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| **Table 1:** *Participant demographics for the Principal Component Analysis (PCA) dataset, the Confirmatory Factor Analysis (CFA) dataset and the correlations analysis dataset.* |  |
|  | **Study 1 sample** | **Study 2 sample** | **Study 3 sample** | **Study 4 sample** |
| **Sample size** | 618 | 704 | 201 | 1509 |
| **Mean age ± s.d.** | 26.9 ± 9.3 | 27.4 ± 9.6 | 25.5 ± 10.1 | 27.0 ± 9.6 |
| **Gender (%)** | **Male** | 28.8 | 26.3 | 19.9 | 26.6 |
| **Female** | 71.2 | 73.7 | 79.6 | 73.2 |
| **Employment Status (%)** | **Working F/T** | 39.0 | 25.0 | 16.4 | 28.4 |
| **Working P/T** | 5.8 | 6.5 | 5.0 | 6.3 |
| **Student** | 52.4 | 62.4 | 78.1 | 61.0 |
| **Not working** | 2.7 | 5.8 | 0.5 | 4.2 |
| **Marital Status (%)** | **Single** | 39.0 | 36.1 | 39.8 | 37.6 |
| **In a relationship** | 32.8 | 35.2 | 40.3 | 35.0 |
| **Married/Cohabiting** | 25.9 | 25.6 | 18.0 | 24.9 |
| **Separated/Divorced** | 2.0 | 2.9 | 2.0 | 2.3 |
| **Widowed** | 0.3 | 0.3 | 0.0 | 0.1 |
| **Children (%)** | **0** | 83.5 | 80.7 | 88.1 | 82.6 |
| **1** | 5.3 | 5.8 | 4.5 | 5.2 |
| **≥ 2** | 9.7 | 11.7 | 7.5 | 10.5 |