige⁷³⁹, Philipp S. Wild¹⁶⁷, Rainford J. Wilks³⁹, Johann Willeit⁵²⁰, Karin Willeit⁵²⁰, Peter Willeit⁵²⁰, Julianne Williams²¹⁴, Tom Wilsaard⁴⁰⁷, James P. Wirth⁸⁷³, Agnieszka Wiśniowska-Szurlej¹²⁶, Bogdan Wojtyński⁸¹¹, Meseret Woldeyohannes⁸²⁸, Kathrin Wolf³¹³, Roy A. Wong-McClure⁴⁰, Andrew Wong¹⁸⁶, Emily B. Wong⁷⁹⁶, Jyh Elin Wong¹⁷⁷, Mark Woodward¹⁴⁸⁵, Agnieszka E. Woźniak⁸¹¹, Frederick C. Wu⁸⁸⁰, Hon-Yen Wu⁸⁷⁴, Jianfeng Wu¹⁷¹, Li Juan Wu⁴¹⁶, Shouling Wu²⁴⁹, Justyna Wyszynska¹²⁶, Haiquan Xu⁸⁷⁵, Liang Xu⁸⁷⁶, Can Can Xue⁷⁶⁹, Nor Azwany Yaacob⁸⁶³, Uruwan Yamborisut⁵⁴, Li Yan¹, Lily D. Yan⁸⁷⁷, Wei Li Yan⁸⁷⁸, Ling Yang⁵⁹⁰, Xiaoguang Yang³⁸, Yang Yang⁸⁶⁷, Nazan Yardim²³⁷, Chao-Yu Yeh²⁴⁸, Martha Yépez García⁸⁵⁹, Panayiotis K. Yiallourou⁸⁷⁹, Agneta Yngve⁵⁷⁴, Chandra Mandil Yogal⁴⁷⁴, Moein Yoossefi⁴¹, Akihiro Yoshihara⁸⁸⁰, Yoto Yotov³⁷¹, Qi Sheng You⁴¹⁶, Yu-Ling Yu⁸⁸¹, Yunjiang Yu⁸⁸¹, Safiah Md Yusuf⁸⁸², Ahmad Faudzi Yusoff⁴⁴, Luciana Zaccagni⁴¹⁰, Vassilis Zafiroopoulos⁸⁸³, Ahmad A. Zainuddin⁴⁴, Farhad Zamani⁸⁸⁴, Sabina Zamboni²²⁵, Antonis Zampelas⁹⁷, Hana Zamazilova⁵⁴⁸, Maria Elisa Zapata²³², Tomasz Zatoński¹³⁷, Ko Ko Zaw⁸⁶⁰, Ayman A. Zayed⁸¹⁸, Tomasz Zdrojewski⁷⁶⁷, Magdalena Zeglen⁵⁴³, Krystyna Zeglajcova²²⁸, Gium Zeleke⁸²⁸, Tajana Zeljkovic Vrkic¹³⁰, Yi Zeng^{37,502}, Andrea Zentari¹²¹, Bing Zhang³⁸, Luxia Zhang⁸⁸⁵, Zhen-Yu Zhang¹⁸⁴, Dong Zhao⁵⁷⁶, Ming-Hui Zhao⁸⁸⁵, Wenhua Zhao³⁸, Yanitsa V. Zhecheva⁴⁶⁸, Wei Zheng²²⁰, Bekbolat Zholdin⁸⁸⁶, Maigeng Zhou³⁸, Dan Zhu⁸⁸⁷, Oleg F. Zhukov⁸⁸⁸, Sophia Zollner-Kiechl¹⁵²⁰, Paul Zimmer³⁴⁴, Marie Zins^{244,392}, Emanuel Zitt¹⁴⁵, Yanina Zocalo¹⁷³, Julio Zuñiga Cisneros⁶⁵⁴, Monika Zuziak⁸⁸⁹ & Majid Ezzati^{153,35}

¹Imperial College London, London, UK. ²Johns Hopkins Bloomberg School of Public Health, Baltimore, MD, USA. ³World Health Organization, Geneva, Switzerland. ⁴University of California Berkeley, Berkeley, CA, USA. ⁵Emory University, Atlanta, GA, USA. ⁶Bill & Melinda Gates Foundation, Seattle, WA, USA. ⁷University of Essex, Colchester, UK. ⁸Copenhagen University Hospital – Bispebjerg and Frederiksberg, Copenhagen, Denmark. ⁹Swiss Tropical and Public Health Institute, Basel, Switzerland. ¹⁰University of Basel, Basel, Switzerland. ¹¹Instituto Nacional de Zagreb, Zagreb, Croatia. ¹²University of Ljubljana, Ljubljana, Slovenia. ¹³Instituto Nacional de Ciencias Médicas y Nutrición, Mexico City, Mexico. ¹⁴Madras Diabetes Research Foundation, Chennai, India. ¹⁵The Hospital for Sick Children, Toronto, Ontario, Canada. ¹⁶The Aga Khan University, Karachi, Pakistan. ¹⁷Ministry of Health, Victoria, Seychelles. ¹⁸Unisanté, Lausanne, Switzerland. ¹⁹Harvard TH Chan School of Public Health, Boston, MA, USA. ²⁰Asfendiyarov Kazakh National Medical University, Almaty, Kazakhstan. ²¹National Institute of Health, Kuala Lumpur, Malaysia. ²²RCSI University of Medicine and Health Sciences, Dublin, Ireland. ²³National Institutes of Biomedical Innovation, Health and Nutrition, Osaka, Japan. ²⁴African Population and Health Research Center, Nairobi, Kenya. ²⁵Seoul National University College of Medicine, Seoul, Republic of Korea. ²⁶University of Leicester, Leicester, UK. ²⁷University of Eastern Finland, Kuopio, Finland. ²⁸Finnish Institute for Health and Welfare, Helsinki, Finland. ²⁹ICMR – National Institute of Nutrition, Hyderabad, India. ³⁰University of Malaya, Kuala Lumpur, Malaysia. ³¹National Taiwan University, Taipei, Taiwan. ³²University of Yaoundé 1, Yaoundé, Cameroon. ³³University of Sydney, Sydney, New South Wales, Australia. ³⁴Robert Koch Institute, Berlin, Germany. ³⁵University of Oulu, Oulu, Finland. ³⁶Public Health Promotion and Development Organization, Kathmandu, Nepal. ³⁷Peking University, Beijing, China. ³⁸Chinese Center for Disease Control and Prevention, Beijing, China. ³⁹The University of the West Indies, Kingston, Jamaica. ⁴⁰Caja Costarricense de Seguro Social, San José, Costa Rica. ⁴¹Non-Communicable Diseases Research Center, Tehran, Iran. ⁴²Al-Quds University, East Jerusalem, Palestine. ⁴³S Kaibekova National Research Center for Health Development, Astana, Kazakhstan. ⁴⁴Ministry of Health, Kuala Lumpur, Malaysia. ⁴⁵Qatar University, Doha, Qatar. ⁴⁶Ministry of Health and Social Protection, Dushanbe, Tajikistan. ⁴⁷Birzeit University, Birzeit, Palestine. ⁴⁸Usmannu Danfodiyo University Teaching Hospital, Sokoto, Nigeria. ⁴⁹Instituto Mexicano del Seguro Social, Mexico City, Mexico. ⁵⁰Qassim University, Unaizah, Saudi Arabia. ⁵¹Rehaklinika, Rzeszów, Poland. ⁵²Flinders University, Adelaide, South Australia, Australia. ⁵³University of Ghana, Accra, Ghana. ⁵⁴Mahidol University, Nakhon Pathom, Thailand. ⁵⁵National Research and Innovation Agency, Jakarta, Indonesia. ⁵⁶BRAC James P Grant School of Public Health, Dhaka, Bangladesh. ⁵⁷Copenhagen University Hospital – Herlev and Gentofte, Copenhagen, Denmark. ⁵⁸University of Copenhagen, Copenhagen, Denmark. ⁵⁹Food and Nutrition Research Institute, Taguig, Philippines. ⁶⁰Urmia University of Medical Sciences, Urmia, Iran. ⁶¹Umeå University, Umeå, Sweden. ⁶²Ibn Tofail University, Kénitra, Morocco. ⁶³Amsterdam University Medical Center, Amsterdam, The Netherlands. ⁶⁴Shahrekor University of Medical Sciences, Shahrekord, Iran. ⁶⁵Tehran University of Medical Sciences, Tehran, Iran. ⁶⁶University of Hargeisa, Hargeisa, Somalia. ⁶⁷Leibniz Institute for Prevention Research and Epidemiology – BIPS, Bremen, Germany. ⁶⁸Republican Center for Health Promotion and Mass Communication, Bishkek, Kyrgyzstan. ⁶⁹National Center for Diabetes, Endocrinology and Genetics, Amman, Jordan. ⁷⁰Tashkent Pediatric Medical Institute, Tashkent, Uzbekistan. ⁷¹King Saud University, Riyadh, Saudi Arabia. ⁷²Kuwait Institute

Article

for Scientific Research, Kuwait City, Kuwait. ⁷³Princess Nourah bint Abdulrahman University, Riyadh, Saudi Arabia. ⁷⁴Ministry of Health, Muscat, Oman. ⁷⁵King Abdulaziz University, Jeddah, Saudi Arabia. ⁷⁶The Hashemite University, Zarqa, Jordan. ⁷⁷World Health Organization Regional Office for the Eastern Mediterranean, Cairo, Egypt. ⁷⁸Ministry of Health, Kuwait City, Kuwait. ⁷⁹Dasman Diabetes Institute, Kuwait City, Kuwait. ⁸⁰Aldara Hospital and Medical Center, Riyadh, Saudi Arabia. ⁸¹King Abdullah International Medical Research Center, Riyadh, Saudi Arabia. ⁸²Universidade Federal da Integração Latino-Americana, Foz do Iguaçu, Brazil. ⁸³Republican Specialized Scientific-and-Practical Medical Center of Endocrinology named after academian Y.Kh. Turakulov, Tashkent, Uzbekistan. ⁸⁴CIBERESP, Madrid, Spain. ⁸⁵Barcelona Institute for Global Health, Barcelona, Spain. ⁸⁶Bombay Hospital and Medical Research Centre, Mumbai, India. ⁸⁷Research Center for Social Determinants of Health, Tehran, Iran. ⁸⁸Ghana Health Service, Kintampo, Ghana. ⁸⁹UMR CNRS-MNHN 7206, Paris, France. ⁹⁰University of Lille, Lille, France. ⁹¹Lille University Hospital, Lille, France. ⁹²Endocrine Research Center, Tehran, Iran. ⁹³Western Norway University of Applied Sciences, Sogndal, Norway. ⁹⁴Norwegian School of Sport Sciences, Oslo, Norway. ⁹⁵University of Thessaly, Trikala, Greece. ⁹⁶Ministry of Health and Social Action, Dakar, Senegal. ⁹⁷Health Promotion Research Center, Zahedan, Iran. ⁹⁸Yekaterinburg State Medical Academy, Yekaterinburg, Russia. ⁹⁹National Institute of Public Health, Tunis, Tunisia. ¹⁰⁰University of Porto, Porto, Portugal. ¹⁰¹Norwegian Institute of Public Health, Oslo, Norway. ¹⁰²Spanish Agency for Food Safety and Nutrition, Madrid, Spain. ¹⁰³University of Massachusetts Amherst, Amherst, MA, USA. ¹⁰⁴University of Almería, Almería, Spain. ¹⁰⁵Nepal Health Economics Association, Kathmandu, Nepal. ¹⁰⁶University of Bergen, Bergen, Norway. ¹⁰⁷University of Iceland, Reykjavik, Iceland. ¹⁰⁸Haramaya University, Dire Dawa, Ethiopia. ¹⁰⁹Universidade Federal de Pelotas, Pelotas, Brazil. ¹¹⁰The University of Hong Kong, Hong Kong, China. ¹¹¹University of Medicine 1, Yangon, Myanmar. ¹¹²Oulu University Hospital, Oulu, Finland. ¹¹³Regional Authority of Public Health, Banská Bystrica, Slovakia. ¹¹⁴Diabetic Association of Bangladesh, Dhaka, Bangladesh. ¹¹⁵Neyshabur University of Medical Sciences, Neyshabur, Iran. ¹¹⁶Shahid Beheshti University of Medical Sciences, Tehran, Iran. ¹¹⁷Indian Council of Medical Research, New Delhi, India. ¹¹⁸National and Kapodistrian University of Athens, Athens, Greece. ¹¹⁹Institute of Public Health, Podgorica, Montenegro. ¹²⁰University of Sarajevo, Sarajevo, Bosnia and Herzegovina. ¹²¹National Center for Public Health and Pharmacy, Budapest, Hungary. ¹²²National Medical Research Center for Therapy and Preventive Medicine, Moscow, Russia. ¹²³University of Science and Technology, Sana'a, Yemen. ¹²⁴The John Paul II Catholic University of Lublin, Lublin, Poland. ¹²⁵Universidad Autónoma de Madrid, Madrid, Spain. ¹²⁶University of Rzeszów, Rzeszów, Poland. ¹²⁷University of Palermo, Palermo, Italy. ¹²⁸Ceara State University, Ceara, Brazil. ¹²⁹University of Miami, Miami, FL, USA. ¹³⁰University Hospital Centre Zagreb, Zagreb, Croatia. ¹³¹Mohammed V University, Rabat, Morocco. ¹³²Unidad de Cirugía Cardiovascular, Guatemala City, Guatemala. ¹³³Universidad del Valle, Cali, Colombia. ¹³⁴National Institute of Health Doutor Ricardo Jorge, Lisbon, Portugal. ¹³⁵NOVA University Lisbon, Lisbon, Portugal. ¹³⁶University of Pernambuco, Recife, Brazil. ¹³⁷Wrocław Medical University, Wrocław, Poland. ¹³⁸Indus Hospital & Health Network, Karachi, Pakistan. ¹³⁹Simon Fraser University, Burnaby, British Columbia, Canada. ¹⁴⁰Dalhousie University, Halifax, Nova Scotia, Canada. ¹⁴¹Jordan University of Science and Technology, Irbid, Jordan. ¹⁴²Universidade Federal de Ouro Preto, Ouro Preto, Brazil. ¹⁴³Universidade Federal do Maranhão, São Luís, Brazil. ¹⁴⁴National Center of Public Health, Astana, Kazakhstan. ¹⁴⁵Agency for Preventive and Social Medicine, Bregenz, Austria. ¹⁴⁶Cliniques Universitaires de Kinshasa, Kinshasa, Democratic Republic of Congo. ¹⁴⁷University of Auckland, Auckland, New Zealand. ¹⁴⁸University College Dublin, Dublin, Ireland. ¹⁴⁹Christian Medical College Vellore, Vellore, India. ¹⁵⁰Universitat Jaume I, Castellón de la Plana, Spain. ¹⁵¹University Tunis El Manar, Tunis, Tunisia. ¹⁵²George Emil Palade University of Medicine, Pharmacy, Sciences and Technology of Târgu Mureș, Târgu Mureș, Romania. ¹⁵³Federal Ministry of Social Affairs, Health, Care and Consumer Protection, Vienna, Austria. ¹⁵⁴Cafam University Foundation, Bogotá, Colombia. ¹⁵⁵Ministerio de Salud Pública y Bienestar Social, Asunción, Paraguay. ¹⁵⁶Universidad Politécnica de Madrid, Madrid, Spain. ¹⁵⁷University of Agder, Kristiansand, Norway. ¹⁵⁸Sciensano, Brussels, Belgium. ¹⁵⁹Addis Continental Institute of Public Health, Addis Ababa, Ethiopia. ¹⁶⁰Kazakh National Medical University, Almaty, Kazakhstan. ¹⁶¹Universidad Científica del Sur, Lima, Peru. ¹⁶²Lithuanian University of Health Sciences, Kaunas, Lithuania. ¹⁶³Pontificia Universidad Católica de Chile, Santiago, Chile. ¹⁶⁴Gasol Foundation, Madrid, Spain. ¹⁶⁵University of Alcalá, Alcalá de Henares, Spain. ¹⁶⁶University of São Paulo, São Paulo, Brazil. ¹⁶⁷Johannes Gutenberg University, Mainz, Germany. ¹⁶⁸B J Medical College, Ahmedabad, India. ¹⁶⁹Chirayu Medical College, New Delhi, India. ¹⁷⁰Sunder Lal Jain Hospital, Delhi, India. ¹⁷¹Shandong University of Traditional Chinese Medicine, Jinan, China. ¹⁷²Shanghai Jiao-Tong University School of Medicine, Shanghai, China. ¹⁷³Universidad de la República, Montevideo, Uruguay. ¹⁷⁴University of Strasbourg, Strasbourg, France. ¹⁷⁵Institute of Medical Research and Medicinal Plant Studies, Yaoundé, Cameroon. ¹⁷⁶Ufa Eye Research Institute, Ufa, Russia. ¹⁷⁷Nepal Health Research Council, Kathmandu, Nepal. ¹⁷⁸University of Montenegro, Niksic, Montenegro. ¹⁷⁹University of Southern Denmark, Copenhagen, Denmark. ¹⁸⁰University of Oslo, Oslo, Norway. ¹⁸¹University of Gothenburg, Gothenburg, Sweden. ¹⁸²Ministry of Health, Jerusalem, Israel. ¹⁸³Universidade Federal do Rio de Janeiro, Rio de Janeiro, Brazil. ¹⁸⁴National Institute for Public Health and the Environment, Bilthoven, The Netherlands. ¹⁸⁵University of Turin, Turin, Italy. ¹⁸⁶University College London, London, UK. ¹⁸⁷Liverpool John Moores University, Liverpool, UK. ¹⁸⁸Nanyang Technological University, Singapore. ¹⁸⁹National Medical Research Center for Endocrinology, Moscow, Russia. ¹⁹⁰Centro de Educación Médica e Investigaciones Clínicas, Buenos Aires, Argentina. ¹⁹¹RCCS Neuromed, Pozzilli, Italy. ¹⁹²University of Toulouse, Toulouse, France. ¹⁹³University of Zurich, Zurich, Switzerland. ¹⁹⁴KU Leuven, Leuven, Belgium. ¹⁹⁵University of Kinshasa, Kinshasa, Democratic Republic of Congo. ¹⁹⁶Anglia Ruskin University, Cambridge, UK. ¹⁹⁷World Health Organization Country Office, Dushanbe, Tajikistan. ¹⁹⁸Flemish Agency for Care and Health, Brussels, Belgium. ¹⁹⁹Ghent University, Ghent, Belgium. ²⁰⁰FrieslandCampina, Amersfoort, The Netherlands. ²⁰¹KHP Centre for Translational Medicine, London, UK. ²⁰²Universidad Central de Venezuela, Caracas, Venezuela. ²⁰³University of Geneva, Geneva, Switzerland. ²⁰⁴Bielefeld University, Bielefeld, Germany. ²⁰⁵World Health Organization Athens Quality of Care Office, Athens, Greece. ²⁰⁶German Cancer Research Center, Heidelberg, Germany. ²⁰⁷University of Amsterdam, Amsterdam, The Netherlands. ²⁰⁸The Fred Hollows Foundation, Auckland, New Zealand. ²⁰⁹University of the Andes, Mérida, Venezuela. ²¹⁰Carol Davila University of Medicine and Pharmacy, Bucharest, Romania. ²¹¹Instituto Politécnico de Lisboa, Lisbon, Portugal. ²¹²Swansea University, Swansea, UK. ²¹³University College Copenhagen, Copenhagen, Denmark. ²¹⁴World Health Organization Regional Office for Europe, Copenhagen, Denmark. ²¹⁵University of Medicine, Tirana, Albania. ²¹⁶Munster Technological University, Cork, Ireland. ²¹⁷Universidad de La Laguna, Tenerife, Spain. ²¹⁸University of Malta, Msida, Malta. ²¹⁹University of Granada, Granada, Spain. ²²⁰Vanderbilt University, Nashville, TN, USA. ²²¹Pan American Health Organization, Washington, DC, USA. ²²²Ministry of Health, Tongatapu, Tonga. ²²³Canadian Fitness and Lifestyle Research Institute, Ottawa, Ontario, Canada. ²²⁴Hospital Santa Maria, Lisbon, Portugal. ²²⁵University of Padua, Padua, Italy. ²²⁶Istanbul University-Cerrahpasa, Istanbul, Türkiye. ²²⁷Universidade Federal de Juiz de Fora, Juiz de Fora, Brazil. ²²⁸National Institute of Public Health, Prague, Czechia. ²²⁹Canopo Study Center - Salerno, Salerno, Italy. ²³⁰University of Groningen, Groningen, The Netherlands. ²³¹Karolinska Institutet, Huddinge, Sweden. ²³²Centro de Estudios Sobre Nutrición Infantil, Buenos Aires, Argentina. ²³³Universidade Federal de Minas Gerais, Belo Horizonte, Brazil. ²³⁴University of Zaragoza, Zaragoza, Spain. ²³⁵Santiago de Compostela University, Santiago de Compostela, Spain. ²³⁶University of Cádiz, Cádiz, Spain. ²³⁷Ministry of Health, Ankara, Türkiye. ²³⁸Council for Agricultural Research and Economics, Rome, Italy. ²³⁹Universidade Federal do Rio Grande, Rio Grande, Brazil. ²⁴⁰Chulalongkorn University, Bangkok, Thailand. ²⁴¹India Diabetes Research Foundation, Chennai, India. ²⁴²Duke-NUS Medical School, Singapore, Singapore. ²⁴³Federation University Australia, Ballarat, Victoria, Australia. ²⁴⁴Paris Cité University, Paris, France. ²⁴⁵ICMR — National Institute of Medical Statistics, New Delhi, India. ²⁴⁶Capital Institute of Pediatrics, Beijing, China. ²⁴⁷Xiangtan University, Xiangtan, China. ²⁴⁸Ministry of Health and Welfare, Taipei, Taiwan. ²⁴⁹Kailuan General Hospital, Tangshan, China. ²⁵⁰University of Oxford, Oxford, UK. ²⁵¹National University of Singapore, Singapore, Singapore. ²⁵²US Centers for Disease Control and Prevention, Atlanta, GA, USA. ²⁵³Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran. ²⁵⁴The Gertner Institute for Epidemiology and Health Policy Research, Ramat Gan, Israel. ²⁵⁵National Center of Public Health and Analyses, Sofia, Bulgaria. ²⁵⁶University of Fribourg, Fribourg, Switzerland. ²⁵⁷Victor Babes University of Medicine and Pharmacy, Timisoara, Romania. ²⁵⁸RIPAS Hospital, Bandar Seri Begawan, Brunei. ²⁵⁹University of Southern Denmark, Odense, Denmark. ²⁶⁰Universidade Estadual Paulista, Presidente Prudente, Brazil. ²⁶¹Medical University of Silesia, Katowice, Poland. ²⁶²Istituto Superiore di Sanità, Rome, Italy. ²⁶³Charles University, Prague, Czechia. ²⁶⁴Thomayer University Hospital, Prague, Czechia. ²⁶⁵Ministry for Health and Active Ageing, Floriana, Malta. ²⁶⁶University of Salerno, Fisciano, Italy. ²⁶⁷Ministry of Health, Port of Spain, Trinidad and Tobago. ²⁶⁸Statistics Canada, Ottawa, Ontario, Canada. ²⁶⁹Nicolae Testemițanu State University of Medicine and Pharmacy, Chisinau, Moldova. ²⁷⁰Universidad Miguel Hernández de Elche, Alicante, Spain. ²⁷¹University of the Extreme South of Santa Catarina, São Luís, Brazil. ²⁷²University of Southampton, Southampton, UK. ²⁷³Pontificia Universidad Javeriana, Bogotá, Colombia. ²⁷⁴University of Insubria, Varese, Italy. ²⁷⁵Malawi Epidemiology and Intervention Research Unit, Lilongwe, Malawi. ²⁷⁶National Nutrition Agency, Banjul, The Gambia. ²⁷⁷CIBEROBN, Madrid, Spain. ²⁷⁸Hungarian University of Sports Science, Budapest, Hungary. ²⁷⁹University of Debrecen, Debrecen, Hungary. ²⁸⁰National Institute of Public Health, Bucharest, Romania. ²⁸¹Universidade Federal da Paraíba, João Pessoa, Brazil. ²⁸²National Research Council, Reggio Calabria, Italy. ²⁸³Universidade Federal de Santa Catarina, Florianópolis, Brazil. ²⁸⁴Universidade Federal de Alagoas, Alagoas, Brazil. ²⁸⁵Eftimie Murgu University Resita, Resita, Romania. ²⁸⁶Ahmadu Bello University, Zaria, Nigeria. ²⁸⁷Aarhus University, Aarhus, Denmark. ²⁸⁸Institut Pasteur de Lille, Lille, France. ²⁸⁹Eduardo Mondlane University, Maputo, Mozambique. ²⁹⁰Indian Statistical Institute, Kolkata, India. ²⁹¹Tabriz Health Services Management Research Center, Tabriz, Iran. ²⁹²Universidade Nasionál Timór Lorosa'e, Dili, Timor-Leste. ²⁹³Karolinska Institutet, Stockholm, Sweden. ²⁹⁴Associazione Calabrese di Epatologia, Reggio Calabria, Italy. ²⁹⁵Aragón Health Research Institute Foundation, Zaragoza, Spain. ²⁹⁶University of Heidelberg, Heidelberg, Germany. ²⁹⁷Harokopio University of Athens, Athens, Greece. ²⁹⁸Innovating Health International, Port-au-Prince, Haiti. ²⁹⁹French National Research Institute for Sustainable Development, Montpellier, France. ³⁰⁰The National Public Health Agency, St Maurice, France. ³⁰¹Astrakhan State Medical University, Astrakhan, Russia. ³⁰²Universidade do Vale do Rio dos Sinos, São Leopoldo, Brazil. ³⁰³National Council of Scientific and Technical Research, Buenos Aires, Argentina. ³⁰⁴Ministry of Health and Medical Education, Tehran, Iran. ³⁰⁵University of Novi Sad, Novi Sad, Serbia. ³⁰⁶National Institute of Nutrition, Hanoi, Viet Nam. ³⁰⁷University of Queensland, Brisbane, Queensland, Australia. ³⁰⁸Instituto de Investigación Nutricional, Lima, Peru. ³⁰⁹Sun Yat-sen University, Guangzhou, China. ³¹⁰Capital Medical University Beijing Tongren Hospital, Beijing, China. ³¹¹Universidad de Cuenca, Cuenca, Ecuador. ³¹²University of Las Palmas de Gran Canaria, Las Palmas de Gran Canaria, Spain. ³¹³Helmholtz Zentrum München, Munich, Germany. ³¹⁴Romanian Academy, Bucharest, Romania. ³¹⁵University Medicine Greifswald, Greifswald, Germany. ³¹⁶University Hospital Düsseldorf, Düsseldorf, Germany. ³¹⁷Medical University of Lodz, Lodz, Poland. ³¹⁸Calisia University, Kalisz, Poland. ³¹⁹University of North Carolina at Chapel Hill, Chapel Hill, NC, USA. ³²⁰Beijing Center for Disease Prevention and Control, Beijing, China. ³²¹IRL 3189 ESS, Marseille, France. ³²²Scuola Superiore Sant'Anna, Pisa, Italy. ³²³Al-Farabi Kazakh National University, Almaty, Kazakhstan. ³²⁴Murdoch Children's Research Institute, Parkville, Victoria, Australia. ³²⁵Semey Medical University, Semey, Kazakhstan. ³²⁶University of Latvia, Riga, Latvia. ³²⁷Institute of Mother and Child, Warsaw, Poland. ³²⁸Ministry of Health and Medical Services, Gizo, Solomon Islands. ³²⁹Hormozgan University of Medical Sciences, Bandar Abbas, Iran. ³³⁰University of Benin, Benin City, Nigeria. ³³¹University of Skövde, Skövde, Sweden. ³³²Ministry of Health, Rabat, Morocco. ³³³National Institute of Nutrition and Food Technology, Tunis, Tunisia. ³³⁴University of Calabar, Calabar, Nigeria. ³³⁵University of Haifa, Haifa, Israel. ³³⁶University of California Davis, Davis, CA, USA. ³³⁷Region Västernorrland, Härnösand, Sweden. ³³⁸Stellenbosch University, Stellenbosch, South Africa. ³³⁹Karadeniz Technical University, Trabzon, Türkiye. ³⁴⁰Dokuz Eylül University, Izmir, Türkiye. ³⁴¹University of Helsinki, Helsinki, Finland. ³⁴²Rafsanjan University of Medical Sciences, Rafsanjan, Iran. ³⁴³Queen's University Belfast, Belfast, UK. ³⁴⁴Monash University, Melbourne, Victoria, Australia. ³⁴⁵Luxembourg Institute of Health, Strassen, Luxembourg. ³⁴⁶Tabriz University of Medical Sciences, Tabriz, Iran. ³⁴⁷Fasa University of Medical Sciences, Fasa, Iran. ³⁴⁸Shiraz University of Medical Sciences, Shiraz, Iran. ³⁴⁹Baqai Medical University, Karachi, Pakistan. ³⁵⁰Gesundheit Österreich, Wien, Austria. ³⁵¹Centro de Salud Villanueva Norte, Badajoz, Spain. ³⁵²Hospital Don Benito-Villanueva de la Serena, Badajoz, Spain. ³⁵³University of Colombo, Colombo, Sri Lanka. ³⁵⁴London School of Hygiene & Tropical Medicine, London, UK. ³⁵⁵Ministry of Health, Buenos Aires, Argentina. ³⁵⁶Universidad de Santiago de Chile, Santiago, Chile. ³⁵⁷Instituto PENSI Sabara Hospital, São Paulo, Brazil. ³⁵⁸University of Tartu, Tartu, Estonia. ³⁵⁹Georgia College and State University, Milledgeville, GA, USA. ³⁶⁰Universidade Federal de São Paulo, São Paulo, Brazil.

- ³⁶¹University Medical Centre Ljubljana, Ljubljana, Slovenia. ³⁶²University of Tasmania, Hobart, Tasmania, Australia. ³⁶³Hospital Universitario Son Espases, Palma, Spain. ³⁶⁴Hospital de Clínicas de Porto Alegre, Porto Alegre, Brazil. ³⁶⁵Universidade Federal do Rio Grande do Sul, Porto Alegre, Brazil. ³⁶⁶Kansai Medical University, Hirakata, Japan. ³⁶⁷Kyoto University, Kyoto, Japan. ³⁶⁸Ternopil National Medical University, Ternopil, Ukraine. ³⁶⁹Medical University of Warsaw, Warsaw, Poland. ³⁷⁰Public Health and Reforms Center, Baku, Azerbaijan. ³⁷¹Medical University of Varna, Varna, Bulgaria. ³⁷²Ministero della Salute DG Prevenzione Sanitaria, Rome, Italy. ³⁷³University of Catania, Catania, Italy. ³⁷⁴Ministry of Public Health, Yaren, Nauru. ³⁷⁵University of Deusto, Bilbao, Spain. ³⁷⁶Africa Health Research Institute, Mtubatuba, South Africa. ³⁷⁷Geneva University Hospitals, Geneva, Switzerland. ³⁷⁸Hospital del Mar Research Institute, Barcelona, Spain. ³⁷⁹Utrecht University, Utrecht, The Netherlands. ³⁸⁰Wageningen University, Wageningen, The Netherlands. ³⁸¹Medical Research Foundation, Chennai, India. ³⁸²Bayero University, Kano, Nigeria. ³⁸³Kurdistan University of Medical Sciences, Sanandaj, Iran. ³⁸⁴Endocrine Physiology Research Center, Tehran, Iran. ³⁸⁵University of South Carolina, Columbia, SC, USA. ³⁸⁶American University of Beirut, Beirut, Lebanon. ³⁸⁷University of Adelaide, Adelaide, South Australia, Australia. ³⁸⁸Ministry of Health, Mbabane, Eswatini. ³⁸⁹Lund University, Lund, Sweden. ³⁹⁰Aristotle University of Thessaloniki, Thessaloniki, Greece. ³⁹¹Central University of Kerala, Kasaragod, India. ³⁹²Institut National de la Santé et de la Recherche Médicale, Paris, France. ³⁹³McGill University, Montreal, Québec, Canada. ³⁹⁴Universidad de Costa Rica, San José, Costa Rica. ³⁹⁵Gasol Foundation, Barcelona, Spain. ³⁹⁶University of Lleida, Sant Boi de Llobregat, Spain. ³⁹⁷PASs Hirsfeld Institute of Immunology and Experimental Therapy, Wrocław, Poland. ³⁹⁸University Agostinho Neto, Luanda, Angola. ³⁹⁹Kansas State University, Manhattan, KS, USA. ⁴⁰⁰St. Ann's University Hospital, Brno, Czechia. ⁴⁰¹Universidad Autónoma de Santo Domingo, Santo Domingo, Dominican Republic. ⁴⁰²Ministry of Health, Lisbon, Portugal. ⁴⁰³Institute for Clinical and Experimental Medicine, Prague, Czechia. ⁴⁰⁴Children's Memorial Health Institute, Warsaw, Poland. ⁴⁰⁵University of Thessaly, Larissa, Greece. ⁴⁰⁶Ministry of Health and Wellness, Kingston, Jamaica. ⁴⁰⁷UIT The Arctic University of Norway, Tromsø, Norway. ⁴⁰⁸National Center of Cardiovascular Diseases, Beijing, China. ⁴⁰⁹International Life Science Institute, Buenos Aires, Argentina. ⁴¹⁰University of Ferrara, Ferrara, Italy. ⁴¹¹Icelandic Heart Association, Kopavogur, Iceland. ⁴¹²French National Research Institute for Sustainable Development, Limoges, France. ⁴¹³Universidad Icesi, Cali, Colombia. ⁴¹⁴State University of Montes Claros, Montes Claros, Brazil. ⁴¹⁵King's College London, London, UK. ⁴¹⁶Capital Medical University, Beijing, China. ⁴¹⁷Healis-Sekharia Institute for Public Health, Navi Mumbai, India. ⁴¹⁸Singapore National Eye Centre, Singapore, Singapore. ⁴¹⁹Eternal Heart Care Centre and Research Institute, Jaipur, India. ⁴²⁰University of Ibadan, Ibadan, Nigeria. ⁴²¹University of Belgrade Institute for Medical Research, Belgrade, Serbia. ⁴²²Institute for Clinical Effectiveness and Health Policy, Buenos Aires, Argentina. ⁴²³ISGlobal, Barcelona, Spain. ⁴²⁴National Health Insurance Service, Wonju, Republic of Korea. ⁴²⁵Prevention of Metabolic Disorders Research Center, Tehran, Iran. ⁴²⁶Research and Education Institute of Child Health, Nicosia, Cyprus. ⁴²⁷Danish Cancer Institute, Copenhagen, Denmark. ⁴²⁸The University of the West Indies, Cave Hill, Barbados. ⁴²⁹Kermanshah University of Medical Sciences, Kermanshah, Iran. ⁴³⁰Universidade Federal de Pernambuco, Recife, Brazil. ⁴³¹National Institute of Public Health, Copenhagen, Denmark. ⁴³²Yasuj University of Medical Sciences, Yasuj, Iran. ⁴³³Zahedan University of Medical Sciences, Zahedan, Iran. ⁴³⁴International Hellenic University, Thessaloniki, Greece. ⁴³⁵Kyushu University, Fukuoka, Japan. ⁴³⁶UNICEF, New York City, NY, USA. ⁴³⁷University of Texas Southwestern Medical Center, Dallas, TX, USA. ⁴³⁸National Research Institute for Health and Family Planning, Beijing, China. ⁴³⁹University of Pécs, Pécs, Hungary. ⁴⁴⁰Danish Health Authority, Copenhagen, Denmark. ⁴⁴¹Joep Lange Institute, Amsterdam, The Netherlands. ⁴⁴²National Institute of Public Health, Cuernavaca, Mexico. ⁴⁴³Universidad Autónoma de Bucaramanga, Bucaramanga, Colombia. ⁴⁴⁴ETH Zurich, Zurich, Switzerland. ⁴⁴⁵Chronic Diseases Research Center, Tehran, Iran. ⁴⁴⁶University of Western Australia, Perth, Western Australia, Australia. ⁴⁴⁷Universidade Federal do Paraná, Curitiba, Brazil. ⁴⁴⁸University Ramon Llull, Barcelona, Spain. ⁴⁴⁹Vrije Universiteit Amsterdam, Amsterdam, The Netherlands. ⁴⁵⁰Kingston Health Sciences Centre, Kingston, Ontario, Canada. ⁴⁵¹Fundación Oftalmológica de Santander, Bucaramanga, Colombia. ⁴⁵²Obesity Research Center, Tehran, Iran. ⁴⁵³University Oran 1, Oran, Algeria. ⁴⁵⁴Independent Public Health Specialist, Nay Pyi Taw, Myanmar. ⁴⁵⁵Ministry of Health and Sports, Nay Pyi Taw, Myanmar. ⁴⁵⁶Instituto Murciano de Investigación Biosanitaria, Murcia, Spain. ⁴⁵⁷International Agency for Research on Cancer, Lyon, France. ⁴⁵⁸Institute of Public Health, Tirana, Albania. ⁴⁵⁹Giuseppe Degennaro LUM University, Casamassima, Italy. ⁴⁶⁰University of Nigeria, Enugu, Nigeria. ⁴⁶¹Ministry of Health and Human Services, Koror, Palau. ⁴⁶²Erasmus Medical Center Rotterdam, Rotterdam, The Netherlands. ⁴⁶³Fundación para la Investigación Sanitaria y Biomédica de la Comunidad Valenciana, Valencia, Spain. ⁴⁶⁴Marshall Islands Epidemiology & Prevention Initiatives, Majuro, Marshall Islands. ⁴⁶⁵The University of Tokyo, Tokyo, Japan. ⁴⁶⁶Alex Ekwueme Federal University Teaching Hospital, Abakaliki, Nigeria. ⁴⁶⁷Texas Tech University, Dallas, TX, USA. ⁴⁶⁸Bulgarian Academy of Sciences, Sofia, Bulgaria. ⁴⁶⁹Hokkaido University, Tokyo, Japan. ⁴⁷⁰Hadassah University Medical Center, Jerusalem, Israel. ⁴⁷¹Université Catholique de Louvain, Brussels, Belgium. ⁴⁷²Slovenian Heart Foundation, Ljubljana, Slovenia. ⁴⁷³Public Health Agency of Sweden, Stockholm, Sweden. ⁴⁷⁴Norwegian University of Science and Technology, Trondheim, Norway. ⁴⁷⁵University of Melbourne, Melbourne, Victoria, Australia. ⁴⁷⁶Sports University of Tirana, Tirana, Albania. ⁴⁷⁷University of Graz, Graz, Austria. ⁴⁷⁸Jagiellonian University Medical College, Kraków, Poland. ⁴⁷⁹University of Rijeka, Rijeka, Croatia. ⁴⁸⁰Heart Foundation, Melbourne, Victoria, Australia. ⁴⁸¹University of Bisha, Bisha, Saudi Arabia. ⁴⁸²Universidad Eugenio María de Hostos, Santo Domingo, Dominican Republic. ⁴⁸³University of Duisburg-Essen, Essen, Germany. ⁴⁸⁴Rothschild Foundation Hospital, Paris, France. ⁴⁸⁵University of New South Wales, Sydney, New South Wales, Australia. ⁴⁸⁶University Hospital Centre Sestre Milosrdnice, Zagreb, Croatia. ⁴⁸⁷Guilan University of Medical Sciences, Rasht, Iran. ⁴⁸⁸University of Opole, Opole, Poland. ⁴⁸⁹Gulu University, Gulu, Uganda. ⁴⁹⁰Capacity Development in Nutrition CAPNUTRA, Belgrade, Serbia. ⁴⁹¹University of Crete, Heraklion, Greece. ⁴⁹²Hungarian School Sport Federation, Budapest, Hungary. ⁴⁹³Mbarara University of Science and Technology, Mbarara, Uganda. ⁴⁹⁴National Center for Disease Control and Public Health, Tbilisi, Georgia. ⁴⁹⁵Tbilisi State Medical University, Tbilisi, Georgia. ⁴⁹⁶Ministry of Health, Bratislava, Slovakia. ⁴⁹⁷Reichman University, Herzliya, Israel. ⁴⁹⁸Sri Venkateswara University, Tirupati, India. ⁴⁹⁹Gree Chitra Tirunal Institute for Medical Sciences and Technology, Trivandrum, India. ⁵⁰⁰Hellenic Medical Association for Obesity, Athens, Greece. ⁵⁰¹Maharajgunj Medical Campus, Kathmandu, Nepal. ⁵⁰²Duke University, Durham, NC, USA. ⁵⁰³University of Bouaké, Bouaké, Côte d'Ivoire. ⁵⁰⁴Université Officielle de Bukavu, Bukavu, Democratic Republic of Congo. ⁵⁰⁵Pennington Biomedical Research Center, Baton Rouge, LA, USA. ⁵⁰⁶National Institute of Epidemiology, Chennai, India. ⁵⁰⁷UNICEF, Lilongwe, Malawi. ⁵⁰⁸University of Toronto, Toronto, Ontario, Canada. ⁵⁰⁹Shanghai University of Sport, Shanghai, China. ⁵¹⁰University of Münster, Münster, Germany. ⁵¹¹Israel Center for Disease Control, Ramat Gan, Israel. ⁵¹²Child Growth and Development Research Center, Isfahan, Iran. ⁵¹³Mashhad University of Medical Sciences, Mashhad, Iran. ⁵¹⁴Research Institute of Child Nutrition, Dortmund, Germany. ⁵¹⁵Ministry of Health, Gaborone, Botswana. ⁵¹⁶Research Institute for Endocrine Sciences, Tehran, Iran. ⁵¹⁷Mazandaran University of Medical Sciences, Sari, Iran. ⁵¹⁸Hypertension Research Center, Isfahan, Iran. ⁵¹⁹Ministry of Public Health, Kabul, Afghanistan. ⁵²⁰Medical University of Innsbruck, Innsbruck, Austria. ⁵²¹VASCage Research Centre on Vascular Ageing and Stroke, Innsbruck, Austria. ⁵²²Muhimbili University of Health and Allied Sciences, Dar es Salaam, Tanzania. ⁵²³Yonsei University College of Medicine, Seoul, Republic of Korea. ⁵²⁴Sahlgrenska University Hospital, Gothenburg, Sweden. ⁵²⁵University College South Denmark, Haderslev, Denmark. ⁵²⁶Thaksin University, Songkhla, Thailand. ⁵²⁷Masaryk University, Brno, Czechia. ⁵²⁸Ulm University Hospital, Ulm, Germany. ⁵²⁹P B Koirala Institute of Health Sciences, Dharan, Nepal. ⁵³⁰Nepal Development Society, Kathmandu, Nepal. ⁵³¹International Committee of Red Cross, Maiduguri, Nigeria. ⁵³²University of Vienna, Vienna, Austria. ⁵³³Tartu University Clinics, Tartu, Estonia. ⁵³⁴National Institute of Public Health, Abidjan, Côte d'Ivoire. ⁵³⁵Hildburghausen District Department of State Public Health Service, Hildburghausen, Germany. ⁵³⁶Pontificia Universidad Católica Argentina, Buenos Aires, Argentina. ⁵³⁷Ministry of Health and Wellness, Port Louis, Mauritius. ⁵³⁸University Hospital Ulm, Ulm, Germany. ⁵³⁹Croatian Institute of Public Health, Zagreb, Croatia. ⁵⁴⁰Institute of Nutrition of Central America and Panama, Guatemala City, Guatemala. ⁵⁴¹North-West University, Potchefstroom, South Africa. ⁵⁴²South African Medical Research Council, Cape Town, South Africa. ⁵⁴³University of Physical Culture in Kraków, Kraków, Poland. ⁵⁴⁴University of Jyväskylä, Jyväskylä, Finland. ⁵⁴⁵Research Institute of Cardiology and Internal Diseases, Almaty, Kazakhstan. ⁵⁴⁶CMR – National Centre for Disease Informatics and Research, Bengaluru, India. ⁵⁴⁷Amrita Institute of Medical Sciences, Cochin, India. ⁵⁴⁸Institute of Endocrinology, Prague, Czechia. ⁵⁴⁹All India Institute of Medical Sciences, New Delhi, India. ⁵⁵⁰Hanoi University of Public Health, Hanoi, Viet Nam. ⁵⁵¹Hassan I University, Settat, Morocco. ⁵⁵²University of Limpopo, Polokwane, South Africa. ⁵⁵³Public University of Navarra, Pamplona, Spain. ⁵⁵⁴Universiti Brunei Darussalam, Bandar Seri Begawan, Brunei. ⁵⁵⁵Ministry of Health, Algiers, Algeria. ⁵⁵⁶Ministry of Health, Georgetown, Guyana. ⁵⁵⁷Oulu Deaconess Institute Foundation, Oulu, Finland. ⁵⁵⁸Sahlgrenska Academy, Gothenburg, Sweden. ⁵⁵⁹Endocrinology and Metabolism Research Center, Tehran, Iran. ⁵⁶⁰University of Public Health, Yangon, Myanmar. ⁵⁶¹Centro Studi Epidemiologici di Gubbio, Gubbio, Italy. ⁵⁶²Universidad Peruana Cayetano Heredia, Lima, Peru. ⁵⁶³National University Health System, Singapore, Singapore. ⁵⁶⁴Tampere University Hospital, Tampere, Finland. ⁵⁶⁵Tampere University, Tampere, Finland. ⁵⁶⁶University of Douala, Douala, Cameroon. ⁵⁶⁷University of the Basque Country, Leioa, Spain. ⁵⁶⁸University of the Basque Country, Donostia-San Sebastian, Spain. ⁵⁶⁹The Russian University of Sport, Moscow, Russia. ⁵⁷⁰National Institute for Health Development, Tallinn, Estonia. ⁵⁷¹West Virginia University, Morgantown, WV, USA. ⁵⁷²Tan Tock Seng Hospital, Singapore, Singapore. ⁵⁷³Fundação Oswaldo Cruz, Belo Horizonte, Brazil. ⁵⁷⁴Uppsala University, Uppsala, Sweden. ⁵⁷⁵University of Augsburg, Augsburg, Germany. ⁵⁷⁶Capital Medical University Beijing An Zhen Hospital, Beijing, China. ⁵⁷⁷Zhengzhou University, Zhengzhou, China. ⁵⁷⁸FISABIO-Universitat Jaume I-Universitat de València, Valencia, Spain. ⁵⁷⁹Taipei Medical University, Taipei, Taiwan. ⁵⁸⁰Ministry of Health, Colombo, Sri Lanka. ⁵⁸¹Children's Hospital of Eastern Ontario Research Institute, Ottawa, Ontario, Canada. ⁵⁸²Sports Medical Center of Minho, Braga, Portugal. ⁵⁸³Universidad Espíritu Santo, Samborombón, Ecuador. ⁵⁸⁴Universidad de Los Lagos, Osorno, Chile. ⁵⁸⁵Universidad San Martín de Porres, Lima, Peru. ⁵⁸⁶Regional Ministry of Health, Valladolid, Spain. ⁵⁸⁷Universidade Federal de Ciências da Saúde de Porto Alegre, Porto Alegre, Brazil. ⁵⁸⁸Ministerio de Salud Pública, Quito, Ecuador. ⁵⁸⁹Ilembula Lutheran Hospital, Ilembula, Tanzania. ⁵⁹⁰University of Kinshasa Hospital, Kinshasa, Democratic Republic of Congo. ⁵⁹¹University of Coimbra, Coimbra, Portugal. ⁵⁹²UMR 7268 ADES, Marseille, France. ⁵⁹³Coimbra University Hospital Center, Coimbra, Portugal. ⁵⁹⁴University of Texas Rio Grande Valley, Harlingen, TX, USA. ⁵⁹⁵Institute of Neuroscience of the National Research Council, Padua, Italy. ⁵⁹⁶Baker Heart and Diabetes Institute, Melbourne, Victoria, Australia. ⁵⁹⁷Agricultural University of Athens, Athens, Greece. ⁵⁹⁸Academia VBHC, São Paulo, Brazil. ⁵⁹⁹SB RAS Federal Research Center Institute of Cytology and Genetics, Novosibirsk, Russia. ⁶⁰⁰University of Otago, Dunedin, New Zealand. ⁶⁰¹University of Northern British Columbia, Prince George, British Columbia, Canada. ⁶⁰²Hellenic Mediterranean University, Siteia, Greece. ⁶⁰³Loughborough University, Loughborough, UK. ⁶⁰⁴University of Split, Split, Croatia. ⁶⁰⁵Ministry of Health, Nicosia, Cyprus. ⁶⁰⁶Lausanne University Hospital, Lausanne, Switzerland. ⁶⁰⁷University of Lausanne, Lausanne, Switzerland. ⁶⁰⁸Fundação Oswaldo Cruz, Rio de Janeiro, Brazil. ⁶⁰⁹CIBERCV, Madrid, Spain. ⁶¹⁰Hasselt University, Hasselt, Belgium. ⁶¹¹Mary Immaculate College, Limerick, Ireland. ⁶¹²Universidad de Castilla-La Mancha, Cuenca, Spain. ⁶¹³Hungarian Society of Sports Medicine, Budapest, Hungary. ⁶¹⁴Nnamdi Azikiwe University, Awka, Nigeria. ⁶¹⁵Paracelsus Medical University, Salzburg, Austria. ⁶¹⁶Institute for Cancer Research, Prevention and Clinical Network, Florence, Italy. ⁶¹⁷Universidade Estadual do Centro-Oeste, Guarapuava, Brazil. ⁶¹⁸Université Catholique de Bukavu, Bukavu, Democratic Republic of Congo. ⁶¹⁹Sefako Makgatho Health Sciences University, Pretoria, South Africa. ⁶²⁰Centro de Estudos do Laboratório de Aptidão Física de São Caetano do Sul, São Paulo, Brazil. ⁶²¹George Institute for Global Health, New Delhi, India. ⁶²²Brown University, Providence, RI, USA. ⁶²³Shahid Sadoughi University of Medical Sciences, Yazd, Iran. ⁶²⁴Arabkir Medical Center – Institute of Child and Adolescent Health, Yerevan, Armenia. ⁶²⁵Pontificia Universidad Católica de Valparaíso, Valparaíso, Chile. ⁶²⁶Center for Studies and Research on Social Dynamics and Health, Lisbon, Portugal. ⁶²⁷University of los Andes, Bogotá, Colombia. ⁶²⁸University of Abidjan, Abidjan, Côte d'Ivoire. ⁶²⁹Pirogov Russian National Research Medical University, Moscow, Russia. ⁶³⁰Universidade de Lisboa, Lisbon, Portugal. ⁶³¹Saaveetha Dental College and Hospitals, Chennai, India. ⁶³²Democritus University, Alexandroupolis, Greece. ⁶³³Nutrition and Endocrine Research Center, Tehran, Iran. ⁶³⁴Grigore T Popa University of Medicine and Pharmacy, Iasi, Romania. ⁶³⁵Instituto Nacional de Saúde, Marracuene, Mozambique. ⁶³⁶Università degli Studi di Firenze, Florence, Italy. ⁶³⁷Psychiatry and Psychology Research Center, Tehran, Iran. ⁶³⁸Isfahan Cardiovascular Research Center, Isfahan, Iran. ⁶³⁹Universiti Putra Malaysia, Serdang, Malaysia. ⁶⁴⁰University Medical School of Pécs, Pécs, Hungary. ⁶⁴¹Mulago Hospital, Kampala, Uganda. ⁶⁴²Instituto Costarricense de Investigación y Enseñanza en Nutrición y Salud, San José, Costa Rica. ⁶⁴³Universidad de San

Article

Carlos, Guatemala City, Guatemala. ⁶⁴⁴Gorgas Memorial Institute for Studies of Health, Panama City, Panama. ⁶⁴⁵University of Limpopo, Sovenga, South Africa. ⁶⁴⁶Seoul National University, Seoul, Republic of Korea. ⁶⁴⁷University of Medical Sciences of Cienfuegos, Cienfuegos, Cuba. ⁶⁴⁸Ministry of Health and Wellness, Belmopan, Belize. ⁶⁴⁹La Trobe University, Melbourne, Victoria, Australia. ⁶⁵⁰Sabzevar University of Medical Sciences, Sabzevar, Iran. ⁶⁵¹International Institute of Molecular and Cell Biology, Warsaw, Poland. ⁶⁵²Ain Shams University, Cairo, Egypt. ⁶⁵³University of Medicine and Pharmacy Craiova, Craiova, Romania. ⁶⁵⁴Instituto Conmemorativo Gorgas de Estudios de la Salud, Panama City, Panama. ⁶⁵⁵World Health Organization Country Office, Lilongwe, Malawi. ⁶⁵⁶Universidade de São Paulo, São Paulo, Brazil. ⁶⁵⁷Department of Public Health, Nay Pyi Taw, Myanmar. ⁶⁵⁸Albanian Sport Science Association, Tirana, Albania. ⁶⁵⁹University of Brescia, Brescia, Italy. ⁶⁶⁰Queen Mary University, London, UK. ⁶⁶¹University of the Balearic Islands, Palma de Mallorca, Spain. ⁶⁶²University of Limerick, Limerick, Ireland. ⁶⁶³Universiti Sains Malaysia, Kelantan, Malaysia. ⁶⁶⁴Makerere University School of Public Health, Kampala, Uganda. ⁶⁶⁵Bushehr University of Medical Sciences, Bushehr, Iran. ⁶⁶⁶Ulm University, Ulm, Germany. ⁶⁶⁷Jozef Pilsudski University of Physical Education in Warsaw, Warsaw, Poland. ⁶⁶⁸Suraj Eye Institute, Nagpur, India. ⁶⁶⁹UNICEF, Yaoundé, Cameroon. ⁶⁷⁰Ministry of Health, Apia, Samoa. ⁶⁷¹Leuven University, Leuven, Belgium. ⁶⁷²Public Health Center of the Ministry of Health, Kyiv, Ukraine. ⁶⁷³National Institute of Hygiene and Epidemiology, Hanoi, Viet Nam. ⁶⁷⁴University of Medicine and Pharmacy at Ho Chi Minh City, Ho Chi Minh City, Viet Nam. ⁶⁷⁵Hanoi Medical University, Hanoi, Viet Nam. ⁶⁷⁶Xi'an Jiaotong University, Xi'an, China. ⁶⁷⁷Precision Care Clinic Corp, St. Cloud, FL, USA. ⁶⁷⁸Hearfile, Islamabad, Pakistan. ⁶⁷⁹Eastern Mediterranean Public Health Network, Amman, Jordan. ⁶⁸⁰University of Manchester, Manchester, UK. ⁶⁸¹Tachikawa General Hospital, Nagaoka, Japan. ⁶⁸²University of Abuja College of Health Sciences, Abuja, Nigeria. ⁶⁸³Korea Disease Control and Prevention Agency, Cheongju-si, Republic of Korea. ⁶⁸⁴Kyoto Prefectural University of Medicine, Kyoto, Japan. ⁶⁸⁵Japan Wildlife Research Center, Tokyo, Japan. ⁶⁸⁶Gadafir University, Gadafir, Sudan. ⁶⁸⁷Istanbul University, Istanbul, Türkiye. ⁶⁸⁸Ministry of Health, Bandar Seri Begawan, Brunei. ⁶⁸⁹University of Madeira, Funchal, Portugal. ⁶⁹⁰University of Puerto Rico, San Juan, Puerto Rico. ⁶⁹¹Universidad de Santander, Bucaramanga, Colombia. ⁶⁹²Kwame Nkrumah University of Science and Technology, Kumasi, Ghana. ⁶⁹³University of Maiduguri, Maiduguri, Nigeria. ⁶⁹⁴Arizona State University, Tempe, AZ, USA. ⁶⁹⁵University of Wisconsin-Madison, Madison, WI, USA. ⁶⁹⁶University Hospital Heidelberg, Heidelberg, Germany. ⁶⁹⁷Qingdao Centers for Disease Control and Prevention, Qingdao, China. ⁶⁹⁸University of Bari Aldo Moro, Bari, Italy. ⁶⁹⁹University of Sharjah, Abu Dhabi, United Arab Emirates. ⁷⁰⁰Catholic University of Daegu, Daegu, Republic of Korea. ⁷⁰¹Faculty of Medicine Ramathibodi Hospital, Maidol, Thailand. ⁷⁰²Jivandeep Hospital, Anand, India. ⁷⁰³Centro de Investigação em Saúde de Angola, Caxito, Angola. ⁷⁰⁴Fundació Institut Universitari per a la recerca a l'Atenció Primària de Salut Jordi Gol i Gurina, Mataró, Spain. ⁷⁰⁵National Dental Centre Singapore, Singapore, Singapore. ⁷⁰⁶University Hospital of Varese, Varese, Italy. ⁷⁰⁷Vietnam National Heart Institute, Hanoi, Viet Nam. ⁷⁰⁸Ministry of Health Malawi, Lilongwe, Malawi. ⁷⁰⁹Clínica de Medicina Avanzada Dr. Abel González, Santo Domingo, Dominican Republic. ⁷¹⁰Université de Limoges, Limoges, France. ⁷¹¹Cardiovascular Prevention Centre Udine, Udine, Italy. ⁷¹²University of Pisa, Pisa, Italy. ⁷¹³Ministry of Health and Medical Services, Honiara, Solomon Islands. ⁷¹⁴National Institute of Cardiology, Warsaw, Poland. ⁷¹⁵College of Physicians of Barcelona, Barcelona, Spain. ⁷¹⁶O.M. Marzieiev Institute for Public Health of the National Academy of the Medical Sciences of Ukraine, Kyiv, Ukraine. ⁷¹⁷Universiti Kebangsaan Malaysia, Kuala Lumpur, Malaysia. ⁷¹⁸Ardabil University of Medical Sciences, Ardabil, Iran. ⁷¹⁹Public Health Foundation of India, New Delhi, India. ⁷²⁰University of Edinburgh, Edinburgh, UK. ⁷²¹Universidade Pedagógica, Maputo, Mozambique. ⁷²²Centre for Disease Prevention and Control, Riga, Latvia. ⁷²³Sulaimani Polytechnic University, Sulaymaniyah, Iraq. ⁷²⁴Boehringer Ingelheim, Ingelheim, Germany. ⁷²⁵Alborz University of Medical Sciences, Karaj, Iran. ⁷²⁶Cooperativa de Ensino Superior Politécnico e Universitário, Famalicão, Portugal. ⁷²⁷Ministry of Health, Hanoi, Viet Nam. ⁷²⁸National Agency for Public Health, Chisinau, Moldova. ⁷²⁹University of Novi Sad Faculty of Medicine, Novi Sad, Serbia. ⁷³⁰Pure Earth, Dhaka, Bangladesh. ⁷³¹Institute of Epidemiology Disease Control and Research, Dhaka, Bangladesh. ⁷³²University of Turku, Turku, Finland. ⁷³³UNICEF, Baku, Azerbaijan. ⁷³⁴World Health Organization Country Office, Juba, South Sudan. ⁷³⁵Instituto Federal Riograndense, Rio Grande, Brazil. ⁷³⁶Institut Universitari d'Investigació en Atenció Primària Jordi Gol, Girona, Spain. ⁷³⁷University of Girona, Girona, Spain. ⁷³⁸Newcastle University, Newcastle, UK. ⁷³⁹Institute for Health Policy, Colombo, Sri Lanka. ⁷⁴⁰APDP Diabetes Portugal, Lisboa, Portugal. ⁷⁴¹Sotiria Hospital, Athens, Greece. ⁷⁴²INCLIVA, Valencia, Spain. ⁷⁴³Slovak Academy of Sciences, Bratislava, Slovakia. ⁷⁴⁴University of Santa Cruz do Sul, Santa Cruz do Sul, Brazil. ⁷⁴⁵Nutrition Research Foundation, Barcelona, Spain. ⁷⁴⁶Minas Gerais State Secretariat for Health, Belo Horizonte, Brazil. ⁷⁴⁷UB Bunyola llsalut, Palma, Spain. ⁷⁴⁸Amsterdam Institute for Global Health and Development, Amsterdam, The Netherlands. ⁷⁴⁹Universidade Nove de Julho, São Paulo, Brazil. ⁷⁵⁰Ministerio de Salud, Panama City, Panama. ⁷⁵¹Canarian Health Service, Tenerife, Spain. ⁷⁵²Universidad Industrial de Santander, Bucaramanga, Colombia. ⁷⁵³Ministry of Health and Social Protection, Bogotá, Colombia. ⁷⁵⁴Wuqu' Kawoq, Tecpan, Guatemala. ⁷⁵⁵GroundWork, Fläsch, Switzerland. ⁷⁵⁶CIBERDEM, Málaga, Spain. ⁷⁵⁷Instituto de Investigación Biomédica de Málaga-Plataforma Bionand, Málaga, Spain. ⁷⁵⁸Fundación Instituto de Investigación Sanitaria Illes Balears, Madrid, Spain. ⁷⁵⁹University of Minho, Braga, Portugal. ⁷⁶⁰Fiji National University, Suva, Fiji. ⁷⁶¹GHESKIO Clinics, Port-au-Prince, Haiti. ⁷⁶²Universidad Galileo, Guatemala City, Guatemala. ⁷⁶³Universidad de San Carlos, Quetzaltenango, Guatemala. ⁷⁶⁴National Center of Epidemiology ISCIII, Madrid, Spain. ⁷⁶⁵Rehamed-Center, Tajęcina, Poland. ⁷⁶⁶Institute of Food Sciences of the National Research Council, Avellino, Italy. ⁷⁶⁷Medical University of Gdańsk, Gdańsk, Poland. ⁷⁶⁸Singapore Eye Research Institute, Singapore, Singapore. ⁷⁶⁹Sitaram Bhartia Institute of Science and

Research, New Delhi, India. ⁷⁷⁰Academy of Preventive Medicine, Almaty, Kazakhstan. ⁷⁷¹Kindergarten of Avlonari, Evia, Greece. ⁷⁷²National Institute of Health, Lima, Peru. ⁷⁷³Ministry of Health, Jakarta, Indonesia. ⁷⁷⁴Catalan Department of Health, Barcelona, Spain. ⁷⁷⁵Biogipuzkoa Health Research Institute, San Sebastián, Spain. ⁷⁷⁶Instituto de Saúde Ambiental, Lisbon, Portugal. ⁷⁷⁷Universidade Federal de Alagoas, Maceió, Brazil. ⁷⁷⁸The University of Health Sciences, Phnom Pen, Cambodia. ⁷⁷⁹Wellbeing Services County of South Karelia, Lappeenranta, Finland. ⁷⁸⁰Shizuoka Graduate University of Public Health, Shizuoka, Japan. ⁷⁸¹National Cancer Center, Tokyo, Japan. ⁷⁸²University of São Paulo Clinics Hospital, São Paulo, Brazil. ⁷⁸³Hospital Italiano de Buenos Aires, Buenos Aires, Argentina. ⁷⁸⁴Medical University of Vienna, Vienna, Austria. ⁷⁸⁵Nes Municipality, Nes, Norway. ⁷⁸⁶German Institute of Human Nutrition Potsdam-Rehbruecke, Nuthetal, Germany. ⁷⁸⁷The George Institute for Global Health, Sydney, New South Wales, Australia. ⁷⁸⁸Center for Oral Health Services and Research Mid-Norway, Trondheim, Norway. ⁷⁸⁹Lagos State University College of Medicine, Lagos, Nigeria. ⁷⁹⁰Comenius University, Bratislava, Slovakia. ⁷⁹¹Human Sciences Research Council, Cape Town, South Africa. ⁷⁹²Medical Excellence JAPAN, Tokyo, Japan. ⁷⁹³Teikyo University, Tokyo, Japan. ⁷⁹⁴Israel Defense Forces Medical Corps, Jerusalem, Israel. ⁷⁹⁵Rutgers University, New Brunswick, NJ, USA. ⁷⁹⁶Africa Health Research Institute, Durban, South Africa. ⁷⁹⁷University of KwaZulu-Natal, Durban, South Africa. ⁷⁹⁸St Vincent's Hospital, Sydney, New South Wales, Australia. ⁷⁹⁹RAS FCTAS Institute of Social Demography, Moscow, Russia. ⁸⁰⁰Health Polytechnic Jakarta II Institute, Jakarta, Indonesia. ⁸⁰¹Diponegoro University, Semarang, Indonesia. ⁸⁰²National Medical Research Center for Children's Health, Moscow, Russia. ⁸⁰³University of Bordeaux, Bordeaux, France. ⁸⁰⁴University of Hohenheim, Stuttgart, Germany. ⁸⁰⁵Oslo Metropolitan University, Oslo, Norway. ⁸⁰⁶Institute of Public Health, Skopje, North Macedonia. ⁸⁰⁷Ss. Cyril and Methodius University, Skopje, North Macedonia. ⁸⁰⁸Lamprecht und Stamm Sozialforschung und Beratung AG, Zurich, Switzerland. ⁸⁰⁹Clinical Emergency Hospital, Bucharest, Romania. ⁸¹⁰Bonn University, Bonn, Germany. ⁸¹¹National Institute of Public Health NIH — National Research Institute, Warsaw, Poland. ⁸¹²Kalina Malina Kindergarten, Pazardjik, Bulgaria. ⁸¹³Pontificia Universidad Javeriana Seccional Cali, Cali, Colombia. ⁸¹⁴Ubon Ratchathani University, Ubon Ratchathani, Thailand. ⁸¹⁵The Jikei University School of Medicine, Tokyo, Japan. ⁸¹⁶The Chinese University of Hong Kong, Hong Kong, China. ⁸¹⁷Mongolian Ecotoxicology Center, Ulaanbaatar, Mongolia. ⁸¹⁸University of Jordan, Amman, Jordan. ⁸¹⁹National Statistical Office, Praia, Cabo Verde. ⁸²⁰St. Olavs University Hospital, Trondheim, Norway. ⁸²¹South Kazakhstan Medical Academy, Shymkent, Kazakhstan. ⁸²²All Institute of Medical Sciences, New Delhi, India. ⁸²³Scientific Research Institute of Maternal and Child Health, Ashgabat, Turkmenistan. ⁸²⁴Ministry of Health, Amman, Jordan. ⁸²⁵UNICEF, Niamey, Niger. ⁸²⁶University of Applied Sciences Utrecht, Utrecht, The Netherlands. ⁸²⁷Reproductive Endocrinology Research Center, Tehran, Iran. ⁸²⁸Ethiopian Public Health Institute, Addis Ababa, Ethiopia. ⁸²⁹Amrita Vishwa Vidyapeetham, Kochi, India. ⁸³⁰CMC Vellore, Vellore, India. ⁸³¹University Medical Center Utrecht, Utrecht, The Netherlands. ⁸³²Institut d'Investigació Sanitaria Illes Balears, Menorca, Spain. ⁸³³University of Vic-Central University of Catalonia, Vic, Spain. ⁸³⁴University of Bologna, Bologna, Italy. ⁸³⁵Hellenic Health Foundation, Athens, Greece. ⁸³⁶Government Medical College, Bhavnagar, India. ⁸³⁷Massachusetts General Hospital, Boston, MA, USA. ⁸³⁸Sefako Makgatho Health Sciences University, Ga-Rankuwa, South Africa. ⁸³⁹Alexander Technological Educational Institute, Thessaloniki, Greece. ⁸⁴⁰Tafuna Family Health Center, Tafuna, American Samoa. ⁸⁴¹LBJ Hospital, Faga'alu, American Samoa. ⁸⁴²Addis Ababa University, Addis Ababa, Ethiopia. ⁸⁴³Ministry of Health, Wellington, New Zealand. ⁸⁴⁴Sheba Medical Center, Tel HaShomer, Israel. ⁸⁴⁵Everyage Carolina Senior Care, Lexington, NC, USA. ⁸⁴⁶Universidad Centro-Occidental Lisandro Alvarado, Barquisimeto, Venezuela. ⁸⁴⁷Meharry Medical College, Nashville, TN, USA. ⁸⁴⁸University of Tampere Tays Eye Center, Tampere, Finland. ⁸⁴⁹Sabiha Gokcen Ilkoku, Ankara, Türkiye. ⁸⁵⁰Polytechnic Institute of Porto, Porto, Portugal. ⁸⁵¹Voronezh N.N. Burdenko State Medical University, Voronezh, Russia. ⁸⁵²Icahn School of Medicine at Mount Sinai, New York City, NY, USA. ⁸⁵³George Washington University, Washington, DC, USA. ⁸⁵⁴MONICA FRIULI Study Group, Udine, Italy. ⁸⁵⁵Universidad CEU San Pablo, Madrid, Spain. ⁸⁵⁶Consejería de Sanidad Junta de Castilla y León, Valladolid, Spain. ⁸⁵⁷Strasbourg University Hospital, Strasbourg, France. ⁸⁵⁸National Research Council, Pisa, Italy. ⁸⁵⁹Universidad San Francisco de Quito, Quito, Ecuador. ⁸⁶⁰Ministry of Public Health, Nonthaburi, Thailand. ⁸⁶¹Sunflower Nursery School, Chisova, Romania. ⁸⁶²North Karelia Center for Public Health, Joensuu, Finland. ⁸⁶³Academy of Athens, Athens, Greece. ⁸⁶⁴University of the Witwatersrand, Johannesburg, South Africa. ⁸⁶⁵Institute for Medical Research, Kuala Lumpur, Malaysia. ⁸⁶⁶Xinjiang Medical University, Urumqi, China. ⁸⁶⁷Shanghai Educational Development Co. Ltd, Shanghai, China. ⁸⁶⁸University of Cambridge, Cambridge, UK. ⁸⁶⁹Mingsii Co. Ltd, Beijing, China. ⁸⁷⁰Örebro University, Örebro, Sweden. ⁸⁷¹St George's, University of London, London, UK. ⁸⁷²Universitas Indonesia, Jakarta, Indonesia. ⁸⁷³GroundWork, Geneva, Switzerland. ⁸⁷⁴National Yang Ming Chiao Tung University, Taipei, Taiwan. ⁸⁷⁵Institute of Food and Nutrition Development of Ministry of Agriculture and Rural Affairs, Beijing, China. ⁸⁷⁶Beijing Institute of Ophthalmology, Beijing, China. ⁸⁷⁷Weill Cornell Medicine, New York City, NY, USA. ⁸⁷⁸Children's Hospital of Fudan University, Shanghai, China. ⁸⁷⁹University of Cyprus, Nicosia, Cyprus. ⁸⁸⁰Niigata University, Niigata, Japan. ⁸⁸¹South China Institute of Environmental Sciences, Guangzhou, China. ⁸⁸²International Medical University, Shah Alam, Malaysia. ⁸⁸³Hellenic Mediterranean University, Heraklion, Greece. ⁸⁸⁴Iran University of Medical Sciences, Tehran, Iran. ⁸⁸⁵Peking University First Hospital, Beijing, China. ⁸⁸⁶West Kazakhstan Medical University, Aktoke, Kazakhstan. ⁸⁸⁷Inner Mongolia Medical University, Hohhot, China. ⁸⁸⁸Institute of Correctional Pedagogy, Moscow, Russia. ⁸⁸⁹Przedzskole No. 81, Warsaw, Poland. ⁸⁹⁰These authors contributed equally: Bin Zhou, Nowell H. Phelps, Agnese Galeazzi, Olivia N. O'Driscoll. ⁸⁹¹Deceased: Adroaldo Cesar Araujo Gaya, Konrad Jamrozik, Suntara Klanarong, Ryutaro Ohtsuka, Altan Onat, Robespierre Ribeiro, Herman Schargrodsky, Michael Sjöström, Augustinus Soemantri, Jutta Stieber. ⁸⁹²e-mail: majid.ezzati@imperial.ac.uk

Methods

Our analytical aim was to quantify and characterize the dynamics of how obesity has changed over time, building on studies that reported the extent of change over long multi-decade periods¹. As a quantitative measure of the dynamics of obesity, we calculated the velocity of obesity as the rate of absolute change in prevalence between consecutive years. This metric allows understanding whether the rise in the prevalence of obesity has been uniform over time, or if its pace has changed, including acceleration, deceleration, plateauing and reversal. In addition, we used clustering to categorize the national trajectories of obesity prevalence based on their shape. The input to both analyses was prevalence of obesity in 200 countries from 1980 to 2024, a period during which obesity was recognized as an epidemic^{2,3,60}. To estimate prevalence, we pooled population-based studies with measurements of height and weight. Pooled data were analysed using a Bayesian hierarchical meta-regression model. The posterior estimates were then used for calculating velocity and clustering.

Our analyses addressed the dynamics of obesity in school-aged children and adolescents 5–19 years of age and in adults 20 years of age and older. Our primary outcome was the prevalence of obesity, defined as BMI ≥ 30 kg m⁻² for adults 20 years of age and older and as BMI > 2 s.d. above the median of the WHO growth reference for children and adolescents 5–19 years of age^{61,62}. Following previous work^{1,10,63}, we conducted separate analyses for children and adolescents and for adults, because different cut-offs are used to measure obesity in the two groups^{61,62,64}.

Data access and data inclusion

We pooled population-based studies with measurements of height and weight in samples of the general population from a database collated by the NCD Risk Factor Collaboration (NCD-RisC). Data were obtained from publicly available multi-country and national measurement surveys (for example, Demographic and Health Surveys, WHO STEPwise approach to Surveillance (STEPS) surveys, and those identified via the Inter-University Consortium for Political and Social Research, European Health Interview & Health Examination Surveys Database and the UK Data Service). With the help of the WHO and its regional and country offices, we identified and accessed population-based survey data from national health and statistical agencies. We searched and reviewed published studies as previously detailed^{63,65–67} and invited eligible studies to join NCD-RisC, as we did with data holders from earlier pooled analyses of cardiometabolic risk factors^{68–71}. The NCD-RisC database is continuously updated through all the above routes as well as through periodic requests to NCD-RisC members to suggest additional sources in their countries.

We carefully checked that each study met our inclusion criteria, which are listed below. All NCD-RisC members were also periodically asked to review the list of sources from their country, to verify that they met the inclusion criteria and were not duplicates. Potential duplicate data sources were first identified by comparing studies from the same country and year, followed by checking with NCD-RisC members who had provided data whether sources from the same country and year, and with similar sample sizes and age ranges, were the same or distinct. If two sources were confirmed as duplicates, one was discarded.

For each study, we recorded the study population, the sampling approach, the years of measurement and measurement methods. Only data that were from samples of the general population were included. All data were assessed and classified by whether they covered the whole country, one or more subnational regions (that is, one or more provinces or states, more than three cities, or more than five rural communities), or one or a small number of communities (limited geographical scope not meeting above national or subnational criteria). As stated in statistical methods, these study-level attributes were included in the Bayesian hierarchical meta-regression model so

the modelling was informed by all available data, but accounted for the aforementioned differences in the populations from which different studies had sampled. All submitted data were checked by at least two people independently. Questions and clarifications were discussed with NCD-RisC members and resolved before data were incorporated into the database.

Data were included if the following criteria were met: measured data on height and weight were available; study participants were 5 years of age and older; data were collected using a probabilistic sampling method with a defined sampling frame; data were from population samples at the national, subnational or community level as defined above; and data were from the countries listed in Supplementary Table 1.

We excluded all studies that were solely based on self-reported height and weight, without any measurement, because these data are subject to biases that vary by geography, time, age, sex and socioeconomic characteristics^{72–74}. Owing to these variations, approaches to correcting self-reported data may leave residual bias. We excluded data sources on population subgroups whose anthropometric status may differ systematically from the general population, including studies that had included or excluded people based on their health status; and female individuals 15–19 years of age in surveys that sampled only ever-married women or measured height and weight only among mothers. We excluded studies whose participants were only from specific educational, occupational, socioeconomic or ethnic subgroups of the general population, with the exceptions of school-based studies in countries and age–sex groups with school enrolment of 80% or higher. We also excluded studies that recruited participants through contact with health facilities; the exceptions to this exclusion criterion were studies whose sampling frame was health insurance schemes whose membership is not based on occupation or socioeconomic status in countries where at least 80% of the population were insured, and studies based on the primary-care system in high-income and Central European countries with universal insurance, as contact with the primary-care systems in these countries tends to be as good as or better than response rates for population-based surveys.

Data cleaning and management

We excluded participants whose age was younger than 18 years if their data were not reported by single year of age (less than 0.01% of all participants), because the age associations of height and weight may be non-linear in these ages, especially during growth spurts. We excluded BMI data for female individuals who were pregnant at the time of measurement (0.33% of participants), because weight changes during pregnancy. We excluded 0.23% of participants with recorded values outside of the following predefined ranges: recorded height below 60 cm or above 180 cm for those younger than 10 years of age; below 80 cm or above 200 cm for those 10–14 years of age; and below 100 cm or above 250 cm for those 15 years of age or older; recorded weight below 5 kg or above 90 kg for those younger than 10 years of age; below 8 kg or above 150 kg for those 10–14 years of age; and below 12 kg or above 300 kg for those 15 years of age or older; or recorded BMI below 6 kg m⁻² or above 40 kg m⁻² for those younger than 10 years of age; below 8 kg m⁻² or above 60 kg m⁻² for those 10–14 years of age; and below 10 kg m⁻² or above 80 kg m⁻² for those 15 years of age or older. As in previous uses of these data^{1,9,10,56,75}, we excluded these participants because values outside these ranges were likely to reflect measurement or data recording errors.

Anonymized individual data from the studies from 1980 to 2024 in the NCD-RisC database were reanalysed according to a common protocol. We calculated prevalence in the following BMI ranges: for children and adolescents, the prevalence of BMI less than –2 s.d., –2 s.d. to less than –1 s.d., –1 s.d. to 1 s.d., more than 1 s.d. to 2 s.d., and more than 2 s.d. from the median of the WHO growth reference⁶¹; for adults, the prevalence of BMI less than 18.5 kg m⁻², 18.5 kg m⁻² to less than 20 kg m⁻², 20 kg m⁻² to less than 25 kg m⁻², 25 kg m⁻² to less than 30 kg m⁻², 30 kg m⁻² to less than 35 kg m⁻², 35 kg m⁻² to less than 40 kg m⁻², and 40 kg m⁻² or higher.

Of the studies with BMI data, 79% were included in the NCD-RisC database as individual participant data; another 14% were provided as summary statistics, that is, age–sex-specific prevalence of relevant BMI categories. When summary statistics were prepared by study investigators, detailed instructions were provided, as was computer code when requested, to ensure analysis was conducted according to the study protocol. The cut-offs for calculating prevalence in the BMI categories for school-aged children and adolescents were all age-specific and sex-specific and were applied to data in single years of age. All analyses incorporated sample weights and complex survey design, when applicable, in calculating summary statistics. Information on survey design and sample weights were provided by participating studies. For studies that used multistage (stratified) sampling, we accounted for survey design features when calculating standard errors, including clusters, strata and sample weights, using Taylor series linearization as implemented in the R package ‘survey’ (v4.4.2)⁷⁶.

We used two additional types of studies, accounting for 7% of all studies. First, we included some data from a previous pooling analysis⁶⁸. We invited these studies to join NCD-RisC, as stated above. However, data from some studies were no longer available, for example, because the authors had retired or moved, data had been permanently archived or data were stored using older storage technologies that could not be easily retrieved. Second, summary statistics for nationally representative data from sources that were identified but not accessed via the above routes were extracted from published reports. Data were also extracted for two STEPS surveys that were not publicly available^{77,78}. The two additional types of studies made up 0.7% of our data points for children and adolescents and 8.4% for adults (a data point is an age–sex–study-specific prevalence in a BMI category, which is used in the Bayesian meta-regression model as described below to make estimates for all age groups, countries and years). These studies had information on mean BMI and/or on a subset of BMI categories that were analysed in this work. To enable us to use these data, we used previously validated conversion regressions to estimate the missing primary outcome from the available BMI metric (or metrics). Additional details on conversion regression model specifications and the model coefficients are reported on GitHub (<https://github.com/NCD-RisC/ncdrisc-methods/blob/main/NCD-RisC-conversion-model-for-prev-bmi.pdf>).

After the data access and cleaning procedure described above, we used 4,050 population-based studies that measured height and weight in 232 million participants 5 years of age and older from 197 countries in this study. The data included 2,582 studies for children and adolescents from 189 countries, and 2,980 studies for adults from 196 countries. We had at least one study for 197 (99%) of the 200 countries for which estimates were made (Supplementary Fig. 1), at least two studies for 188 countries (94%) and at least three studies for 177 countries (89%). 189 countries had at least one national study, of which 181 had at least two national studies and 166 had at least three national studies. Countries in the high-income western super-region (with an average of 53.3 studies per country) and the East and Southeast Asia super-region (with an average of 33.5 studies per country) had the most data, and those in Pacific Island nations (6.0 studies per country) and sub-Saharan Africa (8.6 studies per country) had the least data (Supplementary Figs. 1 and 2). Other super-regions on average had 12.1–26.7 studies per country. Details of the studies are provided in Supplementary Table 2.

Statistical model

Overview. We used a Bayesian hierarchical meta-regression model to estimate trends in the prevalence of different BMI categories by sex, age, country and year from 1980 to 2024. The statistical methods for analysis of pooled data, including its implementation and computation, are described in detail in a statistical paper⁷⁹ and related substantive papers^{1,9,10,56,71,80,81}. Model specification is summarized here and described using statistical notation in the sections below. In summary, the model had a hierarchical structure, in which countries were nested in

regions, which were nested in super-regions, which were nested in the globe (Supplementary Table 1). Estimates for each country and year were informed by its own data, if available, and by data from other years in the same country and from other countries, especially those in the same region with data for similar time periods. The extent to which estimates for each country-year were influenced by data from other years and other countries depended on whether the country had data, the sample size of data, whether the sources were at national, subnational or community level, and the within-country and within-region variability of the available data. The model incorporated non-linear time trends through the combination of linear and second-order random walk terms, all modelled hierarchically.

The age association of BMI was modelled using a cubic spline to allow for non-linear age patterns, which might vary across countries. The coefficients of the splines were modelled hierarchically^{1,10,81}. For adults, we allowed the coefficients to vary over time to reflect changing age associations^{1,81}. For children and adolescents, model testing showed that a simpler model without age–time interaction had better performance^{1,10}. For adults, two knots were placed at 45 and 60 years, and for children and adolescents, at 10 and 15 years, on the basis of exploratory analyses^{1,10,56}.

The model accounted for the possibility that BMI in subnational and community samples might systematically differ from, and have larger variation than, nationally representative surveys through the inclusion of fixed-effect and random-effect terms. The fixed effects adjusted for systematic differences between subnational or community studies and national studies and allowed these differences to vary over time. The random effects allowed national data to have a larger influence on the estimates than subnational or community data with similar sample sizes. The model also accounted for urban–rural differences in the prevalence of a BMI category, through data-driven fixed effects for urban-only and rural-only studies. These urban and rural effects were weighted by the difference between study-level and country-level urbanization in the year when the study was conducted and were also permitted to vary across time.

We fitted the statistical model using Markov chain Monte Carlo (MCMC). For model fitting, data on participants 5–19 years of age were included in the analysis of trends in children and adolescents, and on participants 18 years of age and older in the analysis of trends in adults. Data on participants 18 and 19 years of age were included in both sets of models because these groups form a transitional age from adolescence to adulthood, hence these data are informative for estimates in both groups. All analyses were done separately by sex because age, geographical and temporal patterns of BMI differ between sexes^{1,56,82}. Computational details, including on initialization of MCMC chains and model convergence, are provided in the section on model implementation.

Model specification. Each study contributed up to 15 data points for each BMI category and sex, with the exact number depending on the age groups represented in the study. In the model specification, an observation $y_{h,i,t}$, that is, the number of people in the prevalence category from age group h of study i , carried out in country j at time t , was specified to have a binomial distribution conditional on the sample size $n_{h,i}$ and prevalence $p_{h,i}$:

$$y_{h,i} | n_{h,i}, p_{h,i} \sim \text{Bin}(n_{h,i}, p_{h,i}).$$

We modelled the prevalence $p_{h,i}$ from age group h of study i via a latent variable $\alpha_{h,i} = \Phi^{-1}(p_{h,i})$, representing probit-transformed prevalence, through the following Gaussian distribution:

$$\alpha_{h,i} \sim \mathcal{N}(a_{j[t]} + b_{j[t]}t[i] + u_{j[t],t[i]} + \gamma_i(z_h) + \mathbf{X}_i\boldsymbol{\beta} + e_i, \tau^2),$$

where j , the country in which a study was carried out, and t , the study year, are uniquely determined by the study index i ; we denote this

determination of j and t on i by $j[i]$ and $t[i]$, respectively. The country-specific intercept and linear time slope from country j are denoted a_j and b_j , respectively, with $j \in \{1, \dots, J\}$, where $J = 200$ is the total number of countries and territories in our analysis. We describe the hierarchical model used for the a 's and the b 's in the section 'Linear components of country time trends'. Letting $T = 45$ be the total number of years from 1980 to 2024, the T -length vector u_j captures smooth non-linear change over time in country j , as described in the section 'Nonlinear change'. The contribution of the age term for age group h (with mid-age z_h) in study i is denoted by $y_i(z_h)$; these are described in detail in the section 'Age model'. The matrix X contains terms describing whether studies were representative at the national, subnational or community level, and whether they were urban only, rural only or covered both areas, and β contains the associated fixed effects. In addition, a random effect e_i was estimated for each study. These study-specific terms are described in the section 'Study-level terms and study-specific random effects'. The variance term τ^2 captures variability not accounted for by the study-specific random effects, described in the section 'Residual age-by-study variability'. Priors assigned to model hyperparameters are summarized in Supplementary Table 3. Details on model fitting and convergence are given in the section 'Model implementation'. Finally, details on how country-level inference was performed are given in the section 'Inference and post-processing'.

Linear components of country time trends. The model had a hierarchical structure, in which studies were nested in countries, which were nested in regions (indexed by l), which were nested in super-regions (indexed by m), which were all nested in the globe (see Supplementary Table 1 for a list of countries in each region and regions in each super-region). This structure allowed the model to share information across units to a greater degree when data were non-existent or weakly informative (for example, had a small sample size or were not nationally representative) and, to a lesser extent, in data-rich countries and regions⁸³.

The a and b terms are country-specific linear intercepts and time slopes with terms at each level of the hierarchy, denoted by the superscripts c, r, s and g , respectively:

$$a_j = a_j^c + a_{l[j]}^r + a_{m[j]}^s + a^g,$$

$$b_j = b_j^c + b_{l[j]}^r + b_{m[j]}^s + b^g,$$

$$a^x \sim N(0, \kappa_a^x),$$

$$b^x \sim N(0, \kappa_b^x),$$

where $x \in \{c, r, s\}$. The κ terms were each assigned a flat prior on the standard deviation scale⁸⁴. We also assigned flat priors to a^g and b^g .

Nonlinear change. The prevalence of a BMI category may change nonlinearly over time^{1,82}. We captured smooth nonlinear change in time in country j using the vector u_j . Just as a_j and b_j are each defined as the sum of country, region, super-region and global components, we defined

$$u_j = u_j^c + u_{l[j]}^r + u_{m[j]}^s + u^g.$$

To allow the model to differentiate between the degrees of nonlinearity that exist at the country, region, super-region and global levels, we assigned the four components of each u a discrete second-order Gaussian autoregressive prior^{85,86}. In particular, the vectors $u_j^c, j \in \{1, \dots, J\}$, $u_l^r, l \in \{1, \dots, L\}$, $u_m^s, m \in \{1, \dots, M\}$, and u^g , all of length T , are each given a Gaussian prior with mean zero and precision $\lambda_c P$, $\lambda_r P$, $\lambda_s P$ and $\lambda_g P$, respectively, where the scaled precision matrix P in the Gaussian autoregressive prior penalizes first and second differences as follows:

$$P = \begin{bmatrix} 1 & 0 & 0 & \dots & 0 \\ -2 & 1 & 0 & \dots & 0 \\ 1 & -2 & 1 & \dots & 0 \\ 0 & 1 & -2 & \dots & 0 \\ 0 & 0 & 1 & \dots & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & 0 & \dots & 1 \end{bmatrix} \begin{bmatrix} 1 & -2 & 1 & 0 & 0 & \dots & 0 \\ 0 & 1 & -2 & 1 & 0 & \dots & 0 \\ 0 & 0 & 1 & -2 & 1 & \dots & 0 \\ \vdots & \vdots & \vdots & \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & 0 & 0 & 0 & \dots & 1 \end{bmatrix}$$

$$= \begin{bmatrix} 1 & -2 & 1 & 0 & 0 & \dots & 0 \\ -2 & 5 & -4 & 1 & 0 & \dots & 0 \\ 1 & -4 & 6 & -4 & 1 & \dots & 0 \\ 0 & 1 & -4 & 6 & -4 & \dots & 0 \\ 0 & 0 & 1 & -4 & 6 & \dots & 0 \\ \vdots & \vdots & \vdots & \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & 0 & 0 & 0 & \dots & 1 \end{bmatrix}.$$

P is multiplied by the estimated precision parameters $\lambda_c, \lambda_r, \lambda_s$ and λ_g , thus upweighting or downweighting the strength of its penalties and ultimately determining the degree of smoothing at each level. For each of the four precision parameters, we used a truncated flat prior on the standard deviation scale $(1/\sqrt{\lambda})$ ⁸⁴. We truncated these priors such that $\log \lambda \leq 20$ for each of the four λ 's. This upper bound is enforced as a computational convenience, so that models with $\log \lambda > 20$ are treated as equivalent to a model with $\log \lambda = 20$, as they essentially have no extra-linear variability in time. In practice, this upper bound had little effect on the parameter estimates. Furthermore, we ordered the λ 's a priori as follows: $\lambda_c < \lambda_r < \lambda_s < \lambda_g$. This prior constraint conveys the expectation that the global trend in the prevalence of a BMI category has less extra-linear variability than the trend of any given super-region, which has less than those of constituent regions, which in turn has less variability than the trends of constituent countries.

The matrix P has rank $T - 2$, corresponding to a flat, improper prior on the mean and the slope of the u_j^c 's, the u_l^r 's, the u_m^s and u^g , and is not invertible⁸⁷. Thus, we had a proper prior in a reduced-dimension space⁸⁵, with the prior expressed as follows:

$$P(u_j^c | \lambda_c) \propto \lambda_c^{\frac{T-2}{2}} \exp \left\{ -\frac{\lambda_c}{2} u_j^{c'} P u_j^c \right\}.$$

If u_j^c had a non-zero mean, this would introduce nonidentifiability with respect to a_j^c . By the same token, b_j^c would not be identifiable if u_j^c had a non-zero time slope, and similarly for the other means and slopes. Thus, to achieve identifiability of the a 's, b 's and u 's, we constrained the mean and slope of each of u^g, u^s, u^r and u^c to be zero. Enforcing orthogonality between the linear and nonlinear portions of the time trends meant that each can be interpreted independently.

For the cases in which we have observations for at least two different time points, this improper prior will not lead to an improper posterior because the data will provide information about the mean and slope. To enforce the desired orthogonality between the linear and nonlinear portions of the model, we used the Rue and Held correction⁸⁵. For the countries without data (for adults, 4 for women and 8 for men; for children and adolescents, 11 for girls and 19 for boys), we took the Moore–Penrose pseudoinverse of P ⁸⁸, setting to infinity those eigenvalues that correspond to the non-identifiability. This effectively constrained the non-identified portions of the model to zero, as the corresponding variances are set to zero⁸⁶; in this case the Rue and Held correction⁸⁵ is not needed. An intermediate case occurs when data are observed for only one time point in a country. In this case, the full conditional precision has rank $T - 1$ because the mean but not the linear trend of u_j^c is identified by the data. We therefore constrained the linear trend of u_j^c to zero in this case, by taking the generalized inverse of the full conditional precision. We then constrained the mean of u_j^c to zero using the one-dimensional version of

Article

the Rue and Held correction⁸⁵. Computational details have been given in previous papers⁷¹.

Age model. We sought a smooth function that could characterize gradual changes in the prevalence of BMI categories over age, as seen in the data. To achieve this, we modelled age using cubic splines, with the number and position of the knots of the splines selected based on epidemiological and physiological knowledge about changes in body shape^{61,89} and statistical considerations, as previously described^{1,56,82}. Statistically, we used age-stratified residuals to confirm the number and position of knots.

For age group h with mid-age z_h , in study i , the age term is given by

$$Y_i(z_h) = \gamma_{1,i}z_h + \gamma_{2,i}z_h^2 + \gamma_{3,i}z_h^3 + \gamma_{4,i}(z_h - k_1)_+^3 + \gamma_{5,i}(z_h - k_2)_+^3,$$

where for children and adolescents, the two knots were placed at ages $(k_1, k_2) = (10, 15)$ and for adults at $(k_1, k_2) = (45, 60)$ years. To reduce dependence among model parameters, we centred the age variable.

We used different age models for children and adolescents and for adults, as explained below, following previous analyses^{10,56,81}, and visual inspection of results as well as formal model testing carried out using the Watanabe–Akaike information criterion^{90,91}.

For adults, each of the spline coefficients was allowed to vary across countries and was modelled hierarchically, and was further allowed to vary across time, to reflect different trends in prevalence across age groups. We modelled spline coefficients as follows, consistent with previous analyses^{1,81}, with the k -th age term coefficients for study i given as follows:

$$\gamma_{k,i} = \psi_k^g + \psi_{k,j[i]}^c + \psi_{k,l[i]}^r + \psi_{k,m[i]}^s + (\phi_k^g + \phi_{k,j[i]}^c + \phi_{k,l[i]}^r + \phi_{k,m[i]}^s)t[i],$$

$$\psi_{k,j[i]}^c \sim N(0, \sigma_{\psi,k,c}^2),$$

$$\psi_{k,l[i]}^r \sim N(0, \sigma_{\psi,k,r}^2),$$

$$\psi_{k,m[i]}^s \sim N(0, \sigma_{\psi,k,s}^2),$$

$$\phi_{k,j[i]}^c \sim N(0, \sigma_{\phi,k,c}^2),$$

$$\phi_{k,l[i]}^r \sim N(0, \sigma_{\phi,k,r}^2),$$

$$\phi_{k,m[i]}^s \sim N(0, \sigma_{\phi,k,s}^2).$$

Here $\psi_k^g, \psi_k^c, \psi_k^r$ and ψ_k^s are global, country, region and super-region intercepts, and $\phi_k^g, \phi_k^c, \phi_k^r$ and ϕ_k^s are global, country, region and super-region time slope parameters. A flat improper prior was placed on each of the $\sigma_{\psi,k}$'s and $\sigma_{\phi,k}$'s.

For children and adolescents, use of the model comparison criteria Watanabe–Akaike information criterion showed that the age–time interaction terms, ϕ , did not improve model fit. Therefore, each of the spline coefficients was still allowed to vary across countries and was modelled hierarchically but was held constant over time, consistent with previous analyses^{1,10}. The k -th age term coefficients for study i were given as follows:

$$\gamma_{k,i} = \psi_k^g + \psi_{k,j[i]}^c + \psi_{k,l[i]}^r + \psi_{k,m[i]}^s,$$

$$\psi_{k,j[i]}^c \sim N(0, \sigma_{\psi,k,c}^2),$$

$$\psi_{k,l[i]}^r \sim N(0, \sigma_{\psi,k,r}^2),$$

$$\psi_{k,m[i]}^s \sim N(0, \sigma_{\psi,k,s}^2).$$

with flat improper prior placed on each of the $\sigma_{\psi,k}$'s.

Study-level term and study-specific random effects. The prevalence of a BMI category as measured in individual studies may vary from the true unobserved country–year prevalence owing to study implementation factors such as those associated with sampling, participation and response, and measurement. We included time-varying offsets (referred to above as fixed effects) to help account for potential systematic differences associated with data sources that are representative of subnational or community populations, and data sources that are representative of urban-only or rural-only populations, through the term $X_i\beta$:

$$\begin{aligned} X_i\beta = & \beta_1 \mathbf{I}\{X_i^{\text{cvtg}} = \text{subnational}\} + \beta_2 \mathbf{I}\{X_i^{\text{cvtg}} = \text{subnational}\} t[i] \\ & + \beta_3 \mathbf{I}\{X_i^{\text{cvtg}} = \text{community}\} + \beta_4 \mathbf{I}\{X_i^{\text{cvtg}} = \text{community}\} t[i] \\ & + \beta_5 X_{j[i],t[i]}^{\text{c,urb}} \mathbf{I}\{X_i^{\text{s,urb}} = \text{rural}\} + \beta_6 X_{j[i],t[i]}^{\text{c,urb}} \mathbf{I}\{X_i^{\text{s,urb}} = \text{rural}\} t[i] \\ & + \beta_7 (1 - X_{j[i],t[i]}^{\text{c,urb}}) \mathbf{I}\{X_i^{\text{s,urb}} = \text{urban}\} + \beta_8 (1 - X_{j[i],t[i]}^{\text{c,urb}}) \mathbf{I}\{X_i^{\text{s,urb}} = \text{urban}\} t[i] \end{aligned}$$

where X_i^{cvtg} is the indicator for whether the coverage of study i , in country j and year t , is subnational or community, $X_i^{\text{s,urb}}$ is the indicator for whether the study i covered rural-only or urban-only populations, and $X_{j[i],t[i]}^{\text{c,urb}}$ is the percentage of the national population of country j in year t living in urban areas, as obtained from the 2018 revision to the United Nation's World Urbanization Prospects⁹². We note that β_5 through β_8 are all multiplied by zero for studies that are urban only in countries where all residents lived in urban areas (for example, Singapore) and for studies that are rural only in countries where all residents lived in rural areas (for example, Tokelau), that is, in such cases, the model does not consider studies classified as urban (respectively rural) to have potential systematic differences from the true underlying prevalence in the country.

Even after accounting for sampling variability, national studies may still not reflect the true prevalence of a BMI category in a country with perfect accuracy, and subnational and community studies have even larger variability. We include the study-specific random effect e_i to allow all age groups from the same study to have an unusually high or an unusually low prevalence, after conditioning on the other terms in the model. Each e_i is assigned a Gaussian prior with variance dependent on whether study i is representative at the national, subnational or community level. Random effects from national studies were constrained to have smaller variance (v_n) than random effects of subnational studies (v_s), which were in turn constrained to have smaller variance than community studies (v_c).

Residual age-by-study variability. The age patterns across communities within a given country may differ from the overall age pattern of that country. This within-study variability cannot be captured by the e_i terms, which are equal across age-specific observations in each study, so we included an additional variance component for each study, τ^2 .

Model implementation. The model was fitted through a bespoke MCMC sampler coded in R, which uses a combination of Metropolis–Hastings and Gibbs updates⁹³. To generate starting values for the model runs, we ran an initial set of eight MCMC chains. We generated the starting values of each initial chain by first randomly generating log variance parameter values from diffuse Gaussian distributions centred on estimates from previous analyses, and then generating all other starting values conditional on these variance parameters. We ran each of the initial chains for 50,000 iterations after burn-in, thinned and combined across chains to obtain 5,000 posterior draws. To estimate a distribution from which to sample initial values for the final model runs, we fitted a multivariate Gaussian distribution to the

posterior distribution of all non-study-specific parameters obtained from the initial chains, scaling the variance–covariance matrix by a factor of 1.5; this equates to an increase in the variance of the multivariate Gaussian distribution of approximately 50% relative to the target posterior distribution. This is a larger overdispersion than that of 10%, which is considered sufficient for the Rhat convergence diagnostic⁹⁴, and allows a larger spread of initial values to be included. To obtain initial values for study-specific parameters, we first sampled a study-specific random effect e_i , for each study i , from a Gaussian distribution with mean zero and variance given by the sampled initial values of ν_n , ν_s or ν_c , dependent on whether study i was representative at the national, subnational or community level. We then sampled initial values of the latent variable $\alpha_{h,i}$ for each age group h and study i from its Gaussian distribution, conditional on all other sampled parameter values, including the study-specific random effect e_i .

We had a target of eight converged MCMC chains for generating our estimates, which is twice the recommended minimum number to assess convergence using the Rhat diagnostic^{91,95}. The exact numbers of chains used for the model runs are not critical so long as at least four chains are run to enable us to estimate between chain variation, which is needed for the Rhat convergence diagnostic to be meaningful⁹⁵, and so long as there are sufficient computational resources to run chains to convergence and subsequently to collect samples. We ran ten chains for each BMI category sex combination, with chains ordered by their seeds. The additional two chains were run to allow for a small number of the first eight chains to be discarded if mixing was slow. In practice, no chain was replaced. We did not run more chains because the computational and time cost outweighed the gains, if any, in results. We identified, through visual inspection of hyperparameter trace plots, a burn-in period of 20,000 iterations for adult prevalence categories, and 30,000 for child and adolescent categories. We took 50,000 post-burn-in iterations from each of the eight target chains, and combined and thinned to obtain a final sample of 5,000 posterior draws for each outcome.

Convergence was confirmed through visual inspection as well as through calculated split-Rhat diagnostic for country–year–age outcomes as implemented in the R package ‘rstan’ (v2.26.15)^{95,96}. The 97.5th quantile of split-Rhat ranged across BMI categories and sexes from 1.003 to 1.013 for adults, and from 1.004 to 1.014 for children and adolescents. Over 99% of country–year–age outcomes across all categories and sexes for adults and for children and adolescents had split-Rhat < 1.05.

Inference and post-processing. All inference was done for country–year–age combinations, through combining the a , b , u and γ terms, and setting $\beta = 0$ and $e_i = 0$. We set $\beta = 0$ as fixed effects associated with study design are not relevant for country-level inference. We set $e_i = 0$ as random effects arising from imperfections and variations in study design and implementation, and from within-country variability of the prevalence of a BMI category, are also not relevant for country-level inference.

Posterior estimates were made in 1-year age groups for 5–19 years of age, because BMI changes rapidly in relation to age in these ages, and in 5-year age groups for 20 years of age and older. As in previous work^{1,82}, we rescaled the estimated prevalence of different BMI ranges so that their sum was 1.0 in each sex, age, country and year. The average scaling factors across samples ranged from 1.00 to 1.02 for children and adolescents and 0.99 to 1.03 for adults, that is, the sum of the separately estimated prevalence categories was close to 1. We calculated the prevalence of obesity at the draw level as the sum of the prevalence of BMI of 30 kg m⁻² to less than 35 kg m⁻², 35 kg m⁻² to less than 40 kg m⁻², and 40 kg m⁻² or higher.

For presentation, we summarized results for 5–19 years of age for children and adolescents, and for 20 years of age and older for adults, as age-standardized results. Age standardization puts the population

for each country–year on the same (standard) age distribution, hence enables comparisons to be made over time and across countries. Age standardization was performed by taking the weighted means of age–sex-specific estimates, separately for children and adolescents and for adults, using age weights from the WHO standard population⁹⁷. We calculated the velocity of obesity for a given year at the draw level as the absolute difference in age-standardized obesity prevalence between consecutive years. To simplify reporting notation, we refer to velocity for each set of consecutive years by the terminal year: for example, the 2023–2024 velocity is referred to as velocity in 2024.

The uncertainties of our estimates, represented by their posterior distributions, capture the following sources of uncertainty in true obesity prevalence: uncertainty due to sampling in each data source; uncertainty associated with the variability of national data beyond what is accounted for by sampling; uncertainty associated with subnational and community data, which are more variable than national data; and uncertainty due to making estimates by country, year and age when data were missing, scarce or weakly informative. The reported credible intervals represent the 2.5–97.5th percentiles of the posterior distributions, which contain the true estimates with 95% probability. We obtained the PP that an estimated change in obesity represented a true increase as the proportion of draws from the posterior distribution that indicated an increase, that is, a positive change. We obtained the PP that an estimated velocity of obesity was positive (that is, prevalence is increasing) as the proportion of posterior draws for which the velocity was positive.

Validation of statistical model. To evaluate how well our statistical model fitted the data, we calculated the difference between the posterior estimates of obesity prevalence from the model and data from national studies. Median errors were very close to zero (0.11 percentage points for children and adolescents and 0.06 percentage points for adults) and median absolute errors were 1.09 percentage points for children and adolescents and 1.11 percentage points for adults, indicating that the estimates were unbiased and had small deviations relative to national studies.

Although we had data for 189 out of 200 (95%) countries for children and adolescents, and 196 of 200 (98%) for adults, we also conducted the more challenging test of how well our statistical model predicts missing data, known as external predictive validity. We evaluated external predictive validity in two different tests. In test 1, we held out all data from 10% of countries with data (that is, created the appearance of countries with no data where we actually had data), a higher percentage than the actual missingness in the dataset that we used. The countries whose data were withheld were randomly selected from the following three groups: data-rich (12 or more data sources for girls, 10 or more for boys, 13 or more for women and 10 or more for men), data-poor (1–3 data sources for girls, 1–2 for boys, 1–4 for women and 1–2 for men) and average data (4–11 data sources for girls, 3–9 for boys, 5–12 for women and 3–9 for men) availability. All data-rich countries had at least one data source after 2010. We fitted the model to the data from the remaining 90% of countries and made estimates of the held-out observations. In test 2, we assessed other patterns of missing data by holding out 10% of our data sources, again from a mix of data-rich, data-poor and average-data countries, as defined above. For a given country, we either held out a random one-third of the data of that country or all of the 2010–2024 data of that country to determine, respectively, how well we filled in the gaps for countries with intermittent data and how well we estimated in countries without recent data. Given that test 1 held out 10% of countries with data and we had data for 95% of countries for children and adolescents and 98% for adults, test 2 is a better reflection of external predictive validity of our analysis.

We fitted the model to the remaining 90% of the dataset and made estimates of the held-out observations. We repeated each test five times, holding out a different subset of data in each repetition. In

both tests, we calculated the differences between the held-out data and the estimates. We also calculated the 95% credible intervals of the estimates; in a model with good external predictive validity, 95% of held-out values would be included in the 95% credible intervals, a metric referred to as coverage.

Our statistical model also performed well in the external validation tests, that is, in estimating obesity prevalence when data were missing. The estimates of obesity prevalence had median errors that were close to zero or small globally (for test 1 and test 2, respectively, 0.61 and 0.17 percentage points for girls, 1.02 and 0.63 percentage points for boys, 1.82 and 0.21 percentage points for women, and 1.46 and 0.15 percentage points for men), and ± 4 percentage points or less in every subset of withheld data except for Pacific Island nations in test 1 for adults where median error was -4.51 and 4.94 percentage points for women and men, respectively (Supplementary Table 4). The 95% credible intervals of estimated prevalence of obesity covered 92–97% of true data globally for children and adolescents and 87–91% for adults; coverage was above 85% in most subsets of withheld data. Median absolute errors globally ranged from 1.72 to 3.53 percentage points for children and adolescents and from 2.21 to 4.57 percentage points for adults. Median absolute errors were smaller in test 2, where a subset of data sources from some countries are withheld, than in test 1, where all data from some countries are withheld. For comparison, median absolute differences for prevalence of obesity between pairs of nationally representative surveys done in the same country and in the same year was 2.06 percentage points for children and adolescents and 1.76 percentage points for adults, indicating that our estimates perform almost as well as conducting two distinct surveys in the same country and year.

Clustering obesity prevalence time series

We used clustering analysis to identify national obesity prevalence time series that have similar shapes in a data-driven (unsupervised) approach. The input to the analysis was the posterior mean age-standardized obesity prevalence for each country from 1980 to 2024 estimated via the Bayesian meta-regression model as detailed above. Data preprocessing and clustering were performed separately by sex and for children and adolescents and for adults.

We first normalized the posterior mean obesity prevalence in each country by subtracting the mean and dividing by the standard deviation so that the time series for each country had zero mean and unit variance. This step allowed the subsequent clustering to be determined by the shape of trajectory as opposed to its level and magnitude of change, which are captured by prevalence and velocity metrics. We then, for each year, subtracted the annual mean normalized prevalence across all countries from the country-specific (normalized) prevalence to remove the overall temporal trend in normalized prevalence. We used principal component analysis to identify the features that explained most variance, hence removed low-variance features⁹⁸. The first three principal components explained more than 97.9% of the variance and characterized the shape of the time series of each country.

We applied *k*-means clustering to the country scores of the first three principal components. The *k*-means algorithm partitions the data into *k* mutually exclusive clusters that are relatively homogeneous while maximizing the heterogeneity among clusters, by minimizing the sum of Euclidean distances of all data points from the centre of the cluster they belong to. It is a widely used and computationally efficient clustering algorithm that produces non-overlapping clusters.

In *k*-means analysis, the number of clusters *k* must be pre-specified. Various heuristics have been suggested for selecting a suitable number of clusters such as the elbow method and the silhouette method. These metrics compare measures of cluster cohesion and cluster separation for different choices of *k*. We ran the *k*-means algorithm across a range of *k* values from 3 to 20, and selected *k* = 6 based on these heuristics as well as epidemiological interpretability of the results and consistency between sexes and between children and adolescents and adults.

The *k*-means algorithm uses random starting values and iteratively minimizes the sum of distances until reaching an optimum. To minimize the risk of converging to local optima, we initiated with 50 different random starting values and used the best cluster allocation, that is, the one with the minimum sum of distances across the 50 runs⁹⁹. We labelled each cluster based on the typology of obesity prevalence trends of the countries in the cluster.

We evaluated the stability of the resultant clusters by calculating the mean Jaccard index¹⁰⁰ between the clustering results over all countries and that of 1,000 subsamples of countries drawn without replacement (Supplementary Table 5). The Jaccard index is a measure of similarity between two groups and ranges from 0 to 1, with 0 indicating no overlap and 1 indicating identical results. We calculated the Jaccard index across a range of subsample proportions from 50%, which is an extreme situation in terms of the share of countries removed, to 90%. We computed a cluster-wise Jaccard index for each cluster in a comparison with the most similar cluster obtained in each subsample¹⁰⁰. The mean Jaccard index across 1,000 subsamples reflects how consistently the same cluster appears across repeated subsampling and reclustering. As a practical guideline, a mean Jaccard index larger than 0.75 is considered as showing good recovery and overall stability, whereas values smaller than 0.60 suggest that the cluster is not consistently recovered across repeated subsampling^{100–102}. The results indicate highly stable clusters with average Jaccard indices across the six clusters for the four age group and sex combinations ranging 0.90–0.96 when 90% of countries were used, 0.84–0.92 when 80% were used and 0.77–0.83 in the difficult task of clustering with only 50% of countries. For children and adolescents, the Jaccard index remained above 0.75 for all clusters when up to 20% of countries were dropped. When 30% or more of countries were dropped, the Jaccard index was above 0.75 for all but one cluster each for girls (decelerating increase) and for boys (recent decline). For adults, the Jaccard index remained above 0.75 when up to 20% of countries were dropped for all but one cluster (recent decline for men) possibly because some of its constituent countries were absorbed into the related clusters such as plateau as countries were dropped. The average Jaccard index for the cluster of decelerating increase or plateau for women also became lower than 0.75 when 30% or more of countries were dropped, as it exchanged some constituent countries with other clusters. Nonetheless, even in the extreme situation of using only 50% of countries, Jaccard index was over 0.60 for all but one cluster for boys (recent decline) where it was just below the threshold (0.59).

All analyses were performed in statistical software R (v4.3.0).

Comparison with prior studies

One study¹⁴ presented an obesity transition framework with four stages and qualitatively applied the staging in 30 example countries. The qualitative features of the four obesity transition stages are consistent with our findings. However, the framework paper did not use data after 2016 and found few countries in the proposed fourth stage where obesity prevalence declines. The study only qualitatively considered the differences in trends between sexes and age groups in its application and did not analyse the range of prevalences at which trends plateaued. Prior global studies^{1,82,103,104} have reported changes in obesity prevalence over multi-decadal periods but did not attempt to categorize or quantify dynamic trajectories, hence our results cannot be directly compared with theirs. Two of these studies graphically showed a continuing increase in obesity in most world regions from 1990 to 2021^{103,104}, different from our quantitative findings of plateauing of the rise in obesity in many high-income countries. The plateauing of obesity prevalence that we reported in many high-income countries for one or both sexes is consistent with reports of prevalence time series in specific countries^{105–121} and reviews of published studies^{122–125}. Only one study¹²⁶ has quantitatively classified obesity prevalence trends for different US states, reporting mixed typologies of subnational trends similar to what we found globally.

Ethics and inclusion statement

This research followed the recommendations set out in the Global Code of Conduct for Research in Resource-Poor Settings.

Reporting summary

Further information on research design is available in the Nature Portfolio Reporting Summary linked to this article.

Data availability

Age-standardized and age-specific results of this study are available on NCD-RisC (www.ncdrisc.org) in machine-readable numerical format and as visualizations. Input data from publicly available sources and contact information for data providers can be downloaded from NCD-RisC (www.ncdrisc.org) and Zenodo¹²⁷ (<https://doi.org/10.5281/zenodo.18368826>).

Code availability

The computer codes for the Bayesian hierarchical model and clustering analysis used in this work are available on NCD-RisC (www.ncdrisc.org) and Zenodo¹²⁷ (<https://doi.org/10.5281/zenodo.18368826>).

60. Popkin, B. M. & Doak, C. M. The Obesity epidemic is a worldwide phenomenon. *Nutr. Rev.* **56**, 106–114 (1998).
61. de Onis, M. et al. Development of a WHO growth reference for school-aged children and adolescents. *Bull. World Health Organ.* **85**, 660–667 (2007).
62. de Onis, M. & Lobstein, T. Defining obesity risk status in the general childhood population: which cut-offs should we use? *Int. J. Pediatr. Obes.* **5**, 458–460 (2010).
63. NCD Risk Factor Collaboration (NCD-RisC). Trends in adult body-mass index in 200 countries from 1975 to 2014: a pooled analysis of 1698 population-based measurement studies with 19.2 million participants. *Lancet* **387**, 1377–1396 (2016).
64. Leljelveld, N. et al. Towards standardised and valid anthropometric indicators of nutritional status in middle childhood and adolescence. *Lancet Child Adolesc. Health* **6**, 738–746 (2022).
65. NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in diabetes since 1980: a pooled analysis of 751 population-based studies with 4.4 million participants. *Lancet* **387**, 1513–1530 (2016).
66. NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in blood pressure from 1975 to 2015: a pooled analysis of 1479 population-based measurement studies with 19.1 million participants. *Lancet* **389**, 37–55 (2017).
67. NCD Risk Factor Collaboration (NCD-RisC). Repositioning of the global epicentre of non-optimal cholesterol. *Nature* **582**, 73–77 (2020).
68. Finucane, M. M. et al. National, regional, and global trends in body-mass index since 1980: systematic analysis of health examination surveys and epidemiological studies with 960 country-years and 9.1 million participants. *Lancet* **377**, 557–567 (2011).
69. Farzadfar, F. et al. National, regional, and global trends in serum total cholesterol since 1980: systematic analysis of health examination surveys and epidemiological studies with 321 country-years and 3.0 million participants. *Lancet* **377**, 578–586 (2011).
70. Danaei, G. et al. National, regional, and global trends in fasting plasma glucose and diabetes prevalence since 1980: systematic analysis of health examination surveys and epidemiological studies with 370 country-years and 2.7 million participants. *Lancet* **378**, 31–40 (2011).
71. Danaei, G. et al. National, regional, and global trends in systolic blood pressure since 1980: systematic analysis of health examination surveys and epidemiological studies with 786 country-years and 5.4 million participants. *Lancet* **377**, 568–577 (2011).
72. Hayes, A. J., Clarke, P. M. & Lung, T. W. Change in bias in self-reported body mass index in Australia between 1995 and 2008 and the evaluation of correction equations. *Popul. Health Metr.* **9**, 53 (2011).
73. Ezzati, M., Martin, H., Skjold, S., Vander Hoorn, S. & Murray, C. J. Trends in national and state-level obesity in the USA after correction for self-report bias: analysis of health surveys. *J. R. Soc. Med.* **99**, 250–257 (2006).
74. Gorber, S. C., Tremblay, M., Moher, D. & Gorber, B. A comparison of direct vs. self-report measures for assessing height, weight and body mass index: a systematic review. *Obes. Rev.* **8**, 307–326 (2007).
75. NCD Risk Factor Collaboration (NCD-RisC). General and abdominal adiposity and hypertension in eight world regions: a pooled analysis of 837 population-based studies with 7.5 million participants. *Lancet* **404**, 851–863 (2024).
76. Lumley, T. Analysis of complex survey samples. *J. Stat. Softw.* **9**, 1–19 (2004).
77. World Health Organization. *Chronic Non-Communicable Diseases Risk Factors Survey in Iraq*; <https://www.who.int/publications/m/item/2006-steps-country-report-iraq> (2006).
78. World Health Organization. *Research Report on NCD Risk Factors Surveillance in Nepal*; <https://www.who.int/publications/m/item/2003-steps-country-report-nepal> (2003).
79. Finucane, M. M., Paciorek, C. J., Danaei, G. & Ezzati, M. Bayesian estimation of population-level trends in measures of health status. *Stat. Sci.* **29**, 18–25 (2014).
80. Stevens, G. A. et al. Trends and mortality effects of vitamin A deficiency in children in 138 low-income and middle-income countries between 1991 and 2013: a pooled analysis of population-based surveys. *Lancet Glob. Health* **3**, e528–e536 (2015).
81. NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in hypertension prevalence and progress in treatment and control from 1990 to 2019: a pooled analysis of 1201 population-representative studies with 104 million participants. *Lancet* **398**, 957–980 (2021).
82. NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in body-mass index, underweight, overweight, and obesity from 1975 to 2016: a pooled analysis of 2416 population-based measurement studies in 128.9 million children, adolescents, and adults. *Lancet* **390**, 2627–2642 (2017).
83. Gelman, A. & Hill, J. *Data Analysis using Regression and Multilevel/Hierarchical Models* (Cambridge Univ. Press, 2006).
84. Gelman, A. Prior distributions for variance parameters in hierarchical models (comment on article by Browne and Draper). *Bayesian Anal.* **1**, 515–534 (2006).
85. Rue, H. & Held, L. *Gaussian Markov Random Fields: Theory and Applications* (Chapman and Hall/CRC, 2005).
86. Breslow, N. E. & Clayton, D. G. Approximate inference in generalized linear mixed models. *J. Am. Stat. Assoc.* **88**, 9–25 (1993).
87. Wood, S. N. *Generalized Additive Models: an Introduction with R* (Chapman and Hall/CRC, 2017).
88. Harville, D. A. *Matrix Algebra from a Statistician's Perspective* (Springer-Verlag, 2008).
89. Cameron, N. & Bogin, B. *Human Growth and Development* (Elsevier Science, 2012).
90. Watanabe, S. Asymptotic equivalence of Bayes cross validation and widely applicable information criterion in singular learning theory. *J. Mach. Learn. Res.* **11**, 3571–3594 (2010).
91. Gelman, A., Hwang, J. & Vehtari, A. Understanding predictive information criteria for Bayesian models. *Stat. Comput.* **24**, 997–1016 (2014).
92. United Nations Department of Economic and Social Affairs, Population Division. *World Urbanization Prospects: the 2018 Revision* (United Nations, 2019).
93. Smith, A. F. & Roberts, G. O. Bayesian computation via the Gibbs sampler and related Markov chain Monte Carlo methods. *J. R. Stat. Soc. Series B Stat. Methodol.* **55**, 3–23 (1993).
94. The Stan Forums. Overdispersed initial values – general questions. *The Stan Forums* <https://discourse.mc-stan.org/t/overdispersed-initial-values-general-questions/3966> (2018).
95. Vehtari, A., Gelman, A., Simpson, D., Carpenter, B. & Bürkner, P.-C. Rank-normalization, folding, and localization: an improved R for assessing convergence of MCMC (with discussion). *Bayesian Anal.* **16**, 667–718 (2021).
96. Stan Development Team. RStan: the R interface to Stan. *Stan* <https://mc-stan.org> (2022).
97. Ahmad, O. B. et al. Age standardization of rates: a new WHO standard. GPE Discussion Paper Series 31. (World Health Organization, 2001).
98. Liao, T. W. Clustering of time series data – a survey. *Pattern Recognit.* **38**, 1857–1874 (2005).
99. Jain, A. K., Murty, M. N. & Flynn, P. J. Data clustering: a review. *ACM Comput. Surv.* **31**, 264–323 (1999).
100. Hennig, C. Cluster-wise assessment of cluster stability. *Comput. Stat. Data Anal.* **52**, 258–271 (2007).
101. Tang, M. et al. Evaluating single-cell cluster stability using the Jaccard similarity index. *Bioinformatics* **37**, 2212–2214 (2021).
102. Cebola, I. et al. Epigenetics override pro-inflammatory PTGS transcriptomic signature towards selective hyperactivation of PGE2 in colorectal cancer. *Clin. Epigenetics* **7**, 74 (2015).
103. GBD 2021 Adult BMI Collaborators. Global, regional, and national prevalence of adult overweight and obesity, 1990–2021, with forecasts to 2050: a forecasting study for the Global Burden of Disease Study 2021. *Lancet* **405**, 813–838 (2025).
104. GBD 2021 Adolescent BMI Collaborators. Global, regional, and national prevalence of child and adolescent overweight and obesity, 1990–2021, with forecasts to 2050: a forecasting study for the Global Burden of Disease Study 2021. *Lancet* **405**, 785–812 (2025).
105. Olds, T. et al. Evidence that the prevalence of childhood overweight is plateauing: data from nine countries. *Int. J. Pediatr. Obes.* **6**, 342–360 (2011).
106. Wabitsch, M., Moss, A. & Kromeyer-Hauschild, K. Unexpected plateauing of childhood obesity rates in developed countries. *BMC Med.* **12**, 17 (2014).
107. Emmerich, S. D. et al. Trends in obesity-related measures among US children, adolescents, and adults. *JAMA* **333**, 1082–1084 (2025).
108. Mitchell, R. T., McDougall, C. M. & Crum, J. E. Decreasing prevalence of obesity in primary schoolchildren. *Arch. Dis. Child.* **92**, 153–154 (2007).
109. Lauria, L., Spinelli, A., Buoncrisiano, M. & Nardone, P. Decline of childhood overweight and obesity in Italy from 2008 to 2016: results from 5 rounds of the population-based surveillance system. *BMC Public Health* **19**, 618 (2019).
110. Moss, A. et al. Declining prevalence rates for overweight and obesity in German children starting school. *Eur. J. Pediatr.* **171**, 289–299 (2012).
111. Lissner, L., Söhlström, A., Sundblom, E. & Sjöberg, A. Trends in overweight and obesity in Swedish schoolchildren 1999–2005: has the epidemic reached a plateau? *Obes. Rev.* **11**, 553–559 (2010).
112. Schmidt Morgen, C. et al. Trends in prevalence of overweight and obesity in Danish infants, children and adolescents – are we still on a plateau? *PLoS ONE* **8**, e69860 (2013).
113. Miqueleiz, E., Lostao, L. & Regidor, E. Stabilisation of the trend in prevalence of childhood overweight and obesity in Spain: 2001–11. *Eur. J. Public Health* **26**, 960–963 (2016).
114. Howel, D. Trends in the prevalence of obesity and overweight in English adults by age and birth cohort, 1991–2006. *Public Health Nutr.* **14**, 27–33 (2011).
115. Flegal, K. M., Carroll, M. D., Kit, B. K. & Ogden, C. L. Prevalence of obesity and trends in the distribution of body mass index among US adults, 1999–2010. *JAMA* **307**, 491–497 (2012).
116. Balthasar, M. R. et al. Trends in overweight and obesity in Bergen, Norway, using data from routine child healthcare 2010–2022. *Acta Paediatr.* **113**, 2098–2106 (2024).
117. de Bont, J., Bennett, M., León-Muñoz, L. M. & Duarte-Salles, T. The prevalence and incidence rate of overweight and obesity among 2.5 million children and adolescents in Spain. *Rev. Esp. Cardiol.* **75**, 300–307 (2022).

118. Marques, A., Gaspar de Matos, M., Machado, M. D. C., Naia, A. & Mota, J. The prevalence of overweight and obesity in adolescents from 1988 to 2014: results from the HBSC Portuguese Survey. *Port. J. Public Health* **36**, 134–140 (2018).
119. Keane, E., Kearney, P. M., Perry, I. J., Kelleher, C. C. & Harrington, J. M. Trends and prevalence of overweight and obesity in primary school aged children in the Republic of Ireland from 2002–2012: a systematic review. *BMC Public Health* **14**, 974 (2014).
120. Tambalis, K. D. et al. Eleven-year prevalence trends of obesity in Greek children: first evidence that prevalence of obesity is leveling off. *Obesity (Silver Spring)* **18**, 161–166 (2010).
121. World Health Organization & European Childhood Obesity Surveillance Initiative. *Brief Review of Results from Round 6 of COSI (WHO European Childhood Obesity Surveillance Initiative) 2022–2024* (2024).
122. Rokholm, B., Baker, J. L. & Sørensen, T. I. The levelling off of the obesity epidemic since the year 1999 — a review of evidence and perspectives. *Obes. Rev.* **11**, 835–846 (2010).
123. Garrido-Miguel, M. et al. Prevalence and trends of overweight and obesity in European children from 1999 to 2016: a systematic review and meta-analysis. *JAMA Pediatr.* **173**, e192430 (2019).
124. Lien, N., Henriksen, H. B., Nymoen, L. L., Wind, M. & Klepp, K. I. Availability of data assessing the prevalence and trends of overweight and obesity among European adolescents. *Public Health Nutr.* **13**, 1680–1687 (2010).
125. Koliaki, C., Dalamaga, M. & Liatis, S. Update on the obesity epidemic: after the sudden rise, is the upward trajectory beginning to flatten? *Curr. Obes. Rep.* **12**, 514–527 (2023).
126. Vorpe, K., Hessinger, S., Poth, R. & Miljkovic, T. Clustering regions with dynamic time warping to model obesity prevalence disparities in the United States. *J. Appl. Stat.* **51**, 793–807 (2024).
127. NCD Risk Factor Collaboration (NCD-RisC). Obesity rise plateaus in developed nations and accelerates in developing nations. *Zenodo* <https://doi.org/10.5281/zenodo.18368826> (2026).

Acknowledgements This study was funded by the UK Medical Research Council (grant number MR/V034057/1) and UK Research and Innovation (Innovate UK grant number 10103595, for participation in the OBCT consortium funded by the European Union grant agreement 101080250). The authors alone are responsible for the views expressed in this

Article and they do not necessarily represent the views, decisions or policies of the institutions with which they are affiliated.

Author contributions B.Z., A.G., L.J., Y.D.D.B., A.B.P., N.H.P., F.D., O.N.O., G.A.S., R.M.C.L., A.W.R., A.Z. and N.R.E. collated data from different studies and checked data sources. B.Z., A.G., N.H.P. and V.N. managed the database. B.Z., N.H.P., A.M., J.E.B., O.N.O., V.K., A.R.M. and Y.F. developed and coded the statistical method with inputs from C.J.P. and M.E. B.Z., A.G., O.N.O. and N.H.P. analysed the data and prepared the results. Other authors collected and reanalysed the data and checked the pooled data. M.E., B.Z., A.G., N.H.P., O.N.O. and J.E.B. wrote the first draft of the report with input from other authors. The corresponding author (M.E.) had the final responsibility for the decision to submit for publication.

Competing interests G.D. reports research consulting fees from Resolve to Save Lives, outside of the submitted work. K.K. reports grants in support of investigator and investigator-initiated trials from AstraZeneca, Novartis, Novo Nordisk, Sanofi, Eli Lilly, Merck Sharp & Dohme and Boehringer Ingelheim; consultancy fees from AstraZeneca, Bayer, Novartis, Novo Nordisk, Sanofi-Aventis, Eli Lilly, Merck Sharp & Dohme, Boehringer Ingelheim, Oramed Pharmaceuticals, Pfizer, Roche and Applied Therapeutics; and payments for speaking from AstraZeneca, Bayer, Novartis, Novo Nordisk, Sanofi, Eli Lilly, Merck Sharp & Dohme, Boehringer Ingelheim, Oramed Pharmaceuticals, Pfizer, Roche and Applied Therapeutics, all outside of the submitted work. L.-L.L. reports research grants via her institution from Abbott Diabetes Care, AstraZeneca and Novartis; speaker honoraria from Abbott, AstraZeneca, Boehringer Ingelheim, Novo Nordisk, Roche Diabetes Care and Zuellig Pharma, all outside of the submitted work. C.J.P. reports holding stocks in Pfizer, outside of the submitted work. F.Z. reports consulting fees from Daiichi Sankyo, Servier and Menarini, all outside of the submitted work. M.E. reports payment for advisory board from Lean, outside the submitted work.

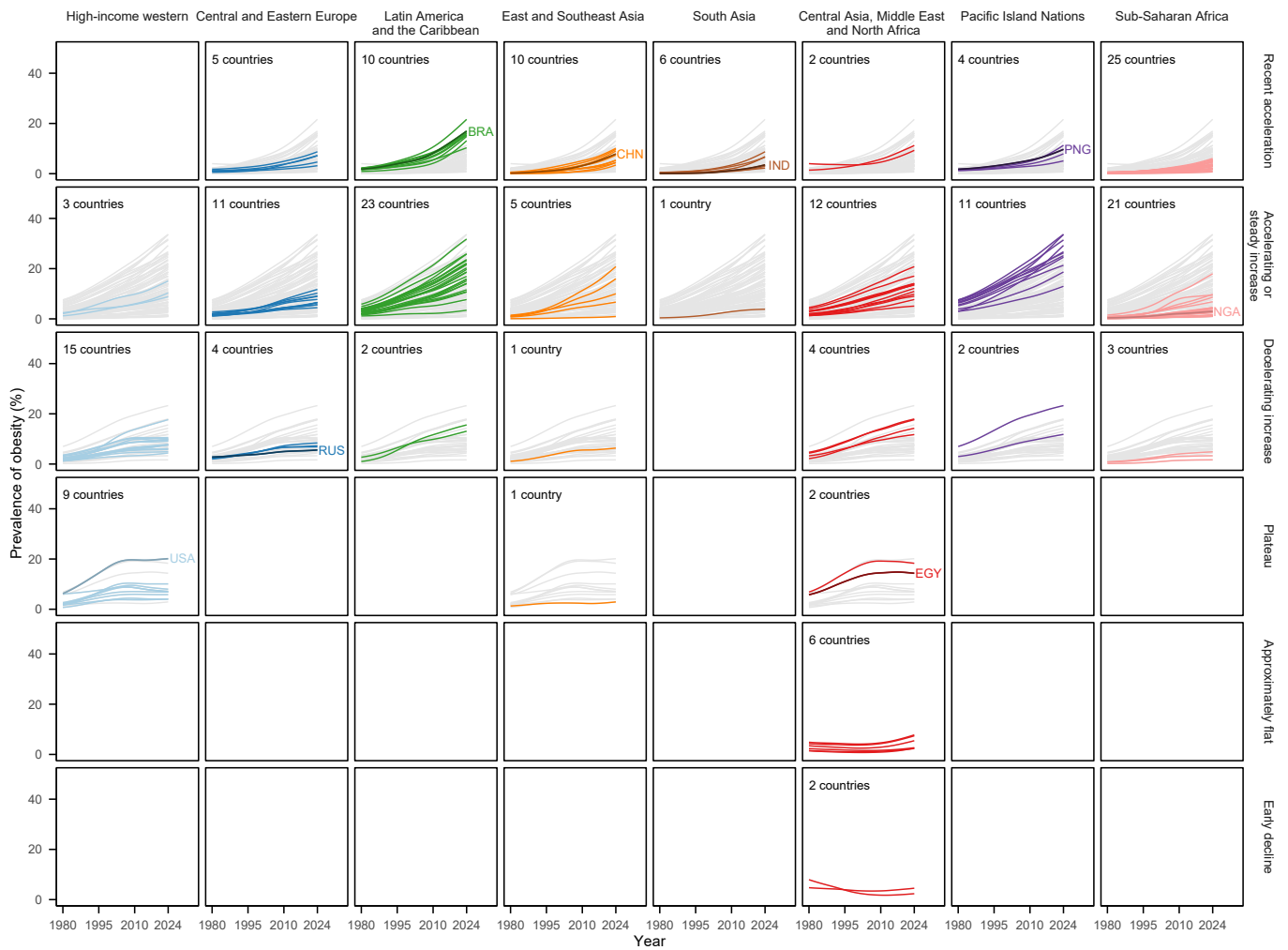
Additional information

Supplementary information The online version contains supplementary material available at <https://doi.org/10.1038/s41586-026-10383-0>.

Correspondence and requests for materials should be addressed to Majid Ezzati.

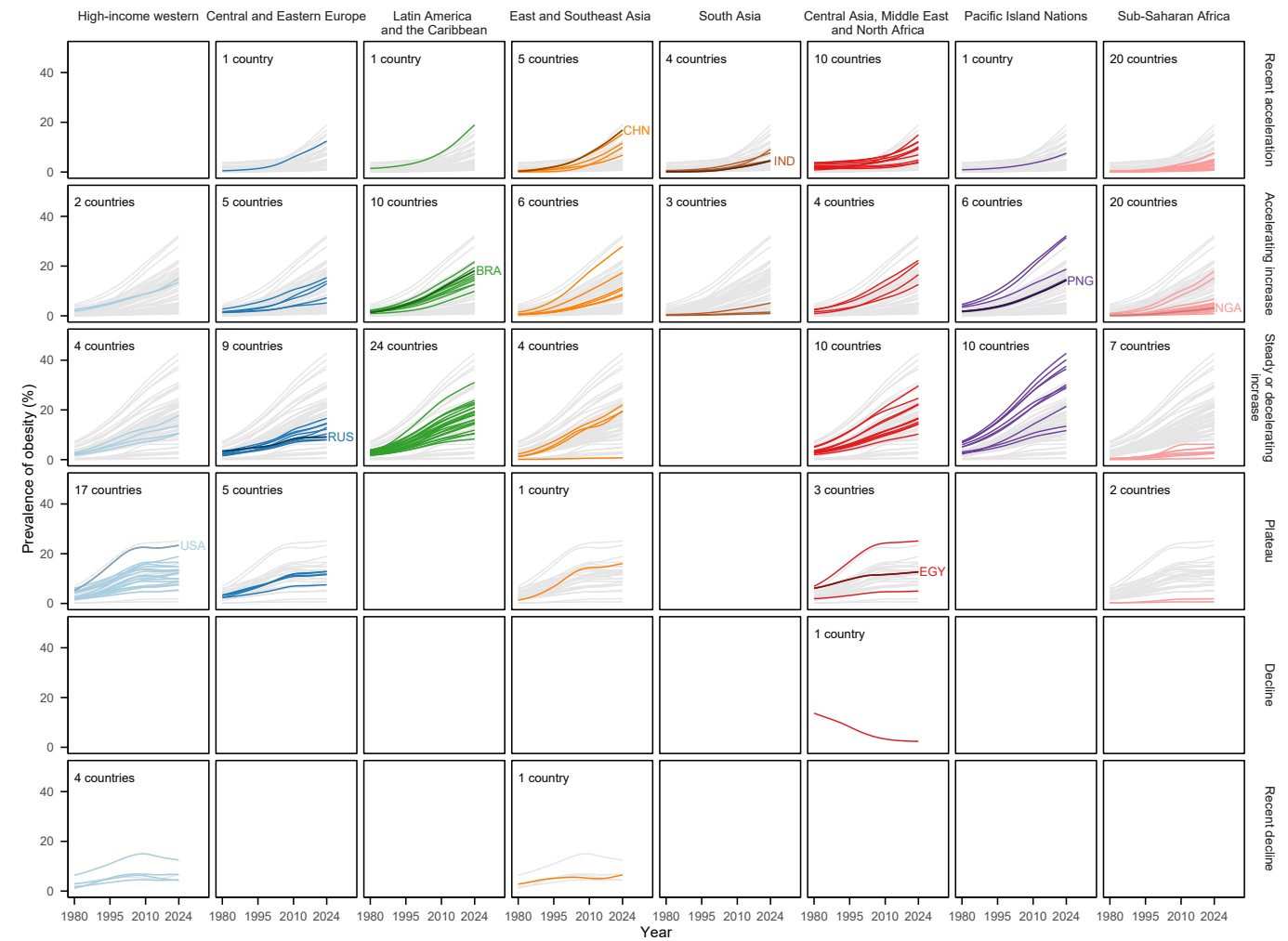
Peer review information *Nature* thanks Barry Popkin, Johanna Ralston, Boyd Swinburn and the other, anonymous, reviewer(s) for their contribution to the peer review of this work. Peer reviewer reports are available.

Reprints and permissions information is available at <http://www.nature.com/reprints>.

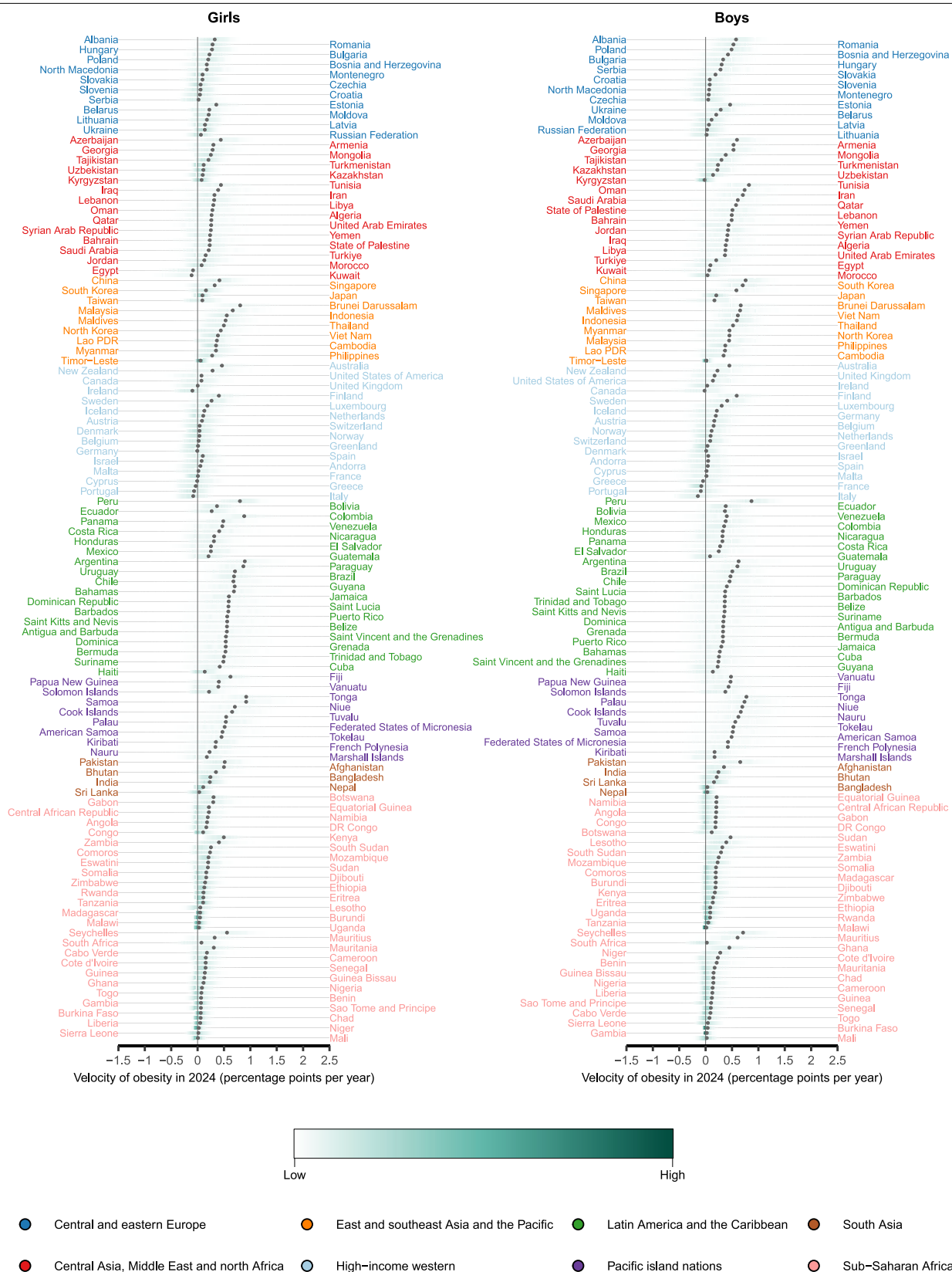


Extended Data Fig. 1 | Phenotypes of national obesity trajectories by super-region in girls. Each coloured line shows age-standardized obesity prevalence trends over time for one country belonging to a cluster and super-region combination. They are coloured by super-region. Grey lines show all countries

belonging to a cluster across all super-regions. The number at the top of each panel shows the number of countries belonging to each cluster-super-region combination. The trend line for the most populous country in each super-region is identified by their ISO 3166-1 alpha-3 codes (Supplementary Note 1).



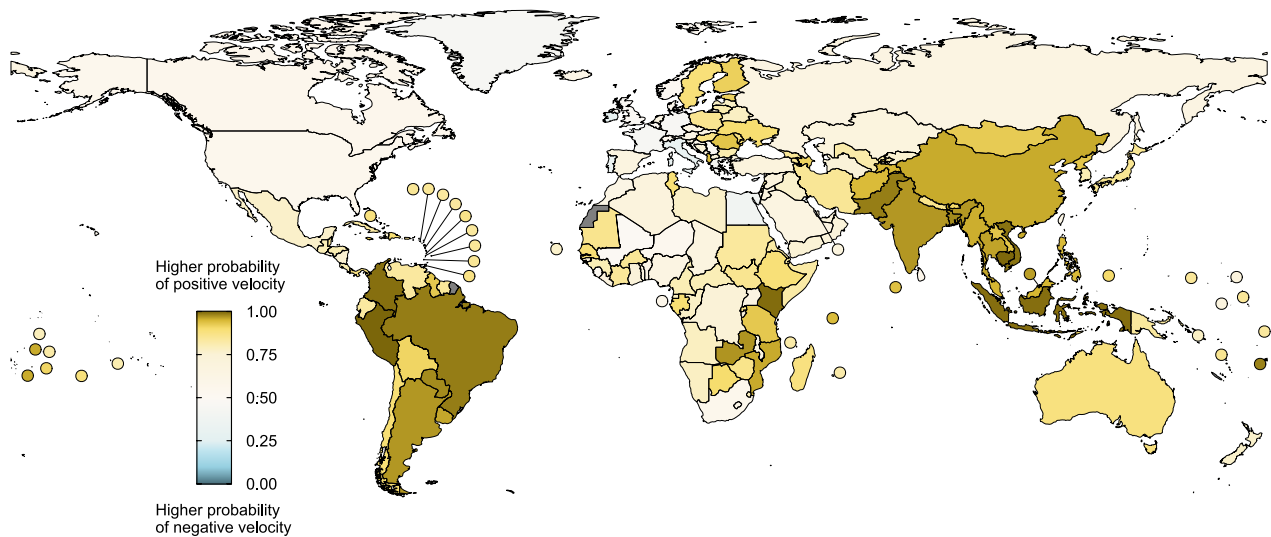
Extended Data Fig. 2 | Phenotypes of national obesity trajectories by super-region in boys. Each coloured line shows age-standardized obesity prevalence trends over time for one country belonging to a cluster and super-region combination. They are coloured by super-region. Grey lines show all countries belonging to a cluster across all super-regions. The number at the top of each panel shows the number of countries belonging to each cluster-super-region combination. The trend line for the most populous country in each super-region is identified by their ISO 3166-1 alpha-3 codes (Supplementary Note 1).



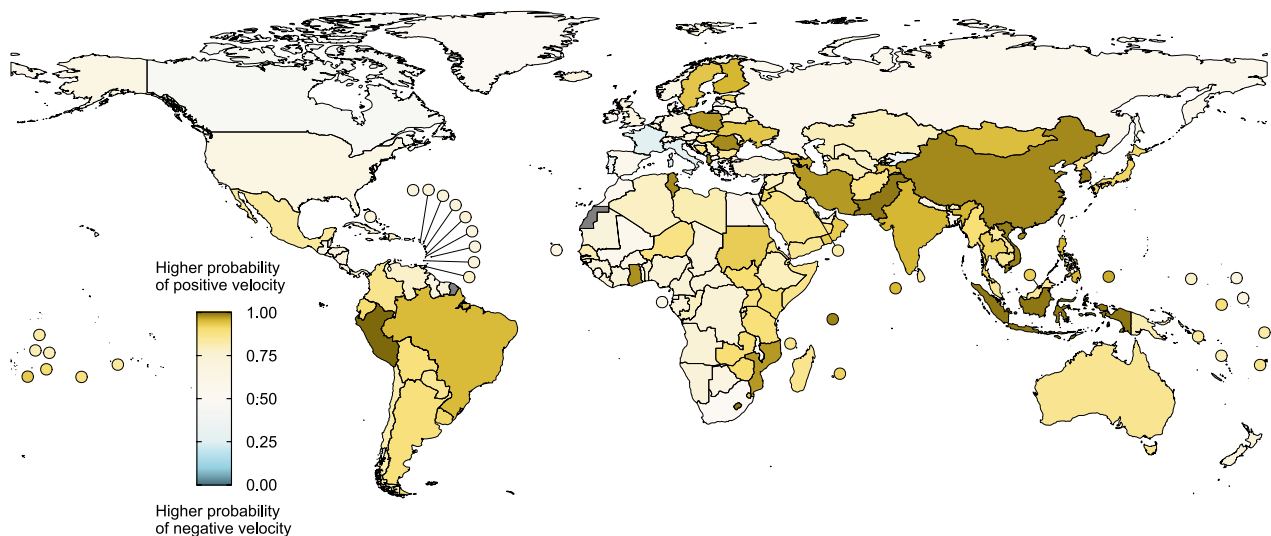
Extended Data Fig. 3 | Posterior distribution of velocity of obesity in children and adolescents in 2024 by country. For each country, the shaded area shows the posterior distribution of the velocity of obesity in 2024. Darker shading denotes higher posterior probability and lighter shading denotes

lower posterior probability. The point for each country shows the posterior mean of velocity in 2024. Countries are ordered by region and the posterior mean velocity in 2024. Country names are coloured by super-region.

Girls

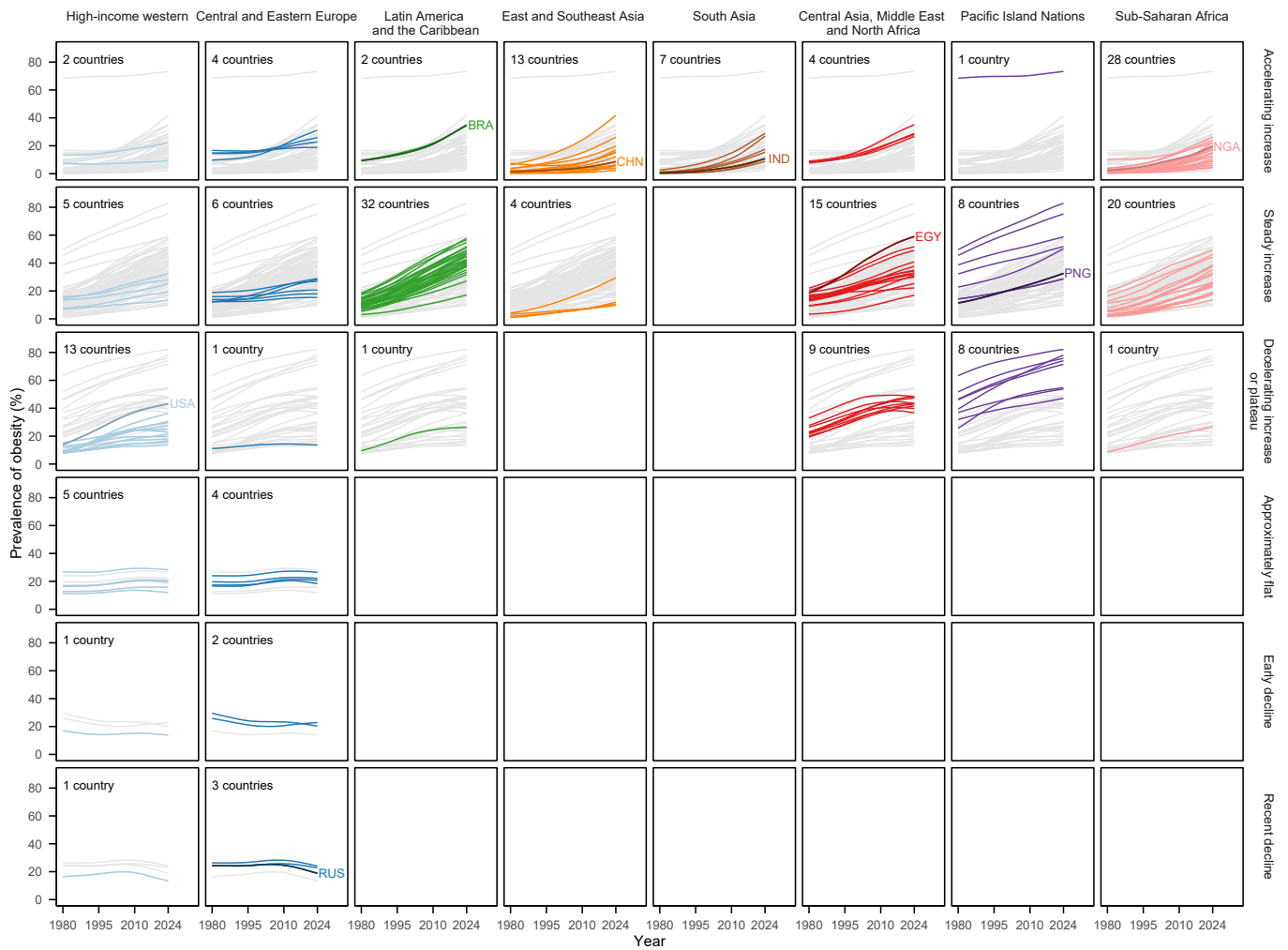


Boys



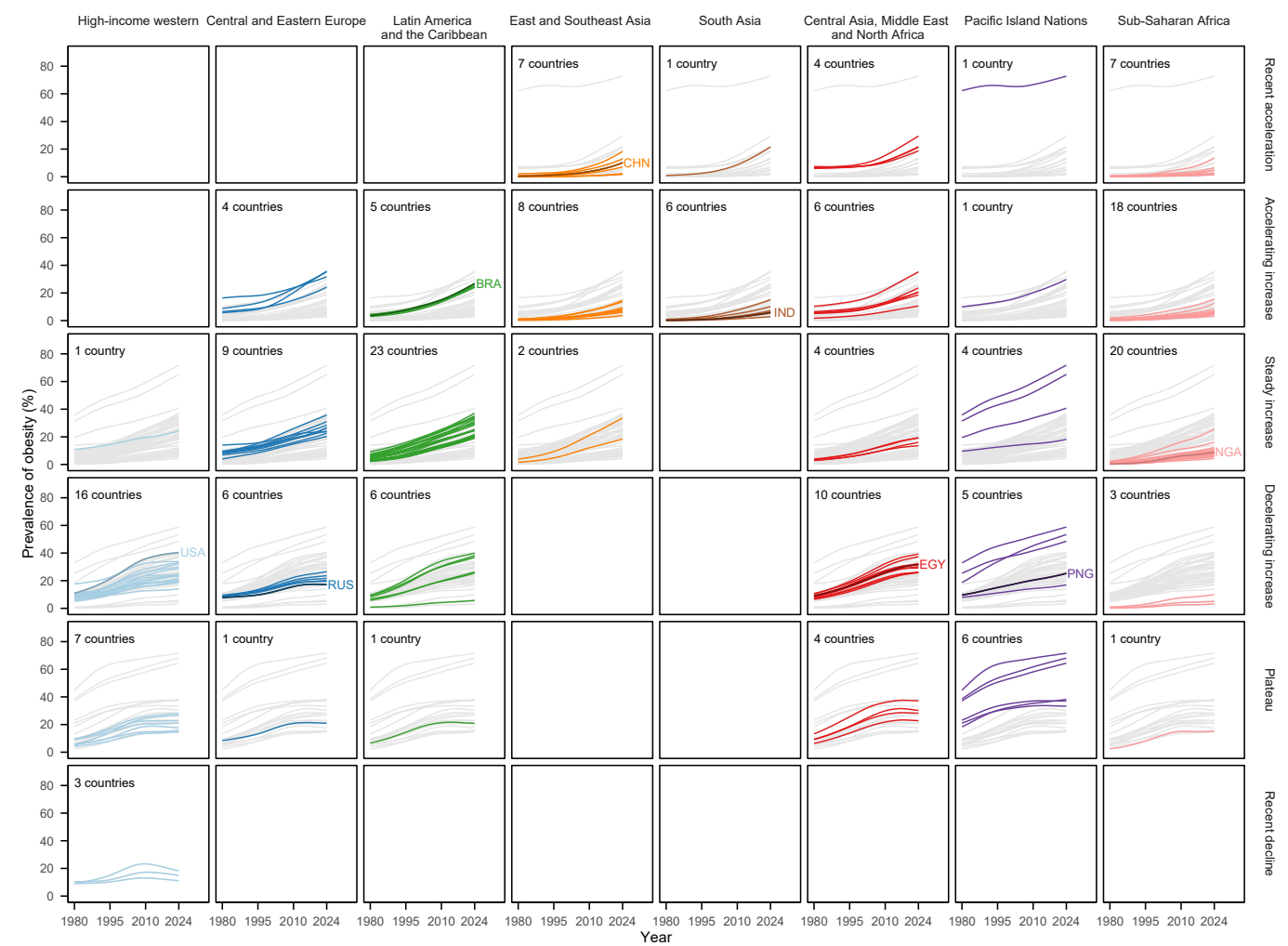
Extended Data Fig. 4 | Posterior probability that velocity of obesity in children and adolescents was positive in 2024 by country. If a positive velocity (i.e. an increase in obesity) is statistically indistinguishable from a negative velocity (i.e. a decrease in obesity), the PP is 0.5. PPs closer to 1 indicate more

certainty of a positive velocity, those towards 0 indicate more certainty of a negative velocity, and those closer to 0.5 indicate less certainty of a positive or negative velocity.



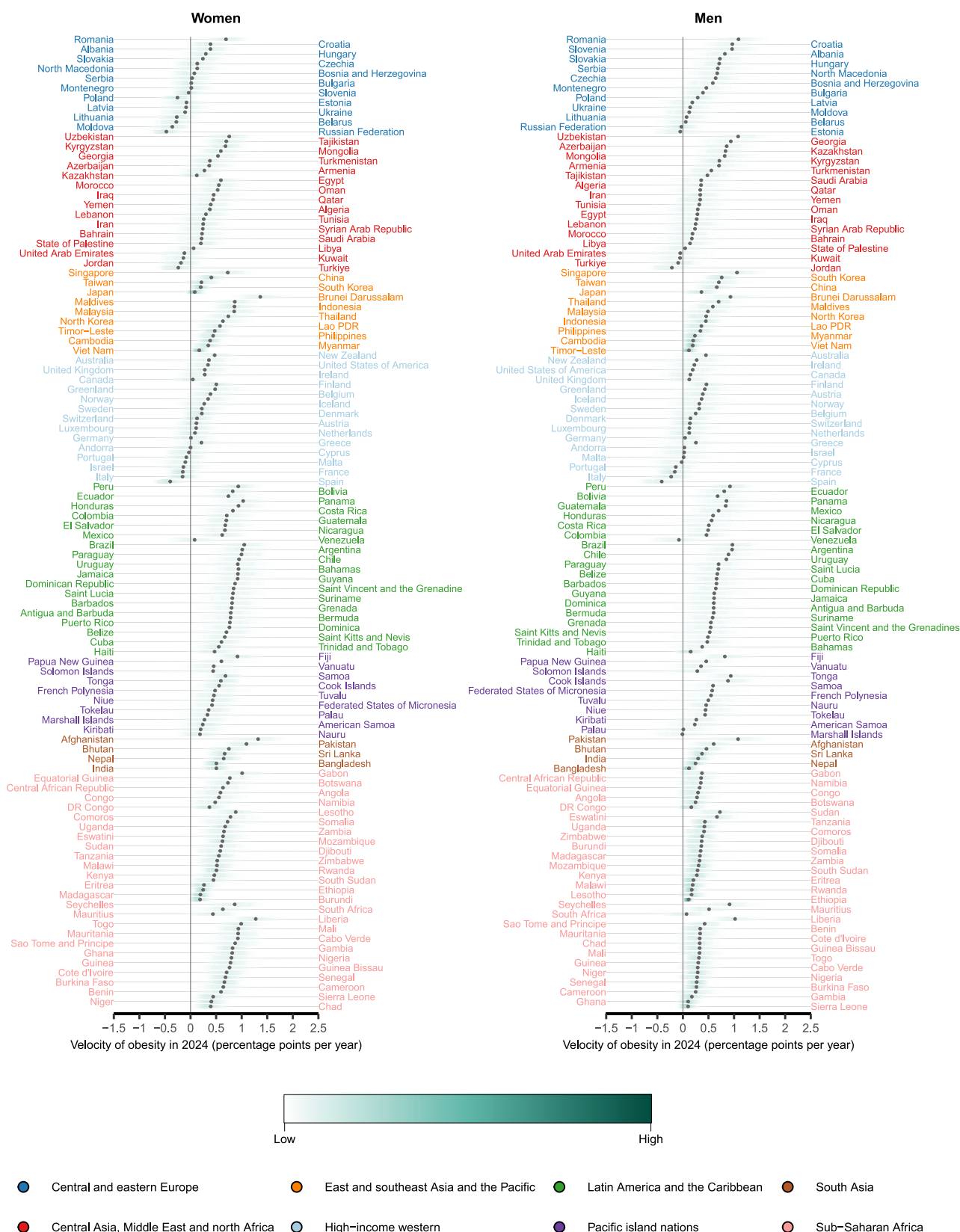
Extended Data Fig. 5 | Phenotypes of national obesity trajectories by super-region in women. Each coloured line shows age-standardized obesity prevalence trends over time for one country belonging to a cluster and super-region combination. The trend line for the most populous country in each super-region combination. They are coloured by super-region. Grey lines show all

countries belonging to a cluster across all super-regions. The number at the top of each panel shows the number of countries belonging to each cluster-super-region combination. The trend line for the most populous country in each super-region is identified by their ISO 3166-1 alpha-3 codes (Supplementary Note 1).



Extended Data Fig. 6 | Phenotypes of national obesity trajectories by super-region in men. Each coloured line shows age-standardized obesity prevalence trends over time for one country belonging to a cluster and super-region combination. They are coloured by super-region. Grey lines show all countries

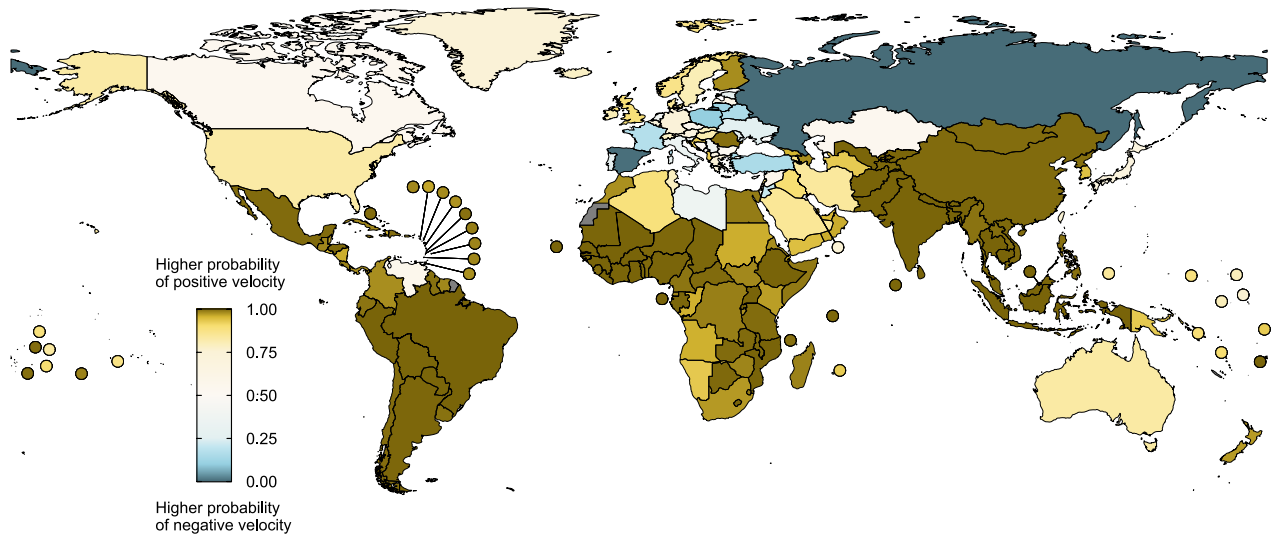
belonging to a cluster across all super-regions. The number at the top of each panel shows the number of countries belonging to each cluster-super-region combination. The trend line for the most populous country in each super-region is identified by their ISO 3166-1 alpha-3 codes (Supplementary Note 1).



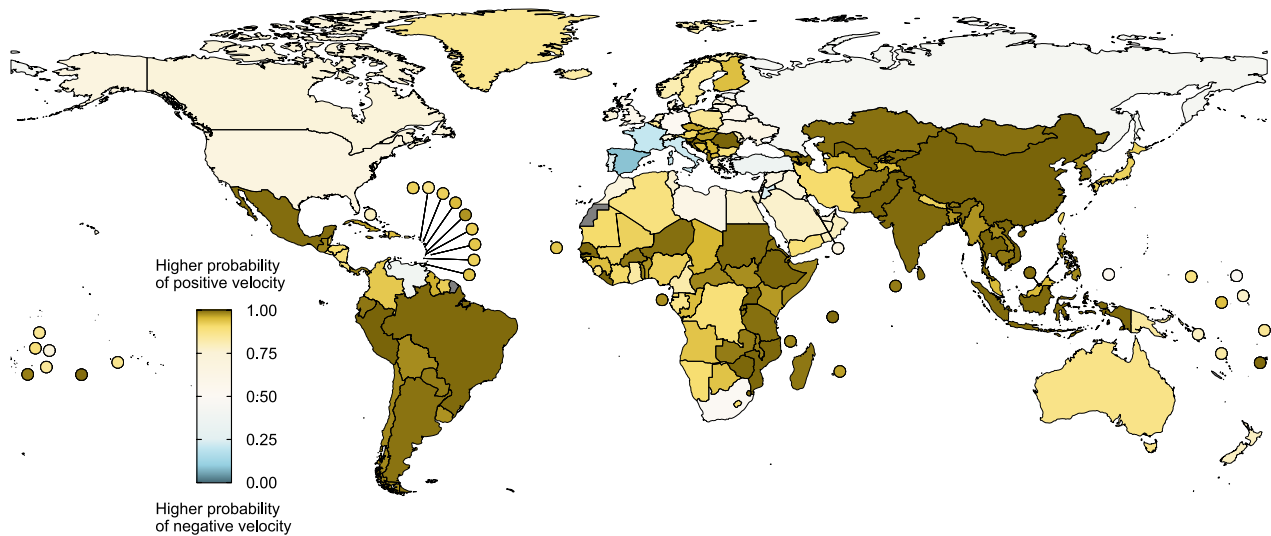
Extended Data Fig. 7 | Posterior distribution of velocity of obesity in adults in 2024 by country. For each country, the shaded area shows the posterior distribution of the velocity of obesity in 2024. Darker shading denotes higher posterior probability and lighter shading denotes lower posterior probability.

The point for each country shows the posterior mean of velocity in 2024. Countries are ordered by region and the posterior mean velocity in 2024. Country names are coloured by super-region.

Women

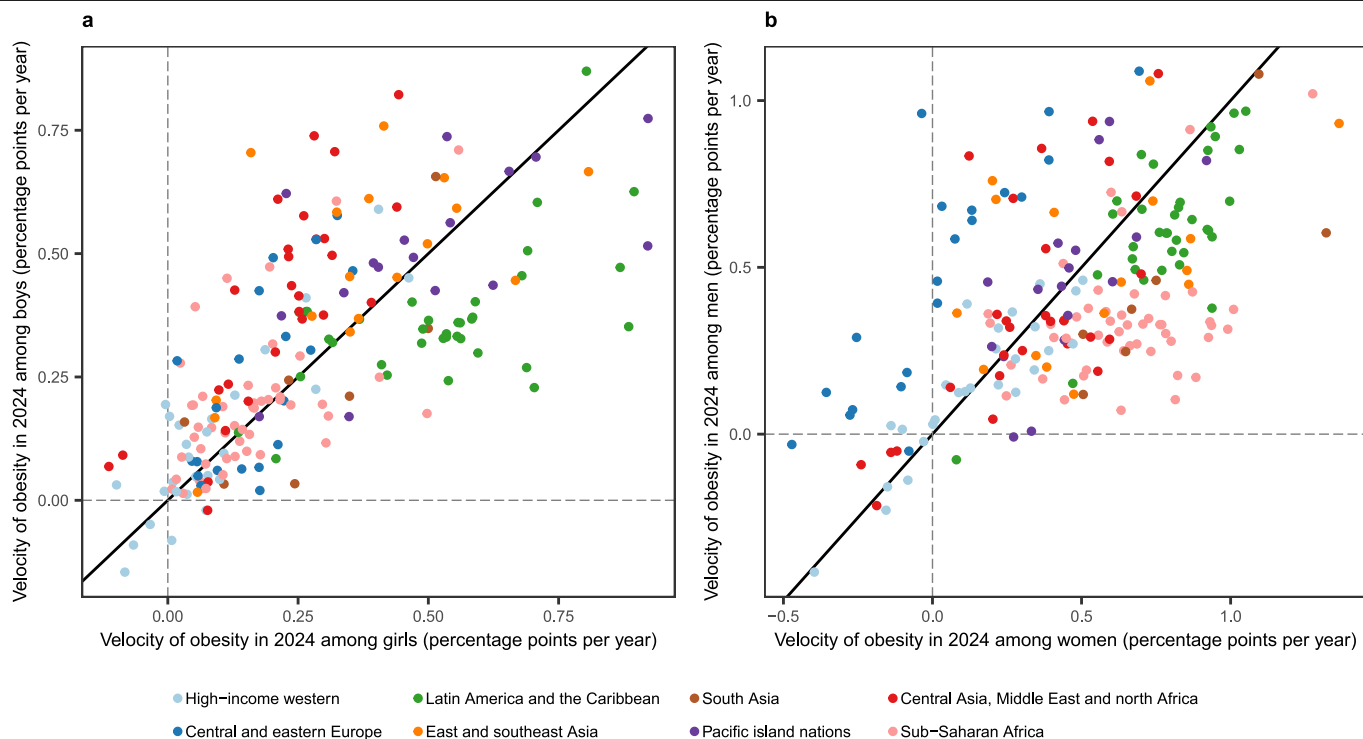


Men



Extended Data Fig. 8 | Posterior probability that velocity of obesity in adults was positive in 2024 by country. If a positive velocity (i.e. an increase in obesity) is statistically indistinguishable from a negative velocity (i.e. a decrease in

obesity), the PP is 0.5. PPs closer to 1 indicate more certainty of a positive velocity, those towards 0 indicate more certainty of a negative velocity, and those closer to 0.5 indicate less certainty of a positive or negative velocity.



Extended Data Fig. 9 | Female and male velocity of obesity in 2024. Relationship between velocity of obesity for girls and boys (a) and for women and men (b). Each point shows one country, coloured by super-region. The solid grey line denotes equality of female and male velocity.

Reporting Summary

Nature Portfolio wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Portfolio policies, see our [Editorial Policies](#) and the [Editorial Policy Checklist](#).

Statistics

For all statistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.

n/a	Confirmed
☐	☒ The exact sample size (<i>n</i>) for each experimental group/condition, given as a discrete number and unit of measurement
☒	☐ A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly
☒	☐ The statistical test(s) used AND whether they are one- or two-sided <i>Only common tests should be described solely by name; describe more complex techniques in the Methods section.</i>
☒	☐ A description of all covariates tested
☒	☐ A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons
☐	☒ A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)
☒	☐ For null hypothesis testing, the test statistic (e.g. <i>F</i> , <i>t</i> , <i>r</i>) with confidence intervals, effect sizes, degrees of freedom and <i>P</i> value noted <i>Give P values as exact values whenever suitable.</i>
☐	☒ For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings
☒	☐ For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes
☒	☐ Estimates of effect sizes (e.g. Cohen's <i>d</i> , Pearson's <i>r</i>), indicating how they were calculated

Our web collection on [statistics for biologists](#) contains articles on many of the points above.

Software and code

Policy information about [availability of computer code](#)

Data collection	No software was used for secondary data collection.
Data analysis	All analyses were conducting using the statistical software R (version 4.3.0). We used R package ‘survey’ (version 4.4.2) and ‘rstan’ (version 2.26.15). The code for estimation of mean risk factor trends is available at www.ncdrisc.org and Zenodo (https://doi.org/10.5281/zenodo.18368827).

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Portfolio [guidelines for submitting code & software](#) for further information.

Data

Policy information about [availability of data](#)

All manuscripts must include a [data availability statement](#). This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A description of any restrictions on data availability
- For clinical datasets or third party data, please ensure that the statement adheres to our [policy](#)

Age-standardised and age-specific results of this study are available from [www.ncdrisc.org](#) in machine-readable numerical format and as visualization. Input data

Research involving human participants, their data, or biological material

Policy information about studies with [human participants or human data](#). See also policy information about [sex, gender \(identity/presentation\), and sexual orientation](#) and [race, ethnicity and racism](#).

Reporting on sex and gender	N/A
Reporting on race, ethnicity, or other socially relevant groupings	N/A
Population characteristics	N/A
Recruitment	N/A
Ethics oversight	N/A

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Field-specific reporting

Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.

☐ Life sciences ☒ Behavioural & social sciences ☐ Ecological, evolutionary & environmental sciences

For a reference copy of the document with all sections, see nature.com/documents/nr-reporting-summary-flat.pdf

Behavioural & social sciences study design

All studies must disclose on these points even when the disclosure is negative.

Study description	We pooled and re-analysed population-based data that had measured height and weight for children and adolescents and adults to estimate national trajectories in obesity from 1980 to 2024 for 200 countries and territories, using a Bayesian hierarchical model.
Research sample	We used 4,050 population-based studies that had measured height and weight in 232 million participants in 197 countries. Studies were representative of a national, subnational or community population. We used all available and accessible data which met the criteria described below.
Sampling strategy	This is a data pooling study which used all available and accessible data. These are population-based studies, each with sample size set to detect measure of interest in that study. These were pooled in a meta regression which provides more confidence in results by borrowing strength across studies. We included data collected using a probabilistic sampling method with a defined sampling frame. We therefore included studies with simple random and complex survey designs but excluded convenience samples.
Data collection	We used 4,050 population-based studies that had measured height and weight in 232 million participants in 197 countries. We used data on measured height and weight to calculate prevalence by sex and age group. We excluded self-reported data.
Timing	We pooled data collected from 1980 to 2024. We included national studies for the 3 years prior to start year, assigning them to the start year, and national studies for the year following the end year, assigning them to the end year, so that they can inform the estimates in countries with slightly earlier or more recent national data. We used all available data within these years which met the criteria described below.
Data exclusions	We excluded all data sources that were solely based on self-reported weight and height without a measurement component because these data are subject to biases that vary by geography, time, age, sex and socioeconomic characteristics. We also excluded data sources on population subgroups whose anthropometric status may differ systematically from the general population, including: • studies that had included or excluded people based on their health status or cardiovascular risk; • studies whose participants were only ethnic minorities; • specific educational, occupational, or socioeconomic subgroups, with the exception noted below; • those recruited through health facilities, with the exception noted below; and • women aged 15-19 years in surveys which sampled only ever-married women or measured height and weight only among mothers. We used school-based data in countries and age-sex groups with school enrolment of 70% or higher. We used data whose sampling frame was health insurance schemes in countries where at least 80% of the population were insured. Finally, we used data collected through general practice and primary care systems in high-income and central European countries with universal insurance, because contact with the primary care systems tends to be as good as or better than response rates for population-based surveys.
Non-participation	This was a secondary data analysis thus no participants were included in this study.

Randomization

Our study is an analysis of trends, and we did not carry out randomised experiments.

Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

Materials & experimental systems

n/a	Involved in the study
☒	☐ Antibodies
☒	☐ Eukaryotic cell lines
☒	☐ Palaeontology and archaeology
☒	☐ Animals and other organisms
☒	☐ Clinical data
☒	☐ Dual use research of concern
☒	☐ Plants

Methods

n/a	Involved in the study
☒	☐ ChIP-seq
☒	☐ Flow cytometry
☒	☐ MRI-based neuroimaging

Plants

Seed stocks

N/A

Novel plant genotypes

N/A

Authentication

N/A